

VÍTR  
(Bohemia, Czechoslovakia)

Vitr (Vee-tehr), meaning "the wind", is a dance from southwest Bohemia, Plzensko region.

Record: FB 114006 Side A/4 3/4 meter

Formation: Cpls in double circle, W to R of M, both facing LOD.  
Inside hands joined and held low, outside hands on hips,  
fingers fwd.

Steps: Travelling Waltz: 3 walking steps per meas, accenting  
ct 1 of each meas with a slight bend of knee.

<u>Meas</u>	<u>Pattern</u>
1-16	INTRODUCTION.
	I. <u>PROMENADE</u> (Steps described for M, W use opp ftwk)
A 1	Beg L, step diag fwd in LOD turning slightly away from ptr as hands swing fwd (ct 1); step R beside L (no wt) (ct 2); raise and lower heels (ct 3).
2	Continuing in LOD, repeat meas 1 with opp ftwk (hands swing bkwd).
3	Repeat meas 1.
4	Facing ptr, stamp R,L (no wt) with knees slightly bent (cts 1,2); hold (ct 3).
5-8	Repeat meas 1-4.
	II. <u>WOMEN TURN</u>
B 1-8	Move fwd in LOD: W turn slowly CW under joined hands once per meas, 3 steps per meas, beg R. M dance 1 step per meas, beg L.
AB 1-16	<u>REPEAT FIG I AND FIG II.</u>
	III. <u>COUPLE TURN</u>
C 1-3	In shldr-shldr blade pos (W hands on M shldrs, W hold W at shldr blades, R hips adjacent). Beg R, turn CW with 3 Travelling Waltz steps.
4	Stamp L,R,L while continuing CW turn.
5-7	Repeat meas 1-3.
8	Face ptr, stamp L,R (cts 1,2); hold (ct 3).
9-16	Repeat meas 1-8 with opp ftwk, turning CCW (L hips adjacent).

Repeat dance from beginning.

Presented by František Bonus