vítr (The Wind) (Bohemia)

SOURCE:

This dance has Austrian landler figures since it comes from Southwest Bohemia which for 200 years was part of the old Austro-Hungarian Empire.

MUSIC:

Record: Panton LP 010221, "Czech Folk Songs", Side 2, Band 2. The music for the dance is a song "Fouke Vitr Vod Hor

FORMATION: Fig. I cpls in circle facing LOD, inside hands joined.

Fig. III M and W in shoulder-shoulder blade position (W hands on M shldrs, M hold W at shldr blades) R hips or L hips adjacent.

STEPS:

Travelling waltz: 3 short flat-footed walking steps per meas.

Accent ct 1 of each meas with slight knee bend.

METER:	3/4	PATTERN
Meas.		
1-16		INTRODUCTION
		Same as Figure III (or simply wait).
		FIGURE I. OPEN WALTZ (outside hands on hips)
1		Beginning on outside ft, step diagonally fwd in LOD turning slightly away from ptr as hands swing fwd, using travelling waltz step.
2		Continuing LOD, use opp ftwk and swing hands bkwd.
3		Step fwd on outsdie ft (ct 1), hold ct 2 and 3.
4		Facing ptr stamp twice (M- R,L and W- L,R) with knees slightly bent (ct 1,2); hold (ct 3).
5-8		Repeat action of meas 1-4.
		FIGURE II. WOMEN TURN
1-8		Moving fwd in LOD, W turn CW under joined hands once per two meas. (3 steps per meas) beg R. M dance 1 step per meas. beg L.
9-24		Repeat action of Fig. I and Fig. II
		FIGURE III. COUPLE ROTATES
1-3		In shldr/shldr blade pos. R hips adjacent, beg R, turn CW with 3 running steps.
4		M stamp L,R,L; W stamp R,L,R while continuing CW turn.
5-7		Repeat action of meas 1-3 Fig III
8		Face ptr, M stamp L,R; W stamp R,L (ct 1,2); hold (ct 3)
9-16		Repeat action of meas 1-8 Fig III with opp ftwk, turning CCW (L hips adjacent)
		Catinued.

VÍTR (Cont'd)

OR YOU MAY

FIGURE III. AS A CHANGING PARTNER DANCE

9-16 W turn alone CCW in place with 3 waltz steps, hands on hips; M move LOD to new ptr dancing one step per meas., clapping rhythmically and standing by new ptr until end of the phrase.

Repeat dance from beginning.

Presented by Morry Gelman Idyllwild Conference, 1981