

VLAKHA

(Greece)

A dance from Epirus—from villages near Yanina.

Record: Folklorist LP 1. WWFL 8001.

Formation: "W" position.

METER: 7/8. PATTERN

MeasureVARIATION I

- 1 Facing and moving R, step forward on R ft (Ct 1).
Rock backward on L ft (Ct. 2).
Rock forward on R ft (Ct 3).
- 2 Same as Measure 1, only reversing footwork.
- 3 Turning to face center, step sideward on R ft (Ct 1).
Cross and step on L ft in front of R ft (Ct 2).
Step back on L ft in place (Ct 3).
- 4 Step on L ft in place (Ct 1).
Cross and step on R ft in front of left (Ct 2).
Step back on L ft in place (Ct 3).

VARIATION II

- 1 Facing forward, step sideward R on R ft (Ct 1).
Slowly draw L ft in cw circling motion next to R ft (Ct. 2, 3),
(toe touching floor, heel up).
- 2 Cross and step on left foot in front of R ft (Ct 1).
Slowly draw R ft in ccw circling motion next to L ft (Ct. 2,3),
(toe on floor, heel up).
- 3 Step sideward R on R ft (Ct 1).
Raise and swing L leg in front of R leg (Cts 2,3).
- 4 Step on L ft in place (Ct 1).
Raise and swing R leg in front of L leg (Ct 2).
Swing and almost tuck R ft behind L knee (Ct 3).

Presented by Dennis Boxell