

Vlaško

(Bulgaria)

Vlaško (VLAHSH-koh) is a Vlach dance from N. Bulgaria. It was learned by François Legault in 1976, and the original source was Boris Valkov. Yves Moreau presented the dance at the 1980 Stanford Spring Festival.

RECORD: Laridaine ML-3 (33) Side A/1 2/4 meter.

The music for Figs I and II is slow, but the tempo speeds up for Figs III and IV.

FORMATION: Closed or open circle. Belt hold or V pos.

STEPS and Leap*, hop*, walk*

STYLING: Click step: To the R side: wt on L, prepare by raising R ft slightly swd (ct &); closing step on R ft, clicking it sharply to the L ft (ct 1). To the L side: use opp ftwk.

*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, CA 94541

MUSIC 2/4

PATTERN

Measures

1-2 INTRODUCTION. No action

I. WALK IN LOD, RLOD

1-2 Face R of ctr, wt on L. Beg R, walk 4 steps to R.

3 Face ctr, step on R with knee bent (ct 1); raise L leg, knee bent, in front of R, straighten R knee (ct 2).

4 Repeat meas 3 with opp ftwk.

5 Repeat meas 3.

6-8 Repeat meas 1-3 with opp ftwk and direction.

9-16 Repeat meas 1-8.

II. DIAGONAL WALK

1 Face diag R of ctr, walk fwd R, L.

2 Step fwd R with knee bent (ct 1); bring L ft behind R calf, straighten R knee (ct 2).

3-4 Still facing diag R of ctr, walk bkwd L,R,L; step R beside L, turning to face ctr.

5-8 Repeat meas 1-4 on L diag using opp ftwk.

9-16 Repeat meas 1-8.

III. CROSSING STEP, LEAP-STAMPS, HOP-STEPS

1 Face ctr, step on R to R (ct 1); step on L (ct &); step on R in front of L (ct 2); step on L (ct &). Move fwd slightly twd ctr with these steps.

2 Repeat meas 1.

3 Step on R to R, tilt body slightly to R (ct 1); hold (ct &); step on L to L (ct 2); step on R across in front of L (ct &).

- 4 Step on L in place (ct 1); step on R to R (ct &); step on L across in front of R (ct 2); step on R in place (ct &).
- 5 Leap onto L in place beside R (ct 1); stamp R beside L, no wt (ct &); leap onto R in place (ct 2); stamp L beside R, no wt (ct &).
- 6 Repeat meas 5.
- 7 Hop on R (ct 1); step bkwd on L (ct &); hop on L (ct 2); step bkwd on R (ct &).
- 8 Hop on R (ct 1); step bkwd on L (ct &); closing step on R beside L (ct 2).
- 9-16 Repeat meas 1-8 with opp ftwk.

IV. SIDE-BEHIND, CROSSING STEP

- 1-2 Step on R to R (ct 1); step on L behind R (ct &); repeat three more times.
- 3-4 Beg R side, do 4 Click steps R,L,R,L; raise R knee sharply (meas 4, ct 2&).
- 5 Step on R to R (ct 1); step on L across in front of R (ct &); step on R in place (ct 2); step on L to L (ct &).
- 6 Step on R across in front of L (ct 1); step on L in place (ct &); step on R to R (ct 2); step on L across in front of R (ct &).
- 7 Step on R in place (ct 1); step on L to L (ct &); step on R across in front of L (ct 2); step on L in place (ct &).
- 8 Beg R side, do 2 Click steps R,L.
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

Repeat dance from beg.

