

Vodenki

(Macedonia)

Vodenki is from the area of Voden Kostur, and has been seen in festivals such as Ohrid as a performing dance in a suite.

Pronunciation:

Cassette: AK 5

Rhythm: 7/8 meter (3/8, 2/8, 2/8 counted as 1, 2, 3)

Formation: Mixed lines of men and women in W-pos.

Styling: Movement is enthusiastic with slow steps, but still quite full of movement, so that it leaves a pleasant visual impression. It is danced on the balls of the feet with a light balancing movement of the upper part of the body.

Meas

Pattern

INTRODUCTION

FIGURE 1

- 1 Facing LOD, slight lift on L (ct ah); step fwd on R (ct 1); touch L toe next to R (cts 2,3).
- 2 Repeat meas 1 with opp ftwk.
- 3 Step fwd on R (ct 1); step fwd on L (cts 2,3).
- 4 Step fwd on R and face ctr (ct 1); Čučke on R and bring L knee up in front (cts 2,3).
- 5 Step on L to L (ct 1); step on R in front of L (cts 2,3).
- 6 Step back on L (ct 1); Čučke on L and bring R knee up in front (cts 2,3).
- 7 Step on R to R (ct 1); step on L behind R (ct &); step on R to R (cts 2,3).
- 8 Step on L in front of R (ct 1); Čučke on L and bring R to side of L calf (cts 2,3).
- 9-10 Repeat meas 7-8 but bring R knee up in front on cts 2,3 of meas 8.
- 11-20 Repeat meas 1-10.

FIGURE 2

- 1 Facing LOD, step fwd on R (ct 1); step fwd on L (cts 2,3).
- 2 Step fwd on R (ct 1); step on L next to R (ct 2); step fwd on R (ct 3).
- 3 Repeat meas 2 with opp ftwk.
- 4 Step fwd on R and face ctr (ct 1); Čučke on R and bring L knee up in front (cts 2,3).
- 5 Step on L to L (ct 1); close R to L (ct 2); step on L to L (ct 3).
- 6 Step on R to ctr (ct 1); Čučke on R and bring L knee up in front (cts 2,3).
- 7 Small step back on L (ct 1); small step back on R (cts 2,3).
- 8 Step on L in place (ct 1); step on R in place (ct 2); step on L in front of R and face LOD (ct 3).

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