

VOSSARULL
(Norway)

Record: NKG TD 7 (Norway) or RCA FEP 11.

Formation: Couple dance, any number of couples. Open and closed pos as described.

Steps: Walking steps, pivot, two-steps.

Sequence: 1. Walking fwd, LOD.
2. Pivot.
3. Two-steps CCW (any number).

Repeat 2-3

1. Walking LOD, open pos, M's R arm around W's waist. W's L hand on M's shoulder, other hand swinging freely. Springy walk, opp ftwk, start each step with heel in floor as in a natural walk. Each step has a slight springy dip.
2. Closed pos: Face to face, close. M's R arm around W's waist, M's L hand holding W's shirt gently out to the side (not up). W's R hand high on M's back under M's L arm. W's L hand on M's R shoulder.

Start pivot on M's L and W's R ft. Step is symmetrical. R ft always between partner's feet, starting with heel in floor, twist CW and pivot on ball of foot. Slight dip on beginning of step. L ft step same. Note: Place L ft close to partner's R on the outside. Pivot is completely smooth and well balanced. Make any number of turns.

3. To break up the pivot, assume open pos and walk fwd, as described at beginning of dance, or keep closed pos and make any number of two-steps CCW and CW.