

VREUGDEROES

(Israel)

Origin: Israeli dance by Baruch Agadati, music by Boskovitz.
Original name: "Hora Agadati."

Music: Record: "Dans met ons ..." S 210

Formation: Closed (or open) circle of individual dancers, facing ctr,
hands joined and down.

<u>Measures</u>	<u>Pattern</u>
A1 1	Facing slightly and moving R, four steps fwd, starting with R ft.
2	Four Debka jumps (ft together, jump with toes turned to L, then to R, L, R).
3-4	Repeat action of meas 1-2.
A2 1-4	Repeat action A1. End in circle facing ctr.
B1 1	<ul style="list-style-type: none"> ♣ Hop on R ft, L heel diag fwd; raise hands at shoulder height, body leaning back. ♣ Close and step on L ft in place beside R ft; lower arms. ♣ Three steps in place (R,L,R).
2	Repeat action meas 1.
3	<ul style="list-style-type: none"> ♣ Two Debka jumps (toes pointing L and R). ♣ Hop on L ft. ♣ Fall on R ft fwd, bending knee, body leaning fwd (R shoulder turned fwd)!
4	<ul style="list-style-type: none"> ♣ Step on L ft in place. ♣ Close R ft to L. ♣ Three steps in place (L,R,L).
B2 1-4	Repeat action of B1.

Presented by Huig Hofman