

DULUTH MINNESOTA AUGUST 1977

WALCZAK
LUBELSKI
(Waltz Labelsky)

Presented by Morley Leyton

Waltz from Lublin. Learned from Zbigniew Kwiatkowski from Lublin.

Music: LTN 4

Formation: Cpls with W on M, R hands joined in one circle all
all facing ctr.

Part 1:

- 1 Step down on R ft and brush L ft across and raise upper
L leg to horizontal at same time straightening standing
R leg (Hereafter referred to as Basic Step) Travel in
LOD
- 2 Continue to travel in LOD doing Basic Step with other ft
- 3-7 Continue Basic Steps in LOD
- 8 Do Basic Step, but after stepping on Lft, swing R ft
around CCW to point towards RLOD.
- 9-15 Do 7 Basic steps in RLOD.
- 16 Step on L ft and close R ft, facing ptr.
- 17 Waltz turns.
Assume side-by-side blade path, W take waltz step directly
away from ctr, beginning with L ft. M does waltz twd
ptr beginning with R ft. End measure with M back to ctr
W facing ctr.
- 18-23 Make exactly half turns CW per measure while doing
smooth waltz. End with M back to ctr, W facing ctr.
- 24 Do one more half turn CW, releasing W so that she does
complete turn CW; at this point, both M and W are facing
ctr, W inside, M with hds on ptrs waist.

Part 2

- 1-2 Slide to L, step, close, step, close. W looks at M over
L shdr.
- 3 Slide to R, step, close. W looks at M over R shdr.
- 4 W does one half turn CCW, step back on R ft, close L to R
- 5 Join opp. hds with ptr, take step close in RLOD and swing
arms twd RLOD.
- 6 Repeat 5 to LOD.
- 7-8 Repeat 5-6
- 9 Szafiadki (drawers) Take step twd ptr with R ft and slide
hds up ptrs arm to shdr.
- 10 Take step away from ptr with L ft and slide hand back to
joined hds.
- 11-12 Repeat 9-10
- 13-16 W place R hd on M R shdr and do 4 waltz steps around
ptr back to place. M with hds on hips turns in place
following ptr around doing one step per measure.
- 17-23 Repeat 9-15
- 24 Women form circle in ctr, facing ctr, hds joined.

Part 3

- 1-8 M place L hd on ptrs L wrist; all do 8 basic steps in LOD
On 8th step turn to RLOD. M releases hold on ptrs wrist
- 9-15 Repeat Part 1-7 in RLOD.

Continued...

- 16 Step close
- 17-23 Waltz turns, repeat Part 1, mean 17-23
- 24 Step, close, End up in ballroom posn with joined hds pointing in RLOD.

- Part 4 Sleepwalking
- 1-8 W inclines head L toward ptrs & shdr. Do 8 basic steps starting with outside ft. (ML,WR)
- 9 Keep hold of joined hds (ML,WR) M takes 3 steps passing in front of ptr to ctr of circle.
- 10 Do 2 stamps, bringing joined hds forward to point to RLOD.
- 11 Repeat 9, but with W traveling and M staying in place..
- 12 Do 2 stamps, assuming sleepwalking pos'n.
- 13-16 Repeat Part 4, 1-4.
- 17-20 Repeat 9-12, but reverse order and direction: W goes out of circle, then M goes out of circle.
- 21-23 Repeat Part 4, mean 1-3
- 24 Step. Close.

[Faint, mostly illegible text, likely bleed-through from the reverse side of the page. Some words like "Part 1", "Part 2", "Part 3", "Part 4" are visible.]

Continued