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The waltz was made traditional by the music of Johann Straus and originated in Germany and Austria even though other European countries lay claim to the waltz. Early use of the waltz in America was at the elegant social balls and cotillions. Waltz music is played in slow, medium, and fast tempo but the slow or medium tempo is preferred by most people. The fast waltz is a favorite of those who know the Viennese style.

## Waltz Rhythm:

 The waltz is played in 3/4 time. It has three beats per measure of music, with an accent on the first beat.

3/4 '
slow slow slow

which be light 2m to 3 plant make that saling and good

Waltz Style:

It is a smooth dance with gliding quality of swinging and turning movement. The first step is a reaching step forward, backward, side ward or turning. The first step receives the accent which gives the dance new impetus, its new direction, or change of step which can be readily seen and is the chief characteristic of the beauty of the waltz.

Dance or Variation

Rhythm or Directional Pattern

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Jasq w.i. h Enter

Forward Waltz Fwd L Fwd R Cl L to R: Fwd L Cl R to L S S S S S

Cue: Forward, Forward, Close
The pattern may go either forward or backward

Sox Waltz Fwd L Swd R Cl L to R: Bwd R Swd L Cl R to L S S S S S

Cue: Forward Side Close Backward Side Close

Note: Side steps are short, forward steps quite long

on first count, ans short on second and third

step

Waltz Box Turn Fwd L Swd R Cl R to L: Bwd R Swd L Cl RtoL (toe out, turn 1/4 turn L) S S S S S S S

Cue: Turn side close, turn side close . sixul to take

Note: Accent first step by reaching into the turn with a longer step.

a longer step.

For the right turn, start with the right foot and reverse the pattern.

Couth ned...

bus answed sector to either our ye harperther than that the  $^{2}$  MT Half Waltz Turn -- same as for box turn previously described except
step ahead left pivoting 1/2 turn to left, slide .
right, close left; step right pivoting 1/2 turn, slide left, close right.

## Waltz Balance -- (ladies go backward, then forward)

Step Fwd L

- Step fwd R bringing foot even with heel of left and rise on toes of both
- Step in place with L S

S Step bwd R

- Step bwd L bring foot even with heel of right and rising on toes . [ 13 SJ E
- Step in place with R S

and May be done sideways to left or right. Follow with waltz forward, box or turn. Balance steps should be small with weight on ball of foot.

Waltz Hesitation -- (ladies go backward, then forward) Step forward L, swing R forward to about one foot off the floor, most;pointing toe.a

Step L fwd

Swing R fwd past L

S Touch R lightly to floor, forward

Step R bwd S

Swing L bwd past R

S Touch L lightly to floor, backward

Swing leg smoothly and reach to an extended leg and toe Follow with waltz forward or box with turn and then repeat hesitation forward, backward, waltz, waltz.

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## Conversation Step --

From open position -

and Fwd . Fwd Fwd Fwd Sde Close

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Twinkle Step --

Triple Twinkle - Begin as twinkle above on first 1-2-3 Then: Nan - Fwd Fwd ni Tog VLady - Fwd Fwd Pivot to L Reverse Position . 19 1 15 2nof ... 3 ton the right turn, clare with the extra do continued. revenue the partern. - colored in a color

decking Step -

Cross L. 0202 & Lat

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Triple Twinkle (cont.)
                    Lady - Fwd Fwd Pivot to Conversation
Man -Bwd Bwd Tog
                              2
                                   3 Position
                          1
            3
    1
                          R
                              L
                                   R
            L
    L
        R
                   Lady - Fwd Sde Cl
Man -Fwd Sde Cl
        2
    1
            R
                          L
                              R
                                  L
    R
        L
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Hollywood Turn -- Man does Conversation Step

Fud Fwd Fwd 1 2 3 L L R

And he leads lady in an underarm turn (turns to her right)

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Then: Man - Cross in Front Sde Close

turn into composition  $\frac{\mathbf{s}}{\mathbf{s}}$  for some  $\frac{\mathbf{s}}{\mathbf{s}}$  when into composition  $\frac{\mathbf{s}}{\mathbf{s}}$ tana yaya sana basa R an na ba**l**a fis

R file of the equipment should Lady- same as man but starts with L foot

Spanish Cross Forward and Backward --

Waltz box

- S Cross L over R (lady steps right back of left) Right reverse position
- S Slide R to side
- S Close left with slight turn to L
- S Cross R over L (lady steps left back of right) Left reverse position
- S Slide L to side
- S Close turning slight to R Repeat to left and to right, follow with 4 waltz steps

Scissors Step --

Man - S Step L diagonally across of R S Step R swd (left reverse position) S Close L to R

> S Step R diagonally across in front S Step L swd (right reverse position)

S Close R to L

Lady- S Step R diagonally across in back of L S Step L swd S Close R to L

Repeat L diagonally across in back of R

Lead: Man leads into right reverse position from the back of a normal box step and is therefore ready to begin this pattern. He leads into each change of direction on the second beat of the measure.

Cue: cross side pivot cross side pivot continued ..

Dest - Prid - veal Fiver to Conversation Diell n Delfie und anoldisol : . . .

Weaving Step ---

Fwd L Swd R Cl L to R; Cross R over L Swd L Cl R to L; : 8

Cross L over R Swd R

Cl L to R; Cross R over L, Swd L Cl R to L S

And he leads ledy in an underson turn (turns to her

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turn into open position for first step, man drops right arm and leads through with his left hand on the second cross step, then reverse to open position for third cross step

S Cross : " F (128) stage of the lags of left) Minht

Note: cross steps are in front for lady also.

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them at eschor viceness of grass Chelriseog senerna dagin) i sa i geta 3 Close & .v. L

Lady- U Sirb R Claranally across in back of L WAR C 1 144 3

Repeat L dispensity across in Sack of R

head: Fun leads into might reverse position from the back of a and the contract is the metal to the book of the period of the contract of leads intereach alange of direction or the second best of the

> device saids proved cross side savet

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