

DISC - CRIPTIONS

YABLOCHKO/~~JABLOCHKO~~
(Russia)

PRONUNCIATION: YAH-blah tch-koh.

TRANSLATION: little apple.

RECORDS: National N-4525 (7" 45 rpm); Stinson 3410 (Out of print); CCCP, Moscow B-9078 (Out of print).

SOURCE: Introduced at Stockton, CA in 1954 by Anatol Joukowsky, we first learned this dance from Beth Fawkes in Chicago, 1957. Yablochko was later retaught by Patricia Dixon at New Buffalo, MI.

RHYTHM: 2/4

FORMATION: Partners in a circle, facing each other, five or six feet apart, M's back to ctr. May also be done in a line of couples.

STYLE: Erect posture. Unless otherwise indicated, hands are on hips with thumbs back and palms turned out.

PATTERN

Meas No Introduction

FIGURE I

- 1-2 Beginning on R ft, walk 4 steps fwd twd ptr (1 step per ct).
3-4 Joining R hands, shake hands once, while nodding head twd ptr in recognition (ct 1), hold (cts 2, 1, 2).
5-8 Releasing hands and placing them on hips (see "Style" above) with elbows & shoulders slightly fwd, turn away from ptr transcribing one CW circle with 7 walking steps beginning R ft (cts 9-15, 1 step per ct), stamp L ft in place, no wt (ct 16).
9-12 Repeat action of Fig I, Meas 5-8, turning CCW and using opposite ftwk.
13 Turning to face to own R, step fwd on R ft, bending R knee (ct 1), brush L ft fwd along floor with straight knee and toes pointed, straightening R knee (ct 2). M are moving CW, W are moving CCW.
14 Step fwd on L ft (ct 1), step fwd on R ft, turning 1/2 turn CCW to face reverse direction (ct 2). M face CCW, W face CW.
15-16 Repeat action of Fig I, Meas 13-14 in new direction using opposite ftwk.
17-24 Repeat action of Fig I, Meas 13-16 exactly, two more times.

FIGURE II

- 1-2 W: Step to R on R ft (ct 1), turning body slightly to L, close L heel next to R instep (ct 2). Step to L on L ft (ct 1), turning to face slightly to R, close R heel next to L instep (ct 2).
M: Facing and moving to R, step fwd on R ft (ct 1), bending L knee to bring L ft up to knee height, slap outside of L ankle (boot top) with L hand (ct 2). Step fwd on L ft (ct 1), step fwd on R ft, turning 1/2 turn CCW to face to L (ct 2).
3-4 W: Repeat action of Fig II, Meas 1-2 exactly.
M: Repeat action of Fig II, Meas 1-2, moving to L and using opposite ftwk.
5-12 Repeat action of Fig II, Meas 1-4 exactly, two more times.

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(YABLOCHKO/~~JABLOCHKO~~ continued)

- 13-24 W: Repeat action of Fig II, Meas 1-12 exactly.
M: Using the following ftwk, M moves around ptr CW one complete circle, returning to starting place: Step fwd on R ft (ct 1), bending L knee to bring L ft up to knee height, slap outside of L ankle with L hand (ct 2). Step fwd on L ft (ct 1), step fwd on R ft (ct &), step fwd on L ft (ct 2), hold (ct &). Repeat ftwk exactly, five more times to complete circle.

FIGURE III

- 1-2 M: Step to R on R ft (ct 1), turning body slightly to L, stamp L heel lightly next to R instep (ct 2). Step to L on L ft (ct 1), turning body slightly to R, stamp R heel lightly next to L instep (ct 2).
W: Facing R, step fwd on R ft, bending R knee (ct 1), brush L ft fwd along floor with straight knee and toes pointed, straightening R knee and bringing L hand fwd at waist level in a graceful sweep twd ptr with palm turned up (ct 2). Step fwd on L ft (ct 1), step fwd on R ft, turning 1/2 turn CCW to face other direction, returning hand to hip (ct 2).
- 3-4 M: Repeat action of Fig III, Meas 1-2 exactly.
W: Repeat action of Fig III, Meas 1-2 to the L, using opposite ftwk and sweeping R hand twd ptr.
- 5-12 Repeat action of Fig III, Meas 1-4 exactly, two more times.
- 13-20 M: Repeat action of Fig III, Meas 1-8 exactly.
W: Using the following ftwk, W moves around ptr CW one complete circle, returning to starting place: Step fwd on R ft (ct 1), brush L ft fwd, bringing L hand fwd from hip in a graceful sweep with palm up (ct 2). Step fwd on L ft (ct 1), step fwd on R ft (ct &), step fwd on L ft (ct 2), hold (ct &). Repeat exactly three more times to complete circle.
- 21-24 M: Repeat action of Fig III, Meas 9-12 exactly.
W: Walk around 8 steps in place in a very tight CW circle, beginning on R ft.

FIGURE IV

- 1-24 W: Repeat action of Fig II, Meas 1-24 exactly.
- 1-12 M: Using the following ftwk, M moves around ptr CW one complete circle, returning to starting place: Stamp R ft fwd, taking wt (ct 1), stamp L heel slightly fwd, no wt (ct &), stamp L ft fwd, taking wt (ct 2), stamp R heel slightly fwd, no wt (ct &). Stamp R ft fwd, taking wt (ct 1), stamp L ft fwd, taking wt (ct &), stamp R heel slightly fwd, no wt (ct 2), hold (ct &). Repeat exactly five more times to complete circle.
- 13-14 M: Facing and moving to R, stamp R ft fwd, taking wt (ct 1), stamp L heel slightly fwd, no wt (ct &), stamp L ft fwd, taking wt (ct 2), stamp R heel slightly fwd, no wt (ct &). Take 3 stamping steps beginning on R ft, taking wt on each stamp and turning 1/2 turn CCW to face opposite direction (cts 1, &, 2), hold (ct &).
- 15-16 M: Repeat action of Fig IV, Meas 13-14, moving to L, using opposite ftwk and turning 1/2 turn CW on last three stamps.
- 17-20 M: Repeat action of Fig IV, Meas 13-16 exactly.
- 21-23 M: Walk around 6 steps in a CW circle in place, beginning on R ft, to end facing ptr.
- 24 M: Stamp R ft in place (ct 1), extend L heel fwd on floor with L hand extended low in front parallel to L leg and R hand held high overhead (ct 2).

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FIGURE V

- 1-22 M: Repeat action of Fig III, Meas 1-22 exactly.
- 1 W: Facing ptr, fall onto L ft, bending L knee and extending R ft fwd close to floor with straight R knee and toes pointed (cts 1, &), straightening L knee and bringing R ft back, step on R ft in place (ct 2), step on L ft in place (ct &).
- 2 W: Repeat action of Fig V, Meas I using opposite ftwk.
- 3-4 W: Repeat action of Fig V, Meas 1-2 exactly.
- 5-12 W: Repeating ftwk of Fig V, Meas 1-2 to move fwd; make one complete CW circle in front of ptr in 8 fall-run-run steps.
- 13-20 W: Repeat ftwk of Fig V, Meas 5-12, move around ptr CW one complete circle, returning to starting place.
- 21-24 W: Turn CW in place using 7 "buzz-steps" as follows: Pretending R ft is on a scooter, push bkwd with ball of L ft, thus forcing R ft to slide fwd along floor, bending R knee slightly (ct 1), straighten R knee, bringing L ft fwd, ready to push again (ct &), repeat cts 1, & exactly (cts 2, &). On Meas 24, cts 2, &, face LOD (CCW around room) and hold with wt on both ft. Ptr is now on W's L (see below) and W places L hand on M's R shoulder and R hand out to side.
- 23-24 M: Walk twd ptr and, facing LOD (CCW around room), place R arm around W's waist and L hand out to side.

FIGURE VI

- 1 Facing and moving in LOD, leap fwd, slightly diagonally R, onto ball of R ft (ct:1), step on ball of L ft directly in front of R ft, momentarily lifting R ft from floor (ct &), step on ball of R ft in place, lifting L ft from floor (ct 2), hold (ct &). This is a "pas-de-basque" step.
- 2 Repeat action of Fig VI, Meas 1, leaping fwd slightly diagonally L and using opposite ftwk.
- 3-8 Repeat action of Fig VI, Meas 1-2 exactly, three more times.
- 9-12 Repeating ftwk of Fig VI, Meas 1-4, turn CCW for one complete circle. W moves fwd; M moves fwd slightly, dancing almost in place. Finish facing in LOD.
- 13-24 Repeat action of Fig VI, Meas 1-2 exactly, except finish facing ptr

FIGURE VII

- 1-12 Repeat action of Fig I, Meas 13-24 exactly.
- 13-24 W: Turn twice CW in place using same ftwk as in Fig V, Meas 21-24, but in half-time (One "buzz-step" per measure).
- M: Repeat action of Fig II, Meas 1-12 exactly.

FIGURE VIII

- 1-2 Facing and moving twd ptr, walk fwd 4 smooth steps, beginning on R ft and extending arms out to sides.
- 3-4 Back away from ptr 4 walking steps, beginning on R ft and lowering arms down to sides.
- 5-6 Repeat action of Fig VIII, Meas 1-2 exactly, but raise R hand slightly and lower L hand slightly.
- 7-12 With arms in position as in Fig VIII, Meas 6, ptrs circle around each other twice CW, close together but not touching, using 12 walking steps. Use last 2 steps to separate from ptr slightly to end with M's back to ctr and W facing ctr, hands on hips.

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(YABLOCHKO/~~JABLOCHKO~~ concluded)

- 13-18 Facing ptr and moving bkwd as little as possible, dance 12 "reel-steps" as follows: Step on R ft directly behind L ft, displacing L ft (ct 1), step on L ft directly behind R ft, displacing R ft (ct 2). Repeat cts 1-2 exactly, ten more times.
- 19-20 Walk twd ptr 4 small, smooth walking steps, beginning on R ft.
- 21-24 Placing R hand on ptr's waist and L hand high above L shoulder, turn CW 7 "buzz-steps" as in W's ftwk for Fig V, Meas 21-24. On Meas 24, ct 2, stamp L ft, striking pose with W on ptr's R arm and L hands held high.

As Taught At International House Of The University Of
Chicago By Frank And Dee Alsberg, November-December 1977

Dance Notes Freely Adapted From Those Presented By Beth Fawkes At
Folk Dance Associates' "Week-End Folkdance Workshop" in Chicago, May 1957

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