

yedid nefesh

SOURCE: Dance: Yonatan Gabai.
MUSIC: Hataklit MM 30922, Hava Nirkoda #3. or TIKVAT-117
FORMATION: Circle, holding hands.

Ct PART I
1-3 Facing CCW, take 1 waltz step fwd beginning with R ft.
4-6 Turning to L on ct 4, do 1 waltz step bkwd, starting with the L ft and continuing CCW.
7-9 Take 1 waltz step bkwd beginning with R ft and continuing CCW.
10-12 Turning to R on ct 10, do 1 waltz step fwd CCW.
13-24 Repeat cts 1-12, but step toward center of circle on ct 24.

PART II
1-3 Facing center of circle, take 1 waltz step toward center of circle, beginning with R ft.
4-6 Take 1 waltz step bkwd (return to place).
7-9 Take 1 waltz step toward center of circle, making a half turn to the R.
10-12 Take 1 waltz step bkwd with the back to the center of the circle.
13-24 Repeat cts 1-12 in the opp direction and returning to place.

PART III
1-6 Facing CCW, take 2 waltz steps beginning with R ft, then L.
7-9 Take 1 waltz step while making a complete CW turn on the line of the circle.
10-12 Take 1 waltz step on the spot beginning with L ft (L fwd, back on R toe, close with L toe to R).
13-24 Repeat cts 1-12.

Repeat Part II.

PART IV
1-3 Facing center of circle, take a large step with R ft to R, step on L behind R, step on R in place.
4-6 Take a large step with L ft to L, step on R behind L, step on L in place.
7-9 Step toward center of circle with R ft, touch L, hold.
10-12 Take 1 waltz step bkwd beginning with L ft.
13-24 Repeat cts 1-12.

Repeat Part II.

Repeat Part IV.

Presented by Ruth Browns

