Source: This popular dance was learned by Tom Bozigian from the director of the Armenian Folkloric Ensemble of Los Angeles, Zhora Makarian

Music: Express E; "Sing Armenia Suy" (211(101) 5-1, B-6(A Folk Sony)

Meter: 9/8 | & 2 & 3 & 4 & uh, changing to 6/8 | & uh 2 & uh.

Formation: Little finger hold, shoulder height, leader at R

MEASURE	DESCRIPTION
	FIGURE I Begin dance when singing begins
1	Moving LOD, step R (ct I), step L (ct 2), place R heel (ct 3), point R toe (ct 4).
2	Turning to face ctr, step on R (ct I), hop on R, raising L beside R calf (ct 2), place L heel in place (ct 3), point R toe in place (ct 4).
3	Moving twd ctr, walk LRL (cts 1-3), stamp R beside L without weight (ct 4).
4	Step slightly backward on R, pivot on L as L heel moves in (ct I), repeat 3 more times with opp ftwk (cts 2-4).
	Repeat dance measures 1-4, 8 times in all.
	FIGURE II 6/8
1	Facing LOD, hop on L as R lifts slightly (ct l), step R beside L with slight plie (ct &), moving LOD, step on L (ct 2); arms
	swing backward (ct 1), forward (ct 2).
2	Repeat meas I.
3	Repeat meas I (ct I&), then hop on R as L kicks fwd (ct 2), (arms swing up to shoulder height (ct 2)).
4	Hop on R again as L crosses over to point at R instep (ct I), hop on R again as L kicks fwd (ct &), leap on L in place as R kicks fwd (ct 2).
5	Moving RLOD, leap R over L as L comes up behind R calf (ct i), leap on L (ct 2).
6	Leap on R (ct I), leap on L as arms come down and body turns slightly LOO to begin FIG II again (ct 2).
	Repeat dance FIGURE II, 9 times in all.

Presented by Tom Bozigian