

- Athan Karras
LH '73

ZAGORITIKOS

SOURCE: This dance is danced in the villages of Epirus, called Zagorochochia of the Zagori Mountain Range, an extension of the larger Pindus Mts. Often danced to the song "Kostandis", and there are several fine recordings. All the Zagorissios dances are of the same classification and vary in form, as all Greek folk dances do have enough new elements in them. The dance has a heroic quality to it, though the women will tend to find the gentler and "demure" lines. It consists of sixteen steps and broken up into four sections of four each. All steps are even.

Record: Song of Epirus "Kostandas" 7-B, and others

Formation: Holding hands high and often danced in separate lines of men and women. Though the pattern is very strict the male leader may execute turns and slaps to the heel.

MEN WILL RAISE LEG HIGH, WOMEN WILL POINT AND TOUCH TOE

MUSIC 3/4

PATTERN

MEASURE	A.
1	Men raise L leg across R knee Women cross L ft across L leg (count 1) Swing leg to L in high position (men) point L ft. to L (women) (count 2) step with L ft in front of R ft to R (count 3) Men raise R ft. behind left knee Women raise R ft by calf of L leg (count 4) Hold (count 5)
2	Take four walking steps in RLOD R, LR, L (counts 1-4) L ft. is now in front of R ft. Hold (count 5)
3	bring R ft directly in front of Lft and step on it (count 1) L ft having been raised off the ground, now steps back in place, (count 2) bring R ft directly behind L ft and step on it (count 3) Bring L ft by side of R ft stamp on R ft and lift it simultaneously, leaving L ft in the air (count 4) Hold (count 5)
4	Take four walking steps to LIOD L, R, L, and bring R ft together stamping it down (counts 1-4) Hold (count 5)

VARIATIONS: On measure #2 take the steps turning CW

On measure #3 take the steps turning CCW

Agonitikos (Cont.)

"The Lyrics"

AH, MOR' KOSTANDIS, KOSTA, KOSTANDAS
YIA KI' O MIKRO KOSTANDINOS, KOSTANDAKI MOU
YIA KI' O MIKRO KOSTANDINOS, KALO PETHAKI MOU

AH TOUS OROUS, EH KOSTA PERPATISES
YIA NA VREIS KALI GYNEKA, KOSTANDAKI MOU
YIA NA VREIS KALI GYNEKA, KALO PETHAKI MOU

"YIASSOO HALKIA MOU
YIASSOO DERVISI MOU"

AH, NA VREIS PSILI, KOSTA
AH, NA VREIS LYGNI
NA VREIS KANGELFRYTHA, KOSTANDAKI MOU
NA VREIS KANGELOFRYTHA, KALO PETHAKI MOU

'RE MI NE THO KONTA STO HORIO
NA PAO NA MEINO T'ORFANO...