

ZALOTY (zah-loh-tih)
"Wooping"

J. J. J. J.
69

3

SOURCE: Polish cpl dance from the province of Mazowsze.
MUSIC: Record; MONITOR MF 362. Side 2, Band 1.
3/4 time.
STARTING POSITION: Circle of cpls in social dance pos, M facing LOD, W facing M.

MUSIC: 3/4 PATTERN

Meas

7 + 4 INTRODUCTION:

PART A: (Meas 1-16)

1-2 Three (3) heel clicks to M's R (W's L) away from ctr of circle, followed by 3 Stamps "on the spot".

Ct	1	2	3	1	2	3
	click	click	click	stamp	stamp	stamp
M:				R	L	R
W:				L	R	L

3-4 Repeat 1-2, starting with opp ft and in opp direction.

5-8 M puts his R hand on his hip, W L hand on hip, other hands (joined) are raised up forming an arch under which they turn with 12 small walking steps "on the spot" with heads and bodies as near as possible.

ALTERNATE ARM POS: M's R and W's L hands joined and held straight down.

9-16 Repeat meas 1-8.

PART B: (Meas 17-32)

17-18 Social dance pos; 2 Waltz Steps in one turning CW, progressing in LOD.

19-20 W turning with 2 Waltz Steps under M's L hand joined with her R hand; progressing LOD. M follows her in LOD with 2 Waltz Steps.

21-24 M puts his R hand on his hip, W L hand on hip, other hands (joined) are raised up forming an arch under which they turn with 12 small walking steps "on the spot" with heads and bodies as near as possible.

ALTERNATE ARM POS: M's R and W's L hands joined and held straight down.

25-32 Repeat meas 17-24.

Continued...

BRIDGE: (Meas 33-34)

33-34

In social dance pos, M facing LOD: M swings W 1/4 turn to his R with 1 Waltz Step and brings her back with a second Waltz Step.

REPEAT IN THE FOLLOWING SEQUENCE: PART A, PART B, BRIDGE, PART A,
PART B.

This material cannot be reproduced in any form without permission of Mr. Jan Sejda.

Presented by Jan Sejda
Idyllwild Weekend - 1969