

1961 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Arden J. Johnson

ZASIALI GORALE

(Zah-shya-lee Goo-rah-ley)

(Polish)

MUSIC: Record: Folkraft F-1090 A -- ZasiAli Gorale
Piano: See Dance and Be Merry, Vol. II. by Vyts Beliajus

FORMATION: Groups of three, a man with two women or one woman with two men (the single person in the center), holding joined inside hands at shoulder height, elbows bent. The two outside people have their free hands on their hips. The groups may be facing forward in a column of threes down the center of room or facing counterclockwise in a circle.

STEPS: Step-swing*, Run*, Stamp

Music 3/4 & 2/4

Pattern

Meas.

A 3/4

Chorus

1-8

a. Beginning on the R foot, step R, swing L across R (cts. 1, 2, 3). Step on L, swing R across L (cts 1,2,3). Repeat 3 more times while progressing fwd. (8 step swings altogether) in line of direction. On the swing there is a lift on the supporting foot made by rising up on the toes on Ct. 2 and returning heel to floor on Ct. 3.

9-16

b. Beginning on R, take 8 fwd step swings while moving bwd to original place.

Note: Throughout figure M and W on his R look coyly at each other on R step-swing, M and W on his L look at each other on L step swing.

B. 2/4

I. Runs

1-3

4

a. Beginning R, take 6 running steps fwd.
Stamp 3 times in place (R,L,R).

5-7

8

9-16

b. Beginning L, take 6 running steps bwd.
Stamp 3 times in place (L,R,L).
Repeat action of Fig. I, meas. 1-8.

continued...

Zasiali Gorale (Cont'd)

Meas.

A 3/4
1-16Chorus
RepeatB 2/4
1-3II. Arches

a. M and his L hand W raise joined hands (M L, W R) to form an arch. W on his R, beginning R, takes 6 running steps going under the arch, around the M and back to place. M and L hand W follow R hand W turning inward simultaneously and under their own joined hands.

4

All stamp in place 3 times (R,L,R).

5-7

b. Beginning L, repeat action of Fig. II, meas. 1-3, but with W on M L going under arch formed by M and W on his R.

8

All stamp in place 3 times (L,R,L).

9-16

Repeat action of Fig. II, meas. 1-8.

Note: Throughout Fig. II. trio keeps inside hands joined.