

ZASPALA JANA JANINKA

ZASPALA YANA YANINKA

Macedonia

This dance takes its name from the title of the song. It belongs to the family of Paidushka Horos, which are found throughout Bulgaria and Macedonia. There are many variations. This one was learned by Anatol Joukowsky from the natives in Macedonia, and was presented by him in Stockton, 1961.

RECORD: Macedonia Sperry LP 39, Side 2, Band 13

RHYTHM: Paidushka Horos are in 5/16 or 5/8 rhythm with 2 beats to each meas. This recording is in 5/16 meter, counted 1,2 3,4,5 (S,Q). The accent is on the second beat
1 2

which gives the characteristic "limping step."

FORMATION: Dancers is open circle with leader at R end of line. Belt hold should be used with L arm in front of neighbor's R. Because of lack of belts on most folk dancers, hands may be joined down at sides.

METER: 5/16

PATTERN

Meas. No introduction. NOTE: Because the rhythm may be difficult, it is suggested that when learning the dance, dancers start at the first repetition of Fig. I. This is where the vocal first appears. Fig. I & II would be danced 2 times instead of 3 times before the first interlude.

FIG. I:

- 1 Step R in front of L (ct 1); step L to L (ct 2).
- 2-3 Repeat meas 1, 2 more times.
- 4 Hop on L (ct 1); step R beside L (ct 2).
- 5 Hop on R (ct 1); step L beside R (ct 2).
- 5-10 Repeat meas 1-5.

FIG. II:

- 1 Step R in front of L (ct 1); step L back in place (ct 2).
- 2 Hop on L (ct 1); step R near L (ct 2).
- 3-4 Repeat meas 1-2, with opp ftwk.
- 5 Large step R fwd (ct 1); step L beside R (ct 2).
- 6 Small leap onto R while kicking L fwd, point toe (ct 1); small leap onto L while kicking R fwd, point toe (ct 2). Slight bkwd movement.
- 7 Step bkwd on R (ct 1); step L beside R (ct 2).
- 8 Repeat meas 7.
- 9-16 Repeat meas 1-8.

REPEAT FIG. I (vocal begins here)

REPEAT FIG. II

REPEAT FIG. I

REPEAT FIG. II. (Fig. I-II are done a total of 3 times).

cont

- INTERLUDE (instrumental)
- 1 Turning $\frac{3}{4}$ to R to almost face LOD, hop on L (ct 1); step R in LOD (ct 2).
 - 2 Hop on R (ct 1); step L in LOD (ct 2).
 - 3 Turning to face ctr, step R to R (ct 1); large step on L behind R (ct 2).
- 4-24 Repeat meas 1-3, 7 more times (8 in all).

REPEAT FIG. I-II, twice alternately

REPEAT INTERLUDE (instrumental)

REPEAT FIG. I-II

REPEAT INTERLUDE (instrumental) - Interlude is done 12 times instead of 8.

Notes by Rugh Ruling, revised slightly by Dorothy Daw

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