

# ZASPALO DEVOJČE

(Bulgaria)

A Macedonian dance from the Pirin region of Bulgaria. Similar forms are also found in Western Macedonia in ex-Yugoslavia under various names (Pravoto, Narodno, etc.). Learned from the Gotse Delčev Macedonian Society, Sofia, 1966.

TRANSLATION: A young girl fell asleep (name of song)

PRONUNCIATION: ZAHS-pah-loh deh-VOY-tch eh

MUSIC: Yves Moreau workshop cassette

FORMATION: Mixed lines. Hands joined in "W" pos. Wt on L, face slightly R of ctr.

STYLE: Light, Macedonian with light lifts before stepping. Proud.

---

METER: 2/4

PATTERN

---

Meas

1-8 Intro. music. No action.

## Basic Figure

- 1 Step on R in LOD (1) close L to R (&) step R (2)
- 2 Repeat pattern of meas 1, starting with L
- 3 Facing ctr, step on R (1) raise L leg, bent knee (2)
- 4 Facing ctr, step on L (1) raise R leg, bent knee (2)
- 5 Repeat pattern of meas 3
- 6 Step on L in RLOD (1) step on R in RLOD (2)
- 7 Facing ctr, step on L to L (1) step on R behind L (2)
- 8 Repeat pattern of meas 4
- 9 Repeat pattern of meas 3
- 10-11 Repeat pattern of meas 6-7
- 12 Facing LOD, small step back on L (1) small step on R in LOD small step on L in LOD (2)

Dance repeats from beginning.

*Presented by Yves Moreau at the Laguna Folkdancers Festival 1995*