

ZENSKO CAMCE

(TITOV VELES)

SOURCE: Stanimar Visinski, Institute on Badija, 1973.

MUSIC: AMAN LP 105, side 1/6.

RHYTHM: Part 1, see note. Part 2, 7/8 (1,&,uh,2,&,3,&).

FORMATION: Line of women, hands joined and up in "W".

NOTE: The slow part of this dance belongs to a tradition of dancing in parts of Macedonia where the dancers are in control of the musical meter and tempo: i.e. the musicians follow the lead dancer. Therefore, no strict meter can be assigned to the first or slow section of the dance. It will be notated as **groups** of steps with "holds" in between. There are absolutely no hip movements to the side in this dance.

METER: See note

PATTERN

Group

PATTERN 1 - "I'm Ready Now":

1 With wt equally on both feet, bend knees twice. This is done only once in the dance and is a signal by the leader that she is beginning.

PATTERN 2 - "Follow the Leader":

1 Step fwd on L. Step back on R. Bring L foot to L side of R ankle. Raise onto ball of R, **hold**.

2 Lower R heel twice. Step side L on L dip by bending L knee. Step diagonally across L on R. Step back on L, bring R in front of L. Raise onto ball of L and **hold**.

3 Lower L heel twice. Step side R on R. Step L behind R. Step side R on R. Raise L in front of R of R. Dip by bending R knee. Step L diagonally across R. Take small step side R, bringing L in front of R. Raise onto ball of R and **hold**.

4 Step across R onto L and turn to face center bringing R up in front of L. Dip by bending L knee. Step R in place, bringing L in front of R. Dip by bending R knee.

Repeat from beginning (excluding intro) until 7/8 music begins. Music will change after a "group 2".

PATTERN 3 - "Hey we made it!!!":

1 Facing slightly rt, step on R (cts 1,&). Step in place on ball of L (ct uh). Step slightly fwd on R (cts 2,3)

2 Repeat meas 1 same direction, opp ftwk.

3 Step R with R (ct 1). Step R with L (cts 2,3).

4 Turning to face center step side with R, bringing L in front of R (ct 1). Dip once by bending R knee (cts 2,3).

5 Step L with L (ct 1). Step across L with R (cts 2,3)

6 Step side L bringing R in front of L (ct 1). Dip once by bending L knee (cts 2,3).

VARIATION TO PATTERN 3 - Turn

On meas 1 - 2, dancers may make one turn clockwise, line still moves to R.

Presented by Billy Burke at the Laguna Folkdancers Festival 1992