

Žensko Makedonsko

(Macedonia)

Pronunciation: ZEHN-shoh mah-KEH-dohn-skoh

Music: Special cassette; FR-4101B

Meter: 9/16 counted as SSS QS.

Formation: Line of women. Joined hands held fwd and slightly up, elbows bent.

Meas

Pattern

INTRODUCTION.

STEP I

- 1 With wt on R, the L points front (S); points side (S); bring ft together (S); bend R knee again, step on L (Q,S).
- 2 Step on R (S); step in place on L (S); wt on L, R goes out slightly in front and straight (S); whole leg rotates, heel moving towards L (Q); step together taking wt on R (S).
- 3 Wt on R, L heel moves in (S); step together (S); S QS are a repeat of meas 2's S QS.
- 4-6 Repeat meas 1-3.
- 7-18 Repeat meas 1-6 two times.

STEP II

- 1 Same as meas 1 of Step I.
 - 2 Drop hands, put L hand on hip, R hand extended up and fwd, waving handkerchief. Scissors onto R (S); and onto L (S); hop on L with R extended (S); hop on L (Q); step on R fwd (S).
 - 3 Hop on R, L extended (S); leap on L slightly fwd (S); 2 hops on L (SQ); leap in place on R (S).
 - 4 Leap fwd on L facing diag right at the same time R arm flicks handkerchief over head toward L shldr (S); 3 hops on R with L extended (SS Q); leap on L (S).
 - 5-8 Repeat meas 1-4.
- Each step changes with the music until end.

ENDING STEP

Scissors R and L; step together.

Presented by Barry Glass