

Z E Y B E K
(Turkey)

Pronunciation: Zay'beck

Source: Learned by Vilma Matchette from Ayşe Kalaap, foreign student from Turkey. Dance originated in the west coast area of Turkey but is now done in various forms throughout the country. Dance in original form was done free style but the following description is an arrangement made to fit the record. Dance presented at the 1958 California Kolo Festival. Notes written by Ruth Ruling.

Record: FEZ 704-A "Zeybek" - no introduction.

Formation: Single circle facing Line Of Direction (CCW). W in front of M. Hands held out to side about eye level, elbows bent. Fingers snap on beat if desired.

Music: Research has shown that the time signature for Zeybek could be 9/8, 9/16, or a mixed meter such as 4/4 and 5/4 or 4/8 and 5/8. In the absence of the written music the writer is reluctant to declare the meter of the music in this recording. Since the dance patterns are done to an even 9 ct phrase, this is used as a basis for the description. Note that the term "phrase" is substituted for the word measure. This refers to a musical interlude of 9 even cts.

Styling: There is a slight flex of knees on each step or movement.

Steps: Basic Step: Progressing in LOD, step R (ct 1). Bend R (ct 2). Step L (ct 3). Bend L (ct 4). Step R (ct 5). Bend R, bringing L ft to R calf, toe down (ct 6). Step back in Reverse LOD on L (ct 7). Close R to L (no wt) (ct 8). Hold (ct 9). Basic step always starts on R.
Deep Knee Bends: These occur as part of some patterns throughout the dance. The patterns may vary slightly but the following items will remain constant. Wt will be predominantly on fwd ft, i. e., when done to LOD wt will be predominantly on R; when done to RLOD wt will be predominantly on L. The knee that touches the floor does so lightly and touches near the heel of the other ft.

<u>Phrase</u>	<u>Pattern</u>
1-4	Dance 4 Basic Steps in LOD.
5	<u>Variation I:</u> Preparation- Bending L knee, swing R ft fwd (upbeat). Bend R knee (slightly turned out) so R ft touches L leg just below knee (cts 1, 2). Straighten R leg (cts 3, 4). Step fwd onto R and bending R knee, touch L knee to floor (ct 5). Rise to half standing pos, turning to face ctr, wt on both ft (ct 6). Shifting wt onto L, bend L knee and touch R knee to floor while facing RLOD (ct 7). Rise to upright pos, turning to face LOD (ct 8). Close R to L (no wt) (ct 9).
6	Repeat action of phrase 5.
7-10	Dance 4 Basic Steps in LOD. On ct 9 of last Basic, W puts wt on R.
11	<u>Variation II:</u> Man- Stepping fwd onto R, bend R knee and touch L knee to floor (ct 1). Rise to half standing pos, turning L to face ctr, wt on both ft (ct 2). Shifting wt onto L, bend L knee and touch R knee to floor while facing RLOD (ct 3). Rise to half standing pos, turning R to face ctr, wt on both ft (ct 4). Shifting wt onto R, bend R knee and touch L knee to floor while facing LOD (ct 5). Rise to standing pos, facing LOD (ct 6). Close R to L (no wt) (ct 7). Hold (cts 8, 9).

(Continued)

Zeybek (continued)

Woman- Making 1/2 turn L to face RLOD, step fwd on L, bend L knee and touch R knee to floor (ct 1). Rise to half standing pos, turning R to face ctr, wt on both ft (ct 2). Shifting wt onto R, bend R knee and touch L knee to floor while facing LOD (ct 3). Rise to half standing pos, turning L to face ctr, wt on both ft (ct 4). Shifting wt onto L, bend L knee and touch R knee to floor while facing RLOD (ct 5). Rise to standing pos, facing LOD (ct 6). Close R to L (ct 7). Hold (cts 8, 9).

Note: Simplified this pattern consists of deep knee bends to ptr, corner, ptr. Both finish facing LOD. Always turn twds ctr of circle.

- 12 Repeat action of phrase 11.
- 13-16 Dance 4 Basic Steps in LOD.
- 17 Variation III: Step fwd on R in LOD (ct 1). Bend R knee bringing L ft up to R calf, toe down (ct 2). Small leap bkwd onto L (ct 3). Small leap bkwd onto R (ct 4). Step back onto L and touch L knee to floor, facing LOD (ct 5). Rise to half standing pos, turning R to face ctr, wt on both ft (ct 6). Shifting wt onto L, bend L knee and touch R knee to floor while facing RLOD (ct 7). Rise to face LOD (ct 8). Close R to L (no wt) (ct 9).
- 18 Repeat action of phrase 17.
- 19-22 Dance 4 Basic Steps in LOD.
- 23-24 Variation IV: Man- Dance Variation II.
Woman- Turning to L, take 1 Basic Step to make 1/4 circle CCW around M. Finish this Basic facing M (back to ctr). Dance a second Basic Step to complete a 1/2 circle to end on L side of M, facing LOD.
- 25-26 Man- Make 1/2 circle CCW around W on 2 Basic Steps. This is same pattern as danced by W in phrase 23-24. M ends on L side of W, facing LOD.
Woman- Dance Variation II but using M pattern (start to R).
- 27-30 Dance 4 Basic Steps in LOD.
- 31-34 Repeat Variation IV.
- 35-38 Dance 4 Basic Steps in LOD.
- 39-40 Dance Variation I.
- 41-46 Dance 6 Basic Steps in LOD.