

ZIBNSRIT
(Slovenia)

Background: Variants of this dance (ZEE-bn-shrit, from the German "Siebenschritt" -- "Seven Steps") are found under numerous other names throughout Slovenia ("Sedmorka," etc.) and northwest Croatia (e.g., "Išla žena u gosti"), as well as in Slovenian colonies in the U. S. and Canada. Like most of the truly popular living Slovenian dances, it is a localized version of a late-19th-century couple dance "imported" from Central Europe. The version given here was learned by Dick Crum from Mr. and Mrs. Peter Kurnick in San Francisco in 1958.

Recording: 33-EP-SD

Formation: Cpls randomly scattered about the dancing area. Ptrs face each other, their joined R hands held just below face level, L hand ~~on ptr's R hip.~~ around ptrs waist.

Meter: 2/4

Meas

Pattern

- Ftwork given is for M; W uses opp ftwk throughout.
- 1-2 "7 Steps" to M's L, as follows: sidestep L with L ft (ct 1); close R ft to L ft taking wt (ct &); again side step L (ct 2), etc., for a total of 7 steps, closing R ft to L ft without wt on the last ct & of meas 2.
- 3-4 Repeat action of meas 1-2 to M's R with opp ftwk.
- 5 "3 steps" to M's L, as follows: Sidestep L with L ft (ct 1); close R ft to L ft taking wt (ct &); again sidestep L (ct 2); close R ft to L ft without taking wt (ct &).
- 6 Repeat action of meas 5 to M's R with opp ftwk.
- 7-8 Keeping R hands joined, dancers place L hands on own L hips; while M does 4 step-hops in place beginning L ft, W does 4 step-hops (beginning R ft) making 2 turns CW (i.e., to her R) in place under joined R hands.
- 9-10 Resume orig pos and repeat action of meas 5-6.
- 11-12 With 4 step-hops (M beginning L ft, W R ft), turn as a cpl once CW in place.

Accompanying Songs: In the old days, dancers and musicians used to compose nonsense songs that marked the "7 and 3" rhythm of "Zibnsrit," such as:

Pes pa nema repa več,
kdo mu ga j' odsekau preč?
Kaj pa bo, kaj pa bo,
če mu zrastu več ne bo!

(The dog no longer has a tail,
who could have cut it off?
What will happen, what will happen,
he won't grow another one!)

Presented by Dick Crum