

Zwodzony

Pronunciation: z-vaw-dzaw-ny

This is a Polish folk dance from Silesia.

Measures

Pattern

- 1-2 Partners move sideways away from each other with 2 sliding steps (W to R, M to L). Motion with the hands as if pushing away from each other.
- 3 M takes 1 step with L ft, W with R ft.
- 4 M does 1 stamp with R ft, W with L ft.
- 5-6 Partners take 2 sliding steps toward each other, with motions of the hand as if calling to each other.
- 7-8 M bows from waist down and spreads his arms wide to the sides, W curtsies.
- 9-10 While shaking R hands, M steps to L and bows, W steps to R and curtsies.
- 11-12 Step and bow in the other direction while shaking with L hands.
- 13-16 Partners do 4 waltz steps in social dance position around the room.
- 17-24 Repeat meas. 9-16.

The dance is repeated from the beginning, only during meas. 5-6 everybody chooses a different partner. People should dance to their own singing, rather than to a record. The dance lasts as long as you wish.

Dance directions from Ada Dziewanowska. Assistance in writing the directions by Mary Ann Herman. Please do not reproduce without Ada's permission: 41 Katherine Road, Watertown, Mass. 02172, tel. (617) 923-0827.

