

19th century **WALTZ & POLKA** variations

Richard Powers

Some variations can be done in both the waltz and polka. All were done in the polka, but fewer were done as a waltz. In some cases, there are differences between the waltz and polka versions, as explained below.

Promenade Travel forward in open side-by-side promenade position. Man has L arm akimbo, R arm around lady.

Vis à Vis Gent's R hand takes lady's L hand. Polka one bar face-to-face, then polka one bar back-to-back. Repeat.

Waltz version Swing hands forward on first bars, back on second bars

Hop Waltz Polka or waltz with a jeté (leap) on count one. Do not hop on count 4.

Pursuit One of the dancers travels backwards while the other advances, in closed waltz position.

Coquette (Love Chase) The lady escapes from her partner and travels solo while the gent pursues her, arms akimbo.

Pas d'Allemande Take R hand with partner's right hand. The lady polkas or waltzes turning under the man's raised right arm. This is also possible turning under the gent's left arm.

Crossed-Hand Keeping the Allemande R hands, offer L hands below, held close to the heart, and polka or waltz.

Moulinet of Single Hands Take R hands with partner and travel forward around each other. Then L hands back.

Zulma L'Orientale Start with 2 bars of turning; stop and point the first foot straight forward to the floor then close it back to the supporting foot (1 bar), and conclude with one more bar of turning. Repeat opposite.

Waltz version: Varsouvienne Half-waltz and point; Repeat opposite. Then turn for 3 bars and point. Repeat the entire sequence beginning with the opposite feet

Redowa The Redowa step (turning pas de basque) can be done in polka time. Must be learned in class.

Hungroise Two *coup de talon* mazurka heel-clicks toward LOD, followed by 2 bars of turning Redowa. Then galop.

4-Slide Galop Do 4 straight slides of a galop toward LOD, turning halfway on the fourth. Repeat opposite, to LOD.

Waltz version A 3-Slide Galop, once to each bar of music. This was described in 1870.