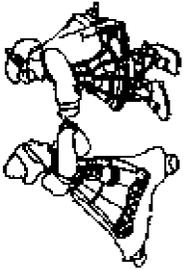


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Volume 43, No. 3
April 2007

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Folk Dance Scene

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Folk Dance Scene is published to educate its readers concerning the folk dance, music, costumes, customs, lore and culture of the peoples of the world. It is also designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

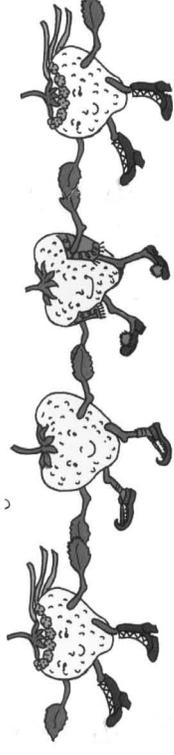
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On the cover: The Mountain Dancers march in Avalon, 1969. Photo taken by the Catalina Chamber of Commerce. See cover story page 4.



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Questions – contact Steve: register@StatewideFolkDance.com or (949) 646-7082



Folk Dance Scene

Volume 43, No. 3
April 2007



Editor's Corner

What does it take to be the new layout and design editors of the Scene? Experience? No, we have absolutely none. Desktop publishing skills? We're working hard to acquire those. Chutzpah, maybe - because we thought, "how hard could it be?". But what it really takes is support. And that we have had plenty of - thanks to the Scene committee for their enthusiastic welcome and blind faith, and special thanks to Steve Davis, our mentor.

We don't expect to make many changes, but one is already in the works. To accommodate our travel schedule, the summer combined issue will be July/August, instead of June/July.

The cover story this month is on the Mountain Dancers, a club in existence since 1946. Thanks to Maggi Klages for the photos.

Don't miss the ad and registration forms for Strawberry Statewide, beginning on p.20
Be of good cheer.

— *Pat Cross and Dan Kratzer*

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Federation Corner



I have been living in Henderson, Nevada since 1990, where I met my husband, Bob Shapiro. Bob introduced me to folk dancing at the Las Vegas chapter of the Folk Dance Federation, South in 1992, and I have been dancing with the group since that time. I first experienced folk

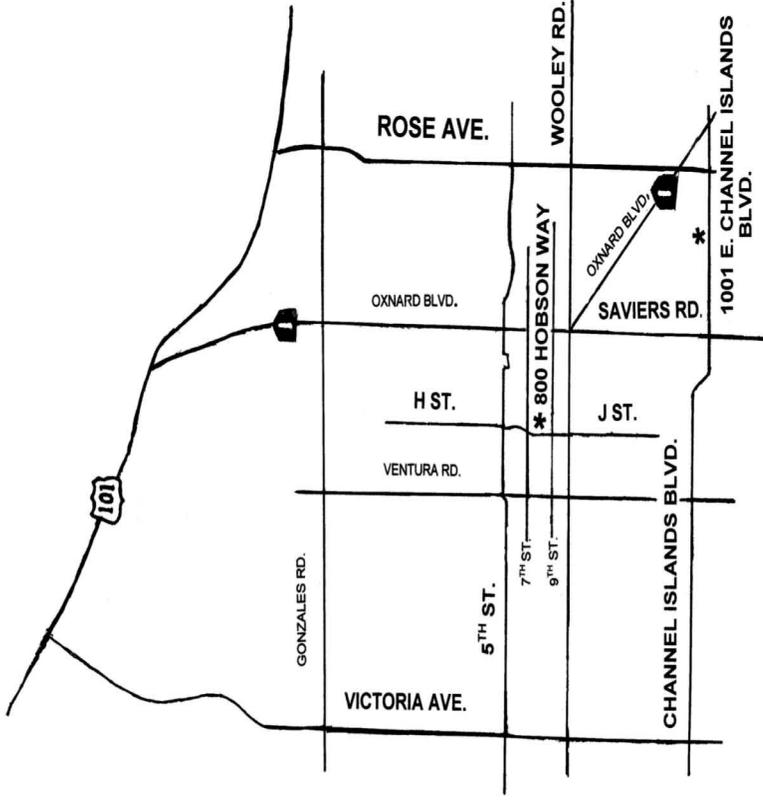
dancing, as did many people, while a child in elementary school in southern California. I enjoyed the structured style of some of the dances and soon sought other dancing styles such as modern jazz, ballat, Hawaiian and Tahitian.

Several years ago I attended the "Teach the Teachers" workshop sponsored by the Las Vegas chapter because I thought it would "make me a better student". The following year I attended the teaching weekend at Camp Hess Kramer in October for the first time and discovered I was able to share some of the dances from the camp with the Las Vegas group, the Ethnic Express, because of what I had learned about teaching at the earlier workshop. I have now attended three October Camp Hess Kramer weekends and have brought back to Las Vegas my favorite dances.

The Statewide Festival held in Las Vegas in 2001, and more recently in Palm Springs in 2005, inspired me to branch out to other dance festivals in California. My husband and I have traveled with a group, with Beverly & Irwin Barr from West L.A., on the cruise out of Long Beach in the fall for the past three years. We also attended the Laguna Festival in Newport Beach in February and had a wonderful time seeing many of the friends I know from the October Camp Hess Kramer, and meeting many of you for the first time.

I have recently volunteered to be the Scholarship Chairperson for Federation South. I am looking forward to working with the committee, getting to know the scholarship applicants, attending the Council meetings and participating in several upcoming festivals. If you would like to participate with me on the committee or have any questions regarding the scholarships, please contact me at bettygrant@cox.net or by telephone at (702) 896-1415. The deadline for submission is Apr 15.

— *Betty Grant*



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Mountain

THE HISTORY OF THE MOUNTAIN DANCERS

The real beginning of the Mountain Dancers was on a Saturday night in January, 1946 at the Sierra Club's Keller Peak Ski Hut after a day of skiing in Snow Valley. One couple brought folk dance records and taught their friends to dance. Although none of the other skiers had folk danced before, they became so enthralled that the dancing went on far into the night! Soon they were holding weekly Wednesday evening folk dance sessions at the Arroyo Seco Playground. They met out of the sheer joy of dancing and gave little thought to forming a formal club.

Nineteen forty-six became a hallmark year for the group when a folk dancer, Jimmy Klein, from Boston, Massachusetts joined the group and began teaching additional dances, added his expertise, and suggested calling the group the "Ski Mountaineer Folk Dancers." This name lasted until April 12, 1946, when they held a formal meeting, wrote a constitution, and changed the name to the "Mountain Dancers."

Jimmy was the first to bring New England Contra Dancing to California, and he had all the female members sewing authentic costumes in order to demonstrate a contra dance at a California Folk Dance Federation Festival at Tournament Park in Pasadena on June 16, 1946. The Federation Executive Board was impressed and asked if one our members would serve as their Corresponding Secretary. Sigrid Hilmers volunteered.

By now our club membership was growing quite rapidly with many new members coming from the scientists working at JPL, and from professors at the California Institute of Technology. Bob Parks, a now retired deputy director of JPL, is still a very active Mountain Dancer, along with his lovely wife, Hanne. An early edition of "Let's Dance" magazine contained a fanciful account of a Mountain Dancer astronaut teaching the moon maidens the Swedish Hambo!

Our members loved to go camping, hiking, backpacking, etc. as well as snow skiing, water skiing and sailing. We had many outings where we all camped together, put on skits, and sang folk songs around the campfire. Many members found their life-long partners within the club.

At the request of the Federation, the Mountain Dancers hosted a Festival at the Poinsettia Playground in 1948 and performed another contra dance

demonstration, giving birth to the Mountain Dancer Folk Dance Demonstration Group. This group danced for convalescent hospitals, schools, retirement homes, the Veterans' Home, and some television programs.

With The International Institute in Boyle Heights, we built spectacular floats for the Disneyland Christmas Parades and also performed dances throughout the park. Our floats were true works of art! Having JPL scientists in our group, we built a large Austrian castle with a cannon mounted on the front. The cannon fired with a loud bang and blew a huge cloud of confetti into the crowd! Another float representing an immense pipe organ not only played lovely music, but beautiful smoke rings of various colors came out of the tall brass pipes!

Mark & Helen Pines, Fred & Jeanne Golding and Keith & Ruth Robertson moved to Laguna Beach and missed our weekly folk dances so they started the "Laguna Beach Folkdance Club." Although the founders phased out of the club, the Laguna Folkdancers continue weekly dancing and sponsor an annual festival that is a very special event for avid folk dancers.



We decided to concentrate on doing Austrian folk dances because they were so intricate, colorful and represented the mountainous areas of the Alps that offered skiing and hiking. One member, Gertrude Habersatter, was the secretary for the head of the Austrian Trade Delegation in the United States. She invited him to a demonstration at the International

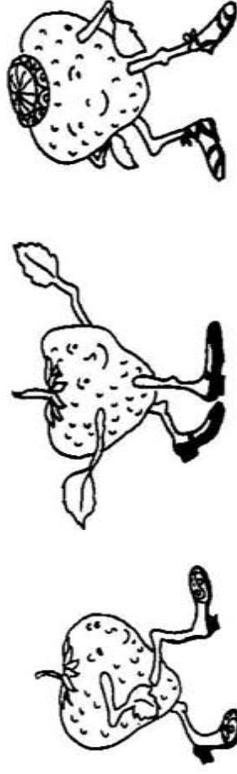
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2:30 - 4:30	Institute Classes	\$15 afternoon
4:30 - 5:30	Strawberry Jam Cool-down Dancing	
5:30 - 7:30	Dine on Your Own	\$15
7:30 - 11:45	Strawberry Dance -with Surprise Performances, Live Music by INTERFOLK , and Ice Cream Social	
SUNDAY		
10:00 - 12:30	Institute Classes	\$20 (daytime)
		or
12:30 - 2:30	N-S meeting or lunch on your own	\$15 morning
2:30 - 4:30	Institute Reviews	\$10 afternoon
4:30 - 5:00	Cool-down Dancing	
5:00 - 7:00	Installation Dinner at IHOP or dine on your own	\$15
7:30 - 11:30	Strawberry Dance party Live music by EASTERN EXPOSURE (with more Surprise Performances)	

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Dancers

Institute. He was so impressed with our dancing that he wrote a letter to the Austrian government suggesting they designate the Mountain Dancers as their official representatives in California! We then began receiving many rather complicated folk dance instruction books from Vienna that we had to translate into English.

Most Austrian folk dances are based on imitating the actions of people as they go about their daily work. A mowing dance uses very large scythes that the men sharpen with files and the women then pretend they are cutting the crop. The Austrian government sent us the money to purchase the scythes and files.

In the miller's dance at one point the men are hanging from the women's hands with their backs parallel to the floor as they pound the floor with their heels to make the sound of the water hitting the blades of a giant waterwheel. In the woodchopper's dance four men are cutting up a log with hatchets as two men are sawing the log with a giant saw, and in the wreath dance everyone makes intricate figures with large arches covered with greenery.

We danced at the Hollywood Bowl with a fifteen-foot high maypole, weaving and unweaving patterns with red and white ribbons. The Bowl used a picture of us on their program cover the following year. Our most requested dance was the Miner's Dance which was danced in the dark with all the lights out. The men had miner's lamps and carried small lanterns, while the women wore large swirling black cloaks with hoods and carried large lanterns with an Austrian Eagle design mounted on poles. The men used hammers and chisels to strike a large rock in the middle of the floor. The chisels are tuned to different notes so the men played the dance melody by striking their chisels in the right sequence. This dance was always a huge hit at the famous Avalon Casino Ballroom on Catalina Island during their Spring Festival.

We also marched in the Festival Parade with the men on stilts wearing long black pants, Austrian jackets and hats. The stilt dance comes from the town of Kitzbuehl where the streets turned to mud each year during the spring thaw and everyone walked on stilts so they would not sink into the mud. During the dance the wicked old witch of winter wanders around the dancers, cackling and throwing out paper 'snowflakes'. Then, suddenly, she disappears into a circle of men who tower above her on their stilts. She then emerges

as a beautiful young girl who is the spirit of spring, and she throws out spring flowers to the crowd.



When our membership reached 120, our Executive Committee stipulated that to retain club membership, you had to help plan one of the monthly parties. No one was overburdened because there were nine other members to help plan the party. And the beauty of it was that you got to go to eleven other parties that you had no part in planning! Each party had to have folk dancing whenever possible. This idea proved to be a smashing success! Imagination ran rampant! Parties took place all over California and even in Mexico and Hawaii! We had Persian, medieval, tennis parties, and a diplomatic ball. One of our grandest parties was a cruise party at a member's home that was "converted" into a cruise ship.

As our members began reaching retirement age, we took trips to unusual places. We toured by bus through Poland, Estonia, Latvia and Lithuania, taking a ship across to Finland. We cruised six hundred miles down the Amur River which is the border between China and Siberia, visiting the villages of the Uichi people whose ancestors crossed the Bering Straits when it was a land bridge and settled North America.

The anniversaries of our club have always been very special events. On our twentieth anniversary we spent four days filming a western motion picture in the Big Bear area. Later we had a grand premier showing at a Glendale theater complete with klieg lights. The stars arrived and were interviewed by a newspaper reporter as they came up the red carpet.

Our twenty-fifth anniversary was in Barton Flats where we staged the grand Harmonia Gardens ballroom scene from "Hello Dolly." Our younger

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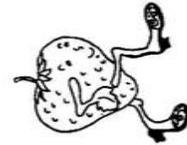
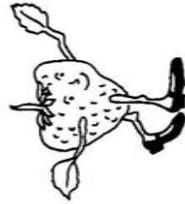
MASTER TEACHERS:

Zeljko Jergan (Croatian)
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Eastern Exposure
Fifth Friday**



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Mountain

generation were dressed as waiters in natty matching uniforms, mounted on roller skates, and delivered trays of food around the dining room.

Our fiftieth anniversary celebration was attended by one hundred and sixty seven of our members. We held it at the Montecito Sequoia Lodge which is a private resort in Sequoia National Park. There is a large lake on the property which is used for sailboat regattas, a large swimming pool, and volleyball tennis, shuffleboard and basketball courts, all of which were in constant use by our members. There is a beautiful large dining room with an adjoining room with a wonderful wooden dance floor where we set up our museum display of Mountain Dancer memorabilia around the walls, such as large picture boards and the antique lute that was presented to us by the government of Austria as a thank you gift for all of the folk dance presentations we had made on their behalf.

We celebrated our sixtieth anniversary last May with a local two-day party. The first day had a display of Mountain Dancer artifacts such as the antique lute from the Austrian government and models of the Tara River rafts that carried us down the river in Yugoslavia. We had a slide show with highlights of our entire sixty year history, a ceremony honoring the charter members who are still with us, and, of course, a long folk dance session. The second day we had a picnic lunch where we displayed numerous Mountain Dancer scrapbooks.

We were now aging gracefully but this imposed some restrictions on our activities and caused us to shift some of our interests. Many members no longer enjoyed driving at night, so we switched the time of our folk dance sessions to 4.00 pm. By now most of us were retired from our careers, although we still have several members who go to work every day.

36 of us went on a very extensive tour of Yugoslavia where we chartered a hydrofoil and traveled the entire length of the coastline visiting many of the offshore islands. We folk danced right above the Adriatic Sea on the deck of the Excelsior Hotel in Dubrovnik, where we were photographed by Yugoslavian Television, a program that was shown to the entire country and the people were amazed to see Americans doing their native folk dances! We also spent four days on log rafts floating through the whitewater of the Tara River in the second deepest river gorge in the world. At night we slept in tents pitched in the meadows alongside the

Folk Dance Scene

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river. We made an extensive tour of Indonesia visiting Sumatra, Java, Bali and Sulawesi (Formerly Celebes) where we traveled by bus to visit the people of Tana Toraja who have very strange marriage and burial customs, we traveled by ship one thousand miles north of Tahiti to the Marquesas Islands, the most remote land mass on earth where we did extensive hiking. This is just a small sampling of our extensive travels. Next June we are going to cruise the Saone and Rhone Rivers in France on a ship that has a flat open deck on top covered by an awning where we will folk dance.

We continue to have elaborate parties at our folk dance sessions on special holidays such as Valentine's Day, St. Patrick's Day, etc. Our Halloween Party, held in a private home, is always an astonishing affair each year. Amazingly enough, we are still finding people who are interested in joining our club as new members!

— *Charles A. Sausback*

SUMMATION OF THE LAST 10 YEARS OF MD ACTIVITIES

Ninety-three Mountain Dancers (MD) continue to enjoy parties, dances and a few trips together. Three or four guests became members within the last ten years. Teaching new dances has become rare and the group is now dancing many of the older popular dances which include a majority of line dances. The group continues to produce a monthly newsletter which communicates with all the members about the coming activities, events and parties and keeps us in touch. We celebrated our 55th and 60th anniversaries, visited various sites, and a few attended folk dance festivals.

The 60th was well organized by the executive committee and held in May of 2006. The celebration was held at the Eaton Canyon Nature Center in Pasadena. We had an excellent attendance of 90 members; first generation, second generation, third generation and even one forth generation baby. We danced, enjoyed a BBQ meal, reminisced, chatted, and viewed slides of the good old days. The sons and daughters were asked to tell what they remembered about the MD activities when they were children and teenagers. It was fun to hear some of those humorous stories. The next day, the group went to the park and ate many leftovers and couldn't stop talking with the old timers who lived out of town. It was a very successful event. In attendance were eight charter members and

April 2007

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WESTCHESTER LARIATS

Mon 3:30-9:30
(310) 215-0010 Gina Cruz
LOS ANGELES, Westchester
Methodist Church, 8065 Emerson

WESTWOOD CO-OP

Thu 7:30-10:20
(310) 202-6166 Beverly Barr
(310) 839-1753 Adele Mortin
WEST L.A., F. Mahood Senior Center,
11338 Santa Monica Blvd.

Non-Federation Clubs

ANAHEIM INT'L

FOLKDANCERS
Wed 7:30-9:30
(714) 893-8127 Carol Maybrier
ANAHEIM, Unitarian Church,
511 S Harbor

CAL TECH INT'L

FOLK DANCERS
Tue 7:30
(626) 797-5157 Nancy Mulligan
PASADENA, Throop Mem. Church
300 S. Los Robles

DESERT DANCERS

Mon (Scottish)
Thu 7:15-9:30 (International
(760) 446-6905 Ruth Dietrich
(760) 446-6752 Nora Nuckles
RIDGECREST, Hi Desert Dance
Center 725 S. Gateway St.

DESERT INT'L FOLK DANCERS

Tue 7:30-9:30
(760) 327-8684 Dwight Fine
(760) 342-1297 Helen Smith
PALM SPRINGS, Step By Step Dance
Studio 316 N. Palm Canyon

FOLK DANCE CENTER

Every Evening Call for Schedule.
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SAN DIEGO, 4569 30th Street

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L.A. Robertson Rec Ctr. 1641 Preuss
W HOLLYWOOD West Hollywood
Park, San Vicente at Melrose

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Sun 7:30-11:30
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NEWPORT BEACH, Avant Garde
Ballroom, 4220 Scott Dr

ISRAELI DANCING-James Zimmer

Tues 8:00-11:00 Thu 8:00-9:30
(310) 284-3638 James Zimmer
Israelidance@yahoo.com
WEST HILLS, West Valley JCC,
22622 Vanowen ENCINO,
Community Ctr 4935 Balboa

ISRAELI DANCING-Yoni Carr

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(760) 631-0802 Yoni
COSTA MESA, JCC, 250 Baker St
LA JOLLA, Beth El, 8660 Gilman Dr
ISRAELI DANCING-Natalie Stern
(818) 343-8009 Natalie Stern
L.A., Univ of Judaism
5600 Mulholland Mon 10:00am-1:00
Wed 7:30-10:00 Thu 10:15-noon;
L.A. Shaarei Tefila, 7269 Beverly
Mon 6:15-8:45, Tue 10:15a-noon
Wed noon-1:15

KAYSO FOLK DANCERS

Fri 9:30am-1:00
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SAN DIEGO, Balboa Park,
Casa del Prado room 206 St

LIFE BALKAN DANCERS

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worldance1@aol.com Sherry
LOS ANGELES, Pacific Arts Center
10469 Santa Monica Blvd.

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(858) 571-2730 Kin Ho
SAN DIEGO, Balboa Park Club,
Balboa Park

SAN PEDRO KOLO DANCERS

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(310) 832-1074 Pauline Klak
SAN PEDRO, Dalmatian-American
Club, 1639 S Palos Verdes St.

SANTA BARBARA

BALKAN FOLK DANCERS
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(805) 682-4511 Luis Goena
SANTA BARBARA, Oak Park Stage,
corner Junipero and Calle Real

SANTA MONICA COLLEGE INT'L DANCE CLUB

Tue, Thu 11:15am-12:35
(310) 284-3637 James Zimmer
SANTA MONICA, Santa Monica
College Cloek Tower or LS Bldg
1900 Pico Blvd

UCLA BALLROOM

DANCE CLUB
UCLA INT'L
FOLK DANCE CLUB
Mon 7:00-9:00 (ballroom dance)
Mon 9:00-11:00 (folk dance)
(310) 284-3636 James Zimmer
ballroom@ucla.edu
WESTWOOD, UCLA Ackeman
Union Room 2414

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Wed 7:30-9:30
(714) 932-2513 Allan and Shirley
info@wcgc.us www.wcgc.us
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Federation Clubs

CABRILLO INT'L FOLK DANCERS

Tue 7:00-9:45
(858) 459-1336 Georgina
SAN DIEGO, Balboa Park,
Balboa Park Club

CONEJO VALLEY FOLK DANCERS

Wed 7:30-9:30
(805) 497-1957 Jill Lungren
THOUSAND OAKS, Hillcrest Center,
403 W Hillcrest Dr

ETHNIC EXPRESS

Wed 6:30-9:00 except holidays
(702) 732-4871 Richard Killian
LAS VEGAS, Charleston Heights
Art Center, 800 S. Brush St.

FANTASY FOLK DANCE CLUB

(626) 454-3181 Diane Chen
Sun 1:00 - 7:00
ALAHAMBRA, China Press, 2121 W.
Mission Rd.

Wed 7:00 - 10:00

EL MONTE, eToday TV, 9440 Telstar
Ave. #5

GOTTA FOLK DANCE

Mon 7:30 - 9:30
(805) 643-2886 Ann Zacher
VENTURA, Washington School,
96 S MacMillan

HAVERIM INT'L FOLK DANCERS

Sun 7:00-9:00
(805) 901-2738 Nancy Benz
VENTURA, Temple Beth Torah
7620 Foothill Rd (corner Kimball)

KYPSELI GREEK FOLK DANCING

Fri 8:00-11:30
(818) 990-5542 Dalia Miller
PASADENA, Skandia Hall
2031 E. Villa

LAGUNA FOLK DANCERS

Sun 7:00-10:00 Wed 7:30-10:00
(714) 893-8888 Ted Martin
LAGUNA BEACH, Community Ctr
384 Legion Ave

LAGUNA WOODS INT'L FOLK DANCE CLUB

Tue 8:30 am Sat 9:00 am-11:00
(949) 768-6120 Florence Kauderer
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

MOUNTAIN DANCERS

Tue 4:30-6:30
(818) 248-5804 Chuck Bausback
S. PASADENA, Woman's Club,
1424 Fremont Ave.

MULTIETHNIC DANCERS

Wed 6:00
(949) 770-7026 Miriam Kahn
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

NARODNI INT'L FOLK DANCERS

Thu 7:30-10:30
(714) 932-2513 Shirley Hansen
BELLFLOWER, Woman's Club of
Bellflower, 9402 Oak St.

PASADENA FOLK DANCE CO-OP

Fri 7:45-11:00
(626)446-5160 Marsha Fenner
PASADENA, Throop Mem. Church
300 S. Los Robles

SAN DIEGO VINTAGE DANCERS

Thu 8:00 - 10:00
(858) 622-9924 Harry Eisner
SAN DIEGO, Normal Heights
Methodist Church 4650 Mansfield St.

SANTA BARBARA COUNTRY DANCE SOCIETY

Sun 6:30-9:30 Tue 7:00-9:00
(805) 682-1877 Elliott Karpeles
(805) 682-5523 Gary Shapiro
SANTA BARBARA Carrillo Rec Ctr
100 E. Carrillo St. (Sun); Oak
Park 300 W. Alamar (Tue-summer);
Westside Community Center, 423 W.
Victoria ST. (Tue-winter)

SCANDINAVIAN DANCERS OF VENTURA & SANTA BARBARA

Every other Sat 2:00-5:00
(805) 604-9608 Madeleine
SANTA PAULA, Briggs Elementary
School 14438 W. Telegraph

SKANDIA DANCE CLASSES

Mon 7:00-10:00 Wed 7:00-10:00 Call
for others
(714) 893-8888 Ted Martin
(714) 533-3886 Donna Tripp
(310) 827-3618 Sparky Soicher
ANAHEIM, DOWNTOWN Community
Center, 250 E Center (Mon)
CULVER CITY, Lindberg Park,
5401 Rhoda Way (Wed)

SOLVANG VILLAGE FOLK DANCERS

Sat 7:00-10:00
(805) 688-2382 Jean Menzies
SOLVANG, Jonata Elementary School
301 2nd Street, Buellton

TUESDAY GYPSIES

Tue 7:30-10:30
(310) 390-1069 Millicent Stein
CULVER CITY, Masonic Lodge 9635
Venice Blvd.

VESELO SELO FOLK DANCERS

Sat 8:00-11:00
(714) 738-8008 Phyllis Pivar
FULLERTON, Hillcrest Recreation
Center, 1155 N. Lemon.

VINTAGE ISRAELI DANCING

1 Sat per month confirm 8:15 - 12:00
(818) 990-8925 Louis
dovbyrd@aol.com
SHERMAN OAKS, Anisa's School
of Dance, 14252 Ventura Blvd.

WEST LOS ANGELES FOLK DANCERS

Mon 7:45-10:30 Fri 7:45-10:30
(310) 202-6166 Beverly Barr
WEST L.A., Brockton School
1309 Armacost Ave.

WEST VALLEY FOLK DANCERS

Fri 7:15-10:00
(818) 368-1957 Jill Michtom
CANOGA PARK, Senior Center
7326 Jordan Ave

Dancers

seven executive committee members, and more second generation offspring then had ever attended. These offspring even discussed forming a 2nd generation MD organization because they had so much in common; they folk danced and they loved visiting with one another.

In 2003, Mountain Dancers moved to another location. This new dancing site is held in the South Pasadena Women's Club on Fremont Blvd. It has a large hardwood floor and the room is spacious. Due to various health problems many members of the organization are either not attending the monthly dances or they sit on the side lines and talk to others. The dance attendance began to decrease four years ago. In 2004 the group decided to dance about three times a month because of the poor attendance. Currently, the turnout is about 10 to 20 dancers and they dance only twice a month. When a special occasion occurs the attendance grows to about 25 to 30 members. The age of the members is about 70 to 92 years young with a sprinkling of 50 and 60 year olds. It is accurate to say that the MDs are now a social organization as well as a folk dancing group. The newsletter is the paste that glues us together.

Members are now living throughout the country but we continue to be a close knit association and we still view ourselves as an extended family. We are all good friends and still look forward to being together.

— Ellen Wilts



Founding members: Ellen Wilts, Sigrid Bausback, Arline Baker, Merry Finchbaugh, Bill Spilius, Bob O'Donnell

POLONIA NOBILITY BALL

In honor of Polish National Holiday "3rd of May 1791."

Saturday April 28, 2007 from 7pm-11pm; afterhour 11-12pm

Elks Lodge, 400 W. Colorado Blvd., Pasadena, California

Philadelphia Academy of Musique conducted by Thomas Axworthy

Dance Mistress Irenka Ujda, Dance Master Edek Sentowski. Yesteryears Dancers.

European Ballroom Dances including polonaise, mazurka, kujawiak, waltz, country dances.

Dress code: Renaissance to Napoleonic, court and national costumes admired, or military/dressy/semi-formal. \$50.00 per person includes Polish dinner, but not alcohol. Site is wet.

Please contact irene_ujda@spe.sony.com or (323) 664-0227

Advance classes: \$5 April 15th 5-8pm Besant Lodge, 2560 No. Beachwood Dr., Hollywood and \$7 April 22nd 5-8pm Pacific Arts Studio, 10469 Santa Monica Blvd, West Los Angeles

Calendar

Note: Federation Events are in Bold.

CALL TO CONFIRM ALL EVENTS

APRIL

9 **Spring Holiday Party, 7:30 at Brockton School, 1309 Armacost Ave. Celebrate with West L.A. Folk Dancers. See OTS. Info: (310) 202-6166 or (310) 478-4659.**

12 Neverika at Tangier Restaurant, L. A. See OTS. Info: www.nevenika.org.

13-15 **Westwood Co-op's Camp Hess Kramer, Malibu. Info: (310) 452-1538.**

15 18th C. dance class, 5-8pm at Besant Lodge, 2560 No. Beachwood Dr., Hollywood. \$5 contact Irene Ujda (323) 664-0227

Masanga Marimba Ensemble

17 1:00, Moorpark College Multicultural Day, 7075 Campus Rd., Moorpark. Info: (805) 378-1400 or www.moorparkcollege.edu/news/mult/.

19 1:00, Pierce College, 6201 Winnetka Ave., Woodland Hills. Info: (818) 719-6401 or www.piercecollege.edu.

22 18th C. dance class, 5-8pm L.A. County site tbd, contact Irene Ujda (323) 664-0227

28 **Polonia Nobility Ball 7-12pm at Pasadena Elks Lodge. See ad. Contact Irene Ujda (323) 664-0227. irene.ujda@spe.sony.com**

MAY

4 **Cinco de Mayo Party, with West L.A. Folk Dancers, 7:30 at Brockton School. See OTS. Info: Call Beverly at (310) 202-6166 or (310) 478-4659.**

5 **Quetzal (Music, Mexico) & Danza Floricanto USA (Dance, Mexico), 11:00 & 12:30 at Walt Disney Concert Hall.**

20 47th Annual Topanga Banjo Fiddle Contest, 9:00-6:00 at Paramount Ranch. See OTS. Info: (818) 382-4819 or info@topangabanjofiddle.org.

25-27 **Statewide Festival, Oxnard, CA at Oxnard Performing Arts Ctr. See ad. Info: www.StatewideFolkdance.com.**

28 **Party Night Dance on Memorial Day with the West L.A. Folk Dancers. See OTS. Info: Call Beverly at (310) 202-6166 or (310) 478-4659.**

JUNE

2 Halau o' Keikiali 'i (Dance & Music, Hawaii) 11:00 & 12:30 at Walt Disney Concert Hall.

7 **Narodni's 31st Birthday Party with live accordion music by Toti O'Brien, at Woman's Club of Bellflower, 9402 Oak St., Bellflower. Info: (714) 932-2513 or <http://www.narodni.org>.**

14 **Macedonian Dance Works hop with Paul Mulders, Narodni Int'l Folk Dancers, at Woman's Club of Bellflower, 9402 Oak St., Bellflower (714) 932-2513 or <http://www.narodni.org>.**

15-17 **Huck Finn Jubilee at Mojave Narrows Regional Park, Victorville, CA. Info: (951) 341-8080 or www.huckfinn.com.**

22-24 **25th Annual Summer Solstice Folk Music, Dance & Storytelling Festival at Warner Center Marriott. See OTS. Info: (818) 817-7756 or info@CTMSFolkMusic.org.**

OCTOBER

19-21 **Camp Hess Kramer Workshop Weekend in Malibu, CA. Details to be announced. Info: Beverly Barr (310) 202-6166 or (310) 478-4659.**

21-22 **Harvest Festival in Fresno. Info: Fran Ajoian (559) 255-4508.**

NORTHERN CALIFORNIA

4/6 **International Roma Day, 7:30 at Croatian Cultural Center, 60 Onondaga Ave., San Francisco. Info: (707) 823-7941 or voiceofroma@comcast.net.**

4/6-8 **Arcata Folk Dance Festival, at Bayside Grange (2297 Jacoby Creek Rd.) Info: (707) 822-8045 or www.humboldtfolklife.org.**

4/21-22 **Egyptian Festival & Workshops with Raqia Hassan at Odd Fellows Hall, 839 Main St., Redwood City. Info: (408) 246-1129, www.haladance.com.**

4/29 **Blossom International Folk Dance Festival, 1:00-5:00, at City College of San Francisco, 50 Phelan. Info: joel@folkdance.com.**

5/5 **11th Annual California Herdelejezi Roma Festival, Sebastopol. Info: (707) 823-7941 or [voiceofroma@comcast.net](mailto:ofroma@comcast.net).**

5/12 **Rose Festival, 1:00-4:30, at Wischermann Hall, Sebastopol. Info: (707) 546-8877.**

6/9-16 **Scandia Camp Mendocino. Info: www.scandiaccampmendocino.org or roo@scandiaccamp.org.**

6/16-23 **Mendocino Folklore Camp at Mendocino Woodlands. See ad and OTS. Info: (707) 795-6926 or www.mendocinofolklore.com.**

Mendocino Folklore Camp

June 16th - June 23rd, 2007

With Dance Teachers

Yves Moreau - Balkan

France Bourque-Moreau - French Canadian

Chris & Lynnanne Miller - Argentine Tango

And Music Teachers

Michele Simon - Balkan Singing

Rumen Shopov - Doumbek

Live Music

For our nightly international dance parties is provided by:

Chubritza

Daily Themes - Each day's theme brings together meals, happy hour festivities, decorations & parties to create an atmosphere of celebration and learning. Each day combines folk arts, traditions, high spirits, humor and magic into our stunning international tapestry. **Come Join The Fun!**

For more information visit our web site at www.mendocinofolklore.com

Or call our registrar (Phyris) at **(707) 795-6926**

Or via email at phyris@mendocinofolklore.com

Calendar

7/22-28 & 7/29-8/4 Stockton Folk Dance Camp. CAMP IS SOLD OUT -- To be put on waiting list, contact Jan Wright at jmwright32@frontier.net.

7/27-8/4 Lark Camp: A Celebration of World Music, Song & Dance 2007 at Mendocino Woodlands, in the Redwoods. Info: www.larkcamp.com.

ALASKA

7/30-8/9 Dance Cruise to Alaska - Dancing with Donna. Info re cruise: CCC 1-(800) 745-7545 or cruises3@pacbell.net. Info re dancing: Donna (408) 257-3455 or donna@dancingcruises.com.

MAINE

Mainewoods Dance Camp, 3 one-week sessions, plus Labor Day Weekend. See ad and OTS. Info: info@mainewoodsdancecamp.org.

WASHINGTON

5/25-28 Folklife Festival, Seattle Center, Seattle, WA. Info: www.nwfolklife.org.

FOREIGN

ARMENIA

5/26-6/9 Dance Tour to Armenia with Tineke van Geel. Info: vangeel@xs4all.nl or www.tinekevangeel.nl/.

BULGARIA

7/15-28 Workshop for Balkan Folklore - Balkanfolk 2007, at Bankya. Info: www.balkanfolk.com/workshop.php.

7/29-8/4 Bulgarian Folk Music & Dance Seminar, Plovdiv. Info: Larry Weiner, (301) 565-0539 or www.folkseminarplovdiv.com/.

7/31-8/12, 8/13-18 Koprivštitsa & Dorkovo Festivals (Bulgaria & Macedonia) led by Jim Gold. Info: (201) 836-0362 or jimgold@jimgold.com.

CANADA

5/18-21 Ontario Folk Dance Camp, at Waterloo, Ontario. Info: Sandy Starkman at sandydancing@juno.com.

CARIBBEAN

5/21 -30 Dancing with Donna Cruise. From New York, aboard the new Crown Princess. Info: (408) 257-3455, donna@dancingcruises.com.

CZECH REPUBLIC

8/4-10 & 8/10-15 Summer Folk Dance Week 2007. Info: dvorana@inbox.vol.cz.

FRANCE

6/23-7/1 Dance on the Water - Provence/Burgundy Cruise, dancing led by Sandy Starkman. Info: Mel Mann (510) 526-4033, meldancing@aol.com, or www.folkdanceonthewater.org.

GREECE

Seminars of Traditional Dance with Yannis Konstantinou

7/21-31 Dances from Balkan Countries sharing a border with Greece.

8/5-17 Dances from Greece

Info: (415) 272-4641, carolinesimmonds@hotmail.com.

7/22-29 Greek Summer Seminar in Kalymnos. Info: iannismaris@wanadoo.fr or <http://kyklos.danse.com>.

9/12-16 21st World Congress on Dance Research. Athens. For dance specialists. Registrations are open. Info: president@cid-unesco.org

10/21-11/2 & 11/1-4 Greece & the Greek Islands. Tour led by Jim Gold & Lee Otterholt. Info: (201) 836-0362 or jimgold@jimgold.com.

MACEDONIA

7/5-16 Macedonian Pearl Folk Seminar on the beautiful shores of Lake Ohrid, near the town of Struga, Macedonia. Info: www.goranalacki.com.

NORWAY

5/14-24 Norwegian & International Dancing! led by Lee Otterholt. Info: (216) 836-0362 or jimgold@jimgold.com.

POLAND

9/1-15 Mazurka, Polonaise, Kujawiak & More! Led by Richard Schmidt. Info: (216) 836-0362 or jimgold@jimgold.com.

RUSSIA

7/14-29 Dance on the Water aboard the Russian ship Litvinov. Info: Mel Mann (510) 526-4033 or meldancing@aol.com.

TURKEY

Music & Dance Tour to Turkey & Egypt

6/8-7/4 Turkey & Egypt

6/12-7/4 Turkey & Egypt

6/19-7/4 Egypt only

Info: <http://www.HalaDance.com>.

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Folk Dance Scene

April 2007

Dancers Speak

hands. The hands are the primary part of the dance while they relegate the role of feet to a secondary position of simple walking steps.

On our recent trip, we had the opportunity to participate in several workshops of Vietnamese and Cambodian dancing. The teaching started with a short performance as we watched the young and graceful boys and girls dance with their hands. The arms, fingers and hands moved in tune to the music to perform a dance of their own. They gracefully touched their thumbs with each finger after another, as the rest of the fingers arched backwards. The hands became shy deer dancing in a forest of the music.

It seemed so easy!

We were in for a shock, when our young hosts took us by our hands and attempted, to no avail, to show us how to bend our fingers in a graceful backward arch while keeping one in the opposite position. We tried to follow the intricate patterns of hand movement and various hand positions. After a few minutes, our hand muscles, not used to these movements, ached and would not obey the directions of our brains. Not only did we have a hard time imitating the various finger positions as our hands seemed to quickly fill with lead with gravity taking over.

At that moment, I suddenly realized that not only did I have two left feet but that I also had two sore left hands.

On the other hand (Pardon the pun), our young smiling hosts did not loose patience with us and their enthusiasms rubbed off and drove us to try harder. I am sure that had we more time, we would eventually master some of the simpler movements.

This brings me to our own dancing.

We have many newcomers, to whom our dancing must seem similar to us trying to do the Vietnamese and Cambodian dances. Just like those kids, we need to show enthusiasm and patience with our newcomers. I am sure that some of the steps our teachers show us seem difficult and almost impossible to do. After a while, as our dance muscles develop, the steps will become easier and we will be able to enjoy the dances.

So keep on dancing. Trust me. It will become easier.

— *Lou Pecké*

April Quote: *There is a bit of insanity in dancing that does everybody a great deal of good.* —Edwin Denby

April Question: On the contrary, I seem to be at my sanest when in that amazing place dancing takes me. What about you?

— *Sandy Helperin*

AN ANSWER TO LAST MONTH'S QUESTION

On the subject of comparing the Laguna Festival when held in Laguna Beach to being held in Costa Mesa, our reader Judy Campbell writes:

I feel you cannot improve on paradise. That's what we had when we used to get motel rooms at Laguna Beach or even in the old Hotel Laguna, meet new and old friends for drinks or dinner and then dance in the high school gymnasium. Laguna is an enchanting town and we were in a heightened state - absorbing its flavor on those Valentine weekends. (I sometimes thought that the young people growing up there would be handicapped when they entered the real world.) The dance performances were top notch and there were many vendors with beautiful ethnic merchandise. The charm, natural beauty, layout, cohesiveness, friendliness in one-of-a-kind Laguna Beach remains in my heart as unmatched.

— *Judy Campbell*

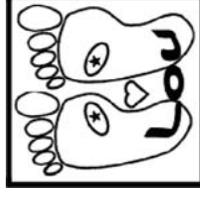
DANCING WITH TWO LEFT FEET (25)

Did you ever consider dancing with your hands?

This might be a strange question to ask the folk dancers. We are always concerned with stepping on the right foot while our hands do little as we hold our neighbors' hands, shoulders, or if we are really into Balkan dancing their belts.

Very seldom do we break loose from the confines of the circle line to do some turns and raise our hands above our head.

On the other hand, Vietnamese, Cambodian, and most dancing in that region of the world, is all about



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April 2007

Folk Dance Scene

On the Scene

NEVENKA TO PERFORM AT TANGIER

Nevenka, a great group of women singing music from Eastern Europe, will be performing on Thursday, April 12th at Tangier restaurant. They will be joined by the Balkan band, Baksheesh. The address is 2138 Hillhurst Ave. Los Angeles. 90027, tel: (323) 666-8666. Jay and I ate there this week and really enjoyed the food. The cost of the concert (not dinner) is \$10. For more info: go to www.nevenka.org

— *Jill Michkom*

LEE OTTERHOLT AT PASADENA COOP

Lee Otterholt will be teaching at the Pasadena Coop on Friday, April 27th. Please plan to come join the fun! Pasadena Coop meets at 7:45 at Throop Church on the corner of Los Robles and Del Mar. For more info: Marsha, (626) 446-5160.

— *Valerie Daley*

DANCING IN THE STREETS

I have to tell you about a book called *Dancing in the Streets* by **Barbara Ehrenreich**. It is brand new but you can order it from the library. From a fascinating anthropological standpoint she explains how, starting in the neolithic, people have had circle and line dancing and how important it is to humans--something we have evolved with. And what happens when people are not allowed to have such gatherings, over our history up to the present day.

I know none of us have to be convinced of any of this, but this book gives a whole slant that is new, and things to say to people who don't understand what's so good about participating in gatherings such as ours. Amazingly, she doesn't seem to know about modern Balkan dance culture, or other things, but that just makes reading it all the more magical and resonant. Singing and dancing to save the world,

— *Carol Singer*

MENDOCINO FOLKLORE CAMP

Mendocino Folklore Camp, June 16-23 at the Mendocino Woodlands. Sleep in log cabins in the woods (with a fireplace in each cabin). Most of us who have been going for years, put it on our calendars in January! There's great dancing on a real wooden floor, delicious food, live music. Well, please look at the ad in this Scene and/or the Calendar. See you there!

— *Jill Michkom*

HESS KRAMER WORKSHOP

Announcing the dates for 2007 Camp Hess Kramer "Camps Review" Workshop Weekend, so you can plan ahead. Save the date. Oct. 19 - 21, 2007, for another memorable weekend camp experience. Watch for more information, or call Beverly or Irwin Barr (310) 202-6166 or (310) 478-4659.

VESELO... APRIL HAPPENINGS

Starting on April 7 we will be back at the Anaheim Unitarian Church and be there until we resume Standard Time in November. The address is 511 S. Harbor Blvd. in downtown. Saturdays 7:30 to 10:30.

April 7 **All Request Night** with our annual Easter Parade of funny or pretty bonnets. A great celebration of Spring!

April 14 **Lee Otterholt** is our guest teacher. This special event is \$5.00.

April 21 **Sandy Wodicka** will be reviewing some of **Daniela Ivanova's** dances.

April 28 **Orkestar Banitsa** provides the live music. This special event is \$8.00

— *Lu Perry*

WEST L. A. FOLK DANCERS

Parties: Monday, April 9, is the day after Easter and the end of Passover- a good time for a Spring Holiday Party. What are we going to think of for this party? Come see for yourself.

Friday, May 4, 2007, Cinco de Mayo, another good time for a party.

Monday, May 28, 2007, we have a big party planned on Memorial Day. Statewide Festival is over and we keep on dancing.

All request programs by Beverly & Irwin Barr. Bring snacks or desserts for potluck and don't miss these happy party nights. Parties begin at 7:30 and end when you get too tired to dance.

Teaching: On Monday evenings we will teach dances that will be on the Statewide Festival program. We will continue teaching dances from the recent camps and workshops, including the Hess Kramer weekend and the Laguna Festival. We are open on all Monday holidays unless otherwise announced.

On Friday evenings we will also teach dances that will be on the Statewide program and continue to teach dances from the recent camps and workshops, including some of the English Country dances taught at

Egg Lore

dropping rocks onto it. Now there's one determined and hungry bird!

Longest Cooking Time: Ostrich

Average cooking time of forty minutes.

Longest Distance Thrown: 106 metres

Without being smashed.

Longest Drop Distance: 183 metres

And still intact! on Race: 22 km in 4 hours and 17 minutes

Largest Number of Hard-boiled Eggs Eaten: 14 in 58 seconds

Largest Number of Soft-boiled Eggs Eaten: 32 in 78 seconds

Largest Number of Raw Eggs Eaten: 13 in 3.2 seconds

Record Number of Eggs Laid by One Bird: 361 eggs in 364 days. A Black Orpington hen called 'Princess Te Kawan'.

Record Number of Yolks in One Egg: 9

Happy Holidays to all,

— *Sandy Helperin*

Cafe Aman

CAFE AMAN RE-OPENS

On Saturday March 10th, Cafe AMAN started at their new location: Pacific Arts Center, 10469 Santa Monica Blvd. It's a lovely setting with a nice wooden floor. The opening night attracted a big crowd, and they danced to live music by two bands. Cafe Aman is open the 2nd Saturday of each month.



Veselba Bitov



Sherry Cochran, Edy Greenblatt

Egg Lore

The Egg Dance'

Goethe: translated by Wilhelm Meister

The following extract details the little known 'Egg Dance' which is believed to be of European Medieval origin:

"Lightly, nimbly, quickly, and with hairsbreadth accuracy, she carried on the dance.

She skipped so sharply and surely along between the eggs, and trod so closely down beside them, that you would have thought every instant she must trample one of them in pieces, or kick the rest away in her rapid turns.

By no means! She touched no one of them, though winding herself through their mazes with all kinds of steps, wide and narrow, nay even with leaps, and at last half kneeling.

Constant as the movement of a clock, she ran her course; and the strange music, at each repetition of the tune, gave a new impulse to the dance, recommencing and again rushing off as at first.

The dance being ended, she rolled the eggs together softly with her foot into a little heap, left none behind, harmed none; then placed herself beside it, taking the bandage from her eyes, and concluding her performance with a little bow.'

Walking on eggs

Egg dancing was once a popular game played during the springtime folk festivities. First a chalk circle was drawn on the floor. Then, accompanied by bagpipe music, the player would use his feet to roll an egg out of a bowl, keeping it inside the circle, and turn the bowl upside down on top of the egg. All this had to be done without touching the flowers, leaves or anything else - and of course the egg had to remain whole. The first to succeed would win a prize: usually a basket of eggs.

The egg in its many varieties, hard cooked, chocolate, or a toy peephole egg remains the most popular expression of the resurrection for Easter. However, even before Jesus lived people used eggs as a symbol of spring and new life. For thousands of years it was customary to give eggs as gifts at spring festivals. The Seder Plate of Passover also includes a roasted egg. The egg represents rebirth as well as the feasting at Passover.

The egg is one of the oldest symbols of life and rebirth known to man. Eggs have been used for fertility powers, healing powers, and marriage rituals. Also after seeing the life of a tiny creature emerge from a lifeless form, the resurrection of Jesus from a tomb of death has been associated with the egg.

Eggs were sometimes exchanged in much the same manner as valentines were given. In England children sometimes go "pace-egging," or begging for eggs door to door at Easter time. Once used for healing the sick, eggs were used to treat blood poisoning, goiter, and sore babies' mouths.

Not only did people often believe in the healing power of eggs, but the Amish credited eggs laid on Good Friday with keeping a house from being struck by lightning.

Latvians play an Easter egg game in which each person takes a hard boiled, colored egg. Players make pairs and then tap the ends of their eggs together. First the wide ends of the two eggs are tapped together, then the narrow ends, and finally one wide and one narrow end. When a player's egg breaks, he or she leaves the game, which continues until one player is left with an unbroken egg.

From the website, <http://members.aol.com/kitecd/eggs.htm>

Eggs In Mythology

Hindu scripture, as well as mythology, describes the "world-egg." In this story various sections of the egg became parts of the world. Half the shell became earth and half the sky. The outer membrane formed mountains; the inner membrane, clouds; the veins formed rivers; and the fluid was the ocean. The sun was also formed from what was in the egg.

In ancient Egypt the creation of the universe came from an egg. They also told the story of the phoenix. In this story every 1,400 years the phoenix sets fire to its own nest, killing itself in the process. From the resulting ashes, a new egg emerges which hatches a new phoenix, starting the cycle over.

Early Hawaiians believed that the largest Hawaiian Island was formed by a bursting egg. In an ancient Persian story the earth hatched from an egg. And in Italian, Russian, and Celtic folklore magical eggs are used to slay evil beasts by either striking the beast with the egg or capturing its soul within the egg and then crushing it.

On the Scene

the Laguna Festival. Our regular program includes int'l line, circle, individual, and couple dances.

We dance on a beautiful wooden floor at Brockton School, 1309 Armacost, W.L.A. (Between Barrington & Bundy, 1 1/2 blocks north of Santa Monica Blvd.).

We look forward to seeing you. For information call (310) 202-6166 or (310) 478-4659. We will be closed on Monday, April. 2 and Friday, April 13.

— Beverly & Tracie Barr

SUMMER SOLSTICE

Once again, it's time to think of the annual Summer Solstice, the California Traditional Music Society's (CTMS) wonderful weekend of music, dance, storytelling, and general merrymaking. There are classes in singing, dancing (international as well as contra) in instruments for rank beginners up to advanced - why not learn a new instrument? Attention! This year it will be held at the Warner Center Marriott in Woodland Hills on June 22-24. This is the largest teaching-oriented gathering of its kind in the nation. There are also concerts and lots of "jamming". Call CTMS at (818) 817-7756.

— Gell Micktom

MAINEWOODS CAMP

Mainewoods Dance Camp will be in August for three full weeks plus Labor Day weekend. It's worth going back East for, and while there take in the sights in the Northeast of our country. The camp is on a beautiful campus on a river. We dance on a large wood floor with great teachers, incredible food, and wonderful camaraderie. See the full page ad in this Scene. For info: (707) 795-6926, or www.mendocinofolklorecamp.com

TOPANGA BANJO & FIDDLE CONTEST

The 47th Annual Topanga Banjo and Fiddle Contest & Folk Festival will be on Sunday, May 20 from 9am to 6pm. There will be the contest, of course, plus folk singing, international folkdancing, lots of musicians to jam with, children's music and crafts and three professional bands. All this at Paramount Ranch near Agoura in the Santa Monica Mountains National Recreation Area. There's good food available, or bring your own, along with a blanket or low back chairs. By the way, volunteers are needed, and you get in free! Info: (818) 382-4819; info@TopangaBanjoFiddle.org; Website: www.TopangaBanjoFiddle.org.



The Tamburitians

are coming!

When: May 19, 2007
Where: The Servite Theatre,
1952 W. La Palma Ave., Anaheim, CA 92801
Time: 7:00 PM

Tickets \$28 adult, reserved seat
\$20 general admission
Group rates available
To Purchase: 714-996-4313
or www.annunciationbyzantine.org and click on "events"

The Tamburitians perform the music and dance of the Balkans and Eastern Europe. The troop is composed of dancers from across the globe, representing the best folk dancers performing today! This high energy show changes each year and is a feast for the eyes and ears. This is truly a must see performance.

Folk Dance Scene

Folk Dance Scene

April 2007

14

April 2007

April 2007

11

Folk Dance Scene

Ethnic Food

In April many of us celebrate major holidays which incorporate the use of hard boiled eggs in the holiday's rituals. In honor of all those hard boiled eggs, I present three recipes for deviled (or devilled) eggs. The recipes come from a website called The Domestic Goddess www.domesticgoddess.ca. The author, Jennifer Hamilton, from Toronto, Canada, kindly allows us to share them with you. Visit her website for lots of enticing recipes. These recipes call for 18 hard boiled eggs, cut in half to make 36 servings, if you try them all at once. Otherwise, you need six eggs for each recipe.

— *Sandy Helpertin*

Hard-Boiled Eggs:

1. Lay the eggs in the pan and add cold water, making sure it covers the eggs by about an inch. Set over high heat and bring just to the boil; remove from heat, cover the pan, and let sit exactly 17 minutes.
 2. Transfer the eggs to the bowl of ice cubes and water. Chill for 2 minutes while bringing the cooking water to the boil again. (This 2 minute chilling shrinks the body of the egg from the shell.)
 3. Transfer the eggs (6 at a time only) to the boiling water, bring to the boil again, and let boil for 10 seconds - this expands the shell from the egg. Remove eggs, and place back into the ice water.
- *Chilling the eggs promptly after each step prevents that dark line from forming. If time allows, leave the eggs in the ice water after the last step for 15 to 20 minutes. Chilled eggs are easier to peel, as well.
- * egg boiling instructions courtesy my mom and Julia Child

Lemon-Pepper Deviled Eggs:

- 2 1/2 tablespoons prepared mayonnaise
- juice of a half a lemon
- 1/8 teaspoon lemon zest, minced
- 1/2 teaspoon lemon pepper
- lemon zest curls and lemon pepper for garnish

Fresh Herb Deviled Eggs:

- 3 tablespoons prepared mayonnaise
- 1/4 cup chopped fresh flat-leaf parsley
- 1/8 cup chopped fresh chives, plus more for garnish
- 1/4 teaspoon chopped fresh dill
- 1/4 teaspoon chopped fresh thyme
- 1/8 teaspoon chopped fresh sage
- 1/8 teaspoon chopped fresh basil

Spicy Roasted Red Pepper Deviled Eggs:

- 1 tablespoon prepared mayonnaise
- 1/2 of a roasted red pepper, pureed
- 1/4 teaspoon cayenne
- 1/4 teaspoon chili powder
- dash dried red chilis
- slices of fresh red chili for garnish

Directions for all recipes:

1. Peel hard-boiled eggs and cut them in half, lengthwise. Remove yolks and put 6 yolks in each of three bowls. Set whites on plate and set aside. Mash yolks with a fork.
2. Add mayonnaise and other ingredients to each bowl separately and stir to combine. Either spoon fillings into eggs or pipe with an icing bag and tip. Garnish with complementary garnishes. Chill in fridge until ready to serve.

— *Jennifer Hamilton*



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Jam sessions!

...plus the splendors of western Maine — tall pines, star-filled nights, private cabins, swimming, lobster picnics, and more...

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 Barbara Pixton INTERNATIONAL FOLK MUSICIAN

SESSION TWO, Aug 18-24

Sonia Dion & Cristian Florescu ROMANIAN, David Smukler CONTRAS & ENGLISH
 Sandy Starkman, INTERNATIONAL, TBA - INTERNATIONAL FOLK MUSICIAN

SESSION THREE, Aug 25-31

Lee Otterholt BALKAN, Dale Hyde CANADIAN, Roo Lester BASQUE
 Susan Anderson, Carol Wadlinger INTERNATIONAL FOLK MUSICIANS

SESSION FOUR (LABOR DAY WEEKEND), Aug 31-Sep 3

Lee Otterholt BALKAN
 Maureen Mulvey O'Leary IRISH

At Every Session

Sandy Starkman INTERNATIONAL FOLK DANCE, George Fogg ENGLISH COUNTRY DANCE

For more information, visit our website: www.mainwoodsdancecamp.org
 Or contact Mary Zaleta, Registrar, at info@mainwoodsdancecamp.org, 517/351-2158