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Folk Dance Scene

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Folk Dance Scene is published to educate its readers concerning the folk dance, music, costumes, customs, lore and culture of the peoples of the world. It is also designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

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*On the cover: Ling O'Connor dances with the Naxi people, China, 2001.
Photo courtesy of Bob O'Connor*

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CANOGA PARK, Senior Center
7326 Jordan Ave

WESTCHESTER LARIATS

Mon 6:30-9:00
(310) 645-8316 Karen Ricks
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Methodist Church, 8065 Emerson

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(310) 202-6166 Beverly Barr
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ANAHEIM, Unitarian Church,
511 S Harbor

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(310) 202-6166 or (310) 478-4659
Thur 10:45am-12:30 International
BEVERLY HILLS, Roxbury Park
auditorium 471 So. Roxbury

CAL TECH FOLKDANCERS

Tue 7:30
(626) 797-5157 Nancy Mulligan
PASADENA, Throop Mem. Church
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DESERT DANCERS

Tue 7:00-9:00 (Scottish)
Thu 7:15-9:30 (International)
(760) 446-6752 Nora Nuckles
RIDGECREST, Hi Desert Dance
Center 725 S. Gateway St.

DESERT INT'L FOLK DANCERS

Tue 7:30-9:30
(760) 327-8684 Dwight Fine
(760) 342-1297 Helen Smith
PALM SPRINGS, Step By Step Dance
Studio 316 N. Palm Canyon

FOLK DANCE CENTER

Every Evening Call for Schedule.
(619) 281-5656
SAN DIEGO, 4569 30th Street

FOLK DANCE CLASS

Mon 10-11:30am Wed 10:15-11:45am
(310) 652-8706 Tikva Mason
L.A. Robertson Rec Ctr. 1641 Preuss
W HOLLYWOOD West Hollywood
Park, San Vicente at Melrose

ISRAELI DANCING-James Zimmer

Tues 8:00-11:00 Thu 8:00-9:30
(310) 284-3638 James Zimmer
Israelidance@yahoo.com
WEST HILLS, West Valley JCC,
22622 Vanowen ENCINO,
Community Ctr 4935 Balboa

ISRAELI DANCING-Natalie Stern

(818) 343-8009 Natalie Stern
L.A., American Jewish Univ Dance
Studio, 15600 Mulholland Mon
10:00am-11:45 Tue 10:30am-noon
Wed 7:30-10:00 Thu 10:15am-1:05;
L.A. Shaarei Tefila, 7269 Beverly
Mon 6:15-8:45, Tue 1:30am-2:30
Wed 11:45am-1:15

ISRAELI DANCING-Yoni Carr

(619) 227-0110 Yoni
NEWPORT BEACH, Avant Garde
Ballroom, 4220 Scott Dr Sun 7:30-12
SAN DIEGO, Jewish Academy, 11860
Carmel Creek Rd. Thu

KAYSO FOLK DANCERS

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(619) 469-7133 Evelyn George
SAN DIEGO, Balboa Park,
Casa del Prado room 206 St

LIFE BALKAN DANCERS

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(310) 310-399-2321 Gerda
worldance1@aol.com Sherry
LOS ANGELES, Pacific Arts Center
10469 Santa Monica Blvd.

ROMANIAN, RUSSIAN, INT'L DANCE -Mihai & Alexandru David

Fri 8:00-12:00 (teaching 8:00-9:00)
(818) 613-5259 davmichi8@aol.com
Mihai; (818) 317-2200 Alexandru
WEST I.A., Pacific Arts Center
10469 Santa Monica Blvd.

SAN DIEGO FOLK DANCERS

Mon 7:30-9:30
(858) 571-2730 Kin Ho
SAN DIEGO, Balboa Park Club,
Balboa Park

SAN PEDRO KOLO DANCERS

Mon 7:30-9:30
(310) 832-1074 Pauline Klak
SAN PEDRO, Dalmatian-American
Club, 1639 S Palos Verdes St.

SANTA BARBARA BALKAN FOLK DANCERS

Wed 8:00-10:30
(805) 682-4511 Luis Goena
SANTA BARBARA, Oak Park Stage,
corner Junipero and Calle Real

SANTA MONICA COLLEGE INT'L DANCE CLUB

Tue, Thu 11:15am-12:35
(310) 284-3637 James Zimmer
SANTA MONICA, Santa Monica
College Clock Tower or LS Bldg
1900 Pico Blvd

SIERRA MADRE FOLK DANCE CLASS

Mon 8:00 - 9:30
(626) 358-5942 Ann Armstrong
SIERRA MADRE, Sierra Madre Rec.
Center, 661 E. Sierra Madre Blvd

Club Directory

Federation Clubs

ASTERIA GREEK DANCE CLUB
Thu 8:30 - 11:30
(310) 229-8947 Jerry Savin
West L.A. Pacific Arts Center, 10469
Santa Monica Blvd

CABRILLO FOLK DANCERS
Tue 7:00-9:45
(858) 459-1336 Georgina
SAN DIEGO, Balboa Park,
Balboa Park Club

CONEJO VALLEY FOLK DANCERS
Wed 7:30-9:30
(805) 497-1957 Jill Lungren
THOUSAND OAKS, Hillcrest Center,
403 W Hillcrest Dr

ETHNIC EXPRESS
Wed 6:30 closed holidays & August
(702) 732-4871 Richard Killian
LAS VEGAS, Charleston Heights
Art Center, 800 S. Brush St.

JIA MEI FOLK DANCE CLUB
(626) 757-0168 Andy Lin
Sun 2:00 - 7:00
ALHAMBRA, Asia Pacific California
Inc, 2121 W. Mission Rd.

KYPSELI GREEK FOLK DANCING
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PASADENA, Skandia Hall
2031 E. Villa

LAGUNA FOLK DANCERS
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(714) 893-8888 Ted Martin
LAGUNA BEACH, Community Ctr
384 Legion Ave

LAGUNA WOODS INT'L FOLK DANCE CLUB
Tue 9:00am-11:00 Sat 9:00 am-11:00
(949) 768-6120 Florence Kauderer
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

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(626) 355-9220 John Meursing
S. PASADENA, Woman's Club,
1424 Fremont Ave.

MULTI ETHNIC DANCERS
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(949) 770-7026 Miriam Kahn
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

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(562) 852-0521 Carol Wall
BELLFLOWER, Woman's Club of
Bellflower, 9402 Oak St.

PASADENA FOLK DANCE CO-OP
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(323) 255-3809 Don Krotser
PASADENA, Throop Mem. Church
300 S. Los Robles

RAINBOW SENIOR CLUB
Sun 4:00 - 7:30
(714) 491-1438 James Huang
ROSEMEAD, Rosemead Community
Center, 3936 Muscatel Ave.

SAN DIEGO VINTAGE DANCERS
Thu 8:00 - 10:00
(858) 622-9924 Mary Jennings
SAN DIEGO, Normal Heights
Methodist Church 4650 Mansfield St.

SANTA BARBARA COUNTRY DANCE SOCIETY
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(805) 682-1877 Elliott Karpeles
(805) 682-5523 Gary Shapiro
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Community Ctr, 423 W. Victoria St.
(Wed)

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(805) 604-9608 Madeleine
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School 14438 W. Telegraph

SKANDIA DANCE CLASSES
Mon 7:00-10:00 Wed 7:00-10:00 Call
for others
(714) 893-8888 Ted Martin
(714) 533-3886 Donna Tripp
(310) 827-3618 Sparky Sotcher
ANAHEIM, Downtown Community
Center, 250 E Center (Mon)
CULVER CITY, Lindberg Park,
5401 Rhoda Way (Wed)

SOLVANG VILLAGE FOLK DANCERS
Sat 7:00-10:00
(805) 688-2382 Jean Menzies
SOLVANG, Bethania Lutheran Parish
Hall, 603 Atterdag Rd.

TUESDAY GYPSIES
Tue 7:30-10:30
(310) 390-1069 Millicent Stein
CULVER CITY, Masonic Lodge 9635
Venice Blvd.

VESELO SELO FOLK DANCERS
Sat 8:00-10:30
(714) 941-0069 Nancy Attwood
ANAHEIM, Unitarian Church, 511 S.
Harbor.

VINTAGE ISRAELI DANCING
1 Sat per month confirm 8:15 - 12:00
(818) 990-8925 Louis
dovbyrd@aol.com
SHERMAN OAKS, Anisa's School
of Dance, 14252 Ventura Blvd.

WEST LOS ANGELES FOLK DANCERS
Mon 7:45-10:30 Fri 7:45-10:30
(310) 202-6166 Beverly Barr
WEST L.A., Brockton School
1309 Armacost Ave.



Folk Dance Scene

Volume 44, No. 6
August 2008

Editors' Corner

As the Olympics turn our attention to China, we offer an issue focusing on that country. The cover photo was taken by Pasadena Co-op member, Bob O'Connor. He and his wife, Ling, encountered dancers as they traveled through China in 2001. This particular ethnic group, the Naxii people, live on the Tibetan plateau, in Yuen Nan province.

In the June/July issue of Folk Dance Scene we have a paragraph about Holiday Camp. It states that "Rich and Ruth Duree, Diki Shields, and others" were responsible for this camp.

For the record, it was Diki Shields and Dick Oakes who were responsible for Holiday Camp for the first five years, see History at <http://www.phantomranch.net/folkdanc/camps/holiday.htm>, from 1976 to 1980.

Be of good cheer!

- Pat Cross and Don Krotser

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August 2008

Federation Corner

This month's Federation Corner features Teddy Wolterbeck, chairman of Statewide 2008.

Al and I met as young teenagers at a folk dance festival in 1950. We have been dancing together ever since. We danced with Madelynne Greene's Int'l Dance Theater in San Francisco for 18 years. After moving to Shingle Springs in El Dorado County, we helped form the El Dorado Int'l Dance Assn. (EDIDA) where we have been teaching for 27 years. The group started with the two of us teaching one night a week. Since then there are now 5 classes per week with 7 teachers and approximately 70 dancers. This includes our teen dance class.

Al and I had performed with EDIDA some years ago for an Oktoberfest held at a local winery. While there, we met another entertainer, a singer named **Michal Lawrence**. She happened to be a German teacher at two of the high schools and advisor for their German Clubs. When four or five years later the German Club wanted to put on its own Oktoberfest as a fund-raiser for the club, Michal remembered us and called to see if our group would perform for their Oktoberfest. We said, "Yes, but how about if we could come to the school and teach your German class students some dances they could do, too?". She said yes, and that was the beginning. We taught them *Doudlebska Polka*, *St. Gilgen Figurentanz*, *D'Hammerschmeidsg'selln* and *Kreuz Koenig*. There would usually be almost twice as many boys as girls. No problem - do each dance twice! The girls really got a workout. At the Oktoberfest we danced, they danced, they made their parents dance, and the whole event was a "blast"! These students wanted to continue dancing and learn dances from other countries as well. We formed a Dance Team and they named themselves "Tance El Dorado". That was in 1999. The German classes were dropped from the curriculum several years ago so new members now arrive solely through word of mouth. There is a turn-over every two or three years as students graduate. At present we have approximately 20 members. Through the years the group has done some full-hour concert performances for Bay Area high schools, performed locally for schools, seniors centers, community organizations, and at the Camellia Festival Pageant in Sacramento, the Blossom Festival in San Francisco, and the Festival of the Oaks in Berkeley. They have competed at our El Dorado County Fair in the Teen Cultural Dance Competition, and many have attended Stockton Folk Dance Camp which they absolutely love!

Teddy's story continues on page 19 - Statewide 2008

Chinese Dance

CHINESE TRADITIONAL DANCE

China has a long history of dance, dating back to approximately 4000 BC. Artifacts of ceramics have been found, dating from that age, which were decorated with dancing figures. During the Han Dynasty, 206 BC to 220 AD, folk dances and songs were collected by the Music Bureau. With invasions from Central Asia, dances of other cultures were incorporated into Chinese dance. During the Tan Dynasty, which followed the Han Dynasty, the Ten Movement Dance was created, which had influences from Korea, India, Persia, and Central Asia.

During the Tang Dynasty, the emperor Lii Shimin noticed his people dancing in his gardens and joined them, and created the song Pozhenyuetu, to which his followers danced at festivals. The next emperor, Tang Minhuang, introduced Pozhenyuetu and its accompanying dances to Japan and India.

Two distinct types of dance developed over time. In civilian dance, the dancers held feather banners and the dance often symbolized the hunt. In military dance, the dancers carried weapons and moved as one body, forward and back. Dance also became a performance for the entertainment of the viewers.

As with so many parts of the world, different areas of China are represented by their own unique dances, in which the people of the region demonstrate their customs and the important events of daily life. For instance, the Han villagers dance the yangge dance to celebrate spring. The Uygur people are known for dances which they perform with heads tilted, using distinctive wrist and head movements, in their lively dances expressing bravery and optimism. The Miao or Hmong people employ responsive singing in their competitive dances. The Dai people have dances imitating the movements of subtropical creatures, the most popular being the Peacock Dance. And the aborigines of Taiwan have harvest ritual dances in which the dancers hold hands.

Today, young dancers in China first study ballet and modern dance, and then traditional dance, and are open to interpretation and experimentation in their expressions of dance. Most universities and colleges in Taiwan have dance programs and work to promote widespread interest in the new directions of dance.

- Sandy Helperin

Sources for this overview of Chinese dance history are as follows: http://www.israeldance.co.il/dance_history_of_china.htm, <http://ezinearticles.com/?Chinese-Dance&id=1249848>, http://library.thinkquest.org/20443/g_dance.html, http://www.hohttp://www.houstoncul.org/eng_culexg/c004.htm.

DRAGON DANCE

The following excerpts were taken from the website www.dragonofthesouth.co.uk, produced by the Dragon and Lion Dance Club, and are re-printed here with permission.

The history of the Dragon Dance can be dated back to the Han Dynasty (206 BC - 220 AD) in ancient China and, like the Lion Dance, plays an important part in Chinese culture. The Dragon itself has always been regarded as a sacred creature, symbolising power, courage, righteousness and dignity amongst others. For this reason, the Chinese show great respect towards the dragon, and have always referred to themselves as being Descendants of the Dragon as a sign of ethnic identity.

The dance signifies the end of the year and welcoming a new start, driving away evil spirits, bringing good luck and fortune to the people.

The Dragon Dance has always been a great spectacle to watch and is usually performed on big occasions or grand openings, especially during the festive Chinese New Year (or Lunar New Year) celebrations.

The Dance

A Dragon Dance requires many dancers due to its sheer size and length. The number of dancers vary depending on a number of factors, including human resources, financial power, skills and the space available. The size can range from the recommended 112 feet (9 people) or more. The same musical instruments for lion dancing are used to accompany the dragon's movements, which includes the drum, cymbals and a gong.

In order to make a Dragon Dance successful and entertaining, the dancers must properly coordinate their movements with each other, thus correct timing is crucial to avoid tangling up or falling over. A mistake from any one person can disrupt other dancers as this creates a "ripple effect", which would spoil the



SPECIAL EVENT

ANNUAL

WALTZ AND HAMBO WORKSHOP

TAUGHT BY TED MARTIN AND DONNA TRIPP

FREE - NO CHARGE

MUSIC PROVIDED BY SKANDIA SOUTH DANCE CLUB MUSICIANS

SUNDAY SEPTEMBER 7, 2008 2 - 5 PM

Woman's Club of Bellflower

9402 Oak Street, Bellflower, CA 90706

INFORMATION: Ted Martin (714) 893-8888

These dances work best if you wear smooth soled shoes



AUGUST QUOTE AND QUESTION

Quote:

One may judge a king by the state of dancing during his reign. -- Chinese proverb

New Question

A reader suggested a question for our dancers to answer. The question can relate to the quote, because it questions the role of the leader, in this case of a dance, and his/her followers. Our reader told me that she had been at a dance event, next in line to the leader. The leader, however, was considerably off the rhythm of the dance. The question was, "Do I follow the leader, dance the dance properly next to the leader, or drop out of the dance?" It is a sticky question. What do you think the correct answer is?

- Sandy Helperin

DANCING WITH TWO LEFT FEET (36)



In some of my previous articles I wrote about dancing on different surfaces. Besides the preference for various dances, music, and teachers, the surface we dance on usually gets the most attention and comments from our dancing community. Most people prefer an

old fashioned and cushioned wood floor which is hard (pardon the pun) to find in our era of plastics and synthetics. Others will not dance on hard cement, claiming that the hard surface destroys and pulverizes the cartilage in their knees. Same effects have been reported when dancing on linoleum or tile floors.

Dancing on grass, which we do occasionally, during our summer picnics, does not seem to affect most of the dancing knees, although it might result in grass stained feet. And then there are those hardy souls, or should I rather say young souls, who are oblivious to the floor and the fragility of their knee cartilages. I am sure their time will come in a few years.

However, I am pleased to report, that I accidentally discovered the cure to all of your dancing knee ailments during our recent trip to visit our daughter, a long time resident of Florence, Italy.

As we boarded our bus home late one evening, two Roma musicians, one carrying a large accordion, the other a guitar, boarded after us and sat in the seats

next to the aisle. I excitedly started talking to them in my limited Roma vocabulary asking them: "Sar San?" (How are you?), and without waiting for their reply responding with: "Mi sem mishto." (I am fine.). They were surprised that this old and strange American tourist not only knew even two Roma words, but knew some of the songs. Needless to say the accordionist unbuttoned his accordion and they started playing a lively *Cocek*.



Hearing the live music I love, I could not restrain myself and started dancing. The bus moving through the narrow Florence streets swerved around the corners pulling me from side to side. To steady myself, I grabbed the two steel posts on each side. By holding on to these posts, like my partners in our circle

dances, allowed me to dance in the air and I felt as if I was dancing on a cloud. It did not matter what was under my feet, it was the music that lifted me in the air.

So what is the cure to your dancing ailments?

Very simple - live music.

Instead of worrying what is under your feet pay attention to what is in your heart and soul. You will be able to dance on any surface and if you let yourself, even dance on the clouds.

- Lou Pechi



performance. Equally important is the precise timing between the Pearl, Dragon's head and the tail. The Pearl initiates the pattern of moves for the Dragon's head and body, whilst the tail keeps in time with the head movements.

The movements are based on footwork and hand coordination to execute different combinations of patterns. Each team member must be able to leap, crouch and change the direction and pace of movements, requiring discipline, stamina and a substantial amount of practice.

LION DANCE

The following article was excerpted from one written by Don Gee. It appears in the website: chcp.org/lion, produced by the Chinese Historical and Cultural Project, and is re-printed here with permission.

The Lion Dance practiced in the United States originates from the Guangdong Province. This lion and its performance are different from the Northern Lions seen in Beijing Opera or acrobatic performances. No matter what style, the lion movements are feline in nature.



For a proper Lion Dance, the movements must match the music played by a minimum of three pieces: drum, gong and cymbal. Either the person performing in the lion head or the drummer initiates the movement and signals the other, so that the movement and music is synchronized. Variations to the basic beats help keep the music lively. The loud music, along with the firecrackers and lion movements, are used to scare away "evil spirits" so that good luck will follow. Lion

dances are performed to bring luck and to ward off evil spirits, as with the beginning of the Lunar New Year and grand opening of businesses, and now - minus the firecrackers - at weddings and even red egg/ginger parties celebrating the birth of a baby.

Having a Lion Dance team perform at a wedding is getting popular in the United States. Payment to the performing group is usually made through the Choy Cheng, or "Eating of the Green (Vegetable)." In this country, it has come to symbolize money, the color of dollar bills. Usually, the lay see (li shir) is in the form of a hung bao (lucky red envelope with the payment enclosed) which is tied to some vegetable matter such as a loose leaf of lettuce. Since the lay see is attached to some vegetable, it's called "choy cheng," with choi literally meaning vegetable.

The greens are placed in an area for the lion to "eat." The lion will carefully approach the "green" and even test it to make sure that it is safe and not a firecracker or other dangerous item. After testing on the left and right sides, the lion will do a "3-Star" routine (stepping to the 3-Star music) to ward off any others that may want to eat his "green." Sometimes Chinese martial arts weapons representing a snake are laid down on the floor before the lettuce. This is also used to test the lion since there is a special sequence to follow before reaching the lettuce.

The lion will then pick up the green in his mouth and "chew" it. The person manipulating the head first removes the "lay see" and places it inside his shirt, so as not to drop it, which would mean bad luck. Then he will tear the lettuce apart and throw it out first to the left, then to the right and then to the middle to help spread prosperity in all directions. The music will then change to "high dance" and the head will be raised and moved as if the lion is happy to have consumed his prize.

For parties, instead of the lion performing the "choy cheng," or eating of the "green," (spitting out the lettuce is too messy), usually a scroll with calligraphy wishing the couple good luck is prepared to be unfurled during the performance. For weddings, I've seen some calligraphy like "Bac Nien Ho Hop," or "100 Years of Happy Togetherness." This scroll can then be given to the lucky couple as a memento.

CHINESE FOLK DANCES

The following excerpts are from the website: www.chinaculture.org/gb/en_artqa/2005-08/03/

Chinese Dance

content_64927.htm, titled "Collection of Chinese Folk Dances", created by the China Culture organization, and are re-printed here with permission.

Jilin Volume: Farmer's Dance

Farmer's Dance, popular in the congregating area of the Korean ethnic group in northeastern China, is a representative dance favoured by these people. It is characterized by "beating tambourine" and "swinging elephant cap". The movements of tambourine beaters are rich and vigorous and posing like horse riders and arrow shooters, while the elephant cap swingers use their necks as axles just to swing the 12-metre long tape tied to the cap, which moves like wheels round the dancers and dazzles the viewers. The dancers usually consists of about 60 people who hold a banner with the characters reading: "Agriculture is the basis of the whole world", which tells the aim of this particular dance is to pay much attention to the agriculture as well as to entertain the farmers.

Yunnan Volume: Cap Dance of the Hani Ethnic Group



Cap Dance, popular in the Jinghong County of Xishuangbanna Region in Yunnan Province, is a festival dance of the Aini People (of the Hani ethnic group) in the occasions of the Swing Festival, Bamboo Shoot Fair, Rice Seed Festival. While dancing together, men and women form a circle and there is no limit to their number. Men play music to help women change the floor patterns while the latter move as major dancers with uniquely shaped caps in their hands, forward and sidewise, even over-head, always abruptly with their knees shivering slightly. This makes

the whole dance natural and stylish, easy-going and lively.

Anhui Volume: Thrush Neatening Its Nest



This dance is popular in the western Anhui Province around Liu'an area and is a work-based folk dance in hope of a good harvest. It's performed in the field during the season of pulling weeds for seedlings.

Thrushes live in seedling fields and produce the sound like "ge-dong". Farmers think they are luck birds, so they have a proverb: "Farmers smile at the sight of thrushes".

The dance is performed by two who act as thrushes dancing Yangge and telling some gong-and-drum arias. The dance is simple and healthy, and full of lively flavor.

Yunnan Volume: Jinzhaizhai of the Jingpo Ethnic Group

Jinzhaizhai is an old traditional ritual dance for funerals of the Jingpo ethnic group in Yunnan Province. The dancers are naked with wild rattans and leaves circling their waists and capping their heads while some of them cover their heads with pig's bladders having holes to give space for their eyes, nose, and mouth. The naked parts of their bodies are painted with black and white patterns and the dancers masquerade as male or female birds or animals.

The dance is impromptu to a large extent while the dancer holds a stick in each hand and imitates the movements of animals, including their sexual acts. In addition, he sometimes imitates the beasts' howl, which aims to watch out for devils and keep them away from people.

Statewide 2008

some combination of steps to a dance which provided surprise and much fun. Interspersed between the taught dances were many free polkas, schottisches and waltzes. A five piece band, **Legacy**, accompanied each of the dances and there were a few folk dances during the times that the band took breaks. The evening concluded with a special version of the Virginia Reel. Even though the dance lasted from 7PM to 11PM, the evening was so enjoyable and at such a high energy level that most people were sorry to see it end so soon.

- Larry Davis

We had a wonderful time at Statewide 2008! Friday night we danced in a Shakespeare Theater in Placerville. The place was filled with dancers including quite a few young people. There were some called dances, contra dances, freestyle dances, and some familiar folk dances. We danced on a comfortable wooden floor, and the people were very kind, warm, and friendly. Saturday morning and evening we danced in the high school gym in Shingle Springs. We had plenty of room for everyone to dance and learn new dances.

Sunday morning we went to someone's house (a farm) in Shingle Springs. We parked in a vacant area next to the vineyard and walked past the house, the barn, and down a hill. We had a catered breakfast at picnic tables under the trees on a grassy area behind the house. There was a large dance floor built out of wood in an area they called "the pasture." You could see some sheep in a fenced area nearby. Dancing was on the large wooden platform by the picnic tables. It was beautiful! We were unable to stay for the catered lunch but my guess is that it was a delicious barbecue.

- Carol & Gordon Wall

Teddy Wolterbeek (cont.)

Speaking of "love", two of our former students graduated from college last year, were married, and are now working on Masters Degrees and still folk dancing at Davis. Another couple who met at our teen class was married last month here on the dance deck, and I had the honor to officiate at the wedding! (I obtained a special 24-hour license to become a Deputy Commissioner of Marriage.) Al was M.C. for the evening, at the bride's request we both wore

Hungarian costumes, and there was lots of folk dancing. And so it goes..... we've noticed there is a high degree of bonding and camaraderie that occurs as the students learn to dance; along with developing a greater degree of self-esteem, and courtesy and respect for others.

"Tance El Dorado" worked very hard at the Statewide Festival Gold Rush Jamboree held in Placerville/Shingle Springs in June. We put them in charge of the opening party Friday night - the Miners' Ball. I procured the location (Shakespeare Club) and the Dancemaster (**James Letchworth**) and **George Fairbrook** did registration, but the teens did the rest. They took care of advertising and promotion, decorating, refreshments, music and dance program during the "breaks" (the 5-piece band, Legacy, took a 15 minute break every hour), and cleanup. They put on quite a party for us! It turned out to be a big success. At the end we were very proud, happy, and exhausted! In so many ways it was well worth every bit of effort.

It is our hope that if we can instill a love of folk dance in these young people now, they will long remember it, will search out a group to dance with whenever and wherever they can, will start one themselves in college or later on as their lives settle down, that they will enjoy the many benefits of folk dancing as we, ourselves, have experienced it.

Happy dancing to all of you! If you are ever in the area, please know that you are always welcome to join us for some dancing.

- Teddy Wolterbeek



Dancing on the Wolterbeek's deck

Statewide 2008



On behalf of the students of Millikan Performing Arts Magnet School I would like to express my appreciation to the California Folk Dance Federation for allowing us to participate in Statewide 2008. We drove 7 hours from Sherman Oaks (Los Angeles area) on Friday and walked right into a beautiful setting, full of enthusiastic dancers.

The kids had a great time at the festival and in the classes. They were very impressed with the ability of the "older folks" to dance so many dances. The kids told me "they were doing all of the dances and we were tired just doing the few we knew or could follow". The students felt pretty challenged in the classes but were grateful for the opportunity to learn from such high caliber instructors.

One highlight of the visit wasn't even really related to folk dancing but rather was the entertaining string tricks of Mr. Davis. I saw him showing the kids tricks Friday night and was surprised when they called out "Mr. Davis!!!" when they saw him Saturday. This kind of interaction between young and old is just as valuable to me as the kids getting a chance to dance outside of their classroom.

I was able to bring 4 kids to last year's Statewide and 7 this year. We are already talking about a "train trip" to next year's festival in San Diego. Maybe we will get an even larger group. It would be great if I got enough coming for the kids to perform, if there is a dance concert they perform several numbers including suites from North Africa, Jalisco, Mexico, West Africa, Bulgaria, Hungary, Scotland, American Appalachian and 1890s America and more.

All in all a great weekend and we thank the Federation for the opportunity to attend.

- *Billy Burke*

The 2008 Statewide Festival in Northern California was a real treat.

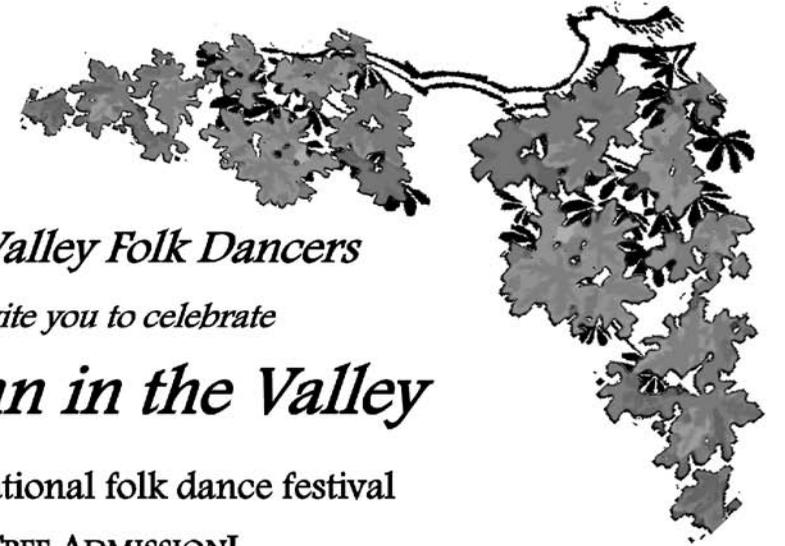
What fun to explore a part of the state I've lived in for so many years and yet never have really visited. And to find a vibrant, young group of dancers willing to participate with us old folks. Teaching was superb and all the events were excellent. The Friday evening welcome dance, the Miners' Ball was so great! It was arranged by many young people from local groups who actively participated in the dancing and programming. Great live music inspired us as well. Thank you, **Vick Vickland** and all the hard working folks who pulled everything together in a most enchanting "Gold Rush Jamboree".

- *Sylvia Stachura*



Teddy introducing members of Tance El Dorado at the Miners' Ball

At this year's statewide festival in Placerville, one of the highlights was the opening night's festivities called the Miners' Ball, which featured early California dances. All of the details, including the planning of the program, were executed by a group of young people aged 15-21 who dance in a group called **Tance El Dorado**. The young people, dressed in tuxedos and long dresses were fine dancers who danced with extremely high energy and excellent definition of steps. During one break they did a choreographed Charleston. The dance master for the evening was **James Letchworth** who, with his wife **Marilyn**, walked everyone through each unfamiliar dance. He has a very charming and captivating manner. Most dances which were taught were contras, mixer waltzes, or



West Valley Folk Dancers

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Autumn in the Valley

An international folk dance festival

FREE ADMISSION!

- ~ Requests and a little teaching included
- ~ Large wooden floor (soft soles required)
- ~ Air conditioning
- ~ Convenient parking



Sunday, October 5, 2008

1:00—4:30 PM

Woodland Hills Recreation Center

5858 Shoup Avenue

(between Burbank and Oxnard St.)

For information: 818-368-1957

Co-sponsored by Folk Dance Federation of California, South

Calendar

Note: Federation Dance Events are in Bold.

CALL TO CONFIRM ALL EVENTS

AUGUST

ETHNIC EXPRESS IN LAS VEGAS WILL BE DARK IN AUGUST.

2 **Ice Cream Social, 8:00 with Veselo Selo, at Unitarian Church, 511 So. Harbor, Anaheim. Info: Lu (714) 828-2581.**

14 *Beverly Barr's Daytime Class Anniversary Party* at Roxbury Park auditorium, 471 So. Roxbury, Beverly Hills, Dancing: 10:45, Lunch: 12:00 p.m. Info: Beverly (310) 202-6166 or (310) 478-4659.

23 **Narodni's Dip (in the Pool), Dinner & Dance Party!** at the Hansen's House, Westminster. Info: (714) 932-2513 or <http://www.narodni.org>.

30 **Labor Day Party, 8:00 with Veselo Selo, at Unitarian Church, 511 So. Harbor, Anaheim. Info: Lu (714) 828-2581.**

8/30-9-2 *Assumption of the Virgin Mary Greek Festival*, 12-9:00 p.m., 5761 E. Colorado, Long Beach, CA 90814. Info: (562) 494-8929 or www.assumptionlb.org.

SEPTEMBER

1 **Labor Day Party, 7:30, West L.A. Folk Dancers, Brockton School, 1309 Armacost Ave., West L.A. See OTS for details. Info: Beverly (310) 202-6166 or (310) 478-4659.**

5-7 *St. Sophia Greek Festival*, Fri. 5-11 pm, Sat. 11:00 a.m.-11:00 p.m., Sun. noon-10:00 p.m., at 1324 S. Normandie, Los Angeles. Info: (323) 737-2424 or www.lagreekfest.com.

9 *Yeseta Brothers Tamburica Band* at Cal Tech Folk Dancers, 8:00, Throop Church, 300 So. Los Robles. Info: Nancy Milligan (626) 797-5157 or franprevas@yahoo.com.

13 *8th Annual Playford-to-the-Present So. Calif. English Country Dance Ball* in South Pasadena. Info: www.caldancecoop.org/playford.

12-14 *St. Anthony Greek Festival* Fri. 6-11 p.m., Sat. 12-11 p.m., Sun. 12-10 p.m., at 778 S. Rosemead Blvd., Pasadena. Info: (626) 449-6943 or www.hellenicfestival.org.

20 **30th Anniversary of Ethnic Express Int'l Folk Dance Club, 6:00 at Magura's Bulgarian Restaurant, 1305 Vegas Valley, Las Vegas, Nevada. Info: Dick Killian (702) 732-4871.**

20 *4th Annual Fall Welcome Party*, Scandinavian Dancers of Santa Barbara & Ventura, 7:00-10:00 at First Presbyterian Church, 31 East Constance Ave., SB. Info: Madeleine mdejoune@aol.com, (805) 604-9608, or <http://www.cs.ucsb.edu/~gilbert/scand/>.

26-28 *St. Nectarios Greek Festival*, Fri. 5-10 p.m., Sat. & Sun. 12-10 p.m., at 20340 Covina Blvd., Covina. Info: (626) 967-5524 or www.saintnectarios.org.

26-28 *St. Paul's Greek Festival*, Fri. 5-10 p.m., Sat. 12-10 p.m., Sun. 12-9 p.m., at 4949 Alton Parkway, Irvine, CA. Info: (949) 733-2366 or www.stpaulsirvine.org.

OCTOBER

5 **West Valley Folk Dancers Festival at Woodland Hills Recreation Center, 5858 Shoup Ave. Free. See ad. Info: (818) 368-1957.**

24-26 **Camp Hess Kramer Workshop Weekend in Malibu. See OTS for details. Info: Irwin or Beverly (310) 202-6166 or (310) 478-4659.**

25-26 *RagFest! Fullerton*, Info: Friends of Jazz (714) 680-6684 or Eric Marchese (714) 836-1104 or emarchesewriter@gmail.com.

31 **Halloween Party 7:30, West L.A. Folk Dancers, at Brockton School, 1309 Armacost Ave., West L.A. Info: Beverly (310) 202-6166 or (310) 478-4659.**

NOVEMBER

28 **Annual Day After Thanksgiving Party, 7:30 p.m., West L.A. Folk Dancers, at Brockton School, 1309 Armacost Ave., West L.A., Info: Beverly (310) 202-6166 or (310) 478-4659.**

DECEMBER

12/30/08-1/2/09 **New Year's Trip with Beverly & Irwin Barr. Info: Beverly or Irwin (310) 202-6166 or (310) 202-6166.**

NORTHERN CALIFORNIA

8/1-9 *Lark In The Morning World Music & Dance Camp*. Info: www.larkcamp.com.

9/20-21 *World Music & Dance Festival* at Old Sacramento & Memorial Auditorium. Info: sacramentoworldfestival.org.

9/26-28 *Gypsy Camp North* at Camp Sacramento. Info: <http://www.folkdance.com/sacramento/campsac.html>.

How Old is Folk Dance?

3. Why are there now mostly couple dances in Europe? Couple dances began in Europe during the late middle ages, at the beginning of the Renaissance period. They became so popular that they pushed aside line dances. English society did not at first accept the closed position in partner dances. The waltz, preceded by the *landler*, did not become popular until the 1814 Congress of Vienna.

With **Roo Lester** as his partner, Lee demonstrated how one dance, the *Rorospols*, shows how partner dancing evolved from holding one hand, to holding two hands or arms while not completely facing, to the closer shoulder/waist closed hold. According to Roo, there is a tapestry, made in the early 1600s, which shows these three holds. She saw it at Gripsholm Castle, in the town of Mariefred, by Lake Malaren in South Central Sweden.

4. Why didn't the popular couple dances travel from Europe to the Balkans? The Balkans were isolated by the Ottoman Empire of the Turks. It was like the early version of the Iron Curtain. With little to no exposure to Western Culture, the Balkans continued dancing mostly in lines and circles.

5. Why do Greeks and Scandinavians look different when they dance? "Greeks and Scandinavians dance

differently because of what's in their heads." To explain this more clearly, Lee drew two circle diagrams, briefly showing what's in the brains of a Greek and a Scandinavian learning a Greek dance. As the six figure dance progresses, the Greek is able to relate the rhythm to music he has grown up hearing. As he sees the pattern, he knows that he has seen variations of each step from his father, his uncles, his friends, and TV. All these versions are there in his head, ready to translate to his feet and his whole body.

The Scandinavian can learn the six figure pattern to perfection, and still not move like the Greek. This writer assumes the same would be true, in reverse, were the Greek to learn a Scandinavian dance.

With his time up, Lee finished his talk quickly with a quote that seemed appropriate, and which I especially like: "When you stand up to dance, you are the source!"

So glad I put off that walk around the lake. With Lee's humorous comments, his diagrams and demonstrations, the hour went quickly, and I've gained new insights to the history of dance. Thank you, Lee.

- *Bob Ashley and Lee Otterholt*

GET HIGH ON THE GRAPEVINE

Catch the ETHNIC EXPRESS

International Folk Dance Club's

30th Anniversary Party

Saturday, 6:00 P.M. September 20, 2008 at:

Magura, an authentic Bulgarian Restaurant

1305 Vegas Valley, Las Vegas, Nevada 89109

DANCING IS FREE!

Pay only for the food & beverages; individual checks available.

Call 702/732-4871, RSVP

THE ETHNIC EXPRESS

International Folk Dancers on the right track!

How Old is Folk Dance?

LEE OTTERHOLT'S NFO PRESENTATION, (HOW OLD IS FOLK DANCE?)

This article appeared in the May 2008 issue of *Northwest Folkdancer*, and is re-printed here with permission.

A lovely day in Orlando, Florida, and Disney World calling from a mere thirty-five miles away. After sitting through meetings most of the morning, to say I wasn't in the mood to listen to an afternoon lecture on "Evolution of Folk Dance in Europe" would be a major understatement. When Lee Otterholt announced he was condensing three one hour lectures into one hour, I was tempted to duck out the back door and hike around the lake located behind the Holiday Inn Hotel where our 2008 NFO conference was being held.

Happily, I stayed and discovered that Lee is just as entertaining when he lectures as when he teaches dances. The following excerpts are taken from notes on his lecture. Some things you may already know, but others may surprise you -- as they did me.

Lee wasted little time in giving us the "Big Picture" as he summarized 10,000 years of dance history into five minutes:

*Couple dancing is a relatively new phenomenon.

*Line and circle dances are an older dance form.

*Hunter-gatherer dances were typically done in a role-playing form. There was a hierarchical structure within the tribe, and each member had his or her unique role.

*Agricultural societies typically do circle dances. Members dance with the extended family of the village. The dances tend to be repetitive and cyclical (like seasonal agricultural duties). The dances are less hierarchical, with more equality between the roles of men and women.

*During the industrial period dancers moved away from the extended family and towards a more nuclear family unit. Couple dancing became popular ("You and me baby!") with a leader and follower style (bread-winner and stay-at-home).

*Post-industrial dance has become more independent as dancers seek to express their own individual style.

Going back to the early Greeks, we find pictures of circle dances on vases and paintings. There are also written descriptions. Many words come from the Greek

word *xopo3*: chorus; horo; oro; hora; kolo; choir; chorus and choreography. The Greek chorus, which often included dance steps, was the voice of society, telling the people what was right and wrong. There are lyrics that translate stories like: "She went to the well and met a boy and... Oh My!"

The border that separated the Roman Empire from the Byzantine Empire also denotes an interesting variation in dance: Almost all the dances originating on the left, or western, side of the border move to the left. Dances originating on the eastern side go mainly to the right.

Some circle dance motifs are very old indeed. One pattern in particular seems to be a remnant of a pan-European, pre-Christian, Celtic culture. The pattern -- two steps in one direction and only one step in the other direction - is one of the most common dance motifs in all of European dance. Lee is proud that it was a Norwegian, **Hulda Garborg**, one of the "godmothers" of the modern Norwegian folk dance movement, who first pointed out this commonality. (Most folk dance research is done on a national basis, obscuring the international, cross-border aspects of folk dancing.) The pattern, which Hulda knew as "The Faeroe Island step" is the basic step in everything from *Macedonian Lesnoto*, *Greek Hassaposeriviko*, *Turkish Halay*, *Hungarian Csardas*, and MANY other dances.

During his lecture, Lee asked some interesting dance questions, then gave some unexpected answers:

1. How old is folk dance? According to Lee, it's only 172 years old. He explains that it was not until National Romanticism began, and ethnographers started collecting old dances during the late 1800s, that the word "folk" was added. Before then, they were just dances.

2. Why don't some books agree on what is "correct" or "not correct" regarding particular dances from a given village? The reality is that, if one returns to that village to determine which book is correct, the discovery will be: "There's a cloud in the village". Old timers will dance with a commanding but sedate style, while younger athletic types will dance with more vigor. Each may have their own style and variations. The researcher may prefer one style, or choose to write about only some of the many variations.

Calendar

CONNECTICUT

8/28-29-30 *Bierfest* at Hartford, CT. Info: (860) 953-8967.

ILLINOIS

9/5-6-7 *German Day Festival* at Chicago, IL. Info: (630) 653-3018.

MAINE

8/16-22, 8/23-29, 8/29-9/1 *Mainewoods Dance Camp 2008*, Fryeburg, Maine. Info: (973) 787-4614 till 8/16. After 8/16 (207) 935-3901 or info@mainewoodsdancecamp.org.

MISSOURI

Spring, 2009 - "*Branson Plus*" with Beverly & Irwin Barr. Info: (310) 202-6166 or (310) 478-4659.

NEW YORK

8/9-16 *Balkan Music & Dance Workshop* at Iroquois Springs, Rock Hill, New York. Info: www.eefc.org.
9/26-28 *Roberson Folk Dance Weekend* (43rd Annual) at Scotts Resort at Oquaga Lake featuring Yves & France Moreau. Info: (607) 280-3471 or rabrown46@aol.com.

OHIO

8/22-23-24 *German-American Festival* at Toledo, OH. Info: (419) 689-8363.

OREGON

8/21-24 *balkanalia!* at Camp Angelos near Portland, OR. featuring Yves Moreau. Info: www.balkanalia.org.

PENNSYLVANIA

8/30-9/1 *Cannstatter Volksfest* at Philadelphia, PA. Info: (215) 332-0121.

WASHINGTON

8/3-10 *TiTiTaBor 2008 Hungarian Music & Dance Camp*, All Saints Center, Raft Island. Info: Cynthia, www.tititabor.org, cindy@tititabor.org or (503) 228-3061; Pat, pat@tititabor.org or (541) 344-8153.

FOREIGN

FOUR COUNTRIES

7/6-7/22/09 *Four Countries Folk Dance Cruise* (Ukraine, Romania, Bulgaria, & Turkey) Dancing led by Lee Otterholt. Info: Mel Mann c/o Berkeley Travel, 1301 California St., Berkeley, CA 94703, (510) 526-4033, or meldancing@aol.com.

ARMENIA

10/1-12 *Dance Tours of Armenia*, organized by Tineke van Geel. Info: www.tinekevangeel.nl.

BULGARIA

8/4-17/08 *Bulgaria!*, folk culture, dancing, and singing tour, led by Jim Gold. Koprivshitsa Festival. Info: (916) 371-4441, TobaGoddard@hotmail.com.

CANADA

9/19-20 *International Folk Dancers of Ottawa 40th Anniversary*, Ottawa, ON; workshops by Lee Otterholt. Info: (613) 729-1515 or www.ifdo.ca.

CARIBBEAN & AMAZON

12/18/08-1/8/09 *Enrichment Voyages Cruise*, dancing with Sandy Starkman. Nassau, Caribbean ports, up Amazon to Manaus, Brazil. Info: Dorothy Sloan (416) 489-7072 or djsloan@rogers.com.

CZECH REPUBLIC

8/21-24 *Dance2008Bohemia Int'l Folkdance Festival*, in Prague & the regional Bohemian spa town of Podebrady. Info: www.ifbbohemia.cz/dance2008.html or Jiri Pokorny: +420-222-511-683.

GREECE

8/5-17 *Int'l Seminar of Greek Traditional Dances* in Western Macedonia with Yannis Konstantinou. Info: Caroline (415) 272-4641 or caroline.simmonds@hotmail.com.

10/19-31 *Greek folk culture, dancing, history, art, etc.* with Jim Gold & Lee Otterholt. Info: Jim Gold (201) 836-0362, www.jimgold.com or jimgold@jimgold.com.

MEDITERRANEAN & GREEK ISLANDS

8/2-31 *Dancing with Donna to the Mediterranean*. Info: Cruises Cruises Cruises (800) 745-7545 or Donna (408) 257-3455 or donna@dancingcruises.com.

11/5-15 *Cruise & Dance* on Royal Caribbean's "Splendour of the Seas" Eastern Mediterranean & Greek Islands. See OTS. Info: Beverly or Irwin (310) 202-6166 or (310) 478-4659.

POLAND

9/6-29 *Poland!* Folk Culture, Dancing, History, Art, etc. Info: Jim Gold (201) 836-0362, www.jimgold.com or jimgold@jimgold.com.

ROMANIA

10/11-18 *Dance & Cultural Tour to Romania*, Targu Mures - Transylvania, Info: stichting.doina@hetnet.nl or www.Stichting.Doina.nl.

On the Scene

CAMP HESS KRAMER WORKSHOP WEEKEND

Save the date, Oct. 24-26, 2008, for this year's Camp Hess Kramer Workshop Weekend. Our very popular weekend is held every year in the fall in Malibu. This is the 24th year of the successful "Camp's Review" format. Plan ahead to be there. This is the weekend camp of choice for so many folk dancers.

This weekend features excellent teaching, great parties, wonderful food, and most of all, the outstanding and loyal attendees who keep it a high priority. If you have never attended, give yourself a treat and join us this year. You'll be amazed at the weekend's special feel, at the new friendships which will become part of your life, and of course, the new dances you'll learn.

See the full-page flyer in this issue of Scene. Prices include accommodations, dance workshops, six wonderful meals, snacks, happy hour, parties, a silent auction (we always come home with a treasure), and dancing, dancing, dancing.

We are excited about our teaching staff this year. **Beverly Barr** is from the L. A. area and has taught all throughout the U. S. She will teach int'l dances, some new dances and some oldies (but goodies), both partner and non-partner dances. **Suzanne Rocca-Butler** is from Northern California, and has taught at Stockton FD Camp, as well as for her own classes. She will teach non-partner dances from the 2008 Stockton Camp. **Anthony Ivancich**, from L. A., is the former director of Westwind Int'l Folk Ensemble and a specialist in dances from Spain, Basque, Croatia, Macedonia, and American Dances.

Flyers are available with all the camp information. To request them for yourself or your groups, and for any other information, please call Irwin or Beverly at (310) 202-6166 or (310) 478-4659.

ETHNIC EXPRESS

Ethnic Express will be dark in August.

Thirty years ago this September the Ethnic Express International Folk Dance Club was formed. Plans are being laid for an anniversary party on September 20, 2008, a Saturday night, the same weekend of the annual Greek Food Festival this year. Visitors to Las Vegas that weekend will have ample opportunity to dance. The anniversary party will be at Magura, an authentic Bulgarian restaurant, 1305 Vegas Valley,

Suite-C, half a block east of Maryland Parkway, the first street north of Sunrise Hospital. Your only expense for the party that night will be the cost of your food and drink from the regular menu.

Schedule these excursions and make tracks to these two events. These are the good ol' days because we make them so.

- Donna & Dick Killian

LAGUNA FOLKDANCERS FESTIVAL

Sneak Preview of The 39th Annual Laguna Folkdancers Festival.

We are happy to announce that **Ya'akov Eden** and **Iliana Bozhanova** have both accepted the Laguna Folkdancers Board of Directors' invitation to teach at our festival the weekend of February 6-8, 2009, at Ensign Intermediate School in Newport Beach.

WEST L. A. FOLK DANCERS - THREE PARTIES

A Labor Day Party will be celebrated on Monday, Sept. 1, 2008. This party is always a highlight and a great way to end the long weekend. We have a reputation for having great parties where everyone is always welcome. We look forward to greeting you.

Friday, Oct. 31 is Halloween and we will have a fun time that night, celebrating with a Halloween Party. Costumes are fun and add a lot. Join us. With or without a costume, you are welcome.

On Friday, Nov. 28, 2008, we will celebrate with our annual Day After Thanksgiving Party. Another chance to have a special evening of dancing and partying, and to work off some of that Thanksgiving dinner.

We look forward to these parties, seeing old and new friends, some whom we see and dance with often and others whom we see mostly at our parties. Come join us and dance with one of the friendliest groups around. We love parties, people, and dancing together.

Our parties are all-request programs; bring snacks or desserts for the pot-luck table. Parties begin at 7:30 and end when you're too tired to dance.

Do you want to keep up with the dances that are done at festivals? We introduce new dances while keeping the favorite oldies alive. Scottish & English set dances and couple dances are taught more on Fridays. We also do a variety of international dances of all kinds, including individual line dances.

We meet every Monday and Friday evening and dance on a beautiful wooden floor at Brockton School,

THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC

PRESENTS

CAMP HESS KRAMER WORKSHOP WEEKEND "CAMPS REVIEW"

One of the best and most fun weekends of the year

October 24 - 25 - 26, 2008

Beverly

Barr

INTERNATIONAL
& LINE DANCES

Anthony

Ivancich

SPAIN, BASQUE, CROATIA,
MACEDONIA & AMERICAN

Suzanne

Rocca-Butler

STOCKTON CAMP

THE WEEKEND INCLUDES: 2 nights lodging, 6 meals, snacks, teaching sessions, review sessions, evening dance parties, happy hour, ice cream social, and if you can find the time, hiking, beach strolling and other outdoor activities.

Camp Hess Kramer is located at 11495 E. Pacific Coast Highway, in a verdant canyon in Malibu, one mile north of the Ventura County Line.

THERE ARE 4 LEVELS OF ACCOMMODATIONS FROM DORMITORIES TO THE DELUXE ROOMS IN THE CONFERENCE CENTER

\$150 *\$180 *\$205 *\$255

FOR INFORMATION CALL

IRWIN - 310-202-6166 or 310-478-6600

MAIL APPLICATION TO: Wes Perkins, 1621 Bryn Mawr, Santa Monica, Ca. 90405

Registration on a first come first serve basis

Please make check payable to CAMP HESS KRAMER COMMITTEE

Name _____ \$150 Per person\$ _____
Dorm: 2 to 5 persons - Bring bedding & towels

Address _____ *\$180 Per person\$ _____
Room in Redwood Bldg., Semi-private bath,
Sleeps 2 or 3, bring bedding & towels

City _____ State _____ Zip _____ *\$205 Per person\$ _____
Room under dining hall, semi-private bath
sleeps 2, with bedding, towels & maid service

Home # _____ Work # _____ *\$255 Per person\$ _____
Deluxe room in the Conference Center, private
bath, with bedding, towels, maid service

E Mail _____ *Single Supplement \$40.00\$ _____

Roommate _____ Syllabus: \$4 each \$ _____ Total \$ _____

Smoker ___ Non Smoker ___ Vegetarian ___

Emergency Contact _____ Phone # _____

Another memorable weekend camp experience is planned

CHINESE EATING TRADITIONS

Meals in China are a time for manners and respect. The best food is served to the eldest members of the family, then to guests.

Most commonly, Chinese families eat three meals a day, made up primarily of *fan*, or grain. Rice is preferred, but in some areas it is replaced with less expensive grains such as millet, sorghum or corn. With *fan* being the main dish in meals, the meal is called *hsia fan* or "a period of grain". On the other hand, meats and vegetables are called *ts'ai* or "side dishes".

Chinese dining tables tend to be square or round, since meals are served in a communal style, with the family reaching into the bowls in the center of the table with their chopsticks. Even soup is served in one bowl, and flat bottomed spoons are used to eat the soup. The *fan* is eaten by raising the bowl to one's mouth and pushing the grain into one's mouth.

Whatever grain is served is finished completely, as it is a lack of manners to leave any unfinished. The only liquid served at meals is soup. Tea is not served with meals, but is enjoyed throughout the day.

Source: <http://www.cuisinenet.com/glossary/chinaday.html>

Seven Happiness Soup

Ingredients:

- 4 cups chicken stock
- 1 slice ginger
- 1 clove garlic, halved
- 1/2 cup Chinese cabbage, shredded
- 1/3 cup tofu, coarsely chopped
- 1/3 cup mushrooms, thinly sliced
- 1/3 cup snow peas
- 1/3 cup bamboo shoots, slivered
- 1/3 cup water chestnuts, thinly sliced
- 1/3 cup carrots, sliced

Directions:

Combine stock, ginger and garlic. Simmer for 15 minutes. Remove garlic and ginger. Add remaining ingredients to flavored stock, simmer gently for 20 minutes.

Source: <http://www.chinesefood-recipes.com>

Chinese Fried Rice

1 1/3 cups long grained rice, washed and soaked in cold water for 30 minutes, then drained

- 1 Tbs. peanut oil
- 2 tsp. soy sauce

Cook the rice in boiling, salted water for 11 minutes, drain and set aside. Heat oil in a large pan, and when hot, add the rice and cook for 1 minute, stirring to coat the rice with the oil. Stir in half the soy sauce and fry, stirring until lightly browned. Remove from the heat and stir in the remaining soy sauce. Serve immediately.

Quick Fried Bean Sprouts

- 2 cups bean sprouts
- 3 Tbs. sesame oil
- 2 scallions, finely chopped
- 4 Tbs. Chinese cabbage, finely chopped
- 1 tsp. salt
- 2 1/2 Tbs. chicken stock (or vegetable stock)

Heat the oil in a large pan and when hot, add the onion and stir fry for 30 seconds. Stir in the bean sprouts and cabbage and stir fry until they are translucent. Sprinkle with the salt and stir fry for another minute and a half. Add the stock and stir fry for another minute. Serve warm.

The last two recipes are from [The Complete Oriental Cookbook](#)

Have you a favorite Chinese recipe you would like to share with our readers? Please send them to sandysmail1@verizon.net

- Sandy Helperin



1309 Armacost, W.L.A. (Between Barrington & Bundy, 1 1/2 blocks north of Santa Monica Blvd.).

We look forward to seeing you. For information call (310) 202-6166 or (310) 478-4659.

- Beverly & Irwin Barr

SCANDINAVIAN DANCING IN SANTA BARBARA AND VENTURA COUNTIES

Mark your calendars for the Fourth Annual Fall Welcome Party in Santa Barbara Saturday, September 20th from 7:00 - 10:00. Beginners welcome! Live music! Refreshments! All dances taught!!!

We will be dancing at the First Presbyterian Church, 31 East Constance Ave. in Santa Barbara. Call for directions. The early part of the evening will feature simple walking dances; later there will be instruction at a level everyone can benefit from. Dances will include the waltz, schottish, hambo, polska, polka and more!

Shoes with leather soles that provide good support are recommended. Donation: \$5.

This event kicks off the new season of bi-weekly Scandinavian dance teaching. The Scandiavian Dancers of Santa Barbara and Ventura welcome couples and singles of every level. Our teachers are **John Chitin, Dori Lehner, Cameron Flanders,** and **Chris Gruber** from L.A. Scandia. We meet every other Saturday at Briggs Elementary School in Santa Paula from 2-5 pm beginning October 4th. For more information, or directions, contact Madeleine Waddell, (805)604-9608, mdejoune@aol.com, or visit our website: <http://www.cs.ucsb.edu/~gilbert/scand/>

- Valerie Daley

VESELO SELO

August schedule:

2 Ice-Cream Social... something cool for a mid-summer evening. Plus *Fun for All* dances with **Carol Maybrier**

9 Stockton dances will be taught.

16 Stockton reviews

23 All Request night.

30 Labor Day Party

- Louise Perry

TIKVA'S FOLK DANCE CLASSES

Hear ye, hear ye, welcome to Tikva's Folk Dance Classes, on Mondays or Wednesdays in the mornings.

On Monday we meet at 10:00 at Robertson Recreation Center, which is at 1641 Preuss Rd. near Airdrome and Robertson. We learn some easy and some challenging dances, and have fun, dancing on a wooden floor.

On Wednesdays, we have a different group, from 10:30 till 12:00. We meet at West Hollywood Park Auditorium in West Hollywood, on San Vicente just north of Melrose. There is a large parking lot and a good wooden floor. The dances are more challenging for the most part. We do a lot of Israeli dances, mostly older ones. Try it. You'll like it.

- Tikva Mason

CRUISING & DANCING THE EASTERN MEDITERRANEAN

This cruise has been very well received. We are very excited about the great group of people who have already joined us for this very desirable 11- day, 10-night trip. The cruise will be 7 nights sailing the Eastern Mediterranean and Greek Islands, departing from Venice, Italy, to Dubrovnik, Croatia, Kusadasi (Ephesus), Turkey, Santorini and Corfu, Greece, ending in Venice. Our first 2 nights, prior to the cruise, will be a hotel stay in Venice, right near St. Mark's Square. The last night after the Cruise will be a hotel stay in Rome before we take our non-stop flight home.

We look forward to our usual great time, folk dancing on board, and visiting these exciting ports. We do lots of research before we choose what we feel is the best cruise for the best price. Cruising includes all meals on board, with food available 24 hours a day, top notch Broadway type entertainment, our own private cocktail party, plus, plus, plus. We dance a lot on board the ship and have our own dance room.

Send in your deposit now to reserve your cabin; it will guarantee your cabin location and is fully refundable.

See ad and prices in this issue of Scene. For more information or to reserve a cabin, please call (310) 202-6166 or (310) 478-4659.

- Beverly & Irwin Barr

ILIANA BOZHANOVA TOUR JAN/ FEB 2009

Iliana Bozhanova and her colleague, the outstanding accordionist and singer **Todor Yankov**, are planning a teaching tour in the US in January-February, 2009. If you are interested in inviting them to your group, please contact Iliana via this page on her website: <http://www.ilianabozhanova.com/contacts.html>.

On the Scene

BEVERLY BARR'S DAYTIME CLASS ANNIVERSARY PARTY

Beverly teaches an Int'l FD Class at Roxbury Park Rec. Center. Each year they have an anniversary party to celebrate Beverly's joining them as their teacher. This is the 8- year anniversary. All year round the class is on Thursdays from 10:45 a.m. to 12:30 p.m. in Roxbury Park auditorium, 471 So. Roxbury, about one half block south of Olympic Blvd.

Please join us for dancing and a pot-luck lunch on Thursday, Aug. 14. Dancing will begin at 10:45 and this day will end about 12:00 to begin lunch. For info call Beverly at (310)202-6166 or (310)478-4659

THE COMMERCIAL FOR INT'L FOLK DANCE.

I have, with the editorial help of **Loui Tucker**, put together our first commercial for International Folk Dance. Higher resolution versions of the video can be seen at its companion web page: <http://internationalfolkdance.blogspot.com/>.

I started to produce this ad in response to Loui's article concerning the fact that folk dancing needs a commercial: <http://www.louitucker.com/dance/DanceCommercial.htm>.

If you like the video please forward it and the link to its web page to all of your friends. If you have any comments or suggestions please email me patroy@ssctv.net.

- Roy Butler

NEW YEAR'S LOCAL TRIP PLANS

A 3- night 4-day New Year's trip with Beverly & Irwin Barr is being planned. Watch for more information in next month's Scene. Get the information directly from Beverly & Irwin by calling (310) 202-6166 or (310) 478-4659.

FOLK DANCER AND MYSTERY WRITER

Do you ever think about the many things we don't know about people we've danced next to for years? **Alexandra (Sandy) Schiller** is a Folk Dance Scene subscriber, Federation member, long-time folk dancer, and author. She has written the first book of a projected series of mysteries featuring a folk dancing shamus. To her knowledge this is the first published fiction in which a folk dancer is the hero.

Titled *The Case of the Suave Swami*, the book is available now, by order from any book retailer; ISBN 978-1-4251-5286-4.

CAL-TECH FOLKDANCERS

The wonderful **Yeseta Brothers Tamburitsa Band** will be performing at Throop Church on Sept. 9, 2008 starting at 8:00 pm. The church is at the corner of Del Mar and Los Robles in Pasadena. Everyone is welcome. Every time Jay and I have been there we've found a warm and welcoming group of dancers.

This event is made possible by major recycling! Cal-Tech dancers bring recyclable things such as newspapers, cardboard, magazines, catalogues, cans, foil, glass, plastic. For more information, call Nancy at (626) 797-5157, or franprevas@yahoo.com.

- Jill Michtom

WEST VALLEY FOLK DANCERS

Looking ahead to the fall (and cooler weather in the Valley) we are having another Festival on Sunday, Oct. 5th, from 1:00 to 4:30. It will be a similar format to last year's **Autumn in the Valley**, at Woodland Hills Rec. Center, 5858 Shoup Ave, and will again be free!

There will be requests, and a little teaching on our large wooden floor (soft soles required). It's air conditioned and has convenient parking.

For information: (818)368-1957

ALSO IN THE VALLEY

Melanie Kareem, who grew up in a folk dancing family is teaching international folk dancing every Friday morning during the summer at Froggy's Restaurant, 1105 Topanga Blvd. It's a drop-in class and everyone is welcome, all ages and dance experiences. The time is 9:00 am to 10:30am. For information call Melanie at (310) 455-1051.

ENJOY "BRANSON PLUS" IN SPRING, 2009

We are in the planning stages of a trip to Branson "Plus" in spring, 2009. We've taken folk dance groups to Branson several times, always including other cities of interest. There are many new adventures to experience and things to see. We will again lead a group on an enjoyable trip to Branson (plus more) in the Spring of 2009. Call us for information on this and other travel and dance plans, (310)202-6166 or (310)478-4659.

- Beverly & Irwin Barr

Royal Caribbean's "Splendour of the Seas" Eastern Mediterranean and Greek Islands

11 Days, 10 Nights

7 Day Cruise + 2 Extra Hotel Nights in Venice & 1 Night in Rome

Sailing from Venice, Italy with Port stops in Dubrovnik, Croatia - Kusadasi, Turkey (Ephesus) - Santorini & Corfu, Greece - Venice

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The cruise includes: All meals on board, Captain's Dinner & Cocktail Party, Dance Bands, Movie Theater, Pools, Spa, Full Casino, Port of Call briefings, Private Cocktail Party, On board activities, & lots of **FOLK DANCING**

Call now for information or to reserve a cabin

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