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Folk Dance Scene Committee				
Coordinator	Jay Michtom	editor@FolkDanceScene.org	818.368.1957	
Calendar	Fran Prevas	calendar@FolkDanceScene.org	310.921.2860	
On the Scene		ots@FolkDanceScene.org	818.368.1957	
Club Directory	Steve Himel	directory@FolkDanceScene.org	949.646.7082	
Dancers Speak	Sandy Helperin	ds@FolkDanceScene.org	310.391.7382	
Last Dance	Carl Pilsecker	lastdance@FolkDanceScene.org	562.865.0873	
Proofreading Editor	Carl Pilsecker	proof@FolkDanceScene.org	562.865.0873	
Design and Layout Editors	Pat Cross, Don Krotser	design@FolkDanceScene.org	323.255.3809	
Business Manager	Jan Rayman	business@FolkDanceScene.org	818.790.8523	
Contributing Editor	Elizabeth Wayland Barber			
Circulation	Sandy Helperin	circulation@FolkDanceScene.org	310.391.7382	
Subscriptions	Jan Rayman	subscriptions@FolkDanceScene.org	818.790.8523	
Advertising	Steve Himel	ads@FolkDanceScene.org	949.646.7082	
Jill and Jay Michtom 10824 Crebs Ave. Northridge, CA 91326	Jan Rayman 4827 Grand Ave La Cañada, CA 91011	Sandy Helperin 4362 Coolidge Ave. Los Angeles, CA 90066		

Folk Dance Scene

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Folk Dance Scene is published to educate its readers concerning the folk dance, music, costumes, lore and culture of the peoples of the world. It is designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

SUBMISSIONS: Information to be included in the *Scene* should reach the editor by the 10th of the month preceding publication. We reserve the right to edit all submissions for space considerations. Electronic submission (including all photos) is required. Views expressed in *Scene* are solely the opinions of the authors. Neither *Scene* nor the Federation assumes responsibility for the accuracy of the information sent in.

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ADVERTISING: Ads must be consistent with the purposes of the magazine, accompanied by full payment, and either camera ready on bright white paper or in 300 dpi electronic format (TIF, JPG, or PDF). Ads that are not camera ready will be returned. Payment should be made to Folk Dance Federation of Calif., South.

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On the cover: Valerie Daley, Terry Gucwa, Conejo Valley Folkdancers at Spring Festival Somis; photos by Pat Cross



Folk Dance Scene

Volume 60, No. 4 May 2024

Editors' Corner

We enjoyed the Somis event, spearheaded by Valerie Daley, Terry Gucwa as MC, with collaboration of others in our dance community credited in an announcement on the floor by Diane Baker. Conejo Valley Dancers were happy to get a group shot after the scarf dance.

Find your favorite upcoming events in Calendar and On the Scene.

Hear from your colleagues in Poetry Corner and Dancers Speak.

Review what you attended or missed in Recent Events.

Use the Club Directory to find places, times and contact information.

Be of good cheer!

Pat Cross and Don Krotser

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Federation South Officers

President	Diane Baker	949.675.2199
Vice-President	Greg Soloway	972.467.1406
Treasurer	Mindy Belli	714.914.7713
Secretary	Margaret Lange	
Membership		
Historian	Wen-Li Chiang	626.500.5035

For information about dancing in the area, contact the Federation at the Federation website: SoCalFolkdance.org

The Corner

PRESIDENT'S COLUMN

Between attending dance sessions with Jaap & Filip, practicing dances learned from Gergana & Roberto at Laguna Fest and pulling weeds I've been searching websites for health fairs that take place in communities near folk dance clubs. The Federation Outreach committee wants to offer a demonstration, and perhaps audience participation at community events like health fairs. Scene readers, you can help the Outreach Committee find Health Fairs in the locale where you dance. Please send the results of your research to this corrected email address: sollowayg@gmail.com.

Speaking of health, the goal is to live healthy (hence happy) for more years of your life. An article in the January 10 Washington Post by Gretchen Reynolds about Fitness Age quoted Norwegian researcher Ulrik Wisloff. "Move often and sometimes vigorously, do up-tempo exercise, the kind that increases your breathing and heart-rate." Dancing Bruil de la Fagaras, Myatalo Lenche and Floricica Olteneasca qualifies as up tempo! Read the entire article and calculate your own Fitness Age at: https://www.washingtonpost.com/wellness/2024/01/10/what-is-your-fitness-age/?utm_source=newsletter&wpsirc=nl_wellbeing&utm_medium=email&utm_campaign=wp_wellbe

Who in your club deserves a Federation scholarship to attend North South teaching seminar October 25 – 27 or Fall Camp November 15-17? (or Kolo Fest, Stockton Camp, etc.) Nominate that dancer for a scholarship and send the application to Chair, Carol Smith by May 15. Csmit2u@yahoo.com

Mark your calendar for Cerritos Anniversary Fest June 8. Your group is invited to lead 3 of your favorite dances, or even perform. Let Wen know the names of dances your club will lead at the party. cerritosfolkdancers@gmail.com

Hot off the presses! Billy Burke, master teacher and chairperson of Statewide 2025 announces:

"My book is set to be published this week. A Celebration of Diversity: Multicultural Experience Through the Art of Dance." It will be for sale at Statewide 2024 in Newark, CA May 17 – 19. Order your copy in advance from Billy at wburke.dance@gmail.com.

Diane Baker

CALENDAR

FOLK DANCE GROUPS MEETING ON ZOOM

- LIFE Balkan Dancers on Fridays, 8-11 pm. Contact Sherry Cochran at worldance1@gmail.com for the link and password. Now hybrid online and in person at LADanceFit, 10936 Santa Monica Blvd, LA CA 90025.
- Laguna International Dancers. LID meets in person every Wed from 6 pm-8:30 pm, Fri from 1:30-4 pm, and on Zoom every Sunday from 6-8 p.m. We open the waiting room at 5:45 and let people chat and socialize until we start dancing at 6. The teacher/dance leader is Lee Otterholt. The first half hour is teaching and dancing of easier dances and the last hour from 7 to 8 includes teaching and dancing of some more challenging dances. Schedule at www.lagunainternationaldancers.com/
- The Folk Arts Center of New England holds cultural workshops on Thursdays and monthly Saturday hybrid parties with live music. http://www.facone.org/programs-online-events.html
- Ethnic Dance Chicago, Illinois Fridays at 7:30 -11 CDT (5:30 9 pm Pacific Time). 1st half hour warm ups, discussion, with more discussion following after 8 pm Pacific Time. Schedule and info at www.ethnicdance.net/virtualdanceroom/
- The Peninsula Dancers from Northern CA present the Global Folk Dance Party on Zoom every 3rd Saturday of the month from 3-6:30 pm with a 2:30 pm pre-program, also on Facebook live https://www.facebook.com/PFDCouncil/ One time registration at https://tinyurl.com/GFDParty Info:virtualfolkdance@gmail.com
- Tuesday Night Revival (Boston MIT) now meets about one Saturday of every month, 5-8 pm Pacific Time https://tuesdaynightrevival.com/ Join Zoom at https://tinyurl.com/tnrzoom
- Ira Weisburd teaches line dances and hosts a Balkan-Israeli Session, usually recorded for later viewing. Donations requested. https://www.facebook.com/dancewithira Ira's classes are now broadcast on his YouTube Channel https://www.youtube.com/user/iraweisburd
- Vintage Israeli Dance is hosting monthly hybrid in person and Zoom meetings. Email dovbyrd@aol.com for the dates and Zoom link. http://www.vintageisraelidancing.org/

MAY

- 4-5 and weekends through May 19 Renaissance Pleasure Faire at Santa Fe Dam Recreation Area, 15501 E. Arrow Highway, Irwindale, CA, 10 a.m. 7 p.m. Info 626-969-4750 https://renfair.com/socal/
- 5 St. Sophia Greek Picnic for Orthodox Easter, Brookside Park, Pasadena. 1-7 pm. \$15 admission for adults, children under 12 free, food and desserts for purchase – credit and debit cards only. Easter Bunny at 3 pm.
- 5 Bulgarian American Cultural and Educational Society sponsored picnic to celebrate Orthodox Easter and St. George's Day, noon-4 pm at Cheviot Hills Park in West LA https:// www.facebook.com/events/319555470838603/
- 17-19 OC Greek Festival at St. John the Baptist 405 N. Dale St. Anaheim, CA 92801 (parking and shuttle at Buena Park downtown behind Walmart off of Dale Avenue). Live music with the Olympians and special musical guests Takis Kokotas Stathoulis, Dimitri Papakostas, joined by Elena Pagla on vocals www.ocgreekfest.com

- 18 Tom Bozigian's monthly series of dance talks and lessons at the Sunland Library https:// www.lapl.org/whats-on/events/armenian-dancetom-bozigian 3:30 pm Saturdays, May 18, June 22, 2024
- 18-19 Scandinavian Festival at Kingsmen Park at California Lutheran University https://scandinavianfest.org/ Tix: https://www.eventbrite.com/e/scandinavian-festival-tickets-848131974567
- 19 Topanga Banjo and Fiddle Contest www.topangabanjofiddle.org , King Gillette Ranch, Calabasas.
- 19 Armenian Music with Norik Manoukian's Band, part of La Paloma World Music Series at Mercado La Paloma 3655 Grand Ave, Los Angeles
- 25 -27 Valley Greek Festival, St. Nicholas Greek Orthodox Church, Northridge. https:// valleygreekfestival.com/
- 25 -27 and every weekend through June 23.

 Koroneburg Renaissance Festival 14600 Baron
 Dr, Corona, CA 92880 https://
 renfestcorona.com/

26 Celebration of Life of Ted Martin. Dance party, 3:00-6:00 at Seal Beach Leisure World. Info and reservation: email Darlene.L.Martin@gmail.com or via text at 562 -253-9282. See ad and OTS.

JUNE

- 1-2 Downey Greek Festival, St. George Greek Orthodox Church, 10830 Downey Ave, Downey, CA www.stgeorgedowney.org/festival-2/
- 2 Moroccan Music with Elinor Sitrish and Yuval Ron Ensemble, 5 pm, part of La Paloma World Music Series at Mercado La Paloma 3655 Grand Ave, Los Angeles
- 8 Cerritos Anniversary Festival. Cerritos Senior Center, 12340 South St., Cerritos, CA 90703. \$12.00 per person at the door OR \$10.00 if prepaid by June 1, 2024. See ad.
- 8-9 Israeli Minicamp with Dudu Barzilay in Sherman Oaks http://tinyurl.com/israelidanceweekend, 805.300.3372.
- 15 Classical Indian Mohiniattam Dance with Vijayalakshmi, Yuval Ron on Oud and Paul Livingston on Sitar 5 pm part of La Paloma World Music Series at Mercado La Paloma 3655 Grand Ave, Los Angeles
- 21-23 Irvine Greek Festival at St. Paul's Greek
 Orthodox Church, 4949 Alton Parkway Irvine,
 CA 92604 www.facebook.com/
 IrvineGreekFestival/
- 28-30 Ventura Co Greek Festival at Freedom Park, 480 Skyway Dr, Camarillo, CA 93010, conveniently located by the Camarillo Airport. \$5 admission
- 30 Persian Music with the Eshaghi Family Band. 5 pm, part of La Paloma World Music Series at Mercado La Paloma 3655 Grand Ave, Los Angeles

JULY

- 12-14 South Bay Greek Festival, 722 Knob Hill Ave, Redondo Beach
- 13-14 Lotus Festival at Echo Park, focusing on the Philippines
- 18-21 Robyn Friend's Silk Road Dance Weekend http://robynfriend.com/annual-silk-road-danceweekend/

MAY 2025

2-4 Statewide 2025 will take place at the Portuguese Hall in Arroyo Grande - save the date. Master teachers Željko Jergan (Croatian) and one other tba.

NORTHERN CALIFORNIA

- 3-4 Voice of Roma 23rd Annual Herdeljezi Festival at Ashkenaz 1317 San Pablo Ave, Berkeley, CA 94702-1021, Romani dance workshop with Sani Rifati, vocal and instrumental workshops and a dance party https://www.facebook.com/ events/323616146962594/
- 10-12 Kol: Jewish Music Across the Diaspora, a retreat at Urban Adamah in Berkeley, CA a weekend full of Jewish music workshops, song circles, jam sessions, concerts, and dance parties- involving voices and instruments for all levels. You don't have to be Jewish to attend! Info at https://www.kolretreat.org/
- 17-19 Statewide 2024 in Fremont, Master teachers Yannis Konstantinou and Cesar Garfiaz. Our Lady of Guadalupe School, 40374 Fremont Blvd., Fremont, CA 94538. See ad. Info and registration at www.folkdance.com/event/statewide-2024/

JUNE

- 1 Occidental World Music Day (North of San Francisco) https:// www.occidentalcenterforthearts.org/upcomingevents/occidental-world-music-dance-day-43swz
- 8-15 Scandia Camp at Mendocino (for the last time at this venue) http://ScandiaCampMendocino.org

JULY

July 28 - Aug 3 Stockton 2024 in-person Camp. https://www.folkdancecamp.org/ Any questions? Please email us at stocktonfolkdancecamp@gmail.com See ad.

AUGUST

9-11 John Filcich Festival in Arcata, CA The John Filcich Folk Dance Festival will be a celebration of old time kolos and classic folk dances in honor of John Filcich's 100th Birthday this year. Chubritza, John Morovich, Billy Burke, and Jeff O'Connor are confirmed, and more musicians and dance teachers will be announced. Information and registration are live now https://www.filcichfestival.com/

OUT OF STATE

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May 10-12 IFC camp in person Caspar Bik & Petur Iliev in NY's lower Hudson valley http://IFC-NY.com Youth Scholarships available

The Calendar continues on page 6.

POETRY CORNER

BROOKLYN IN MAY

Pink tea roses flinging themselves across the trellis
And lily of the valley peeping out of fecund soil
And storm windows coming down and screens going up
And winter woolens moth-balled away in attic trunks

And hours of *prepping* the over-turned boat
And rolling it to Shell Bank Creek on logs carefully placed
And lots of shouting and many hands for pulling it up Just Court
And down Merit Court and (whew!) sliding the boat into the water

And rowing to the mooring with the counter-weight and pulley And drawing the small craft to the wood pilings for bailing And tossing the water high into the air... and marveling At water drops becoming rainbows and diamonds

May is when I shyly take pink roses to Mrs. Feraco
And anticipate the end of school in June
And endless lazy days at the beach
And Coney Island fireworks on Friday nights
And crab fishing with Daddy on Saturday mornings.
And a whole swimming summer of childhood freedom

--- Camille Dull

The Calendar continues

- May 10-11 Zlatne Uste Golden Festival revival at Astoria World Manor, in Astoria, Queens, NYC Fri. Doors open 7pm; Dance workshop at 7:30pm Live Music 7:30pm to 12:30am https://fb.me/e/1BFXaQqTC Sat. Doors open 5:30 pm Live Music 6pm to 2am https://fb.me/e/ulTuqjhsM
- May 24-27 Northwest Folklife Festival on Seattle Center grounds and possibly streaming online at www.nwfolklife.org
- June 13-16 *June Camp 2024* Featuring Roberto Bagnoli and the June Camp Trio, Tom Pixton, Ralph Iverson, and Brian Wilson https:// sites.google.com/site/junecampifd/

- June 20-27 *Pinewoods Dance Camp* in Mass. Register at www.FACONE.org
- July 25-28 New Mexico Folk Dance Camp, in person this July featuring Shmulik Gov-Ari and Nick & Melissa Enge. https://www.SWIFDI.org
- August 17-24, 25-31 *Mainewoods Dance Camp*. Two sessions.
- Sept 19-22 *Tamburitza Extravaganza* at Seven Springs Mountain Resort, Seven Springs PA https://www.tamburitza.org/

Carol Martin and the Martin Family invite you to Join in the Celebration of Ted Martin's Life

Hosted by Skandia and International Folkdance Groups



May 26, 2024, 3:00 pm - 6:00 pm (Doors open at 2:30) Leisure World Seal Beach, Clubhouse #4 1419 Northwood Rd., Seal Beach, CA

Light Refreshments will be served.

The program will include opportunities to share memories and to dance to live Scandinavian fiddle music and international dance tunes.

RSVP is REQUIRED to attend in order to enter Leisure World.
RSVP to Darlene Martin ASAP, but no later than Friday, May 24.

Text 562-253-9282 or email Darlene.L.Martin@gmail.com
When you check in at the gate of Leisure World,
ask for the "TENDIS EVENT IN CLUBHOUSE 4."

If you have pictures or special memories of Ted, please send them to Stefanie Holzman sholzman1@verizon.net

to be included in a memory book for his family.

Directions: Your GPS will direct you to the **Leisure World Main Gate** off Seal Beach Blvd. Once you check in with the guard, you will be directed straight ahead on Golden Rain Road. Turn right on St. Andrews Drive. Continue ahead until it ends at Northwood Road. Cross Northwood Road into the parking lot. **Clubhouse 4** and parking will be directly in front of you. Please be mindful of the low speed limit within the community.

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Link for Leisure World Map: https://www.lwsb.com/welcome/community-map/

DANCERS SPEAK

FEDERATION NOTES

This quarter's Council meeting will take place May 5 at 9:30 a.m. via zoom. Please send items for the agenda now.

Also please contact me to receive the zoom link. Wen-Li Chiang invites all Federation groups to lead three of your club's dances at their Anniversary party on June 8.

Scholarship applications are due May 15 to Carol Smith, csmit2u@yahoo.com. Application for a Federation Scholarship is available on the Federation website. Who in your club deserves a "financial nudge" to attend a camp or teaching festival this year?

Do you want more reasons to encourage friends to dance along with you? Read the article published recently in Sydney, Australia. https://www.sydney.edu.au/news-opinion/news/2024/02/12/dancing-may-be-better-than-other-exercise-for-improving-mental-h.html

Diane Baker

to not ignore the Federation as I often wanted to, but attend some events. "The friends and fun you find there are priceless" he once told me. He also told me not to ignore the dances of the Balkans, they are more than it seems at first. I was so interested in learning *Springars*, but his keeping me open to a wide variety of dances has paid off in many ways. I encourage others to so the same.

turned up at a surprising event. He encouraged me

One non-dance idea I cannot forget happened at Skandia dance potluck dinner break. Ted brought a big bowl of coleslaw. I ran in late coming from work. I looked around and that bowl was the only vegetarian thing there at the time, so I grabbed some. He had thrown in some raisins which I liked, and some sunflower seeds. This was a wonderful addition, BUT, he had grabbed the wrong package. He used SHELLED sunflower seeds, not unshelled. We all teased him about it, but I gave him 15 points for creativity.

See you on the dance floor.

Nancy Milligan

MEMORY OF TED MARTIN

I first met Ted in 1981 or 82 at a Skandia event or dance. This was early in my folkdance life but not my dance life. I was instantly taken with Scandinavian dancing because it was both familiar and challenging to me as a ballroom dancer. What really started my friendship with Ted was my curiosity and feeling I needed help understanding the records and music better. I was running records at Caltech folk dancers every 2 months or so. There were two areas that had vague or no notes on the covers to help those of us running the night's music: Greek (I would learn that years later) and Scandinavian. I saw that Ted could help me understand what was good for my group's dancing, and why. Yes, he did help and encouraged me also to keep learning. I went to the night Skandia class he co-taught for many years down in Anaheim. I was most intrigued by the far-northern Norwegian dances, but Ted pointed out that I needed to know the Swedish dances also, since that was what more folk dancers were interested in here in SoCal. The importance of being a well-rounded dancer would help me be a better dancer. He emphasized feeling the music along with its rhythm, and why he felt this was important. This really helped me.

I saw and danced with Ted mostly at Skandia or Orange County events, but every once in a while, he



Let's Dance!

The Magazine of International Folk Dance

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The where, when, how and who of International Folk Dancing

Membership application
available on line at www.folkdance.com.
Pay on-line or send application with check to
Marsha Rosenblatt, Membership,
927 Springfield Drive
Millbrae, CA 94030

Jim Gold International Folk Tours 2024

Our trips are for folk dancers, non-dancers and anyone with a love of travel, culture, and adventure

WESTERN CANADA: April 11-23,

Calgary, Banff, Vancouver. Led by Cathie Dunklee-Donnell With Sonia Dion and Christian Florescu

EASTERN CANADA: June 28-July 10

Montreal, Quebec, Saint John, Halifax, Charlottetown, Led by Richard Schmidt

ALBANIA, GREECE, MACEDONIA and KOSOVO: May 22-June 3-5

Tirana, Durres, Vlora Folk Festival, Kruja, Gjirokaster, Saranda, Berat, Lake Prespa, Ochrid, Kosovo ext. Led by Lee Otterholt and/or Kliti Zika

BULGARIA and Black Sea Coast

July 30-August 12

Sofia, Plovdiv, Bansko, Nessebar, Varna, Black Sea, Veliko Turnovo. Led by Ventsi Milev With Bulgarian folk dance teacher Niki Enchev, and musician Ventsi Andonov

ROMANIA: Sept 29-Oct 13

Bucharest, Brasov. Sibiu, Cluj, Sighet Marmatiei. Led by Nancy 3. Hoffman Guided by Virginia O'Neil



GREECE: Oct.18-30

Athens, Nauplia, Sparta, Olympia, Delphi, Meteora, Thessalonika Led by Lee Otterholt.
Guided by Maroula Konti

SCANDINAVIA: June 18-July 1,

Oslo, Gothenburg, Helsingborg. (Elsinore), Copenhagen Led by Lee Otterholt

IRELAND: August 3-15

Galway, Connemara, Aran islands, Kerry, Cork, Blarney, Dublin. Led by Lee Friedman and/or Kay Cleary

SPAIN: Sept 12-25

Malaga, Cadiz, Seville, Cordoba, Granada.

PERU with Nazca and Peruvian Amazon: May 22-June 3.

Lima, Cusco, Machu Picchu, Puno, Sacred Valley, Lake Titicaca, Peruvian Amazon, Nazca extensions. Led by local guides and/or Martha Tavera

BRAZIL: Oct 21-Nov 1

Rio de Janeiro, Salvador, Iguassu Falls. Led by local guides, and/or Hilary Almeida







TOUR REGISTRATION: Reserve my place! \$200 per person deposit.

Register on line at: https://www.jimgold.com/ Jim Gold International, Inc. 497 Cumberland Avenue, Teaneck, NJ 07666 U.S.A. (201) 836-0362 Email: jimgold@jimgold.com



FOLK DANCE CAMP

JULY 21 - 27 & JULY 28 - AUG. 3, 2024

WWW.FOLKDANCECAMP.ORG

AARON ALPERTSTACE

ŽELJKO JERGAN Croatia

AHMET LÜLECL Turkey

ROBERT McOWEN Scotland

LIINA TEOSE Stonia

KAU'I TUIA Polynesia

Our Band; TOM PIXTON

RALPH IVERSON

BRIAN WILSON

As many know, Tony Parkes is facing health challenges and sadly won't be able to be with us at our July 2024 Camp.

We know that everyone in the world of folk dancing sends Tony and Beth their love.



STATEWIDE 2024 FOLK DANCE FESTIVAL Friday-Sunday, May 17-19, 2024



Newark Pavilion, 6430 Thornton Avenue, Newark, CA

Yannis Konstantinou Cesar Garfiaz

-- Greek/Macedonian



Cesar Gartiaz
Salsa Rueda and More



Kurt Gollhardt Sunday Hoedown



Evening Parties with Orkestar Unbound

Square Dance Hoedown - Sunday Afternoon (Social, Mainstream and Plus Levels)

Friday night dinner: Mexican Saturday lunch: Dim Sum Saturday dinner: Greek

Sunday lunch: Gourmet Burgers

Dance lessons, culture corners, performances, parties

Host Hotel: Chase Suite Hotel 39150 Cedar Blvd., Newark, CA

(For special pricing use "folk2024")

Info and register online: statewide.folkdance.com

Registration form

Statewide Festival 2024 is sponsored by the Folk Dance Federation of California, a non-profit organization.

STATEWIDE 2024 FOLK DANCE FESTIVAL



May 17 - 19, 2024 Newark Pavilion, Newark, California

teachers, hotels, restaurants, parking, directions, etc.

Registration Form	(Please register individually, one form per person)
Name:	E-mail:
Phone:	Name of Group, if any:
Address:	Name of Group, if any:
[] \$150 when payment is received by A All Day events (ONLY WITH early regist [] \$50 All day Friday (\$60 at the door) [] \$90 All day Saturday (\$100 at the door [] \$50 All day Sunday (\$60 at the door Individual Events (ONLY WITH early register)	ration) or)
] \$30 Saturday evening party] \$40 Saturday PM instruction] \$15 Sunday afternoon square dance hoedown ay or Evening Party or \$35 discount on Festival Package Subtotal: \$
 [] \$30 Mexican dinner Friday [] \$25 Chinese dim sum lunch Saturda [] \$30 Greek dinner Saturday [] \$25 Gourmet Hamburger lunch Sun [] \$25 Festival video access on Google 	M, L, XL Man [] Woman [] Crew neck [] V-neck []
	TOTAL ENCLOSED: \$
Statewide Registrar, 153 Race Street, San Jo On-line Registration: At statewide.folkdan	

Masks are optional and proof of vaccination requirements will follow CDC, State, and County COVID regulations at the time of the event.

Statewide 2024 is sponsored by the Folk Dance Federation of California, a non-profit organization.

COSTUME CORNER

GREEK MEN'S FOUSTANELLA

When we think of Greek men in traditional costume, we immediately think of those tightly pleated white skirts that the guards in Syntagma Square wear as they march up and down in front of the Parliament building—originally the Royal Palace. Known as a *foustanella*, this skirt is quintessentially Greek (*Photo 1*). But how did Greek men come to be wearing skirts anyway??



Photo 1: Greek guard in full evzone costume at the Tomb of the Unknown Soldier in Athens.

By medieval times, men all over Europe, including the Balkans, had long since abandoned the classical Greco-Roman draped tunics and togas, and gone over to the more practical body-fitting shirts and trousers invented long before by the horse-riding nomads of Central Asia. And that is mostly what you still find. (See *Folkdance Scene* Oct. 2017 for the story of pants.)

But do you tuck your shirttail in, or leave it hanging out? In more northerly climes, people tucked it in, but in much of the Balkans it was left hanging out, below the ubiquitous belt or sash.

If you look at these shirttails in, say, traditional Macedonian men's costumes, you can see that some of them are not at all skimpy, in fact rather full and showy. Same thing in parts of Serbia. But in parts of Greece and Albania, they became so voluminous, so showy, that the shirt-body itself was getting too wide to be practical. Solution: cut the shirt off just below the waist and sew up the erstwhile shirttail as a separate piece, just as big as you like, fastening it on over the shortened shirt at the waist. In essence, it is now a skirt—tightly gathered at the waist to look as showy as possible. Presto: the foustanella (Photo 2). And wear it with skin-



Photo 2: Close-up of an "ordinary" *foustanella*, tightly gathered at the waist. (Note, too, the elaborate braidwork on the jacket.)

tight pants (not common elsewhere in the Balkans)—presumably to enhance the effect of the silhouette, much as in pre-Revolutionary France. The entire costume together became known as *evzone*, literally "beautifully belted".

Actually, depictions of the *foustanella* from the early 19th century, during the Greek war of liberation from Turkey (the one Lord Byron was involved in), show it as not always so full as later, and sometimes much longer (*Photo 3, 4*). The name itself, *foustanella*, came from the use of a very dense, sturdy, and hardwearing cloth woven in great quantity in the Egyptian town of Fustat and traded all over Europe, not just in the Balkans. Russian peasants used a red variety for cheap, home-made sarafans, and it even gave us our English word *fustian*.

The typical *foustanella* was so unwieldy that it was seldom cleaned. In fact, I've been told that when a man's daughter was to get married, a whole month at least had to be allowed between the engagement and the wedding so that there was time to dismantle, thoroughly clean, bleach, and then re-sew the father's *foustanella*. Only then could be feel "properly attired" to attend the wedding!

—Elizabeth Wayland Barber



Photo 3: Young freedom fighter wearing a long foustanella, as depicted by L. Dupré in 1819.



Photo 4: 19th-century painting of the famous freedom-fighter leader, Markos Votsaris, wearing a deeply pleated, knee-length *foustanella*.

ON THE SCENE

CELEBRATION OF LIFE FOR TED MARTIN

Ted Martin's contributions to folk dancing in Southern California were innumerable. He was active in developing, sustaining, and maintaining many groups around the area. In order to celebrate his life and contributions, all are invited to a dance party on Sunday, May 26 from 3:00 pm to 6:00 pm at the Seal Beach Leisure World. You MUST RSVP ASAP (or at least before Friday, May 24) in order to be admitted to Leisure World. To RSVP, please contact Darlene Martin via email Darlene.L.Martin@gmail.com or via text at 562-253-9282. See the ad in this issue for more specific details. If you have pictures or memories that you'd like to share about Ted, please send them to me at sholzman1@verizon.net. We are making a memory book for the family. Thanks.

Stefanie Holzman

FEDERATION SCHOLARSHIPS

Be sure to apply for a Federation scholarship. You can have 50% off the price of a week-long workshop or 100% off a weekend.

Send Carol Smith a letter including your name, address, and e-mail. Also include your home club and what camp you are applying for. Or, you can download the full application on the Federation website.

Or call or text me for more information, even if you haven't yet planned to attend a camp, get your scholarship request in. Deadline is May 15th.

My e-mail is csmit2u@yahoo.com, Phone: 805-794 -5512

Carol Smith

DANCE RECORDS AVAILABLE

A folk-dance record collection is offered by a resident of Montebello. Juno Chang, who worked with our former President Pauline Klak some years ago, writes that she was gifted a "....large collection of folk dance records that I don't know much about" by her uncle. She welcomes Federation members to take a look if they are interested in the records. If you want to inspect the collection, please send a message to president@socalfolkdance.org.

Your note and address will be forwarded to Juno.

Diane Baker

PASADENA FOLK DANCE CO-OP

We dance in person every Friday night from 7:30 till 9:30 in Altadena. On May 31st we invite you to join us for our traditional Fifth Friday all-request party night. For the other four Fridays we'll have a mix of programmed dances and requests and a teaching session starting around 8:00. This month, Valerie Daley will be teaching the Romanian Line dance, *Hora Veche*.

On the second Friday of any month come early at 6:30 for set dance review with Marshall Cates. Visit our website for monthly dance programs, our dance list with videos, and lots more information. www.pasadenafolkdancecoop.org

Location: Altadena Community Church Heicher Hall, 943 E Altadena Drive, Altadena, CA 91001.

Mari Werner

EXCITING AND PROMISING NEWS!

Diane Baker will be teaching folk dance to 24 new dancers on Wednesdays from 1 to 3 p.m. April 3 to May 22, 2024. The source of the sign-ups for the class is 'OLLI,' the acronym for Osher Lifelong Learning Institute. Through the efforts of Camille Dull and Diane Baker, the class they entitled 'Dance for Fun and Fitness' was accepted by OLLI, advertised in the CSULB OLLI spring catalog and got a fine response. (See OLLI catalog entry on next page.)

Diane wrote out a brief summary of the proposed folk-dance class for submission, and the class was accepted. The OLLI Governing Council was so pleased to have folk dance that they advertised it as a free class in their catalog with hopes that it would continue beyond spring semester. Diane designed a delightful beginner folk dance course, and is teaching the 8-week sessions to 24-plus enthusiastic participants.

Here's the promising part: OLLI has adult enrichment courses on university campuses country-wide. In Southern California there are OLLI programs at CSULB, Cal State Fullerton, and UC Irvine.

OLLI at CSULB has 4 sessions: Winter, Spring, Summer and Fall, each consisting of 8 classes or less. An all-volunteer staff, instructors do not need a

teaching credential. Potential OLLI teachers just need to submit a brief summary for a proposed class to the OLLI Governing Council to begin the journey.

More information about OLLI at CSULB:

Offers over 80 non-credit classes to adults 50 +

Schedules a wide range of topics including art, music, health/fitness, history, literature and technology

Has no tests or grades - just classes for the joy of learning

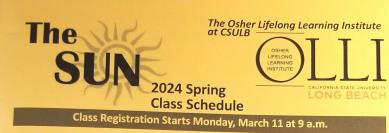
Is a self-supporting membership organization of nearly 1000 members

Is a Center based in CSULB's College of Health and Human Services

Is managed by a volunteer Governing Council in collaboration with an Executive Director

Was founded in 1996 on the CSULB campus

Please visit the OLLI website for further information or call Camille Dull at 818.389.4205.



New Classes

NUTRITION AND FOODS Instructor: Annie Bianchino

Wednesdays in person

MEDITATION WITH CAROL

Instructor: Carol Beckerman

Wednesdays in person

THE POWER OF GOOGLE

Instructor: Kathy Winkenwerder Mondays on Zoom

COMPUTER MYSTERIES REVEALED

Instructor: Wesley Peck Fridays in the Lab or on Zoom

BOWLING - OR - ARCHERY

Instructor: Mel Leach Mondays in person

Instructor: Delrie Hobbs
Tuesdays in person

ZENTANGLE ART

Instructor: Tom Taylor Thursdays at JCC in person

CORIOLANUS: DEMOCRACY IN CRISIS

Instructor: Susan Stitham Fridays on Zoom

New Class: Television Review Norman Lear's Legacy

By Shari Faris

Would you like to learn more about the history of television and its influence on popular culture? The OLLI class "The Television Canon of Norman Lear" will explore those topics, through the work of TV writer-producer Norman Lear. The class will look at Lear's work (such as "All in the Family," "Sanford and Son," "Maude" and other landmark programming) from the 1970s and beyond. Lear's work will serve as a

starting point for discussion of how he changed television and shaped the public conversation about important issues of the day.

The instructor for the course, Jim McKairnes, is passionate about sharing the history of television with students. Jim spent several years as a CBS Television executive. He has taught college students and OLU students about topics relating to the media and the history of primetime television. Jim is particularly interested in how television serves as an expression of "The Written Word and Moving Image," which was the title of a high school course that inspired him. He enjoys teaching and in particular sharing



Jim McKairnes

with students how TV programs from the past and present influence and entertain us.

Jim hopes the class will show how Norman Lear served as an inspiration for life-long learning. Lear found his success with "All in the Family" later in life and still had several projects in development when he passed away in December at the age of 101. Please join us for this fascinating and enjoyable look at the landscape of television and how Norman Lear shaped that landscape.

17



→ See description page 19

Classes start April 2

www.csulb.edu/olli

DANCE FOR FUN AND FITNESS

Wednesdays, April 3 - May 22 1:00 - 3:00 p.m. Bellflower Womens Club 9402 Oak St.

International recreational folk dance is appropriate for all fitness levels. Safely dance to your level of intensity on a responsive wooden floor ideal for dance. This class is a first time offering thanks to Camille Dull and Diane Baker. Your OLLI membership is encouraged but not required. The class is FREE and open to all. Register at www.csulb.edu/olli Class limit: 40

Leader: Diane Baker, retired teacher and PE advocate! President of the Folk Dance Federation of CA, So...



RECENT EVENTS

BALBOA PARK FOLK DANCERS

Four members of the Balboa Park Performing Folk Dancers ducked and twirled in the Barclay Theatre lobby to celebrate Danish culture prior to a concert by the Danish String Quartet April 11. The audience laughed and applauded as the colorfully costumed group danced Little Man in a Fix and other Danish dances. Dancers included Peggy Daley, Ted Hill, Tom Santino and Mervi Gotch. Their mission is to preserve traditional folklore and pass it on to younger generations.

Photographer is Dennis Baker





VESELO/NARODNI PARTY

Veselo Selo and Narodni hosted a MAypril the Fourth Be With You party - on April 4 - and all guests sported curiosities on their heads and wings on their feet while they danced to the scintillating melodies of *San Frontieres* appearing as the Foolish Folk Band, led by Terry Gucwa. (Look closely to see Carl's metal funnel-hat)

Camille Dull

JAAP LEEGWATER COMES TO SAN DIEGO FOLK DANCE CENTER

Our San Diego Folk Dance Center community was pleased to have Jaap Leegwater and accordionist Filip Filipov come to San Diego for a workshop and after-party. Jaap's visits are always a treat, and we had a great turnout to welcome him and Filip. Jaap taught 6 dances – one for their hostess, Connie Kaczmarczyk, who likes Greek dances, and one for Martha Awdziewicz, who likes dances from Mitko Petrov. During the after-party, he reviewed some of the dances he taught at his last workshop here. We had great fun learning and relearning them, and also doing other dances from his vast repertoire. A big hit was the opportunity to dance "Melnik" to live music provided by Filip on accordion, Jaap on flute, and Mary Marshall on drums.

Other events in the works at the Folk Dance Center include a live music night by Tzidia in June, and another one by the Varimezovs in September.

There are two dance clubs in San Diego: The Folk Dance Center (FDC), which now meets at Oasis Fitness Center in La Mesa, and the Cabrillo Dancers, which meets in Balboa Park. Between the two clubs, we have dancing practically every day/night of the week, and we love to have visitors and newcomers join us!

For information about FDC activities, contact John Knapp at jcknappster@gmail.com
For information about Cabrillo Dancers activities, contact Georgina Sham at jcknappster@gmail.com

Gail Wilson, Folk Dance Center (FDC)





<u>Dates:</u> Friday, Oct 25 (7 PM welcome party) – Sunday lunch, Oct 27

Location:
The idyllic Monte Toyon
Conference Center,
(near Santa Cruz) Aptos,
CA

Are you a folkdance teacher who would like to hone your skills or a long-time dancer who would like to learn to teach? Come to the N/S Folkdance Teachers' Seminar!

We're thrilled to announce our Master Teachers for 2024: France Bourque-Moreau and Michael Ginsburg. Both are professional teachers with decades of experience in welcoming and retaining dancers in the Folk Dance world.

Price: \$320 with on-site accommodations, \$270 off-site \$10 surcharge for credit card / PayPal / Venmo \$50 deposit to reserve; Final payment due August 25, 2024.

Price includes meals from Saturday breakfast through Sunday lunch and all activities. On-site accommodation is dorm-style with shared bathrooms; two bunk beds in each room.

Contact: northsouthfolkdance@gmail.com
Register at http://folkdance.com/event/ns-seminar-2024

Cerritos Folk Dancers Fifteenth Anniversary

Cerritos Festival

Saturday, June 8, 2024 1:00 to 5:30 P.M.

<u>Cerritos Senior Center</u> 12340 South Street, Cerritos, CA 90703

Suggested donation: \$12 per person at the door (\$10 if prepaid by June 1, 2024)

Finger foods to share are welcome, but not necessary.

Your traditional or special <u>costume</u> will add splendid color to the party.

Each group is welcome to perform, lead, and/or request up to three dances.

(Please let us know in advance to schedule your time.)

Info: 562-338-2298 Sue CerritosFolkDancers@gmail.com or chiangwenli@yahoo.com

Sponsored by Folk Dance Federation of California, South, Inc.

CLUB DIRECTORY

Federation Clubs

Bay Osos Folk Dancers: Tue 11:00-3:00.South Bay Community Center, 2180 Palisades Ave, **Los Osos**. 818-203-5812 wburke.dance@gmail.com Billy Burke, BayOsosFolkDancers.org.

*Cabrillo Folk Dancers: Tue 7:00-9:30 (Beg 7-8). Balboa Park. Balboa Park Club, 2144 Pan American, SAN DIEGO. (858) 459-1336 gbsham@gmail.com Georgina. sites.google.com/site/cabrillodancers

Cerritos Folk Dancers: 1st-4th Tue 5:00-7:45 Cerritos Senior Center, 12340 South St, **CERRITOS**. (562) 865-8854 chiangwenli@yahoo.com Wen Chiang

Conejo Valley Folk Dancers: Wed 7:30-9:30. Hillcrest Center for the Arts, 403 W Hillcrest Dr, THOUSAND OAKS. 805-501-9810 marilynml@yahoo.com Marilyn Ludwig

Ethnic Express: 2nd Thu 5:30 – 8 pm,. Charleston Heights Arts Center, 800 S. Brush St., Las VEGAS, NV. (702) 732-4871 rpkillian@gmail.com Richard Killian. Meeting informally 1 or 2X monthly at restaurant contact for details

Fantasy Folk Dance Club: Sun 3:00 - 7:00. St Thomas Aquinas Church, 1501 S Atlantic Blvd, Monterey Park. vincentyhcheng@gmail.com 626 -429-9008 Vincent Cheng.

Folk Dance Center: See website for times. Oasis Wellness Center, 5500 Grossmont Center Dr, La Mesa. jcknappster@gmail.com John, www.folkdancecenter.org

Int'l Folk Dance Club - Laguna Woods: Tue 10:00am-12:00. Clubhouse 1, 24232 Calle Aragon, LAGUNA WOODS. (949) 939-

0604 MarilynMichael829@gmail.com Marilyn Michael Yurk. First-time dancers call Marilyn for gate clearance. www.lagunawoodsvillage.com/amenities/clubs/dance-club-international-folk

Kypseli Greek Folk Dancing: Friday, 8:30 to 11:30 p.m. 310-508-9676 Anne Sirota. www.kypseli.org Laguna Int'l Dancers: Sun & Wed 6:00-8:30 at Clubhouse 2, 24112 Moulton Pkwy, LAGUNA WOODS. Sun 6:00-8:00 on Zoom. (949) 770-7026 7kahnmiriam@gmail.com Miriam Kahn

www.lagunainternationaldancers.com

Narodni Int'l Folkdancers: Thu 8:00-10:00. Woman's Club of Bellflower, 9402 Oak St, **Bellflower**. (562) 881-9504 julithilona@gmail.com Julith Neff www.narodni.org

Pasadena Folk Dance Co-op: Fri 7:30-9:30. Altadena Community Church, 943 E Altadena Dr, Altadena. info@pasadenafolkdancecoop.org 626-808-0361 Mari Werner www.pasadenafolkdancecoop.org

Prescott Int'l Folkdancers: Sun 2:00-4:00. Prescott Boys & Girls Club, 335 East Aubrey St, Prescott, AZ. (928) 925-8995 Dick Weston Prescott.intl.folkdancers@earthlink.net. www.prescottinternationalfolkdancers.org/

Rainbow Senior Club: Sun 2:00-5:00. Joslyn Senior Center 210 N. Chapel Ave, ALHAMBRA. (626) 456-1900 ksun310@yahoo.com Kevin Sun.

Solvang Village Folk Dancers: Sat 6:00-8:00 (except 3rd Sat). Buellton Recreation Center, 301 2nd St, Buellton. 3rd Sat 1:30-3:30. Corner Alisal & Copenhagen, Solvang (805) 688-3397 dlh4362@gmail.com David Heald www.svfolkdance.com

Ventura Int'l Folkdancers: Tue&Thu 1:30-3:00. 2nd Sun 1:30-3:30 (may change due to conflicts - check with Valerie). Ventura YMCA, 3760 Telegraph Rd, Ventura. Non-members check with Valerie first. (805) 746-0884 dancing.valerie@gmail.com Valerie Daley. www.facebook.com/profile.php? id=100067987230157

Vintage Israeli Dancing: One Sat per month 8:15-12:00. Danzmundo World Dance & Fitness Studio (DWDFS), 16733 Ventura Blvd., #13, ENCINO. jrbythec@aol.com Jim Rothman. www.vintageisraelidancing.org

West Valley Folk Dancers: Wed 2:30-4:30 OneGeneration, 18255 Reseda Blvd. Reseda. Fri 2:00-4:00. Canoga Park Sr. Ctr. 7326 Jordan Ave. Canoga Park. (818) 368-1957. jaymichtom@yahoo.com. Jay Michtom.

Westside Folkdancers: Tue 7:30-9:30. Culver City Foshay Lodge, 9635 Venice Blvd, CULVER CITY. (310) 391-7382 sandyhelperin@icloud.com Sandy Helperin

Exhibition Groups

Karpatok Hungarian Folk Ensemble: United Hungarian House, 1975 Washington, Los Angeles. (805) 341-9640 sissykf@earthlink.net Sissy Keresztes-Fischer.

Www.KarpatokFolkEnsemble.com

Krakusy Polish Folk Dance Ensemble: Wed 8:00-10:00, Fri 7:00 - 9:00, Sat 2:30-4:00. Our Lady of the Bright Mount, 3424 W Adams Blvd, Los Angeles. (626) 827-7338 elistarrr@yahoo.com Elizabeth Romuzga. Www.krakusy.com

Scandia Dancers: Thu 7:30-9:30. (714) 356-7745 sholzmanl@verizon.net Stefanie Holzman

Westchester Lariats: Mon 4:00-9:00. Westchester Townhouse, 8501 Emerson Ave, Los Angeles. 310 -480-4343 dseruto@gmail.com Danielle Gulalo. Www.WestchesterLariats.org

Non-Federation Clubs

Cafe Aman: 2nd Sat 7:00-11:30. Teach 7:30-8:30 LA DanceFit Studio, 10936 Santa Monica Blvd, West LA, ianpricebey@gmail.com, madelyntaylor@hotmail.com

Caltech Folkdancers: Tue 7:30. Caltech Campus, Dabney Hall, parking on California Blvd. or Throop Church, 300 Los Robles, **Pasadena**. (626) 797-5157 Nancy Milligan

Claremont Israeli Dancers: Mon 7:00-10:00 Masonic Lodge, 272 W. 8th St, CLAREMONT. (909) 921-7115 Yael

Desert Dancers: Thu 7:00-9:00 Nov-April. Hi Desert Dance Center, 725 S. Gateway St, **RIDGECREST**. (760) 371-5669 Nora Nuckles

Desert Int'l Folk Dancers: Tue 2:00-4:00 Nov-Apr. Step by Step Dance Studio, 316 N Palm Canyon, **PALM SPRINGS**. (760) 342-1297 Helen Smith

*Foothill Folk Dancers: Thu 8:00-10:00. St. George's Episcopal Church, 808 Foothill Blvd., LA CAÑADA (818) 790-8523 JanRayman@charter.net www.Foothill.Dance

Friday Night L.I.F.E.: Fri 8:00-11:00. LA DanceFit Studio, 10936 Santa Monica Blvd West L.A www.lifebalkandancers.com worldance1@gmail.com Sherry Cochran

Israeli Dancing-James Zimmer: Tue 8:00-12:00. Westside JCC, 5870 W Olympic, L.A. (310) 284-3638 James Zimmer Israelidance@yahoo.com
*Israeli Dancing @ AJU-Natalie & Pat: Mon 10:30am-1:00, noon-1:00(Beg); Thu 10:30am-1:30. American Jewish Univ Dance Studio, 15600 Mulholland, L.A 818-642-3585 Pat Jordan

Israeli Dancing-Yoni Carr: Mon 7:00-11:30 Beginners at 7:00. Infinity Sport Dance Center, 4428 Convoy St, SAN DIEGO. (619) 227-0110 Yoni

San Diego Folk Dancers: Mon 7:30-9:00. Balboa Park Club, Balboa Park, SAN DIEGO (858) 278-4619 Jeanne Cate

Santa Barbara Balkan Folk Dancers: Wed 8:00-10:00PM (In-person/safety precautions). Oak Park Stage, corner Junipero and Calle Real, SANTA BARBARA. soriasusan@gmail.com Susan Soria, or michalcathy@cox.net (805.895.4885) Michal Lynch

Santa Barbara Int'l Folk Dancers: In-person but schedule is in flux. Contact Michal Lynch for info michalcathy@cox.net, 805-895-4885.

Santa Monica College Int'l Dance Club: Tue, Thu 11:15am-12:35. Santa Monica College Clock Tower or LS Bldg, 1900 Pico Blvd, SANTA MONICA. (310) 284-3638 James Zimmer

Southern Nevada Int'l FD: Thu 4:00-6:00. Ballroom Addiction, 2301 Renaissance Dr., Las Vegas, NV. hugagiraffe@cox.net Eileen Hug

Topanga Canyon Int'l FD: Fri 9:30am-11:00am. Froggy's Restaurant, 1105 N. Topanga Canyon Blvd, Topanga. (310) 455-1051 Melanie Kareem UCLA Ballroom Club & UCLA Int'l Folkdancers: Cultural, Historical & Ballroom: Mon, Tue, Thu, Fri, Sat. St. Albans Social Hall, 580 Hilgard Ave, Westwood. (310) 284-3636 James Zimmer. See website for details: ballroom2.wixsite.com/westwoodballroom

*Westside Daytime Folkdancers: Wed 12:30-2. Culver City Senior Center 4095 Overland Blvd, Culver City. sandysmail1000@gmail.com, (310) 391-7382 Sandy Helperin

FOLK DANCE SCENE

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