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Folk Dance Scene

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Cover: Swedish midsummer festival, 1785, by Peter Hörber. Photo courtesy of Betchen Barber.



Folk Dance Scene

Volume 61, No. 9 November 2025

Editors' Corner

The Corner presents a personal family history of folk dance by the Federation President.

The Federation website master has something to say in On the Scene.

Recent Events is complemented in Ojai Day of Dance.

Betchen has two articles for your edification.

Calendar tells you what's coming up.

Poertry Corner includes a contribution by our own regular contributor, plus a public domain celebration of the season.

Use Club Directory for specific information.

Be of good cheer!

Pat Cross and Don Krotser

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The Corner

Hi Everyone,

I've been looking through articles on the history and development of recreational folk dancing in the US and wanted to tie that in with my family's involvement. Fortunately, my mother (who turns 106 this month!) is still around and has an outstanding memory still. I spoke to her about how she got into folk dancing, and how it had progressed.

She initially found out about folk dancing at UCLA in 1937, where folk dancing was offered as a class in the PE department. Apparently, they had several dance-related classes - ballet, modern dance, etc. – but the folk dancing one intrigued her. All the dances they taught were couple dances at that time – mostly German, Austrian, and a few Russian and Eastern European. I asked if this was strictly a women's PE class, since they were teaching couple dances, and she said "of course – we just had to couple up with other women, and choose who got to be the man." Sounds like a lot of our groups today! She remembered her primary partner was a woman named Catherine, who was "stoutly-built" and an excellent dancer. My Mom was hooked.

After the war in 1946, returning back to the LA area, my Mom heard there was folk dancing in Griffith Park. She doesn't recall that the group had a name, but they met weekly there for dancing. It was still mostly couple dances, but now there were men to dance with as partners! She felt she needed to ask her husband (who was still stationed in the Philippines) if it was OK for her to go and dance with other men. She danced there for about four or five years and felt it helped balance her life. She made many lifelong friends there, and it provided an environment that supported her through her divorce. Later it was there that she met my father.

In 1950, they joined a Pasadena group, Mountain Dancers. It was formed in 1946 by a group of people, mostly German and Austrian, who felt like they needed to do something after they finished a day of skiing – hence the name. As I mentioned previously, this was the group I grew up in, which provided travel partners, hiking and camping partners, and lifelong friends. Many of us "2nd-generation kids" are still very close today.

The Corner continues on page 5.

ON THE SCENE

FEDERATION WEBSITE

I have added two short "Articles" to the "Tips" section. And, for your edification and enjoyment, there are over 6.900 dances listed in the "Dance Notes" section, most with links to YouTube. If a group who meets every week were to play just those dances at a rate of 30 a night, it would take over 20 years to complete the list.

I like keeping everyone up to date with the "What's Happening" calendar—I hope folks enjoy checking it out at their convenience. And I have added a couple of dance listings to the "Instructors Syllabi" as well as the dances for nine "Laguna Folk Dance Festival" syllabi through 2024 (including YouTube links for most of the dances). Anyone have any comments, suggestions, or seeing a fat-finger mistake? Send 'em to webster@socalfolkdance.org and let me know!

Cheers. Dick

PASADENA FOLK DANCE COOP

Join us any Friday for an evening of folk dancing at our new home, St. James Episcopal Church, South Pasadena. The regular evening of programmed and request dances begins at 7:30. Every week a special program starts at 6:30: the first and third Fridays of the month are beginners' classes taught by Mari

Werner, and the second Friday of each month is set review time led by Marshall Cates. And a new class started in September, on the fourth Friday, volunteer teachers Toti O'Brien, Valerie Daley, and Rick Cofield will be teaching and reviewing challenging dances.

In the 8:00 teaching sessions this month, Yael Steinfeld will be teaching W Moim Ogródecku, a Polish dance and Hora Ciobanita, a Romanian dance both choreographed by Ira Weisburd.

The co-op will again be hosting both a New Year's Eve dance and a Winter Festival. The festival will be on Saturday, January 24 (both events at our new venue in South Pasadena).

On Saturday, November 29, the 5th Friday band will be playing the second in their series Music Without Borders. The first program in August presented the music of Bulgaria and Macedonia. This second program will feature the music of Russia and Hungary. We wish to thank the Eagle Rock library for hosting this series.

Visit our website for updates and more information: www.pasadenafolkdancecoop.org

RECENT EVENTS

UNITY FESTIVAL

At the first annual Unity Festival in Laguna Village, a group of dancers from Laguna International Dancers (LID) gave a demonstration of three dances, then invited the audience to join in with a few easy ones. The audience was very enthusiastic. Several attendees asked for more information about LID, and one has already begun attending on Wednesday nights. It was a great outreach effort that generated awareness of folk dancing in the community and potential new dancers for the group. The Event Coordinator, Shoon Aung, send this note of appreciation to LID:

"I want to express my deepest appreciation for the incredible talent, energy, and heart you brought to the Unity Festival. Each of your performances added something truly special, turning the

event into a celebration of culture, connection, and community spirit. From the first note to the final applause, your dedication and artistry were evident. You helped transform the afternoon into an unforgettable experience for all who attended—and for that, I am truly grateful



OJAI DAY OF DANCE

Oh boy! Oh joy! Ojai Day of Dance 2025!

What a pleasure to be at the Art Center of Ojai September 27! We dancers smiled greetings, admired the intensely colored art work on the walls, joined hands and danced together.

First, we learned the Israeli dances Debka Dror and Behava U'Vmila Tova expertly taught by Joan Hantman. After a short break Marc Rayman taught three dances from Stockton Camp 2025. Karčmaročka is a dance of the Lemko community of the Rusyn ethnic group of Eastern Europe. Marc helpfully posted a colorful diagram of this dance on the wall among the paintings. As Marc

taught the Romanian dance La Nunta, he explained that "La" in Romanian means

"at" so the name of the dance translates to "At a Wed-

ding." We laughingly scuffed, stepped and la la-ed as we danced. We also smiled at the "nutrition label" Marc created for La Nunta. The dance is composed of 80% grapevines with 0 grams of added sugar. Marc concluded the morning workshop by teaching the French La Dernière Danse.

After lunch we dancers returned to the art gallery for an

afternoon of recorded music played by DeeJav extraordinaire Terry Gucwa.

Thank you to Carol Smith for chairing Ojai Day of Dance, and to her team of volunteers for setting up chairs, making coffee and preparing snacks. Additionally, the Federation thanks Mindy Belli for registration and Marshall Cates for creating the party playlist.



The Corner continued from page 3.

I guess the theme here is that dancing not only is good for your physical and mental health, but it provides a fantastic community of friends who share many of the same passions and interests. This close social interaction is another key factor in living longer healthier. Keep dancing and plan your next adventure today!

Greg



ANCIENT FOLKDANCE HANDHOLDS

Some of our dance traditions are many thousands of years old, and demonstrably so. As an "Old World" archaeologist who has been folk-dancing for over 75 years, I keep noticing little details of dance in ancient—even prehistoric—artifacts. Through cognitive science, we know that humans long ago developed the possibly unique cognitive ability to *match external rhythms*, and hence the ability to dance to music. (Oliver Sacks, in his book *Musicophilia*, discusses circus elephants and the like that can beat a regular rhythm, but not match it to music: human musicians have to match the animals.) We have probably been dancing since the Palaeolithic (Old Stone Age)—primitive musical instruments have even been found from that era. But the first really clear evidence for dance comes from the Neolithic—the New Stone Age, defined by the invention and adoption of agriculture and accompanied by settling down in permanent villages. After all, one had to watch over one's crops and one's stores of harvested food! (Dates of that signal event vary in different parts of the world, but here we will follow the Near Eastern and European tradition, from which come most of the dances we do.)

Palaeolithic hunter-gatherers moved around all the time, following the food, but also came together at times for socializing and sharing information. And if you didn't like your neighbors at such a gathering, you could just leave. But settled Neolithic farmers *couldn't* leave: they had to find ways to get along. To store their grain safe from varmints, they soon invented baked pottery, and it is on this pottery that we find the evidence for how they learned to get along and to bond.

About 6500 BCE, they began painting their pottery, and all around the rims we see little figures of people dancing in long lines, all looking the same and holding hands in familiar ways. Most common are the ubiquitous "Vhold" (Fig. 1g) and the "W-hold" (*Fig. 1d*). But sometimes we see hands on neighboring shoulders: the "T-hold" used now mostly by men (Fig. 1f). And in at least one pot shows the two-handed "Bunny-Hop" or "Conga-line" hold (Fig. 1e). Note that everyone is equal—all the dancers are the same size and shape, within one line. Men and

women are indeed distinguished.



Fig. 1. Lines of dancers depicted around the rims of Neolithic Near Eastern pots, using familiar handholds: d) W-hold; e) Conga Line or Bunny Hop; f) shoulder hold or T-hold, g) V-hold. (E.W. Barber, *The Dancing Goddesses* [2013] fig. 21.1)

but always dancing in different lines (or occasionally totally alone), just as has been the case in Orthodox Eastern and Southern Europe until very recently.



Fig. 2. Sumerian banquet scene, inlaid with lapis and shell on the "Standard of Ur", ca. 2500 BCE, where everyone's size is determined by rank: no more equality in the dance, in ancient Mesopotamian cities.

We see this equality broken suddenly in the Near East with the development of cities, around 3500 BCE or so. Now, instead of all figures equal, we see a King—far bigger than anyone else—presiding over a banquet of men half his size who sit facing him (*Fig.* 2). And sometimes, just sometimes, we see an even smaller (hence, even lower ranked) musician at the back of the feast, perhaps with a single small dancer, providing dinner entertainment for their "betters." Life had changed.

Agriculture, and dancing together in long lines, entered Europe with early, equality-minded, immigrant farmers from the east, who first arrived around 6000 BCE. But until very late, Europe never created cities the way the Near East did. (Classical Athens, at 400 BCE, was tiny compared to the great cities of Mesopotamia 2000 years earlier.) And so the Neolithic rural tradition of bonding through dancing with one's fellow villagers stayed on and developed into our European folk dances of today. It is harder to catch glimpses along the way, because European farmers seldom painted dancers on their pots. But the Minoans of Crete (famed in Homer for their love of dancing) depicted this sport in both frescoes and small sculptures. My favorites are two clay models from around 1500 BCE, one of men dancing in the T-hold, just as today (*Fig. 3*), and the other of women dancing using the "C-hold"—the W-hold modified by lifting one's elbows elegantly to the height of one's hands to form C-shaped arms (*Fig. 4*), as still done by Macedonian women today (*Fig. 5*). (I know...: most of *us* are too lazy to dance that way now!)



Fig. 3. Minoan men dancing with shoulder-hold. Ca. 1500 BCE; Kamilari, Crete.



Fig. 4. Minoan women dancing with arms stretched out in C-hold. Ca. 1400 BCE; Palaikastro, Crete



Fig. **5**. Young women from Drenok, Macedonia, dancing with C-shaped arms.

ca. 1460.)

Fig. 6. Noblemen leading their Ladies sedately around the floor to music. (Loyset Liedet, The Marriage of Renaud of Mantauban and Clarisse,

And couple dancing? In the Middle Ages, western (Catholic) Europe broke free of the rule that one danced in strictly segregated lines (or by one's self), starting with the privilege of the courtly knight to lead his lady by the hand around the room (*Fig.* 6). Little by little, promenading in pairs to music shifted into closer holds for couple dancing—a trend taken up with gusto by the peasants (*Fig.* 7) and eventually making

possible the wonderful "turning dances:" polka, waltz,

hambo, double-pivot, and more.

--- Elizabeth Wayland Barber

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Fig. 7. Detail of men and women dancing together as couples, with a variety of handholds, at a rather rowdy wedding. (Pieter Bruegel the Elder, 1566.)

CALENDAR

NOVEMBER

- 1 NFO Folk Chat "Exploring Teaching Strategies for Folk Dance" sponsored by The Mentoring Project. This virtual presentation will explore folk dance teaching methods that support both experienced and emerging teachers, with France Bourque-Moreau, Bruce Hamilton, and Sue Hulsether. https://nfo-usa.org/nfo_folk_chats/
- 1 Bulgarika at San Diego Folk Dance Center www.folkdancecenter.org/ newsletter.html
- 1 Bulgarian Performing Group Xorotroptzi Annual Concert at Hermosa Beach Community Theater, 729 Pier Ave, Hermosa Beach, CA 90254 4:30-7:30 pm www.tickettailor.com/events/ xorotroptzi/1841176 www.facebook.com/ events/1318752616058615
- 2 Colonial Tea Social info historicalteaanddance@gmail.com registration at https://historicalteaanddance.org/
- 8 Romanian Festival at St. Mary's Orthodox Romanian Church 555 S. Walnut, Anaheim, 11:30am – 7 pm www.facebook.com/ events/1554362065723338/? active tab=discussion
- 8-9 17th Annual Armenian Festival in Rancho Mirage, St. Garabed Armenian Apostolic Church of the Desert, 38905 Monterey Ave, Rancho Mirage, CA, 92270. Authentic Armenian food, DJ, live dance performances and family-friendly activities. \$5 admission, free parking Nov 8: 11am-7pm / Nov 9: 11am-4pm
- 15 So Cal Cretans Association Annual Dinner Dance 75th Year - at St. Anthony Greek Orthodox Church Trinity Ballroom, 788 S. Rosemead, Pasadena. Live music with Nikos Manioudakis Save the date
- 16 Armenian Workshop with Naomi Eshoo, hosted by Conejo Valley Folk Dancers 1:30—4 pm, Hillcrest Center for the Arts, 403 W, Hilcrest Dr., Thousand Oaks
- 22 Live music with Tzidia at San Diego Folk Dance Center, 5500 Grossmont Center Dr. Suite 269, La Mesa, CA 91942
- 23, "From RUMI's Heart" Healing & Peace Music Night Presented by Ertugrul Erkisi Ensemble at Century HS Theater, 1401 S Grand Ave, Santa Ana, CA 92705 6 pm www.tickettailor.com/ events/niryanamusicart/1909240

23 Kypseli presents the Greek Rebetiko Trio at the Tango Room, 4348 Woodman Ave, Sherman Oaks, CA 91423, 5-9 pm \$20 admission www.kypseli.events

DECEMBER

- 5 DakhaBrakha Ukrainian "ethno-chaos" at The Wallis, 9390 N. Santa Monica Blvd. Beverly Hills, CA 90210, 7:30 pm https://thewallis.org/show-details/dakhabrakha
- 7 St. Nicholas Ball dance review https://historicalteaanddance.org/
- 14 *St. Nicholas Holiday Ball* info historicalteaanddance@gmail.com registration at https://historicalteaanddance.org/
- 20-21 Nouveau Chamber Ballet's annual Nutcracker 2 pm at Fullerton College Campus Theatre, 321 E. Chapman Ave., Fullerton CA 92832. Tom Bozigian will again stage the Russian dance. https://nouveauchamberballet.com/ for more info.
- 29 Grandeza Mexicana Folk Ballet Company Diciembre Mexicano at the Luckman, Cal State LA https://theluckman.org/events/grandezamexicana/
- 31 New Year's Eve Dance Party at Pasadena Folk Dance Co-op, St James Episcopal Church, 1325 Monterey Rd, South Pasadena, CA 91030. 7-10 pm. Live music by Fifth Friday, plus all-request recorded dance music Admission: \$10, Potluck refreshments. See ad.

JANUARY 2026

- 17-19 Sagi Azran & Orly Star Mini-Camp featuring Yaron Ben Simhon (pre-camp parties Jan 14, Jan 15 www.facebook.com/orly.setareh/photos/ save-the-date-mlk-weekend-2026-2-la-powerhouses-unite-for-a-magical-eventsagia/10161823821886526/
- 18 Southern California Slack Key Festival Redondo Beach Performing Arts Center, 1935 Manhattan Beach Blvd, Redondo Beach, CA 90278 http://tix.com/ticket-sales/kalakoa/1723/event/1416558
- 24 Pasadena Folk Dance Co-op Winter Festival, St James Episcopal Church, 1325 Monterey Rd, South Pasadena, CA 91030 1 -5 Live music by Fifth Friday, plus

programmed recorded dance music. Admission: \$10, Potluck refreshments. See ad.

- 30- Feb 1 Stockholm Winter Weekend on Zoom with Jaap Leegwater and Angel Nazlâmov, Richard Powers, Shmulik Gov-Ari, Tanya Dimitrov, Will Cope https://stocktonfolkdancecamp.org/winter-weekend/
- 31- Feb 1 Israeli Dance Mini Camp with Dudu Barzilay and Avi Perez rokdimbavalley@gmail.com info and sign up www.rokdimbavalley.com/

FEBRUARY

21 Lunar New Year Festival at Cerritos Folk Dancers at Cerritos Senior Center, 12340 South St., Cerritos, CA 90703, 12:55-5:30 pm Teachers: tba, Contact: Sue Chen – 562 -338-2298,

cerritosfolkdancers@gmail.com

MARCH

6-8, Laguna Festival with Anna Angelova (Bulgarian) and Daniel Sandu (Romanian & Rom dances) 29 Goran Bregović at the Luckman www.ticketmaster.com/goran-bregovic-losangeles-california-03-29-2026/ event/0B00632BA4A3179F

NORTHERN CALIFORNIA

Nov 28-30 *Kolo Festival*, San Francisco Croatian American Cultural Center Master Dance Teachers Sonja and Christian, Tanya Dimitrov, Roberto Bagnoli, John Morovich Music from Fanfare Zambaleta, Sinovi, Orchestra Unbound and more https://kolofestival.org/ See ad.

OUT OF STATE

- Jan 16 17, 2026 Zlatne Uste Golden Festival in New York https://goldenfest.org/ www.facebook.com/ events/1063160502368295
- Jan 30-Feb 2, 2026 Florida Folk Dance Council Winter Workshop with Cristian Florescu and Sonia Dion teaching Romanian and international dances. Holiday Inn Celebration, Kissimmee, FL
- Feb 12-15, 2026 *Greek Orthodox FDF* will be at the Sheraton Phoenix Downtown in Phoenix AZ
- Mar 5-8, 2026, NFO Annual Conference Durham NC save the date



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Winter Festival

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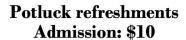
Saturday, January 24, 2026 1:00 till 5:00 PM

At Our New Home Saint James Episcopal Church, 1325 Monterey Rd. South Pasadena, CA 91030



Beautiful Wood Floor

Live music by
Fifth Friday
Plus programmed recorded dance music



Play lists will be posted on our Events page in January www.pasadenafolkdancecoop.org/events/

Sponsored by Folk Dance Federation of California South



New Year's Eve Dance Party

Hosted by Pasadena Folk Dance Co-op

Wednesday, December 31, 2025 7:00 till 10:00 PM

At Our New Home

Saint James Episcopal Church

1325 Monterey Rd.

South Pasadena, CA 91030

Live music by Fifth Friday

Plus all-request recorded dance music

Beautiful wood floor

Potluck Refreshments Admission: \$10

www.pasadenafolkdancecoop.org/events

COSTUME CORNER

RESEARCHING SWEDISH COSTUMES

The Swedes have been so fond of their costumes and heritage that many women make the effort to weave, sew, and/or otherwise acquire a full costume of their region, and often do the same for their menfolk. These are proudly worn for festivals and holidays—especially midsummer and Christmas time—and for any of the many occasions for dancing traditional dances. In Skansen Park in Stockholm, one could often see people dancing Swedish folk dances in costume (or in street clothes, too). Because of this widespread interest by

the Swedes in their traditional costumes, sources are readily available in English as well as Swedish.

A really excellent book is *Folk Costumes of Sweden—a living tradition*, by Inga Arnö Berg and Gunnel Hazelius Berg (W.E. Otterkrans transl., 1975; 239 pp.) (*Photo 1*). Moving through the country province by province and town by town, the authors provide copious color illustrations and commentary for each costume, both men's and women's and occasionally children's. All in all, more than 400 costumes are shown. The last chapter includes sections on wearing, making, and caring for these costumes, followed by an extensive bibliography, glossary, and index.

Because of the great Swedish interest in this subject, several magazines have been devoted to Swedish costumes and other folk art, the best known of which is *Hemslöjd*, which is also published in English. *Hembygden*, published by the Swedish folkdance society (Svenska Folkdansringen), has articles on folk music and dance as well as on costume (*Photo 2*).



Photo 1: Front cover of Berg and Berg's **Folk Costumes of Sweden**, showing a family in the costumes of the parish of Al in Dalarna, in west central Sweden. The woman on the right is in mourning, the others in relatively formal attire.



Photo 2: Swedish circle dance, performed by couples in the reconstructed costume of the isle of Gotland. (Photo by C. Kjellin, in **Hembygden** 2007 #3, p. 31.)

Photo 3: Young woman from Rättvik, Sweden. **National Geographic** (ca. 1929), color plate I.

Anyone with access to a big library, however, should not forget old issues of *National Geographic*. I have in my files a special section, torn out long ago from a slightly post 1928 issue, consisting of 30 excellent color photos on 16 pages, of Swedes in their traditional costumes (*Photo 3*). (The associated article is "Sweden: Land of White Birch and White Coal," by Alma Louise Olson, pp. 441-84—probably the easiest way to find that issue.) Unfortunately, I'm told that the current young generations no longer have much interest in the inherited traditions, but the older people still value and maintain them.

-Elizabeth Wayland Barber



TURKEY May 6th – 22nd and ARMENIA May 23-June 8 (tentative dates) in 2026 with TINEKE & MAURITS van Geel and AHMET DEMIRBAGH



Join Ahmet Demirbagh and Tineke and Maurits van Geel, your dedicated tour leaders and experts for these vibrant dance and culture tours. They will be guiding you through rich traditions, dance classes, cultural treasures, and breathtaking landscapes. Direct flights from Istanbul to Yerevan make exploring both countries easy. Tours can also be booked separately. Detailed program available autumn 2025. Want to secure your spot early? Pre-register now and be the first to receive detailed updates and booking opportunities: https://www.tinekevangeel.nl/tours/

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Kruja, Gjirokaster, Saranda, Berat, Lake Prespa, Ochrid,.

BULGARIA- Koprivshtitsa Festival (held every 5 years): Aug 4-15

Led by Ventsi Milev

Sofia, Plovdiv, Bansko, Veliko Turnovo, Koprivshtitsa

ROMANIA: Sept 28-Oct 12 Bucharest, Brasov. Sibiu, Cluj, Sighet Marmatiei

GREECE-GREEK ISLANDS: Oct 4-17

Led by Lee Otterholt, Maroula Konti, guide

Athens, Nauplia, Sparta, Olympia, Delphi, Meteora, Mycenae, and Epidaurus.

Greek Island Cruise: Mykonos, Crete, Rhodes, Patmos, Kusadasi

TURKEY: Oct 17-31

Led by Lee Otterholt Istanbul, Ankara, Cappadocia, Pamukkale, Izmir, Kusadasi, Pergamon, Troy, Canakkale, and Bursa

Western Europe

SCANDINAVIA: June 10-23

Led by Lee Otterholt Oslo, Gothenburg, Helsingborg (Elsinore), Copenhagen.

IRELAND: Aug 2-14

Led by Lee Friedman and guided by Kay Cleary

Galway, Connemara, Aran islands, Kerry, Cork, Blarney, Dublin.

SPAIN: Sept 11-24 Malaga, Ronda, Cadiz, Seville, Cordoba, Granada

South America

PERU- Nazca and Peruvian Amazon ext: May 21–30.

Lima, Cusco, Machu Picchu, Puno, Sacred Valley, Lake Titicaca,

Peruvian Amazon, Nazca ext.

ARGENTINA: Chile ext: Oct 5-15

BRAZIL: November 3-14

ECUADOR: Galapagos ext: Dec 1-14

North America

WESTERN CANADA: April 10-22 EASTERN CANADA: June 27-July 9

Middle East

EGYPT: Feb 20-March 2 Cairo, Nile River cruise, Luxor, Aswan

ISRAEL: March 2-13

Led by Lee Friedman and guided by Joe Freedman

Jerusalem, Masada, Tel Aviv, Galilee, Haifa, Safed, Golan Heights.

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POETRY CORNER

Blooms of Gratitude

What brilliance would be uncovered Purged of opinions, positions...

Like burnishing a copper pot to luster Rubbing away all the soot and grime;

Like Gandhi's 240-mile walk to the salt mines Rubbing away convention and prejudice, Rubbing away impossibility and dismay Rubbing away shouting fears

What clear thinking would emerge
Rubbing away the weeds of emotion...
What blooms of gracious gratitude
Would carpet our paths with possibility
Would call us to dance among the blossoms
Would waken us anew to the immense power
Of coming together
In peace

—-Camille Dull

Thanksgiving Day

By Lydia Maria Child

Over the river and through the wood, To grandfather's house we go; The horse knows the way To carry the sleigh Through the white and drifted snow.

Over the river and through the wood-Oh, how the wind does blow! It stings the toes And bites the nose, As over the ground we go.

Over the river and through the wood, To have first-rate play. Hear the bells ring, Ting-a-ling-ding!" Hurrah for Thanksgiving Day!

Over the river and through the wood, And straight through the barn-yard gate. We seem to go Extremely slow--It is so hard to wait!

Over the river and through the wood-Now grandmother's cap I spy!
Hurrah for the fun!
Is the pudding done?
Hurrah for the pumpkin-pie!

This poem is in the Public Domain.

CLUB DIRECTORY

Federation Clubs

Bay Osos Folk Dancers: Tue 11:00-3:00. South Bay Community Center, 2180 Palisades Ave, Los Osos. 818-203-5812 wburke.dance@gmail.com Billy Burke, BayOsosFolkDancers.org.

Cabrillo Folk Dancers: Tue 7:00-9:00. Balboa Park. Balboa Park Club, 2144 Pan American, SAN DIEGO. (858) 459-1336 gbsham@gmail.com Georgina, 858-766-1095 michaelleonardcreditor@gmail.com Michael-Leonard Creditor, https://sites.google.com/site/cabrillodancers

Cerritos Folk Dancers: 1st-4th Tue 5:00-7:45 Cerritos Senior Center, 12340 South St, **CERRITOS**. (626) 500-5035 chiangwenli@yahoo.com Wen Chiang

Conejo Valley Folk Dancers: Wed 7:30-9:30. Hillcrest Center for the Arts, 403 W Hillcrest Dr, THOUSAND OAKS. paula.davis@bucknell.edu, Paula, https://www.facebook.com/groups/265181362778249

Fantasy Folk Dance Club: Sun 3:00 - 7:00. St Thomas Aquinas Church, 1501 S Atlantic Blvd, MONTEREY PARK. vincentyhcheng@gmail.com 626-429-9008 Vincent Cheng. Sat 10-noon. Langley Senior Center, 400 W Emerson Ave., Monterey Park. (626) 673-2184 Peter Lin

Folk Dance Center: Wed 9:30-11:30am, Sat 7-10. Oasis Wellness Center, 5500 Grossmont Center Dr, La Mesa. jcknappster@gmail.com John, www.folkdancecenter.org

Int'l Folk Dance Club - Laguna Woods: Tue 2:00 -4:00. Clubhouse 1 Multipurpose Room 2, 24232 Calle Aragon, LAGUNA WOODS. (949) 939-0604 Marilyn Michael Yurk. First-time dancers call Marilyn for gate clearance.

Kypseli Greek Folk Dancing: Occasional Sunday live music events. 310-508-9676 Anne Sirota. www.kypseli.events

Laguna Int'l Dancers: Wed 6:00-8:30 at Clubhouse 2, 24112 Moulton Pkwy, Laguna Woods. Fri 1:30-4:00 at Clubhouse 7 24111 Moulton Pkwy, Laguna Woods. leeotterholt@yahoo.com Lee. Sun 6:00-8:00 on Zoom. sollowayg@gmail.com Greg. www.lagunainternationaldancers.com

Narodni Int'l Folkdancers: Thu 8:00-10:00. Woman's Club of Bellflower, 9402 Oak St, BELLFLOWER. (562) 410-6964 julithilona@gmail.com Julith Neff www.narodni.org

Pasadena Folk Dance Co-op: Fri 7:30-9:30. St James Episcopal Church, 1325 Monterey Ave. South Pasadena. For current info contact: www.pasadenafolkdancecoop.org; 626-808-0361, info@pasadenafolkdancecoop.org Mari Werner

Prescott Int'l Folkdancers: Sun 2:00-4:00.
Prescott Boys & Girls Club, 335 East Aubrey St,
PRESCOTT, AZ. (928) 925-8995 Dick Weston
Prescott.intl.folkdancers@earthlink.net.
www.prescottinternationalfolkdancers.org/

Rainbow Senior Club: Sun 2:00-5:00. Joslyn Senior Center 210 N. Chapel Ave, ALHAMBRA. (626) 456-1900 ksun310@yahoo.com Kevin Sun.

Solvang Village Folk Dancers: Thu & Sat 4:00-8:00. Buellton Recreation Center, 301 2nd St, Buellton. 3rd Sat 1:00-3:00. Jensen Square, Corner Alisal & Copenhagen, Solvang (805) 688-3397 dlh4362@gmail.com David Heald

Ventura Int'l Folkdancers: Tue&Thu 1:30-3:00. 2nd Sun 1:30-3:30 (may change due to conflicts check with Mary). Ventura YMCA, 3760 Telegraph Rd, Ventura. Non-members check with Mary first. (805) 667-9037voice mcowen_3@msn.com Mary Kerrigan.

Vintage Israeli Dancing: One Sat per month 8:16-12:00. Danzmundo World Dance & Fitness Studio (DWDFS), 16733 Ventura Blvd., #13, ENCINO. (310) 351-2166 jrbythec@aol.com Jim Rothman. www.vintageisraelidancing.org

West Valley Folk Dancers: Fri 2:00-4:00. Canoga Park Sr. Ctr. 7326 Jordan Ave. Canoga Park. (818) 979-5030. jaymichtom@yahoo.com. Jay Michtom, psw20@icloud.com Paul Waller, WestValleyFolkDancers.org

Exhibition Groups

Karpatok Hungarian Folk Ensemble: United Hungarian House, 1975 Washington, Los Angeles. (805) 341-9640 sissykf@earthlink.net Sissy Keresztes-Fischer. Www.KarpatokFolkEnsemble.com

Krakusy Polish Folk Dance Ensemble: Wed 8:00 -10:00, Fri 7:00 - 9:00, Sat 2:30-4:00. Our Lady of the Bright Mount, 3424 W Adams Blvd, Los Angeles. (626) 827-7338 elistarrr@yahoo.com Elizabeth Romuzga. Www.krakusy.com

Nevenka East European Folk Ensemble: Contact: Jennifer Jurick 818-519-2034, info@nevenka.org

Scandia Dancers: Thu 7:30-9:30. (714) 356-7745 sholzman1@verizon.net Stefanie Holzman

Westchester Lariats: Mon 4:00-9:00. Holy Nativity Church, 6700 W. 83rd St, Los Angeles. 310-913-5736 elizvalla@gmail.com Elizabeth Kane. Www.WestchesterLariats.org

Associate & Non-Federation Clubs

Caltech Folkdancers: Tue 7:30. Caltech Campus, Dabney Hall, parking on California Blvd. or Throop Church, 300 Los Robles, Pasadena. (626) 797-5157 Nancy Milligan. Not currently dancing

Claremont Israeli Dancers (assoc): Mon 7:00-10:00 Masonic Lodge, 272 W. 8th St, CLAREMONT. (909) 921-7115 Yael. www.meetup.com/israelifolk-dancers/

Desert Dancers: Thu 7:00-9:00 Nov-April. Hi Desert Dance Center, 725 S. Gateway St, **RIDGECREST**. (760) 371-5669 Nora Nuckles

Desert Int'l Folk Dancers(assoc): Tue 2:00-4:00 Nov-Apr, The Joslyn Center, 73-750 Catalina Way, **PALM DESERT**, (760) 342-1297 Helen Smith

Friday Night L.I.F.E.(assoc): Fri 8:00-11:00. LA DanceFit Studio, 10936 Santa Monica Blvd West L.A worldance1@gmail.com Sherry Cochran. www.lifebalkandancers.com

- *Foothill Folk Dancers: Thu 8:00-10:00. Nourishing Spirits Center @ St. George's Episcopal Church, 808 Foothill Blvd., LA CAÑADA (818) 790-8523 JanRayman@charter.net www.Foothill.Dance
- *Israeli Dancing @ AJU-Natalie & Pat: Mon 10:30am-1:00, noon-1:00(Beg); Thu 10:30am-11:30. American Jewish Univ Dance Studio, 15600 Mulholland, L.A 818-642-3585 Pat Jordan

Israeli Dancing-Yoni Carr: Mon 7:00-11:30 Beginners at 7:00. Infinity Sport Dance Center, 4428 Convoy St, **SAN DIEGO**. (619) 227-0110 Yoni

Kolo Festival(assoc): Thanksgiving weekend. San Francisco. bill@kolofestival.org Bill Cope. kolofestival.org

San Diego Folk Dancers: Mon 7:00-9:00. Balboa Park, Balboa Park Club, 2144 Pan American Way, SAN DIEGO. 858-722-0489 Yueugenia@yahoo.com. Chin Yu

Santa Barbara Balkan Folk Dancers: Wed 8:00-10:00PM. Oak Park Stage, corner Junipero and Calle Real, SANTA BARBARA. soriasusan@gmail.com Susan Soria, or michalcathy@cox.net (805.895.4885) Michal Lynch

Santa Barbara Int'l Folk Dancers: In-person but schedule is in flux. Contact Michal Lynch for info michalcathy@cox.net, 805-895-4885.

Southern Nevada Int'l FD: Thu 4:00-6:00. Ballroom Addiction, 2301 Renaissance Dr., Las Vegas, NV. hugagiraffe@cox.net Eileen Hug

UCLA Ballroom Club & UCLA Int'l

Folkdancers: Cultural, Historical & Ballroom: Thu 7-9 pm on or near campus RSVP required HistoricalDance@yahoo.com plus occasional Saturday parties. In addition, there are occasional Tuesday Israeli lessons at the Hillel Foundation. Info and RSVP IsraeliDance@yahoo.com

*Westside Daytime Folkdancers(assoc): Wed 12:00-2. Culver City Senior Center 4095 Overland Blvd, Culver City. 2nd & 4th Sat 7:00-8:30. Unitarian Universalist Church, 1260 18th St., Santa Monica sandysmail1000@gmail.com, (310) 391-7382 Sandy Helperin

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