

AWAN

**3rd ANNUAL
DANCE INSTITUTE**



January 28 thru 30, 1972

Dear Guest,

The AMAN FOLK ENSEMBLE wishes to welcome you to our 3rd annual institute, and extends the hope that you will have a profitable and enjoyable time.

The dances taught in the institute are not staged, but rather represent movements and formations most typical and authentic of the represented areas. It should be stressed that in the native environment, most dances are improvised; that is, each dancer orders the movements and formations for himself. These movements and formations make up a traditional reservoir of patterns; and the dancer may use them as he wishes, perhaps never dancing twice in exactly the same way. The teaching staff has made every effort to provide sequences of steps, movements, and formations that are both typical and authentic. These sequences, however, must not be considered definitive in any way; rather, they were arranged for ease in learning and performing by large groups of people. The movements and steps have often been culled from a reservoir of many possible combinations available to the native dancer.

The funds from this institute go into further research in the form of materials or stipends for members of AMAN to travel and attend seminars and other events in those regions represented in the company's repertoire.

Although the institute is a group effort, special mention must be made of those individuals who have contributed long hours of effort and talent: Mark Levy, Billy Burke, David Shochat, Mario Casillas, Anthony Shay and Leona Wood for the research and acquisition of the dances presented; Chris Yeseta, Barry Glass, David Owens, Philip Harland and Mark Levy for the arranging of music; all the members of the ensemble who participated in the recording of the music, but especially the orchestra musicians for expending many long hours of work; Barry Glass and Billy Burke for the dance notations; Barry Glass, Mrs. Millie Alexander and Mrs. Harriet Glass for the meal preparation and planning (lots of family activity here); and Michael Alexander for the total organization of the institute.

We hope that your visit with us will be both enjoyable and profitable.

Sincerely yours,

Anthony Shay, Artistic Director

BAČKO KOLO
(Bačka)

Source: Seminar on Yugoslav Dance, Badija; Janković
Narodne Igre, V; Lado Ensemble

Record: LP AMAN- 102

Time: 2/4

Position: Circle of alternate men and women. Men hold ladies' belts. Ladies rest hands on men's shoulders.

Measure: Step I

1-4 Step side L. (ct.1) Close R. to L. taking weight (ct.2) Step side L. again (ct.1) Close R. to L. taking no weight (ct.2) Repeat to opp. direction with opp. footwork.

5-8 Repeat meas. 1-4

Step II

1-16 Same as Step I, but men click the closing ft. on (ct.2) of each meas. There is a slight drmeš movement here. This step is done twice as long as Step I.

Step III

1-4 Hop on R. (ct.1) Step to Lft. on L. (ct.&) Step on R. beside L. (ct.2&) Step side L. (ct.1&) Hop on L. (ct.2&) Repeat to opp. direction with opp. footwork

5-16 Repeat meas. 1-4 3 more times.

Step IV- Variant of Step III. Men only
Ladies continue Step III.

1-4 Hop on R. (ct.1) Step to Lft. on L. (ct.&) Step on R. beside L. (ct.2&) Step side L. Raising R. in place and turning it in slightly (ct.1&) Hop on L., swinging R. across L. and turning R. out slightly (ct.2&) Repeat to opp. direction with opp. footwork.

(continued)

BAČKO KOLO
(continued)

5-16 Repeat meas. 1-4 3 more times.

Step V- Variant on Step III

1-4 Hop on R. (ct.1) Step to Lft. on L. (ct.&
Step on R. beside L. (ct.2&) Step side L.
(ct.1) hitting R. beside L. (ct.&) Hop on
L. (ct.2) hitting R. beside L. (ct.&
Repeat to opp. direction with opp. foot-
work.

5-16 Repeat meas. 1-4 3 more times.

Step VI

1-2 Jump lightly onto both feet slightly apart
(ct.1) Jump into air clicking feet together
(ct.&) Land on R. (ct.2) Step L. to Lft.
(ct.&) Step R. beside L. (ct.1) Step L.
to Lft. (ct.&) Step R. beside L. (ct.2)
Step L. beside R. (ct.&).

3-16 Repeat meas 1-2 7 more times.

Step VII

1 Jump lightly onto both feet slightly apart
(ct.1) Jump into air, clicking feet to-
gether (ct.&) Repeat (ct.2&).

2 On this measure you take 5 steps in place.
These are small steps during counts 1,&,2
Hold on &. Start R.

3-8 Repeat meas. 1-2 3 more times.

BAROŠ OJ BARICA
(Medimurje)

Source: Seminar on Yugoslav Dance, Badija.

Record: LP AMAN-102

Time: 8/8

Position: Couples holding hands in circle. Woman
on man's right.

Measure:

- 1 Moving and facing RLOD, step L. (ct.1)
Step R. (ct.2) Step L. (ct.3) Facing
center of circle step R. in place (ct.s 4,5)
Step L. in place (ct.6) Step R. in place
(ct.s7,8)
- 2 Repeat meas. 1.
- 3 Taking a closed position (Man's Rt. hand
on partners waist, Lft. hand on partners
upper-arm. Woman's hands on man's shoulders)
both turn CW on counts 1,2,3; L. R. L.
Repeat counts 4-8 of measure 1.
- 4 Repeat measure 1.
- 5 Repeat measure 3.
- 6 Repeat measure 1.

Note: This is the same kind of step found in
Veliko Kolo from this same area. Men may im-
provise on the steps.

Step IV

Same as measure 1 of Step III, merely a rep-
etition of the Veliko step.

Man's Solo Step I

Lifting on L., touch R. to side, slightly turn-
ed in (ct.1). Lifting again on L. (ct.2)

BUNJEVAČKO MOMAČKO KOLO
(Subotica, Backa)

Source: Seminar on Yugoslav Dance, Badija, Yugoslavia;
Jankovic: Narodne Igre V; Lado Ensemble

Record: AMAN - 102

Time: 2/4

Position: One man with hands around waists of two ladies, one on either side of him. Ladies rest inside hands on man's shoulders. Man holds ladies' outside hands behind their backs. Trios stand facing into a circle.

Steps:

Measure: Step I

1-2 Step on R. in place (ct.1). Step on L. in place (ct.&). Step on R. in place (ct.2). Lift L. (ct.&). Repeat with opposite ftwk.

Step II

1-2 Step on R. in place (ct.1). Lift on R. (ct.&). Repeat on opposite ft. (ct.2&). Step on R. in place (ct.1). Step on L. in place (ct.&). Step on R. in place (ct.2). Lift on R. (ct.&). The step will be repeated on opposite foot.

Step III

1 Lift on L. and com down gradually onto R. (ct.&1). Do the same step from R. to L. (ct.&2). Lift on L. again (ct.&).

2 Step on R. in place (ct.1). Step on L. in place (ct.&). Step on R. in place (ct.2).

Note: This is the same kind of step found in Veliko Kolo from this same area. Men may improvise on the steps.

Step IV

1 Same as measure 1 of Step III, merely a repetition of the Veliko step.

Men's Solo Step I

1 Lifting on L., touch R. to side, slightly turned in (ct.1). Lifting again on L., bring R. across L. slightly to touch, slightly turned out (ct.&). Repeat (ct.2&). May be done with opposite ftwk.

BUNJEVAČKO MOMAČKO KOLO (continued)

Measure: Men's Solo Step II

- 1 Step on L. in place (ct.1). Lift on L., bringing R. heel across L. instep (ct.&). Repeat with opposite ftwk. (ct.2&).
- 2 Four scissors steps in place beginning with L. coming back. Toes touch floor at all times.

Men's Solo Step III (ct.&-uh-one, &-uh-two)

- 1 Hopping on R., click L. to R. (ct.&). Land on L. (ct.uh). Step on R. (ct.1). Repeat (ct.&-uh-two).

Sequence: (Leave 8 measures as introduction.)

Figure I

- 1-8. Trios dance 4 complete Step I in place.

Figure II

- 1-8 Using 4 of Step I, trios pivot slowly CW. to make one revolution.

Figure III-Exchange

- 1-4 Ladies exchange in front of man, Lft. lady passing in front, using 2 of Step II. Man dances 2 complete Step I.
- 5-8 Ladies return to place, lady now on Lft. pass-in front. Man continues Step I.

Figure IV-Solo

- 1-8 Man moves twd. center of circle using 16 of Men's Solo Step I. Ladies repeat Figure III in place.

Figure V-Solo

- 1-8 Men dance 4 of Men's Solo Step II back to place. Ladies dance 4 of Step III in place.

Figure VI

- 1-8 Using Step I, man makes 1 complete circle CW. around Rt. lady who turns with him in place. Lft. lady turns once CCW.
- 9-16 Man moves to Lft. lady and they make one CCW. circle while Rt. lady makes another turn CW. in place.

BUNJEVAČKO MOMAČKO KOLO (continued)

Measure: Figure VII

1-2 All three step fwd. on R. making a slight dip (ct.1&). Step back on L. (ct.2&). Step on R. in place (ct.1). Step on L. in place (ct.&). Step on R. in place (ct.2). Lift on R. (ct.&).

3-4 Repeat with opposite ftwk.

5-8 Repeat measures 1-4.

Repeat dance from the beginning and add:

Ending Figure

1-8 Man dances eight complete (i.e. 16) of his Solo Step III. Ladies dance 16 of Step IV.

COPRNICE
(Bilogora)

Source: Ivan Ivančan, Narodni Plesovi 3

Record: LP AMAN- 103

Time: 2/4

Position: Trios with one man and two women. Man's arms around partners waists. Woman's inside hand on man's shoulder, outside hand on back holding man's hand. Trios face in.

Measure:

- 1 Run fwd. on R. (ct.1) fwd. L. (ct.2).
- 2-3 Repeat meas. 1.
- 4 Run fwd. on R. (ct.1) Hop on R. lifting L. fwd. slightly (ct.2)
- 5-8 Repeat 1-4 moving back on L. first.
- 1-4 Man turns to Rt. partner and takes her Rt. hand in his Rt. hand taking 4 steps around this girl (CW) 1 turn. Man extends Lft. hand to Lft. partner and turns her for 4 steps (CCW).
- 5-8 Repeat meas. 1-4.

Dance repeats to end of music.

DABKIS
(Lebanon)

Source: Mustafa Akkad, Hanna Lakkis.

Time: 4/4

Record: FR-4113

Position: Hands held in tight "W" position, forearms touching.

Measure: Alla Dallaouna

- 1 Moving Rt. step R. (ct.1) Step L. over R. (ct.2) Step R. to Rt. (ct.3) Hit L. next to R. (ct.4)
- 2 Step L. in place (ct.1) "chug" back on L. (ct.2) Repeat cts. 1&2 of meas 1.
- 3 Repeat cts. 3&4 of meas 1, repeat cts. 1&2 of meas 2.

Horse Dabki

- 1 Step fwd. on R. (ct.1) Step fwd. on L. (ct.2) Step fwd on R. (ct.3) Step fwd L. (ct.4)
- 2 Hop on L. in place (ct.1) Stamp R. in place (ct.2) Repeat cts. 1&2 of meas 1.
- 3 Repeat cts 1&2 of meas.1 Repeat cts. 1&2 of meas. 2.

Rocking Dabki- Hands drop to side

- 1 Step on R. directly under body, body keeps in a straight line with L. leg that goes back (ct.1) Replace R. leg with L. R. leg goes straight to front, body is in straight line with R. leg (ct.2) Body must be rigid to achieve this alignment. Feet must replace each other on each step. On last & ct. simply place L. next to R. no weight.

Baalbeky

- 1 Step on L. in place (ct.1) lift R. heel over L. foot (ct.2) Step R. in place (ct.3) Lift L. over R. (ct.4)

(continued)

DABKIS
(continued)

- Measure: Baalbeky- continued
- 2 Repeat meas. 1 cts. 1&2 Step R. to Rt. (ct.3)
Step L. tog. (ct.4)
- 3 Repeat meas. 1 cts. 3&4 Hop on L. (ct.3)
Staying low, leap into the air (ct.&) come
down on R. in place (ct.a) Land on L.
(ct.4)
- 5 A large leap to Rt. on R. (ct.1) Touch
L. in front of R. (ct.2) Touch in front
& to side with L. (ct.3) Touch in front
(ct.4)

Pattern of dance

- 1-18 Alla Dallaouna
- 1-18 Horse Dabki
- 1-12 Rocking Dabki
- 1-End Baalbeky

DRMEŠ IZ POKUPLJA
(Pokuplje & Posavina)

Record: LP AMAN- 102

Time: 2/4

Position: Front-basket hold in line moving CW around circle.

Measure: Step I- Walk

1 Turning slightly Lft., but keeping shoulders on circumference of circle, step R. in RLOD (ct.1) Reaching with L. step Lft onto ball of L. (ct.2) This should produce a very smooth walking movement.

2-16 Repeat meas. 1

Step II- Drmeš

1 Facing center step in place on R. (ct.1) Hop on R. (ct.&) Land on R. (ct.2) Step on L. slightly to Lft.(ct.&).

2-16 Repeat meas. 1

1-26 Step III- Drmeš variant

1-4 Repeat meas. 1, 3 times
On counts 1,&2,& of meas. 4 take 4 small steps starting R.

5-16 Repeat 3 more times.

Pattern

16 meas. walk, 16 Drmeš, 26 meas. walk.

16 meas. Drmeš variant, 26 meas. walk.

16 meas. Drmeš.

FALILA SE JAGICA DJEVOJKA
(Međimurje)

Source: Seminar on Yugoslav Dance, Badija

Record: LP AMAN-102

Time: 2/4

Position: Couples around floor, Rt. arms linked, free hands on hips. Footwork is the same for both men and women.

Measure:

- 1-2 Moving as a couple in a CW circle, Step R. (ct.1) Step on ball of L. (ct.&) Step on R. (ct.2) Hold (ct.&) Repeat with opp. footwork.
- 3-6 Repeat action of meas. 1-2
- 7-8 In place, stamp R. taking weight (ct.1) Hit L. (ct.2) Stamp L. taking weight (ct.1) Hit R. (ct.2)
- 9 Both man and woman making a quarter turn CW to put Lft. shoulders in, fall on R. moving backwards (ct.1) Step on ball of L. beside (ct.&) Repeat (cts. 2&) For these steps M's Rt. hand raises behind his head, W's Rt. raises in front of her face, She may carry a handkerchief in it.
- 10-12 Repeat meas. 9.
- 13 Turning to original pos. stamp R. taking weight (ct.1) Stamp L. taking weight (ct.2)

IGRAJTE NAM MUŽIKAŠI
(Zagorje)

Source: Nena Sokčić

Time: 2/4

Record: LP AMAN- 102

Position: Couples with woman on man's Rt. Inside hands joined, outside hands on hips.

Measure:

- 1-2 Both start on inside feet take 4 steps into center of circle. Feet are slightly turned out, body turns to follow feet.
- 3-4 Starting with outside feet, 4 steps back out of circle (you do not take weight on last step going in or out).
- 5-8 Repeat meas. 1-4

Position change: Take shoulder-waist position man's hands are turned with palms facing away from woman, thumb curled into palm. Both bend from waist.

- 1 Man start R., woman L. step (ct.1) Bounce on both (ct.2&) feet barely come off floor.
- 2 Repeat starting L.
- 3-16 Repeat meas. 1-2

JESAM LI TI JELANE
(Užice, Požega)

Source: Janković, Narodne Igre VIII

Record: LP AMAN- 103

Time: 2/4

Position: Open circle, hands joined and down.

Measure:

- 1-4 Step side R. (ct.1) Step across in front on L. (ct.2&) Glide Rt. with R. (ct.1) Close L. instep to R. heel (ct.&). Step side R. (ct.2) Small hop on P (ct.&) Repeat to opp. direction with opp. footwork.
- 5-8 Repeat measures 1-4.
- 9-10 Step side R. (ct.1) Step L. to Rt. taking weight (ct.&) Step side R. (ct.2) Hop on R. bringing L. across R. instep (ct.&) Repeat to opp. side with opp. footwork.
- 11-16 Repeat measures 9-10 three more times.

Repeat dance to end of music.

KERMENSKO MUZKO HORO
(Kermen, Thrace)

Source: Teorija za Stroeza na Dvizenijata u Bulgarskata Narodna Horeografija by Kiril Dzenev, 1965

Record: AMAN - 102

Time: 2/4

Position: Dance for men only, belt hold, knees bent.
Dance is performed according to calls.

Measure: 1. Zaigravane - Done several times. Once finished, it is not done again.

- 1 Step fwd. on R. (ct.1). Step fwd. on L. (ct.2).
- 2-3 Step fwd. on R. (ct.1). Lift L. in front (ct.2). Repeat measure with opposite ftwk.
- 4 Step back on R. (ct.1). Step back on L. (ct.2).
- 5-6 Step back on R. (ct.1,2). Repeat on L.

2. Zaredi

- 1 Leap fwd. on R. (ct.1). Leap fwd. on L. (ct.2).
- 2 Leap fwd. on R. (ct.1). Step quickly with toes of L. next to R. (ct.&). Step fwd. on R. (ct.2). Hit L. heel fwd. (ct.&).
- 3 Leap diagonally to Lft. (ct.1). Brush R. to side and fwd. slightly of L. (ct.&). Step on R. slightly fwd. of L. (ct.2). Take no wt.
- 4-6 Same as measures 4-6 of Step I.

3. Hvurli levi

- 1-2 Leap onto R. in place (ct.1). Step quickly with toes of L. next to R. (ct.&). Step onto R. in place (ct.2). Hit L. heel next to R. (ct.&). Repeat with opposite ftwk.
- 3-4 Repeat measures 1-2.
- 5 Step fwd. on R. bending upper body slightly fwd. (ct.1). Bring L. through and fwd. (ct.2).
- 6 Tap R. heel, straightening upper body and bringing L. into a high lift (ct.1). Step back onto L. (ct.2).

KERMENSKO MŮŽKO HORO (continued)

Measure: 4. Pripleti

- 1-4 Same as in Step 3.
- 5 A flat-footed scissors step. Bring R. back (ct.1). Bring L. back (ct.&). Bring R. back (ct.2&).
- 6 Leap slightly to L. (ct.L). Hit R. next to L. (ct.2).

5. Četiri Čukni Desni Levi Zamahni

- 1 Same as measure 1 of Step 3.
- 2 Leap slightly to Lft., flinging R. behind slightly and turned in (ct.1). Fling R. fwd. and diagonally Lft. with a locked Lft. knee, while tapping L. heel (ct.2).
- 3 Hop side L. on L. clicking R. to L. and switching wt. to R. (ct.1). Fling L. fwd. and diagonally Lft. with a locked Lft. knee while tapping R. heel (ct.2).
- 4 Repeat measure 3 with opposite ftwk.
- 5-6 Repeat measures 3-4.
- 7-8 Same as measures 5-6 of Step 3, but taking no wt. on final beat.
- 9-10 Repeat measures 7-8 with opposite ftwk.
- 11-12 Same as measures 5-6 of Step 3.

6. Tri v djasno, vurni nazad

- 1-4 Same as measures 1-4 of Step 3.
- 5 Leap slightly R. (ct.1). Step across behind with L. (ct.2).
- 6-7 Same as measures 1-2 of Step 3.
- 8 Same as measure 5.
- 9-10 Same as measures 1-2 of Step 3.
- 11 Same as measure 5.
- 12 Same as measure 1 of Step 3.
- 13 Same as measure 5, but with opposite ftwk. and direction.

KERMENSKO MŮŽKO HORO (continued)

Measure:

- 14-15 Same as measures 2-3 of Step 3.
16 Same as measure 13.
17-18 Same as measures 2-3 of Step 3.
19 Same as measure 13.
20 Same as measure 2 of Step 3.
21-22 Same as measures 5-6 of Step 3.

7. Četři Čukni dva o dva

- 1-6 Same as measures 1-6 of Step 5.
7 Leap fwd. onto R. leaning slightly fwd. (ct.1).
Step fwd. onto L. (ct.2).
8 Bring R. to L. taking no wt. and straightening
body (ct.1,2).
9-10 Same as measures 7-8.
11-12 Same as measures 5-6 of Step 3.

8. Tropoli tri Čukni

- 1-4 Same as measures 1-4 of Step 3.
5 Leap fwd. onto R. (ct.1). Leap fwd. L. bring-
ing R. through diagonally and loosely fwd. (ct.2).
6 Tap L. heel clicking R. to L. (ct.1). Tap L.
heel again, bringing R. diagonally and loosely
fwd. again (ct.2).
7-8 Repeat measure 6 twice more.
9 Leap back onto R. (ct.1). Leap back on L. (ct.2).
10-12 Same as measure 6 three times.
13-14 Same as measures 5-6 of Step 3.

9. Četiri Čukni EŽ-Bež Daj v djasno

- 1-6 Same as measures 1-6 of Step 5.
7 Tapping with L. heel, bring R. in front of
L., slightly turned out and touching toe only
(ct.1). Tap L. heel bringing R. twd. the
back, turned in (ct.2).

KERMENSKO MUŽKO HORO (continued)

Measure:

- 8 Tapping with L. heel, touch R. toe behind L. (ct.1). Tapping with L. heel, move R. ft. to side. (ct.2).
- 9 Tapping with L. heel, click R. ft. to L. ft. (ct.1). Tapping with R. heel, bring L. leg fwd. slightly (ct.2).
- 10-12 Repeat measures 7-9 with opposite ftwk.
- 13-14 Same as measures 1-2 of Step 3.
- 15-32 Same as measures 5-22 of Step 6.

10. Batarejna

- 1-4 Same as measures 1-4 of Step 3, but taking wt. on last beat.
- 5-6 Leap fwd. onto L. (ct.1). Leap fwd. onto R. (ct.2). Repeat.
- 7 Leap fwd. onto L. (ct.1). Hold (ct.2).
- 8-9 Same as measures 5-6 of Step 3.

11. Pušek

- 1-4 Same as measures 1-4 of Step 3.
- 5 Fall fwd. on R. (ct.1). Brush L. heel beside R. (ct.&). Fall fwd. on L. (ct.2). Brush R. heel beside L. (ct.&).
- 6 Same as measure 1 of Step 3.
- 7 Leap diagonally fwd. onto L. (ct.1). Brush R. foot twd. L. (ct.&). Hit R. beside L. (ct.2). Pause (ct.&).
- 8 Leap side R. onto R. (ct.1). Brush L. ft. twd. R. (ct.&). Hit L. beside R. (ct.2). Pause (ct.&).
- 9 Same as measure 7, moving only to Lft. on first beat.
- 10-11 Same as measures 5-6 of Step 3.

12. Bŭrkaj

- 1-7 Same as measures 1-7 of Step 11.

KERMENSKO MŮŽKO HORO (continued)

Measure:

- 8 Touch R. to side of L. slightly turned out, straightening Lft. leg (ct.1). Hit R. next to L. flexing both knees (ct.2).
- 9 Repeat measure 8.
- 10-11 Same as measures 5-6 of Step 3.

13. Četiri Čukni, tri dolu

- 1-6 Same as measures 1-6 of Step 5.
- 7 Leap slightly R., flinging L. ft. behind R., low and turned out (ct.1). Leap slightly L., flinging R. across L., high and turned out (ct.2).
- 8 Squat with knees together (ct.1). Straighten with a slight bounce on both ft. (ct.2).
- 9-10 Same as measures 7-8.
- 11-12 Same as measures 7-8
- 13-14 Same as measures 5-6 of Step 3.

14. Leko digaj

- 1 Same as measure 1 of Step 3.
- 2 Leap L., bringing R. across L., low and turned in (ct.1). Hop on L., bringing R. fwd. and up (ct.2).
- 3-4 Same as measures 1-2.
- 5-6 Same as measures 5-6 of Step 4.
- 7-8 Same as measures 5-6 of Step 3.

15. Levi Desni spri, udari

- 1-9 Same as measures 1-9 of Step 11.
- 10-11 Same as measures 5-6 of Step 4.

KRIVO PANAGJURSKO HORO
(Panagjurište, Bulgaria)

Source: Bŭlgarska Narodna Horeografija, Stojan Dŭdŭže, 1945.

Record: AMAN - 103

Time: 11/16 (1,2,3,4,5)

Position: Men and women, belt hold. Knees slightly bent throughout.

Measure: Step I (Intro. 4 measures)

- 1 Step side L. (ct.1). Close R. to L. (ct.2).
Step side L. (ct.3). Hit R. heel across in
front of L. (ct.4,5).
- 2 Step side R. (ct.1). Close L. to R. (ct.2).
Step side R. (ct.3). Hop on R. (ct.4). Step
across R. with L. (ct.5).
- 3 Same as measure 1 but opposite direction and
ftwk.
- 4 Step side L. (ct.1). Close R. to L. (ct.2).
Step side L. (ct.3). Close R. to L. (ct.4,5).
- 5-8 Same as measures 1-4 but opposite direction
and ftwk.
- 9-12 Repeat measure 1-4.

Step II

- 1 Step side R. (ct.1). Close L. to R. (ct.2).
Step side R. (ct.3). Hop on R. (ct.4). Close
L. to R. (ct.5).
- 2 Step back on R. (ct.1). Close L. to R. (ct.2).
Step back on R. (ct.3). Hop on R. (ct.4).
Step side L. (ct.5).
- 3 Close R. to L. taking wt. (ct.1). Step side
L. (ct.2). Step on R. across L. (ct.3).
Hop on R. (ct.4). Step fwd. on L. (ct.5).
- 4 Step fwd. on R. (ct.1). Close L. to R.
(ct.2). Step fwd. on R. (ct.3). Hop on
R. (ct.4). Close L. to R. (ct.5).
- 5 Step side R. (ct.1). Close L. to R. (ct.2).
Jump fwd. on both feet (ct.3); Step back on-
to R. (ct.4). Close L. to R. (ct.5).
- 6 Same as measure 4.

KRIVO PANAGJURSKO HORO (continued)

Measure:

- 7 Jump on both feet with L. in front of R.
 (ct.1). Reverse (ct.2). Reverse (ct.3).
 Reverse (ct.4,5).
- 8 Repeat measure 7.
- 9 Cts. 1 and 2 same as measure 7. Jump on
 both feet side by side and slightly apart
 (ct.3). Jump on both feet together (ct.4,5).
- 10 Repeat measure 9.
- 11-20 Repeat measures 1-10.

Step III

- 1-3 Same as measure 2 of Step I.
- 4 Same as measure 3 of Step I.
- 5-7 Same as measure 6 of Step I.
- 8 Same as measure 4 of Step I, but take wt. on
 last beat.

Dance repeats to end of music.

KUCANO
(Pelagonija)

Source: Pece Atanasovski: Institute at Otesevo.

Record: LP AMAN-103

Time: 12/8 Counted 1,2,3,4,5

Position: Mixed line arms held in "W"

Measure: Introduction

- 1- Wait for cts.1,2,3 Step fwd. R. (ct.4)
Step back L. (ct.5)
- 1 Lift on L. (ct.1) step side R. (ct.2)
Shift weight to R. (ct.3) Cross L. in front
(ct.4) Step back on R. (ct.5)
- 2 Repeat meas. 1 with opp. footwork and
direction.
- 3 Hop on L. (ct.1) Leap R. (ct.&) Step L.
in front (ct.2) Step side R. (ct.3) Small
leap crossing L. in front of R. (ct.4)
Step side R. (ct.5)
- 4 Hop on R. (ct.1) Leap to R. on L. crossing
in front (ct.&) Step R. (ct.2) Step L. across
(ct.3) Step R. directly front, facing center,
(ct.4) Step back on L. (ct.5)

Dance changes as music speeds up, hands
drop from "W".

- 1 Hop on L. (ct.1) Step R. in place (ct.&)
Step L. in place (ct.2) Step R. in place
(ct.3) Cross L. over R. (ct.4) Step R.
back (ct.5)
- 2 Repeat hop on R. first continue opp. foot-
work.
- 3-4 Repeat meas 1-2
- 5-6 Meas 3-4 of steps for slower music, step
becomes very vigorous.

LELE, LELE STANČE
(Gnjilane)

Source: Janković, Narodne Igre VI.

Record: LP AMAN- 103

Time: 9/8 4+5 (ct. 1, 2, 3, 4) Q Q Q S

Position: Segregated lines of men and women. Hands joined and up in "W" position.

Measure:

1-2 Weight on L. lift on L. (ct.1) Step fwd. on R. (ct.2) Step on L. beside R. (ct.3) Step back to place on R. (ct.4) Repeat with opp. footwork.

3-4 Repeat measures 1-2

5-6 Moving and facing slightly Rt., Lift on L. (ct.1) Step fwd. on R. (ct.2) Step fwd. on L. (ct.3) Step fwd. on R. (ct.4) Repeat with opp. footwork.

7-8 Repeat measures 5-6.

Repeat dance to end of music.

NEVESTINSKO
(Debar)

Source: Lado Ensemble, Seminar on Yugoslav Dance, Badija

Time: 7/8 1-2-3, S,Q,Q

Record: LP AMAN- 103

Position: Woman's line dance. Rt. arm extended out to next girl, Lft. arm bent Lft. hand near shoulder. Hands held around circle in this fashion. Facing LOD.

Measure: Step I - Walk

1-2 Step fwd. on R. (ct.1) Step fwd. on L. (ct.2) Step fwd. on R. (ct.3) Repeat starting opp. footwork.

3-12 Repeat meas. 1-2

Step II

1-2 Walk fwd. on R. (ct.1) Fwd. on L. (cts.2,3) Repeat.

3 Turn to face center arms come to "W" pos. Step on R. (ct.1) Step L. in place (ct.2) Step R. in place (ct.3)

4 Step into circle on L. (ct.1) Step R. in place (ct,2) Step L. in place (ct.3)

5 Repeat meas. 4 moving back with R. first.

6 Turn to face RLOD walk L. (ct.1) step on R. (ct.2,3)

7 Make 1/2 turn CW to move back still moving RLOD Repeat meas.6 moving backwards.

8 Step L. in place (ct.1) R. in place (ct.2) L. in place (ct.3)

Repeat Step II

1-8 Repeat 8 measures of walk

1-16 At this point the lead girl turns to her Rt. taking 4 meas. to turn alone 1/2 turn each step. She moves to end of line. Cts. for the walk are even.

1-16 Repeat Step II (twice through), Repeat turning.

NUMERO (BANATSKO NADIGRAVANJE)
(Banat)

Record: AMAN Vol. I, or LP AMAN-103.

Time: 4/4

Position: Line of men, hands on shoulders.

Measure:

- 1 Moving to Rt., step R., L., R. (cts. 1,2,3), Turn slightly to Lft. and put L. heel down. (ct. 4).
- 2 Repeat measure 1, opposite footwork and direction.
- 3-4 Repeat measures 1-2.
- 5 Feet together, bend knees (ct. 1). Straighten knees (ct. 2). Bounce twice (cts. 2 &). Repeat (cts. 3&4&).
- 6-8 Repeat measure 5 three times.
- 9 (Chorus step) Step to Rt. on R. (ct. 1). Close L. to R. (ct. 2). Step to Rt. on R. (ct. 3). Close L. to R. no weight. (ct. 4). Bend knees on each & ct.
- 10-16 Repeat measure 9 alternately to L. and R.
- 17 Weight on L, bend L. leg twice (cts. 1 and 3), R. leg raised and ft. placed across in front of L.
- 18-20 Repeat meas. 17, leaping onto R. on ct. 4 of meas. 20.
- 21-24 Repeat meas. 18-20, opposite footwork.
- 25 (Criss-Cross step) Weight on L., Rt. foot passes over instep of lft foot. (ct. 1). Toe leads in this movement. Rt. foot passes back, toe leading (ct. 2). Bounce three times on both feet. (cts. 3 & 4).
- 26 Repeat measure 25, opposite footwork.
- 27-32 Repeat measures 25-26.
- 33 Repeat cts. 1,2 of measure 25. Step back on R. (ct. 3) body position stationary. Step in place on L. (ct. 4).
- 34 Step fwd. on R. (cts. 1,2). Step fwd. on L. (cts. 3,4). Lift R. slightly behind.
- 35 Step back on R. (ct. 1), Step back on L. (ct. 2). Repeat cts. 1,2 of measure 25.

NUMERO (BANATSKO NADIGRAVANJE)
(continued)

measure:

- 36 Hop on R., Step L., Step R. (cts. 1, &, 2). Step in place L.,R.,L. (cts. 3, &, 4).
- 37-40 Repeat measures 33-36.
- 41-48 Repeat measures 9-16.
- 49-56 Repeat measures 33-40.
- 57-64 Repeat measures 25-32.
- 65-72 Repeat measures 33-40.
- 73-80 Repeat measures 9-16.
- 81-88 Repeat measures 33-40.
- 89-96 Repeat measures 25-32.
- 97-104 Repeat measures 33-40.
- 105 Step on R. (ct.1), both knees pointing Rt., Step L., both knees follow (ct. 2). Step R.,L.,R. (cts. 3,&,4). Knees follow on each count, the feet do not come very far off of the floor.
- 106 Repeat measure 105, beginning L.
- 107-108 Repeat measures 105-106.
- 109-112 Repeat measures 105-108, but the knees will come up and the steps on cts 1 and 2 will be more of a leap onto foot in place.
- 113-120 Repeat measures 33-40.

Ovčepolsko
(Ovčepolje)

Source: Pece Atanasovski, Institute at Oteševo.

Record: LP AMAN-103

Time: 11/16 1,2,3,4,5,

Position: Mixed Line, hands held down.

Measure: Step I

- 1 Step Rt. on R. (ct.1) Cross L. over no weight (ct.2) Step L. (ct.3) Lift on L. (ct.4) Step R. to side (ct.5)
- 2 Lift on R. (ct.1) Step L. over (ct.2) Push with R. in front but do not step (ct.3) Lift on L (ct.4) Step back on R. (ct.5)
- 3 Step back on L. (ct.1) Step R. fwd. (ct.2) Push with L. as in meas. 2 (ct.3) Lift on R. (ct.4) Step back on L. (ct.5).

Step II

- 1 Step Rt. to R. (ct.1) Step L. tog. (ct.2) Step Rt. on R. (ct.3) Hop on R. (ct.4) Cross L. over (ct.5)
- 2 Slight leap R. to Rt. (ct.1) Cross L. over (ct.2) Push R. in front (ct.3) Lift on L. (ct.4) Step back R. (ct.5).
- 3 Same as Step I meas.3.

Step III

- 1-2 Repeat meas 1-2 Step III
- 3 Step back on L. (ct.1) Cross R. over (ct.2) Hop on R. (cts.3-4) Step L. to Lft. side (ct.5)
- 4 Lift on L. (ct.1) Cross R. over (ct.2) Push L. in front (ct.3) Lift on R. (ct.4) Step back L. (ct.5)

Step IV

- 1 Repeat meas.1 of Step II
- 2 Slight leap R. to Rt. (ct.1) Cross L. over (ct.2) Hop on L. (cts.3-4) turning CCW Step R. (ct.5)

OVČEPOLSKO
(continued)

Measure: Step IV (continued)

3-4

Repeat meas. 3-4 of Step III.

Measure:	Step I
1	Step R. on R. (ct.1) Cross R. over R. (ct.2) Step L. (ct.3) Lift on L. (ct.4) Step R. to side (ct.5)
2	Lift on R. (ct.1) Step R. over (ct.2) Push with R. in front but do not step (ct.3) Lift on L. (ct.4) Step back on R. (ct.5)
3	Step back on L. (ct.1) Step R. over (ct.2) Push with L. as in meas. 2 (ct.3) Lift on R. (ct.4) Step back on L. (ct.5)
Measure:	Step II
1	Step R. to R. (ct.1) Step L. over (ct.2) Step R. on R. (ct.3) Hop on R. (ct.4) Cross L. over (ct.5)
2	Slight leap R. to R. (ct.1) Cross L. over (ct.2) Push R. in front (ct.3) Lift on L. (ct.4) Step back R. (ct.5)
Measure:	Step III
1-2	Repeat meas 1-2 Step III
3	Step back on L. (ct.1) Cross R. over (ct.2) Hop on L. (ct.3-4) Step L. to lift (ct.5)
4	Lift on L. (ct.1) Cross R. over (ct.2) Push L. in front (ct.3) Lift on R. (ct.4) Step back L. (ct.5)
Measure:	Step IV
1	Repeat meas. 1 of Step II

PANDOGO
(Highlife)
(Ghana & Nigeria)

Source: Kwasi Badu

Time: This dance follows a "bell" pattern that has
8 cts. They will be counted 1,2,3,4,5,6,7,8

Record: FR-4113

This dance would take pages to notate in the pattern of this syllabus. Since these notes are only meant to be a reminder the pattern will follow. Always start on the R. when not on both.

Bells:

- | | | | |
|----|---|--------------------|--|
| 2 | Free | | |
| 4 | Basic step in place | | |
| 6 | Advancing | | |
| 4 | Sawing in place | | |
| 12 | 4- Praying- going down | | |
| | 4- Going down Eggbeater- staying down | | |
| | 4- Praying- coming up | | |
| 4 | Basic step going back | | |
| 12 | 4- Sikyi | 4 small- | |
| | 4- (R.to R.,L.R.tch. L. and back) | 4 large- Advancing | |
| | | 4 small- | |
| 4 | Basic step going back | | |
| 12 | 4- Hands on thighs- | | |
| | 4- Big step Slow chicken- Advancing | | |
| | 4- Hands on thighs- | | |
| 4 | Basic step going back | | |
| 12 | 4- In place (arms reversing each bell) | | |
| | 4- Swim-Foot tog. Advance (4 scoots per bell) | | |
| | 4- In place (as in first 4) | | |
| 4 | Basic step backward | | |
| 4 | Wave 4 advance with step | | |
| 4 | Basic step backward. | | |

POSAVSKI DRMEŠ
(Posavina)

Source: Seminar on Yugoslav Dance, Badija: Nena Sokčić

Time: 2/4

Position: Mixed circle of men and women. Back basket hold. Circles should be fairly small

Record: LP AMAN-102

Measure: Step I - Walk

1 Turning slightly Lft., but keeping shoulders on circumference of circle, step R. in RLOD (ct.1) Reaching with L. step Lft. onto ball of L. (ct.2) This should a very smooth walking movement.

2-16 Repeat meas. 1.

Step II - Run

1 In the same position as Step I, leap out on R. in RLOD (ct.1) With a low, smooth movement, leap on L. (ct.2) This should produce an "up" then "smooth" movement.

2-16 Repeat meas. 1.

Step III - Drmeš

1 Facing center, step in place with R. (ct.1) Hop on R. (ct.&) Land on R. (ct.2) Step L. slightly to Lft. (ct.&).

2-16 Repeat meas. 1.

Step IV - Fast turn

1 Still facing center and bending knees into a sitting position, step R. well into the center and across L. (ct.1) Reach well out to the Lft. with the L. and step (ct.2)

2-16 Repeat meas. 1.

Speed is obtained by keeping pressure against the arms and reaching with the L.

Dance repeats to end of music.

REZIJANKA I
(Rezija)

Source: Seminar on Yugoslav Dance, Badija.

Record: LP AMAN-102

Time: 2/4

Position: Couples facing across a "Contra-type" set.

Measure: Man's step and pattern

- 1-4 4 steps starting R. to make 1 turn in place CCW
This ends with M's Rt. shoulder towards woman.
- 5-8 4 steps to move across set to W's position starting
R. Lft. shoulder leading on second step.
- 9-10 2 steps turning CCW 1/2 turn ending with Rt.
shoulder in towards woman.
- 11-14 4 steps moving back to home pos.
- 15-16 Towards woman heavy steps R,L, then jump onto
both feet, hold for the last &.

Woman's step and pattern

Woman's step throughout is stepping R,L,R tog.
R. tog. is stepping to side and together. This
will be herein called "1 woman's step".

1 Woman's step to make 1 CW turn in place end
with Lft. shoulder in.

1 Woman's step to pass over Rt. shoulder leading
on together.

1 woman's step to turn Rt. (CW) Lft. shoulder
ends in.

1 woman's step crossing back over to original
pos.

Woman step R.,L., turning R. (CW)

End with a R.,L., jump on both, as man did but
much lighter.

Repeat to end of music.

REZIJANKA II
(Rezija)

Source: Seminar on Yugoslav Dance, Badija.

Record: LP AMAN- 102

Time: 2/4 Dance moves in phrases of 5 meas.

Position: Men and women in line side by side, Lft. shoulders together, not touching,

Measure: Men and women will do exactly the same step facing opposite directions.

1-5 Turning Rt. (CW) 4 steps to make 1 complete turn at the same time move to "point" position (see diagram) Point front with R. on 5

6-10 Turning Lft. (CCW) 3 steps to move to partners starting position, both are facing own original direction for a touch with L. on 4. Step back on L. to Lft. to face partner, meas.5.

*
W M
*

*= point position

Dance is repeated with floor positions exchanged
At end of second pattern couple will be in own original positions.

In both Rezijankas dance must be started on "high" melody. When the orchestra wants to stop they will play the "high" melody twice.

SELSKO
(Gnjilane)

Source: Janković, Narodne Igre VI.

Record: LP AMAN-103

Time: 4/4

Position: Open line, belt hold. Lft. hand over Rt.
Men's line separate from women's.

Measures:

- 1 Step on R. to Rt. (ct.1). Hop on R. (cts.2,3,4)
pulling Lft. heel toward Rt. knee on each hop.
- 2 Step L. bck. (ct.1) fwd. on R. (ct.2). Step
L. towards Rt. side of R. (foot curls behind
R.)(ct.3). Hop on L. (ct.4).
- 3 Repeat measure 1.
- 4 Repeat cts. 1-2 of measure 2. Step L. cross-
ing in front of R. and hop (cts.3,4).
- 5 Step R. to Rt. and hop (cts.1,2). Step L.
across R. and hop (cts.3,4).

Repeat dance to end of music.

ŠOPSKA RUCENICA
(West Bulgaria)

Source: Bŭlgarski Tanci, Margarita Dikova and Marija Kuncева, 1961. Bulgarski Scenični Tanci, Kiril Dženev, 1968.

Record: AMAN - 103

Time: 7/16 (ct.1,2,3)

Position: Ladies' dance, belt hold. Knees slightly bent throughout.

Measure: Step I

- 1-2 Tap with L. heel while stepping side R. (ct.1,2). Close L. to R. taking wt. (ct.3). Repeat measure 1.
- 3-4 Turning slightly Rt. step fwd. on R. (ct.1). Step fwd. on L. (ct.2). Step fwd. on R. (ct.3). Repeat with opposite ftwk.
- 5 Turning to face center-L., step side R. lifting Lft. leg in front of Rt., slightly turned out (ct.1,2). Hold (ct.3).
- 6-10 Repeat measures 1-5 to opposite direction with opposite ftwk.

Step II

- 1-3 Same as in Step I.
- 4 Turning to face center leap side L. (ct.1). Step on R. in front of L. (ct.2). Step back into place on R. (ct.3).
- 5 Repeat measure 4 with opposite ftwk.
- 6 Hop on R. (ct.1). Step side L. (ct.2). Step on R. in front of L. (ct.3).
- 7 Step back on L. (ct.1). Close R. to L. (ct.2). Step fwd. on L. (ct.3).
- 8 Jump in place onto both ft. (ct.1,2). Tapping L. heel, lift Rt. leg slightly fwd. with turn-in (ct.3).
- 9 Tap both heels in place (ct.1). Tap L. heel lifting R. very slightly (ct.2). Step on R. lifting Lft. leg slightly fwd. with turn-in. (ct.3).
- 10 Tap both heels in place (ct.1). Tap R. heel lifting L. very slightly (ct.2). Step fwd. onto L. (ct.3).

ŠOPSKA RUCENICA (continued)

Step III

- 1-2 Turning slightly Lft., tap L. heel (ct.1).
Step back on R. (ct.2). Step on L. beside
R. (ct.3). Repeat.
- 3-4 Turning slightly R., step fwd. on R. (ct.1).
Step on ball of L. beside R. heel (ct.2).
Step fwd. on R. (ct.3). Repeat with opposite
ftwk.
- 5 Turning to face center, step side R. (ct.1,2).
Lift L. slightly crossed in front of R., tap-
ping R. heel (ct.3).
- 6 Tap R. heel (ct.1). Step side L. (ct.2).
Cross R. in front of L. bending knees (ct.3).
- 7 Tap R. heel (ct.1). Step side L. (ct.2).
Step R. behind L. bending knees (ct.3).
- 8 Close L. to R. locking knees (ct.1,2).
Bend knees sharply shifting wt. to L. (ct.3).
- 9-10 Like measure 3-4 only into center.

Step IV

- 1-4 Same as measure 1-4 of Step III.
- 5 Leap fwd. diagonally Rt. lift L. slightly
in front (ct.1,2). Hop on R. (ct.3).
- 6-7 Leap twd. center onto L. bending fwd. (ct.1,2).
Step heavily fwd. onto R. (ct.3). Repeat.
- 8 Tap R. heel (ct.1). Step fwd. onto L. (ct.2).
Hop on L. flinging R. fwd. to lock R. knee
(ct.3).
- 9-10 Same as 9-10 of Step III.

SREMCICA
(Srem or Srijem)

Source: Seminar on Yugoslav Dance on Badija, Jugoslavia

Record: LP AMAN-103

Time: 2/4

Position: Mixed circle of men and women; back-basket hold, Lft. over Rt.

Note: A variant of Malo Kolo which moves powerfully to the Rt., barely returning to the Lft.

Measures:

- 1 Hop on L. and step powerfully onto R. heel (ct. 1). Step on L. behind R. (ct. and). Step on R. (ct. 2). Hop on R. (ct. and).
- 2 Hop on R. and step on L. beside R. (ct. 1). Step on R. beside L. (ct. and). Step on L. (ct. 2). Hop on L. (ct. and).

Repeat dance to end of music.

ŠROTES
(Prigorje)

Source: Seminar on Yugoslav Dance, Badija

Record: Folk Dancer MH 45-3021B

Time: 2/4

Position: Circle of couples facing LOD. Woman is on man's
Rt. Inside hands are joined and down.

Measure: Step I

- 1 Beginning man L. and Woman R., step forward (ct. 1).
Chug back slightly (ct. &). Repeat with opposite
footwork. (ct. 2 &).
- 2 Repeat meas. 1.
- 3 Beginning Man L. and Woman R. take 3 steps to turn
and face each other, still holding inside hands.
(ct. 1 & 2). Chug (ct. &).
- 4 Return to place with footwork opposite of meas. 3.
- 5-7 Repeat meas. 1-3.
- 8 Using 3 steps, partners take a "shoulder-shoulder"
type ballroom position.

"Polka"

- 1 Beginning Man R., Woman L, step on flat foot to side,
leaning somewhat in direction of movement. (ct. 1).
Still leaning in same direction, step L in place (ct.&).
Step R. in place. (ct. 2). Hold (ct. &).
- 2 Repeat meas. 1 with opposite footwork.
- 3-6 Repeat meas. 1-2. Note: During these 6 steps, couple
rotates one complete circle CW.
- 7-8 Bounce 7 times on both ft. Hold on last & ct.
- 9-16 Repeat meas. 1-8.

Step II

- 1 Both man and Woman beginning R., step in place (ct. 1).
Chug (ct. &). Repeat on L. (ct. 2 &).

ŠROTEŠ
(continued)

Measure: Step II (continued)

- 2 Step side R. (ct. 1). Close L to R. (ct. &).
 Step side R. (ct. 2). Chug (ct. &).
- 3 Repeat meas. 2 with opp. direction and footwork.
- 4 Repeat meas. 2.
- 5 Repeat meas. 1 with opp. footwork.
- 6 Repeat meas. 3.
- 7 Repeat meas. 2.
- 8 Repeat meas. 8 of Step I.

Suggested Sequence: Step I, Polka, Step II, Polka--Repeat whole dance from beginning.

SVATOVSKA POLKA
(Gorenjska)

Source: Seminar on Yugoslav Dance, Badija

Record: LP AMAN-102

Time: 2/4

Position: Ballroom position facing LOD. Polka step herein is a rolling R-L-R, L-R-L.

Measure:

- 1 Moving in LOD, Man starting L, Woman R., take 1 Polka step fwd.
- 2 Repeat meas. 1 with opposite footwork.
- 3 Couple turns to Man's Lft. to face center using 1 Polka step. Man must step back on L. and pull Woman around.
- 4 Again facing LOD, take 1 Polka step fwd. On last ct. of this Polka step (R. for Man and L. for Woman) lean fwd. kicking ft. behind.
- 5 Take 1 Polka in LOD to come out of lean.
- 6-7 Couple breaks and puts hands on hips. Take 2 turns in LOD with 4 steps, one step per ct. Man turns CCW, Woman turns CW.
- 8 Facing partner take 3 steps in place, then returning to ballroom position to begin dance again.

TRITE PŪTI
(Thrace)

Source: Learned by David Shochat from Pavel Stojkov Kalpakliev, from Selo Strandža, 1968.

Time: 2/4

Record: AMAN - 103

Position: Either mixed line of men and women, hands joined in W position, or two lines, one of men in shoulder hold, and one of women in hand hold.

Note: Part I is performed traditionally by both men and women. Part II is performed by men only. Therefore, if a mixed line is dancing, only the first part may be danced.

Measure: Part I

1-2 Moving Rt. and facing slightly Rt., lift off L. onto R. (ct.a-1). Repeat with opposite ftwk. (ct.uh-2). Repeat measure 1.

3-4 Facing center, bring R. to L. and bend knees into a half-squat (ct.1). Hop on R., lifting L. to front (ct.2). Repeat with opposite ftwk.

5 As measure 3, but raised ft. (L.) is raised twd. Lft. in preparation for measure 6.

6 Moving Lft. and facing slightly Lft., lift off R. onto L. (ct.uh-1). Repeat with opposite ftwk. (ct.a-2).

7 Facing center, bring R. to L. and bend knees into a half-squat (ct.1). Hop on L., lifting R. to front (ct.2).

N.B. Arms swing back on ct.1 and fwd. on ct.2 of each measure.

Part II

1-7 As Part I, but full squats occur in measures 3,4,5 and 7 where half-squats were in Part I.

TUROPOLJSKI DRMEŠ
(Turopolje)

Source: Nena Sokčić

Time: 2/4 one meas. herein will be counted 1&2& II&2&

Record: LP AMAN-102

Position: Mixed circle, back-basket hold.

Measure:

- 1 Facing center, step on R. in place (ct.1)
Raise up on ball of R. (ct.&) Land on heel
of R. and whole of L. (ct.2) Step L
Slightly to Lft. (ct.&)
Repeat for II&2&.
- 2-7 Repeat meas. 1.
- 8 Repeat 1&2& of meas.1 Step on R. (ct.II)
Hold on (ct.&2) Step fwd. on L. (ct.&).
- 9 Step on R. (ct.1&) Step L. (ct.2&) Step
on R. (ct.II&2) Step on L. (ct.&)
- 10-15 Same as meas. 9
- 16 Same as meas. 9 but do not step on last
& count. The next 8 meas. are in 3/4 time.
- 17 Step on L. (ct.1) Lift on ball of L. (ct. &2)
Land on heel of L. (ct.&) Step R. (ct.II&)
Step L. (ct.2&) Step R. (ct.III&)Step L. (ct.2&).
- 18 Repeat meas. 17 with opposite footwork.
- 19-23 Alternate first meas. 17, then meas. 18.
- 24 Same as meas. 18, but put no weight on
R. on last step.(ct. 2&).

Dance Repeats Until End of Music.

U ŠEST (KOLO IZ STUBLINA)
(Serbia)

Source: A contemporary U Šest, learned from young immigrants.

Record: MONITOR MFS-702.

Time: 2/4

Position: Open circle, hands joined and held down at sides.

Measure: Step I

- 1 With feet parallel and pointing diagonally Rt. step to Rt. on R. bending knees (ct. 1). Bring feet together and straighten knees (ct. &). Bounce twice on both feet (cts. 2 &).
- 2-4 Repeat measure 1 three times, moving to Rt.
- 5-8 Repeat measures 1-4, opposite footwork and direction.

Step II

- 1 Step to Rt. on R. (ct. 1). Hop on R., leave floor (ct. &). Land on R. (ct. 2). Step L. across R. (ct. &).
- 2 Step R. to Rt. (ct. 1) Bounce twice on R., pointing L. across R. (cts. 2 &).
- 3 Repeat measure 2, opposite footwork.
- 4 Step R. to Rt. (ct. 1). Click L. heel to R. (ct. 2).
- 5-8 Repeat measures 1-4, opposite footwork and direction.
- 9-16 Repeat measures 1-8.

Step III

- 1 Step R. to Rt. (ct. & of last measure), Step L. across R. (ct. 1), Step R. to Rt. (ct. &). Step L across R. (ct. 2).
- 2-4 Repeat measures 2-4, Step II.
- 5 Step L. in place (ct. 1). Hop on L (ct. 2), Step R. behind L. (ct. &).
- 6-8 Repeat measures 6-8, step II.
- 9-16 Repeat measures 1-8.

ŽENA IŠLA U GOSTI
(Zagorje)

Source: Seminar on Yugoslav Dance, Badija

Record: LP AMAN-102

Time: 2/4

Position: Couples in ballroom position either in one long line or a circle with men's backs to center.

Measure:

- 1 Men and Women have opposite footwork. Man steps side L. (ct. 1). Close R. to L. taking weight. (ct. &). Repeat (ct. 2 &).
- 2 Man steps side L. (ct. 1). Close R. to L. taking weight (ct. &). Step side L., bending L knee slightly (ct. 2). Hold (ct. &).
- 3-4 Repeat meas. 1-2, but to opposite direction and with opposite footwork.
- 5 Man steps side L. (ct. 1). Close R to L. taking weight (ct. &). Step side L, bending L. knee slightly (ct. 2). Hold (ct. &).
- 6 Repeat meas. 5 but to opposite direction and with opposite footwork.
- 7 Man steps L. in place (ct. 1). Hop on L., straightening R. slightly in front. (ct. &). Repeat on R. (ct. 2 &).
- 8 Man--Step on L., flinging R. behind L. (ct. 1). Hop on L., bringing R. to side slightly turned in (ct. &). Bring R. to L. bending both knees very slightly (ct. 2). Hold (ct. &).

Woman--Step on R. in place (ct. 1). Hop on R. straightening L. slightly in front (ct. &). Bring both ft. together bending knees very slightly (ct. 2). Hold (ct. &).

- 9-12 Repeat meas. 5-8.

Dance Repeats to End of Music.

ŽENSKO PUŠTENO
(Pelagonija)

Source: Pece Atanasovski, Institute at Oteševó.

Time: Musically in a 12/8, dance will be counted in 5
with slight emphasis will be on 1 and 4.

Record: LP AMAN- 103

Position: Woman's line , hands held, arms in a "W" pos.

Measure:

- 1 Lift L. weight on R. (ct.1) place L. to side
weight still on R. (ct.2) Shift weight to L. (ct.3)
Step fwd. on R. (ct.4) Weight back to L. (ct.5).
- 2-3 Repeat meas. 1 moving Rt. then L.
- 4 Turning slightly Rt. lift R. weight on L. (ct.1)
Touch R. to front and side (ct.2) put weight on R.
(ct.3) Step L. behind R. (ct.4) Leap onto R. (ct.5).
- 5 Step L. in front of R. (ct.1) Lift on L. (ct.2)
Step side on R. (ct.3) Step front L. (ct.4) Step
in place R. (ct.5)
- 6-10 Repeat meas. 1-5.

When music gets fast step changes; hands move to
hips, wrists to waist, fingers back.

- 1 Facing CW 2 hops on R. (ct.1&2)
Step L,R,L in place turning to face CCW (ct.1&2)

Repeat meas.1 hopping on L. turning CW.
- 3 Hop on R. twice (cts.1&2) Step behind on L. (ct.3)
Leap Rt. on R. (ct.4) Step L. in front (ct.5).
- 4-5 Repeat meas 4-5 of slow step.

Repeat to end of dance.

NOTE: Many of these words are dialectical and do not necessarily correspond to standard literary Serbo-Croatian.

WORDS TO SONGS

Igrajte Nam Mužikaši (Zagorje)

Igrajte nam mužikaši
Naj' se naše srce raš. (Repeat)

Svirajte na dude vaše
Plesale bi noge naš. (Repeat)

Mužikaši zaigrali
Mladi dečki zaplesal. (Repeat)

Mladi dečki zaplesali
Mlade snehe plesat zval. (Repeat)

Mlade snehe plesat zvali
Stare žene van poslal. (Repeat)

Žena Išla u Gosti

Žena išla u gosti, sobom moza ne pusti.

Chorus

Moj muž, domaj boš, guske, race pasel boš.

Zena klala racicu, možu dala tacicu. (Chorus)

Zena klala puricu dala možu pljuskicu. (Chorus)

Zena klala pajceka, dala možu jajčeka. (Chorus)

Posavski Drmes

Kiša pada, neven vene; Zaboravi diko mene
Zaboravi diko mene, Kiša pada neven ven.

Chorus

Ana, ana, inī, neña, evo mojega dragana,
Ana, ana, ana, nana, evo mojega dragan.

precveli su plavi tulipani, ženite se garavi derani,
ženite se garavi derani, precveli su plavi tulipan.

Chorus

Lele, lele, Stanče

Lele, lele, Stanče, belo Stanče, koj ti skroji toj fustanče. (Repeat)

Lele, skroji mi ga, Jusuf aga, skroji mi ga, Jusuf aga. (Repeat).