

Friday, Saturday & Sunday
JANUARY 25 - 27, 1974

WAWA

5th ANNUAL DANCE INSTITUTE

LOS ANGELES, CALIFORNIA

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PANDOGO or HIGHLIFE
(Ghana & Nigeria)

Source: Kwasi Badu

Time: This dance follows a bell pattern that has 8 cts.
They will be counted 1, 2, 3, 4, 5, 6, 7, 8.

Record: FR-4113

Note: This dance would take pages to notate in the pattern of these notes. Since these notes are only meant to be a reminder the pattern will follow. Always start on the R. when not on both.

Bells:

- 2 Free
- 4 Basic step in place
- 6 Advancing
- 4 Sawing in place
- 4-Praying going down
- 12 4-Going down Eggbeater-staying down
- 4-Praying-coming up
- 4 Basic step going back
- 4-small Sikyi
- 12 4-large advancing (R. to rt., L., R., tch. L.
- 4-small Sikyi and back)
- 4 Basic step going back
- 4 - Big Step-Hands on thighs
- 12 4-Big Step-Slow Chicken-Advancing
- 4-Big Step-Hands on thighs
- 4 Basic step going back
- 4-Swim in place, arms reversing each bell
- 12 4-Swim, advancing with feet together, 4 scoots per bell.
- 4-Swim in place, arms reversing each bell
- 4 Basic step backward
- 4 Wave 4 advancing with step
- 4 Basic backward to finish dance

ČIČEK
(Gnjilane, Serbia)

Source: Danica and Ljubica Janković, Narodne Igre

Time: 7/8 l&a 2 3.

Position: Men in line holding shoulders.

Measure:

- 1 Step R. (ct. 1) Cross L in front (ct. &a).
Hop on L. (ct. 2) Step R. (ct. 3).
- 2 Cross in front L. (ct. 1). Step R. to rt. (ct.
&a). Hop on R. (ct. 2) Cross in front L. (ct. 3).
- 3 Step in place with R. (ct. 1). Step in place
L. (ct. &a). Hop on L. (ct. 2). Step in place
R. (ct. 3).
- 4 Step in place L. (ct. 1). Step in place R.
(ct. &a). Hop on R. (ct. 2). Step in place L.
(ct. 3).

LINDJO
(Dubrovnik Area-Dalmatian Coast)

Source: Nena Sokčić of Lado; Institute on Badija, 1973.

Formation: Circle of Couples.

Time: 2/4

Record:Folkraft 1569

Note: It would be insufficient to try and notate this dance within the common style of this notation system. Since it is assumed that anyone who uses these notes will have taken a class in the dance, they are only a sequence reminder.

Sequence

8 forward runs

8 couple turns, arms square

29 individual turns, man claps, lady flicks fingertips

8 forward runs

1 basic to face center

4 Lindjo turns with one basic in between each to make a half turn as a couple

8 forward runs

1 basic to face center

Man goes out, lady in for 2 basics; 2 more to reverse positions. 2 more to reverse positions; 2 more to pick up partner.

8 forward runs

25 individual turns; Man's arms square; Lady flicks fingertips

8 forward runs

2 ending Lindjo turns

1 basic stamping in place to end dance facing center

KUKURIGU PETLE
(Injevo--Eastern Macedonia)

Source: Group of villagers from Injevo.

Formation: Mixed lines of men and women, joined hands up.

Time: 2/4

Record: FR-4117

Styling: Dance performed on whole foot, but with a light style.

Measure:

- 1 Facing slightly rt., step on R. (ct. 1).
Hop on R. (ct. 2).
- 2 Repeat meas. 1, opp. ftwk.
- 3 Step R. (ct. 1), Step L. (ct. 2)
- 4 Step R. (ct. 1), Hop R., turning to face center (ct. 2).
- 5-8 Repeat meas. 1-4, opp. direction and ftwk.
- 9 Step back R. (ct. 1) Hop R. (ct. 2).
- 10 Repeat meas. 9, opp. ftwk.
Note: Step is directly behind other foot and is more of a replacement than a step back.
- 11-16 Repeat meas. 9-10 three more times.

INJEVSKO
(Injevo, Eastern Macedonia)

Source: Group of villagers from Injevo.

Formation: Line of women, joined hands down.

Time: 2/4

Record: FR-4117

Styling: Dance performed on full foot, but with light style.

Measure:

- 1 Facing rt. lift on L. and step on R. (ct. 1).
Step L. (ct. 2).
- 2 Repeat meas. 1.
- 3 Step R. (ct. 1) Hop R. (ct. 2).
- 4 Repeat meas. 3, opp. ftwk.
- 5 Facing center on hop, repeat meas. 3.
- 6 Turning slightly lft. step L (ct. 1). Step
R. (ct. 2).
- 7 Step L. (ct. 1) Hop L. (ct. 2).
- 8 Repeat meas. 7 opp. ftwk.
- 9 Step side L. facing center (ct. 1). Step
back R. (ct. 2).
- 10 Cross L. in front of R. turning slightly rt.
(ct. 1). Hop L. (ct. 2).

TOSKA
(Injevo, Eastern Macedonia)

Source: Group of villagers from Injevo.
Formation: Lines of men, shoulder hold.
Time: 7/8 (1, 2, 3)
Record: FR-4117
Styling: Dance performed on whole foot, but with a light style.

Measure: Pattern I-Basic

- 1 Facing center, touch ball of L. twd. center, bending rt. knee slightly (ct. 1). Lift on R. bringing L. behind (ct. 2). Step L. next to R. (ct. 3).
- 2 Facing slightly rt., step R. (ct. 1 and). Step L. (ct. uh). Facing center, lift on L. bringing R. up in front (ct. 2). Step R. in place (ct. 3).

First Variation to Pattern I

- 1 Same as Basic.
- 2 Same as Basic except large hop instead of lift on ct. 2.

Second Variation to Pattern I

- 1 Same as Basic, but large hop on R. (ct. 2).
- 2 Same as meas. 2 of First Variation.

Pattern II

- 1 Large hop on R. facing center (ct. 1 and). Quick step on L. in place (ct. uh). Step on R. in place (ct. 2) Hold (ct. 3).
- 2 Large hop on R. (ct. 1) Step L. in place (ct. 2) Hold (ct. 3).
- 3-4 Repeat meas. 1-2, opp. ftwk., moving right and keeping hips mostly center. On hops, cross free ft. slightly in front.

ORO VIČANKA
(Injevo, Eastern Macedonia)

Source: Group of villagers from Injevo.
Formation: Line of women, joined hands down.
Time: 2/4
Record: FR-4117
Styling: Dance performed on full foot but with a light style.

Measure:

- 1 Facing rt. lift on L. and step on R. (ct. 1).
Step L. (ct. 2).
- 2 Step R (ct. 1 and) Step L. (ct. uh). Step
R. (ct. 2).
- 3 Repeat meas. 2, opp. ftwk.
- 4 Step R. (ct. 1). Lift_{CV} R. turning to face
center (ct. 2).
- 5 Moving lft. step L (ct. 1 and). Lift_{CV} L
(ct. uh). Step R. (ct. 2).
- 6 Turning to face center, step L in place
(ct. 1). Lift L. (ct. 2).
- 7 Moving rt. step R. (ct. 1). Lift_{CV} R. (ct. 2)
- 8 Same as meas 3.

INVIRTITA
(Roumania)

Source: This dance was seen at the student festival in Agafton , near Botoşani.
Time: For notating this dance we will use a music notation of 11/16, and a dance beat of, 12 345 678 91011 as 1,2 ,3 ,4
Position: Couples scattered around floor in shoulder waist position.

Measure: Chorus step

- 1 Both step Rt. with R. (ct.1) Cross L. front continuing CCW turn (ct.2) Step Rt. with R. (ct.3) Turning back to Lft. lower onto whole R. (ct.4)
- 2 Repeat meas. 1 opposite ftwk. opp. dir.
- 3-4 Repeat meas. 1-2
- 5 Repeat meas.1 cts.1-2 twice (cts. 1,2,3,4)
- 6 Repeat meas.1.
- 7-8 Repeat meas.5-6 opp. ftwk. opp. dir.

Step I

Basic step for this step and step II. Both step R. (cts.1,2) Step L (ct.3) Step R (ct.4) Thus one basic step, next basic step will use opp. ftwk.

- 1-8 Dropping shoulder waist position couples take an inside hand hold, lady on Rt. That is M's Rt. L's Lft. held. M remains in place doing basics while L passes behind M with three basics (joined hands are up) L makes 1 1/2 turns in front of M, start by going fwd. under joined arms and turning CCW. L returns to place meas. 6,7,8 with hands coming down.

Step II

- 1-4 Same position as Step I and with same basic step. Hands come up as L moves fwd. in front of M with one basic. With two basics L turns twice CCW under joint hands and backs to place on meas.4, hands come down.

These steps may be done in any order we suggest this as a possibility;

INVIRTITA
(continued)

Suggested order;

Chorus 16 meas. (Once through as written)
Step I 16 meas. (Twice through as written)
Chorus 16 meas.
Step II 16 meas. (Four times through as written)
Repeat this whole sequence.

PODGORAC
(East Serbian Vlah)

Source: Dance seen at Smotra Folklor, Zagreb. Special thanks to Robert Leibman for the use of his films in the further research of this dance.
Time: Melody is in 6/8 accompaniment is in 2/4
The dance will be counted 1, &, 2, & 2/4.
Position: Belt-hold, men and women in mixed line, Lft. over Rt.

Measure:

- 1-4 Introduction
- 1-2 Step R to Rt. (ct.1) Step tog. L (ct.2)
Repeat cts. 1-2.
- 3 Step R to Rt. (ct.1) Raise L to Rt. ankle (ct.2)
- 4 Step on L fwd and to Lft. (ct.1) Raise R to Lft. ankle.
- 5 Step fwd and Rt. with R (ct.1) Ladies ~~lift~~ L, Men kick L front of R (ct.2) Kick
- 6 Step L (ct.1) bring R to Lft (ct.2)
- 7 Step L (ct.1) Ladies ~~kick~~ and Men kick opp. ftwk as meas 5, (ct.2)

Repeat this sequence 15 more times. Though ftwk is similar for Men and Women, body movement is different. Ladies turn body toward ft. stepped on ct.1 and back to place
(continued)

PODGORAC
(continued)

on ct.2. Cts. 3,4,5,7 do not return to place that is when you change direction.
Men step on ct.1 and turn body away from ft.

Step II

- 1 Step R in place (ct.1) Step L in place (ct.&) Step R in place (ct.2)
- 2 Repeat meas 1 opp. ftwk.
- 3 Jump onto both feet fwd and diag. Rt. (ct.1)
Jump again in place on both (ct.2)
- 4 Jump onto both to Lft. (ct.1) and jump in place on both (ct.2)
- 5-6 Step R fwd and diag. Rt. (ct.1) Hop on R (ct.2) Hop on R (ct.&) Step on L back leaving R down(ct.1) Step back on R (ct.2)
- 7 Repeat meas. 2

Repeat sequence to end of music.

Record: AMAN LP-105

BALUN
(Istria)

Source: Institute on Badija, 1971, Nena Sokčić of Lado.

Time: 4/4

Position: Partners facing CW Lady behind man slightly
/ everyone with Lft hand on shoulder of
person in front. Partners hold Rt. hands.

Measure: Step I

- 1 Moving RLOD step L (ct.1) Step R (ct.2)
Step L (ct.3) Touch R to L (ct.4)
- 2 Step back and Rt. with R (ct.1) Bring L
to R (ct.2) Stamp in place with L (cts.3,&,4)
- 3-8 Repeat meas. 1-2.

Step II

- 1 Step L moving RLOD (ct.1) Step R (ct.2)
Step L at same time bringing R to L (ct.3)
Step sharply on R replacing L. L remains
on ground but moves slightly fwd.
- 2-4 Repeat meas. 1.

Step III

- Facing center Lady on Man's Rt. her Lft. hand
on his shoulder, her Rt on waist holding
partner's Rt. which is around her waist. Man's
free hand on waist, wrist in.
- 1 Step L in place with R slightly in front (ct.1)
Step R in Place L in front (ct.&) Repeat
for cts 2,&. This is a scissors step.
 - 2 Step L in place R in front(ct.1) Step R
in place L in front (ct.2)
 - 3-8 Repeat meas. 1-2.

Step IV

- 1-2 Repeat Step III meas 1-2.
- 2-4 Step strongly into circle on L (ct.1) Step
on R in place L in front (ct.2)
- 3-8 Repeat meas. 1-2.

Step V

- 1 Repeat meas. 1 of Step III.
- 2 With same ftwk as meas. 2 Step IV man come
slightly to center in front of lady.
- 3-8 Repeat meas. 1-2.

Step VI

- 1-8 With your choice of a Balun type turning
position, 8 meas. of pivots travelling
LOD Man's R down on ct.1.

(continued)

3 ALUN
(continued)

Measure: Step VII

- 1-8 16 walks as a couple moving CCW around circle, either inside hands joined or man's hand around ladies' waist.
- 9-16 16 walks back, turning lady to center on last ct. Walking will all be to singing on AMAN recording of Balun.

Step VIII

- 1-8 Man holdin Ladis' Lft hand in his Rt. both do step III in place.

Step IX

- 1-8 Same as step IV for Man, Lady makes 1 turn to Rt. on meas. 2 of step IV and it's repeats.

Step X

- 1-8 Both step in place on L (ct.1) raise on ball of R (ct.&) and repeat for cts. 2,&. Lady turns Rt. for 8 meas. with either hands down on skirt or up in squared off pos. If Ladis wish to change to R for down ct. this is permissable.

Repeat step VII

Repeat dance from beginning through step VI.

TUSTI MANFRIN (BAL O' KRNJEVALA)
(Kaštela Area near Split)

Source: Institute on Badija, 1973.

Formation: Large Quadrille formation, woman on man's right.

Time: 2/4 and 3/4

Record: AMAN-105

Note: Dance was performed traditionally during Carnival. Polka step is three flat footed steps (ct. 1 and 2) hold (ct. and).

Measure: Part IA

- 1-2 All walk to center with three steps and touch beginning R. (ct. 1,2,1,2)
- 3-4 All step back L. (ct. 1) Touch R. (ct. 2) Step fwd. R. (ct. 1) Touch L. (ct. 2).
- 5-8 Repeat 1-4, opp. ftwk., opp. direction.

Part IB-Men

- 1-8 Man does 8 polka steps in place, beginning R.

Part IB-Women

- 1-4 Woman takes 4 polka steps turning CW under raised joined arms.
- 5-8 Woman turns and passes around man CW with 4 polka steps.

Part IC

- 1-8 Repeat Part IA.

Part ID-Men

- 1-8 Man does same as Part IB women, but turns CCW and passes CCW around woman.

Part ID-Women

- 1-8 Same as Part IB-Men.

TUSTI MANFRIN (cont.)

Part II-3/4

- 1-14 Couples do 7 CW pivot turns (180° per meas.)
CCW around perimeter of Quadrille, beginning R.
15-16 Four stamps (R.L.R.L) taking no wt. on last
stamp. *Men opp. ftwk.*
17-30 Reverse pivot direction and ftwk. of 1-14.
31-32 Repeat meas. 15-16, opp. ftwk.

Dance Repeats From the Beginning

OJ RASTIĆU ŠUŠNJATI--MISTA
(Slavonija, Croatia)

Source: Various Slavonian groups performing in Zagreb.
Nena Sokčić of Lado.

Formation: Mixed circle. Front basket hold, left
under.

Time: 2/4

Record: AMAN-105

Note: This is really a small suite or medley of Slavonian
dances.

Measure: Pattern I

- 1 Step fwd. on R. (ct. 1). Slight lift on R.
(ct. and). Step diagonally back on L. (ct. 2).
Slight lift on L. (ct. and).
- 2 Step back on R. (ct. 1) Slight lift on R.
(ct. and). Step diagonally fwd. on L. (ct. 2).
Slight lift on L. (ct. and).
- 3-10 Repeat meas. 1-2. Note: The body is held center
throughout this movement.

Pattern II

- 1 Step in place on R. (ct. 1). Bounce twice on
both feet, which are about shoulder width
apart (ct. 2 and).
- 2 Step in place on L. (ct. 1). Bounce twice on
both feet which are not quite together
(ct. 2 and).
- 3-24 Repeat meas. 1-2.

Pattern III

- 1 Turning slightly lft. step R. (ct. 1). Hop
on R. (ct. 2).
- 2 Hop again on R. (ct. 1) Hop on R. again.
(ct. 2). Step L. (ct. and).
- 3-8 Repeat meas. 1-2. Note: This step moves to lft.

OJ RASTIĆU ŠUŠNJATI-MISTA (cont.)

Pattern IV

- 1 Jump lightly onto both feet (ct. 1). Bounce twice on both feet (ct. 2 and).
- 2-8 Repeat meas. 1
- 9 Moving into circle step R., bending knee (ct. 1). Hop R. (ct. 2).
- 10 Repeat meas. 9, opp. ftwk.
- 11-12 Repeat meas. 9-10.
- 13-16 Repeat meas. 9-12.

Repeat Pattern IV to end of dance.

PRESJEKACA
(Slavonija, Croatia)

Source: Smotra Folklor, Zagreb, 1969.

Formation: Circle of men, hands joined and down.

Ladies are in back, between men, with hands resting lightly on men's shoulders.

Time: 2/4

Record: AMAN-105

Measure: Pattern I-Men

- 1 Step L. in place (ct. 1), Hit R. next to L. (ct. and). Hop L. (ct. 2). Step R. in place (ct. and).
- 2-8 Repeat meas. 1.

Pattern I-Women

- 1 Step L. in place (ct. 1 and). Touch R. in front of L., hopping on L. (ct. 2). Step R. in place (ct. and).
- 2-8 Repeat meas. 1.

Pattern II-Men

- 1 Step in place on L., bending lft. knee. (ct. 1). Straighten lft knee and push back R. (ct. and). Reverse ftwk. (ct. 2 and).
- 2 Repeat meas. 1.
- 3-4 Repeat meas. 1 of Pattern I twice.
- 5-8 Repeat meas. 1-4.

Pattern II-Women

- 1 With wt. equally on balls of both feet, R. directly in front of L., lower both heels to floor twice. (ct. 1,2).
- 2 Repeat meas. 1.
- 3 Repeat ct. 1 of meas. 1. Bring R. next to L. and bounce twice (ct. 2 and).
- 4 Repeat meas. 3.
- 5-8 Repeat meas. 1-4.

Pattern III-Men

- 1 Step L. in place (ct. 1). Making approx. 1/8 turn to L. jump fwd. lightly onto both feet which are slightly apart and parallel. (ct. 2).

PRESJEKAČA (cont.)

Measure:

- 2 Step back to place on L. (ct. 1). Step back slightly on R. (ct. and). Step fwd. to place on L. (ct. 2 and).
- 3-4 Same as meas. 1 of Pattern I.
- 5-8 Repeat meas. 1-4.

Pattern III-Women

- 1 Same as meas. 1 of Pattern II.
- 2 Same as meas. 3 of Pattern II.
- 3-4 Same as meas. 2.
- 5-8 Repeat meas. 1-4.

Dance Repeats From the Beginning

PLES S ROPCOM
(Podravina, Croatia)

Source: Nena Sokčić of Lado.

Formation: Circle of couples, facing each other.

Time: 2/4

Record: AMAN-105

Note: This dance was performed freestyle. The sequence presented here is only one of many possibilities.

Measure: Pattern I-Men and Women

- 1 Step L. in place (ct. 1). Step on ball of R. in place (ct. 2). During ct. 2, the lft. foot is taken slightly to the side with toe turned in.
- 2 Bring L. to R. (ct. 1). Step L. in place (ct. 2).
- 3-4 Repeat meas. 1-2, opp. ftwk.
- 5 Step L. in place (ct. 1). Hit R. beside L. (ct. and). Step R. in place (ct. 2). Hit L. beside R. (ct. and).
- 6-7 Repeat meas. 5
- 8 Step L. in place (ct. 1). Hit R. beside L. (ct. and). Step R. in place (ct. 2). Hold (ct. and). Note: During meas. 5-8 of each Pattern, rt. hand is raised and waves handkerchief.

Pattern II-Men

- 1-7 Same as Pattern I.
- 8 Slight jump onto both feet, toes turned in (ct. 1). Bring heels together. Wt. is now on balls of both feet (ct. and). Lower heels to floor (ct. 2 and).

Pattern II-Women

- 1 With hands on waist, take 3 steps to make one turn CW, beginning L. (ct. 1 and 2). Hold (ct. and).
- 2 Repeat meas. 1, opp. ftwk.
- 3-4 Repeat meas. 1-2
- 5-7 Same as meas. 5-7 of Pattern I.
- 8 Same as meas. 8 of Pattern II-Men.

PLES S ROPCOM (cont.)

Measure: Pattern III-Men

- 1 Facing partner, but moving slightly lft., step side L. (ct. 1). Step R. beside L. (ct. and). Step side L., lifting R. well in front. (ct. 2). Hold (ct. and). During cts. 2 and, handkerchief is passed under raised leg, from rt. hand to lft. hand.
- 2 Repeat meas. 1, opp. ftwk. opp. direction, and opp. action with handkerchief.
- 3-4 Repeat meas. 1-2.
- 5-8 Repeat meas. 5-8 of Pattern I.

Pattern III-Women

- 1-4 Repeat action of meas. 1-4, Pattern I, but do this moving lft. one man.
- 5-8 Same as Pattern I, but do this facing new partner.

APPALACHIAN BIG CIRCLE CLOG
(United States)

Source: Various sources researched by Jerry Duke in the Cumberland and Appalachian Mountain regions.

Time: 2/4 broken-up here as &,a,1 &,a,2

Formation: Couples in large circle, Lady on Man's Rt. Hands held up, arms extended slightly to side giving much room between dancers.

Measure: Basic clog

- 1 Brush Rt. toe fwd (ct.&) Allow toe to come back, still in front (ct.a) Step fwd R (ct.1) Repeat cts. &,a,1 opp.ftwk. A heel tap may be added between the two toe brushes.

Variation I

- 1 Brush Rt. toe fwd (ct.&) Allow toe to come back, still in front (ct.a) Step fwd on R (ct.1) Keeping L behind R step on ball of L (ct.&) Step place on R (ct.2)
- 2 Repeat meas. 1 variation I opp. ftwk.

In general the clog steps are done as flat-footed as possible. The feeling should be that of chugging fwd. and into the ground on each step. Sometimes while clogging in place the chug can be backward rather than forward. Dancers should be careful never to let the clog interfere with the figures. Use only the basic clog walk during difficult figures until you become fairly good at the variations.

Variation II

- 1 Same as meas 1 cts. &,a,1 Brush L fwd (ct.&) Chug on R lifting Lft. knee (ct.2)
- 2 Repeat opp. ftwk.
Cts. &,2 may be done more than once, 2 or three times in a row.

(continued)

APPALACHIAN BIG CIRCLE CLOG
(continued)

Measure: Variation I&II

- 1 Same as Variation II but on Ct. 2 foot is raised across in front of R.
- 2 Bring L in front of R (ct.&) Chug again on R bring L out and away from R (ct.1)
Repeat meas.1 Cts &,2 (cts.&,2)
- 3-4 Repeat 1-2 opp ftwk.

Big circle figures

The calling that accompanies this dance does not necessarily contain "patter" you sometimes hear.

- "Circle left"- Join hands and circle CW
- "Circle right"- Circle CCW
- "Center in here we go"- Move into circle & out
- "Promenade"- Couples move LOD M's Rt. hand in L's Rt. Lft. in Lft. joined under Rt hands. Hands front and low.
- "Wring out the dishrag"- Both hands come up as Lady travel CCW around partner for 6 steps meas.1-3 Lady turns CCW under arms to face original dir. meas4. Repeat fig.
- "Gent down Lady around"- Men go down on Rt. knee Lady travels CCW around holding his Rt. in her Lft. Man come back up on Meas.4 back to promenade pos.
- "Queen's (or King's) Highway" Lead couple breaks, Ladies follow lead Lady who turns back along circle, Ladies do not turn back until the lady in front of them has turned back. Men continue circling LOD join back in promenade pos. when partner comes back. On King's Highway Men pass behind partner and travel RLOD outside of circle.
- "London Bridges"- Lead couple forms an arch by turning back and joining inside hands, next couple ducks under arch, turns and forms their arch, etc. Lead couple ducks under and follows last couple to promenade out of tunnel to form circle promenading LOD.

(continued)

APPALACHIAN BIG CIRCLE CLOG
(continued)

Small Circle Figures

Call;

"Circle Up Four"- Make circles of two couples each around the floor. Circle Lft. (CW) 8 cts. and Rt. 8 cts. Couples who find themselves alone should go to center & find another couple. If there is one extra couple they become an even couple thus missing the first figure.

"Everybody Back Up"- Couple with backs to Center back up 8 cts. and return to place 8 cts. This establishes them as odd couples, (travelling couples).

NOTE Another way to establish odds and evens is to count off around to the Rt. before breaking into small circles. Always circle 8 cts. Lft and Rt. before each figure.

"On To The Next"- Odd couple moves CCW to next even couple (8cts.) and begin circle Lft.

"Duck For The Oyster"- Odd couple ducks under arch formed between even couple and back out (4 meas.) Even couple does likewise Odd couple ducks under again going through arch breaking own hands, but holding onto opposite, pulling even couple under own arch. Odd couple travel around each end of even couple and back to place (4 meas.) then circle Lft. 8 cts., then to Rt.

"Four Leaf Clover"- Odd couple travels under arch made between even couple (don't) release hands as in Duck the Oyster) Odd couples pass under arch made by their own hands over their heads thus forming the figure. Travel Lft. 8 cts. even couple travels under odd couple arch, then their own to form circle.

"Wing Opposite, Swing Your Own"- Turn opp. Lady 8 cts. release her in her home spot, turn partner 8 cts. release to Man's Rt. circle Rt. and Lft. 8 cts. each.

(continued)

APPALACHIAN BIG CIRCLE CLOG
(continued)

Measure: "California Fruit Basket"- Ladies break and spin to Rt. to pass behind partner to center. Ladies join hands and circle 16 cts. Lft. Men continue moving LOD 16 cts. Both lines reverse for 16 cts. Men get back to partners side by ct. 15, Ladies lift their arms on ct. 15 Men duck under. Ladies, bring arms down behind Men ct. 16 All buzz CW R in front, break on 16 and join back in big circle backing up as you go. "Ocean Wave"- Done like a grand Rt. and Lft. start by turning Lady front of Man and join Rt. hands. 2 meas. to pass partner and 2 for each hand continuing Man LOD Lady RLOD Hold onto first Lft and second Rt. with Men doing 2 steps into circle and Ladies 2 out. Continue 2 hands (RT, and Lft.) and then in and out. "Wagon Wheel" (for small groups) From promenade pos. Men close circle and place their Lft. hand on man in front. (Lft. shldr) Ladies put their Lft. hand on partner's Rt. shoulder. Ladies break on call and take 8 steps to turn Rt. and put Lft hand on the Lft shldr of Man who was behind her, progressing back until back to partner. "Ladies In"- Ladies travel to center with any free-style clog step (8 cts.) stay there for 16 cts. and back up to place for 8 cts. Ladies often do clog turn step while in center. (the caller can specify Ladies Lft. and Gents Rt. and reverse while the Ladies are in the center). "Gents In"- Gents do same as Ladies did. "Shoulder Clog"- Men can grasp each other's near shldr. while in center if caller specifies. Advanced cloggers often do the clog heel-click at this time. "Single File"- (usually done only in CCW direction, often done before Ocean Wave or Grand Rt. and Lft. Lady moves in front of Man from prom. pos. Circle travels for 16 or more cts. Lady turns to face partner when caller indicates.

(continued)

APPALACHIAN BIG CIRCLE CLOG
(continued)

- Call; "Girls Turn in Place"- (May also be done in big circle) Ladies turn in place 8 cts. Rt., 8 cts. Lft. Men mark time in place circle Lft. 8 and Rt. 8
- "Take a little Peek"- Odd couple travels to each side of even couple 4 cts. (Man to Lft., Lady to Rt.) Odd couple looks at each other behind even couple then travel back to place 4 cts. Swing partner and circle Lft. 8 cts. and Rt. 8 cts.
- "Birdie in the Cage"- The Lady of the odd couple gets in the center while the circle travels CW around her 8 cts.
- "Birdie Hop out Crow hop in"- Gent of odd couple goes to center when his partner comes out. Circle continues to Lft. 8 cts.

Calls may be in any order at discretion of leader.

KARS MEDLEY
(Turkey)

Source: Independent research by Ergun Tamer in Kars area, Turkey.

Time: Mostly 6/8 does go into other rythms.

Position: Line (alternating men and women) holding little fingers. Hands slightly in front and held shoulder height.

Measure: Dance 1, Step I

- 1 With body turned slightly Rt. move Rt. step R, lifting L behind.
- 2 Swing L through and cross L over R lifting R behind.
- 3 Step R to Rt. lifting L.
- 4 Touch L front of R
- 5 Turning back Lft. step L lifting R behind.
- 6 Touch R front of L.

Depending on when you start, this dance goes through about 6 times.

Step II

- 1 Step R to Rt. (ct.1) Cross L over R (ct.2).
 - 2 Step R to Rt. (ct.1) Kick L front of R (ct.2).
 - 3 Step L to Lft. R pivots around so feet are tog. and toes are Lft. (ct.1) Kick R (ct.2)
- This pattern is done 6 times.

Step III

- 1 With body turned slightly Rt. step R (ct.1) Step slightly behind on ball of L (ct.&) Step Fwd R (ct.2)

- 2 Repeat opp. ftwk.

With 8 of these "two-steps" slowly form a star formation, Ladies coming to center retaining hold with partner, and dropping Lft. 8 more to travel LOD in star. 8 to go back to line, still moving LOD 7 more steps to close circle.

Dance 2, Step I

(continued)

KARS MEDLEY
(continued)

Measure: Dance 2, Step I Meter changes to 8/8

- 1 Step strongly on R (ct.1) Strongly on L slightly behind R (ct.2) Step strongly R (ct.3) Hold (ct.4) This moves LOD.
- 2 Repeat meas opp. ftwk.
Circle gradually gets smaller until you are close enough to put Lft hand behind back (if Rt hand is up you may go into this position easily) Measl lean Rt. follow R and meas. 2 lean Lft. over L foot. This continues until music stops, all end facing center feet tog.

Step II Meter becomes 6/8 again (123) (123) is two measures here.

- 1 R coming front and circling to side, jump on both to Rt. (ct.1) Lift L (ct.2) Kick L fwd (ct.3) Arms go back on ct.1 swing through 2 come front and to waist level ct.3) Swing back quickly to ct.1/
- 2 Repeat meas. 1 opp. ftwk. opp. dir.
- 3-8 Repeat meas. 1-2.
End with jump on both when music stops.
- 1-8 Repeat 1-8 with jump.
Repeat Step 1 with body leaning towards step and clapping on cts. 1,2,3.
Repeat Step II clapping on ct.1.

Dance 3 Step I

- 1 Step R to Rt. arms are back (ct.1) Arms swing down to side (ct.&) Step L over R arms fwd (ct.2) Arms come down (ct.&).
- 2 Step R to Rt. arms are back (ct.1) Arms swing down (ct.&) Kick L in front of R arms up bent at elbow and to Rt. (ct.2)
- 3 Step on L pivoting Rt. with heels, toes remain down, both arms go Lft. (ct.1) Repeat ct. 1 opp ftwk opp. dir.
- 4 Step on L pivoting Rt. with heel (ct.1 Kick R (fwd) ct.2 same time arms go fwd and down. On meas. 3 and 4 when stepping Lft arms go Lft. Rt. goes Rt. Elbows remain in relative same position.
Meas. 1-4 repeat speeding up to end of music.

JANGWA
(Rhodesia)

Source: This dance is from the Shona people,
Manyika Tribe. Learned from Abraham
Dumisani Mararie.

Time: 4/4

Position: Individuals scattered around floor facing
the music.

Measure: Basic step

4 meas. intro.

1 Arms swing in opposition, kick fwd with
R (ct.1) Step R in place (ct.2) Touch L
back (ct.3) Step L in place (ct.4) Look
in direction of gesturing foot.

2-12 Repeat meas 1.

Step II

Same basic step but bring Rt. knee across
L as you bring body down to it, head down
(ct.1)

Step III

1-12 Weight on L, R fwd with bal. of R down
and slightly fwd. thrust Rt. hip fwd (ct.1)
Thrust hip fwd again (ct.2) With each thrust
arms (bent at elbow) make thrusting fwd
and into body. Shift weight onto R and
drop onto whole foot thrusting Rt. hip
out (ct.3) Shift weight to L with Lft.
hip out (ct.4) On ct.3 arms swing back
and return to place ct.4. Head follows
thrusting hip. Repeat 12 times total.

Step IV

1-2 Thrust Rt. hip out (ct.1) Return to place
(ct.2) Thrust again (ct.3) Bend knees
and drop weight down (ct.4) Slap thighs
with both hands (ct.4) With hands remaining
on thighs bend at waist with knees bent
and back arched (ct.5) In this pos. round
back (ct.6) arch (ct.6) round (ct.6) cts.
7, 8, 8, 8. repeat 5-6. Step done 6 times.

(continued)

JANGWA
(continued)

Step V

- 1-2 Hips thrust Rt. (cts.1,2) Hips thrust Lft. (cts.3,4) Arms bent at elbow palms down, head turns to look at thrusting hip. Turning 1/4 turn to Lft. step R across L bend knees, body bent at waist, Lft. arm bent and in front of head Rt. arm behind back (ct.5) maintaining pos. step in place L (ct.6) Turning to Rt. 1/4 turn step on R (ct.7) Step in place L and return to original pos. (ct.8). Step done 6 times.

Step VI

- 1-5 Repeat cts. 1-5 of Step V.
6-8 Slide R while turning 1/4 back to pos. in evenly flowing through cts.6,7,8. ∴
Step done 6 times.

Step I

Repeat Step I for 13 meas. Meas. 14 will end leaving you with R. extended and frozen in place.

DRAČEVKA
(Dračevo - Near Skopje, Macedonia.)

Source: Stanimir Višinski - Institute on Badija, 1973.

Formation: Mixed line of men and women, joined hands
down, dancers face slightly rt.

Time: 7/8 (1,2,3)

Record: AMAN-105

Note: Dance can also be performed in segregated lines.

Measure: Pattern I

- 1 Slight leap onto L. (ct.1) Lift slightly on L.
(ct. uh) Step on R. (ct.2,3).
- 2-3 Repeat meas. 1.
- 4 Step fwd. L. (ct.1) Step back R. (ct.2,3).
- 5 Hop on R. (ct.1) Hop again on R. (ct. uh) Step
back L. (ct.2,3).
- 6 Step fwd. R. (ct.1) Step back L. (ct. uh) Step
fwd. R. (ct.2,3).
- 7-14 Repeat meas. 3-6, two more times.

Pattern II

- 1-3 Same as meas. 1-3 of Pattern I.
- 4 Step fwd. L. (ct.1) Close R. to L. (ct. uh)
Step fwd. L. (ct.2,3)
- 5 Leap onto R. (ct.1,2,3)
- 6 Touch L. in front (ct.1) Touch L. to side (ct.2,3)
- 7-8 Repeat meas. 5-6 of Pattern I.
- 9-10 Repeat meas. 5-6 opp. ftwk.
- 11-12 Repeat meas. 7-8 opp. ftwk.
- 13-16 Repeat meas. 5-8.

ŽENSKO ČAMČE
(Western Macedonia)

Source: Stanimir Višinski, Institute on Badija, 1973

Formation: Lines of women, joined hands up.

Meter: Part I, see note. Part II-7/8 (1, 2, 3).

Record: AMAN-105

Note: The slow part of this dance belongs to a tradition of dancing in parts of Macedonia where the dancers are in control of the musical meter and tempo; i.e. the musicians follow the lead dancer. Therefore, no strict meter can be assigned to the first or slow section of the dance. It will be notated as groups of steps with holds in between. There is absolutely no hip movements to the side in the dance.

Group: Pattern I-Introduction

- 1 With wt. equally on both feet, bend knees 2X.
This is done only once in the dance.

Pattern II

- 1 Step fwd. on L. Step back on R. Bring L. foot to lft. side of rt. ankle. And raise onto ball of R., HOLD.
- 2 Lower R. heel twice. Step side lft. on L. ^{Dip by bending L. knee} Step in diagonally across on R. Step back on L., bring R. in front of L. Raise onto ball of L. and HOLD.
- 3 Lower lft. heel twice. Step side rt. on R. Step L. behind R. Step side R. Raise L. in front of R. Dip by bending rt. knee. Step L. diagonally across. Take small step side R., bringing L. in front of R. Raise onto ball of R. and HOLD.
- 4 Step across diagonally onto L. and turn to face center bringing R. in front of L. Dip by bending lft. knee. Step R. in place, bringing L. in front of R. ^{Dip by bending R. knee}

Repeat from beginning of Pattern II until 7/8 music begins. Music will change after a group 2.

Measure: Pattern III-7/8 Music

- 1 Facing slightly rt., step R. (ct. 1 and). Step in place on ball of L. (ct. uh). Step slightly fwd. R. (ct. 2,3).
- 2 Repeat meas. 1, opp. ftwk.
- 3 Step fwd. R. (ct. 1). Step fwd. L. (ct. 2,3).
- 4 Turning to face center step side R., bringing L. in front of R. (ct. 1). Dip by bending rt. knee. (ct. 2,3).
- 5 Step side L. (ct. 1). Step R. across L. (ct. 2,3).
- 6 Step side L. bringing R. in front of L. (ct. 1) Dip by bending Lft. knee (ct. 2,3).

Variation to Pattern III

On meas. 1-2, dancers may make one turn clockwise.

KAVADARKA
(Kavadarci - S. Central Macedonia)

Source: Stanimir Višinski, Institute on Badija, 1973
Formation: Lines of men, shoulder hold.
Time: 6/8 (1,2,3,4,5,6)
Record: AMAN-105

Measure: Pattern I

- 1 Moving rt. step on R. lifting L. in front (1,2,3). Fluidly bring L. leg fully in front w/ upper leg parallel to floor and make a scooping movement twd. R. leg. (ct.4,5,6).
- 2 Repeat meas. 1, opp. ftwk.
- 3 Facing center, step in on R. (ct.1,2,3) Kneel on L. knee in back (ct.4,5,6).
- 4 Stamp R. in place taking wt. (ct.1,2,3) Get up onto R. and bring L. behind rt. knee (ct.4,5,6).
- 5 Step in on L. (ct.1,2,3) Turning slightly rt., step out on R. (ct.4,5,6).
- 6 Repeat meas. 2.

Pattern II - Performed to faster tempo

Note: On first 2 meas. arms are down; arms bend at elbows and swing in front of body, opposite arms and legs moving together.

- 1 Moving rt., step R. across body (ct.1,2,3) Step L. across body (ct.4,5,6).
- 2 Repeat meas. 1.
- 3 Taking shoulders and facing center, step in on R. (ct.1,2,3) Step back on L. (ct.4,5,6).
- 4 Step back R. (ct.1,2,3) Bring L. behind R. knee and dip w/ R. (ct.4,5,6).
- 5-6 Repeat meas. 5-6 of Pattern I.

KALAJDŽIJSKO
(Titov Veles)

Source: Institute on Badija, 1973, Stanimir Višinski.
Time: 11/16
Position: Line of Men in shoulder hold.

Measure:

- 1 Point Lft. toe across in front of R. (cts.1-2)
Point Lft toe diagonally fwd Lft. (ct.3)
Point Lft. toe across in front of R. (ct.4-5)
- 2 Close L beside R pivot on balls of feet
moving both heels Rt. (ct.1) Pivot on balls
of both feet moving both heels Lft. (ct2)
Pivot on balls of both feet moving both
heels Rt. (ct.3) Pivot on balls of feet
back to Lft. (cts. 4-5)
- 3 Facing slightly and moving Rt. a slight
lift on L. bending Rt. knee to cross R in
front of Lft. leg (ct.1) Step fwd on R
(ct.2) A slight lift on R, bending Lft.
knee to cross L in front of Rt. leg (ct.3)
Slight lift on R (ct.4) Step fwd on L (ct.5)
- 4 Rock bkwd on R (ct.1) Rock fwd on L (ct.2)
A slight lift on L, bending Rt. knee to cross
R in front of Lft. leg (ct.3) Turning to
face center, step side Rt. on R (cts.4-5).

Transition (done only once)

- 1-2 Meas 1-2 of Step I.
- 3 Drop arms all face LOD do meas. 3 of Step I.
Arms move naturally, roughly opposing movement
of legs.
- 4 Rock back on R (ct.1) Rock fwd on L (ct.2)
Hop on L with R raised, flexed at knee (ct.3)
Hop strongly on L, straightening Rt. knee
(ct.4) Land on R, moving continuously into
ct. 1 of measl of variation. Arms continue
to move naturally, roughly opposing movement
of legs (cts.1,2,3); Both arms straight
back (ct.4); Both arms swing fwd and up (ct.5)

Variation

(continued)

KALAJDŽIJSKO
(continued)

Measure: Variation (cont.)

- 1 Deep squat with both feet together, knees slightly apart (cts.1-2) Jump up onto both feet about shoulder width apart (ct.3) ; Jump onto both feet together (cts. 4-5) Arms: Both arms fall naturally down (cts.1-2) Arms out sides (ct.3); Arms return to a natural central position (cts.4-5)
- 2 Same as meas. 2 of Step I, but with arms moving slightly in opposition to legs.
- 3-4 Meas. 3-4 of transition.

POTKOLO
(Konavlje)

Source: Dr. I. Ivančan, Institute on Badija, 1973
Formation: Mixed line of men and women, joined hands up
Part I, down Part II.
Time: 3/4 and 2/4
Record: AMAN-105
Styling: Very slightly on balls of feet. Dance moves
left.

Measure: Part I - 3/4

- 1 Facing slightly lft. touch L. (ct.1) Raise L.
in front of R. just below knee and slightly crosse
(ct.2) Hold (ct.3).
- 2 Lift on R. and step fwd. on L. (ct.uh 1) Step
on R. (ct.2) Hold (ct.3).
- 3 Bring feet together and twist heels lft. (ct.1)
Twist heels rt. (ct.2) Hold (ct.3).
- 4 [Repeat Part I six more times.
Repeat meas. 3

Part II - 2/4

Beginning L. skip until end of 2/4 music. During
this pattern leader turns down the line and goes
under joined arms of last two dancers and back to
head of line.

Note: Numbers of times each part is performed
are not in actuality constant. They have been
arranged in this way here, however, for ease in
remembering.

PAŠKI TANAC
(Pag)

Source: Seen at Smotra Folklor. Special thanks to Robert Leibman for use of his films in further research of this dance.

Time: 2/4

Position: Couples in circle facing LOD inside hands held with arms bent at elbow. Outside hands on waist thumbs back.

Measure: Step I

- 1 Both step fwd on R (ct.1) Step fwd on L (ct.2)
2-8 Repeat meas: 1.

Step II

- 1 Man with preparation on ct.& lifts Rt. leg with leg straight, this lifts body off floor (ct.&) Land on both feet tog. (ct.1) Step L continuing LOD (ct.&) Step R LOD (ct.2) Prepare for next meas. by lifting Lft. leg and going into air.
2 Repeat meas. 1 opp. ftwk.
3-8 Repeat meas. 1-2
Lady uses same ftwk as Man but turns to face partner on jump (ct.1) back to place meas.2 etc. Lady must also move LOD with Man.
- 1-8 Same ftwk as Step II but on meas 1 Lady moves slightly in front of Man. Turn back to face Man but continue across meas.2 Move to Man's Lft. side and end facing LOD hands held across meas.3, Meas 4 in place.
- 1-8 In this position do 8 steps (as in Step II) LOD, both do Man's step.
- 1 With same step Ladies start to move to front of partner, still facing LOD.
2 Lady should be directly in front of partner and should just let go of him at end of meas.
3 Lady should move to partner's Rt. side.
4 Rejoin hands.
Repeat meas 1-16 twice.

(continued)

PAŠKI TANAC
(continued)

Measure: Step I

1-8 Repeat Step I. (walk)

Step III

- 1 Man step R lifting Lft. Leg and moving in LOD (ct.1) Hop on R (ct.2)
- 2 Repeat meas 1 opp. ftwk.

Lady does same step as man but does meas.1 facing LOD and meas 2 to face Man.

Lady repeats same over and back figure as in Step II.

TANAC IZ MLJETA
(Mljet)

Source: Seen on island of Mljet. Special thanks to Robert Leibman for use of his films in the further research of this dance.

Time: 2/4

Position: Contra type formation Ladies with Lft. shoulder to music. 4 couples to a set
Free hand on side, wrists in. *Man's down*
woman

- 1-4 All couple move 8 walks starting L in towards partner. Hands are held along line on in & outs
- 5-8 Couples back to place 8 steps starting L.
- 9-20 While couples 2,3,4 do 8 steps fwd, 8 steps in place and 8 steps back, lead Lady chases lead Man around entire formation CW to end in place on ct. 20. This is done running.
- 21-32 Lead couple join and turn to end of set. (Turn- Man's Rt. hand on Ladies waist and Lft. to own side, both Ladies hands on partners shoulders. Man steps R ct.1, L. ct. & R. ct.2, takes a large step with L. ct.1, Cts. 2, & 1 are same as cts 1, & 2 and ct. 2 is same as long ctl in first meas. Lady takes weight on both ct.1 Step L ct.2 Cross R. over L. ct.1 On the both feet are slightly apart and to get there you pivot on R, and move the L.) People in set do 24 steps in place & starting L.
- 33-36 Lead couple fall back to place and move 8 steps in and 8 back with the rest of the set.
- 37-40 8 steps for Ladies to advance and duck under advancing Men's hands, Men break and all turn to put back to music and then face again you have now changed places.

Dance repeats for each couple.

Note: On measures 9-12 lead couple may do the first 8 steps in with the other couples and then start the chase.

SONG WORDS

TRI JETRVE

Slavonija, Croatia

Tri jetrve žito žele
Ladole mile, oj Ladeoj.

Jedna žela snop nažela
Ladole mile, oj Ladeoj.

Druga žela dva nažela
Ladole mile, oj Ladeoj.

Treća žela tri nažela
Ladole mile, oj Ladeoj.

DOBAR VEČER

Zagorje, Croatia

Dobar večer dobri ljudi
Da bi nam svi zdravi bili
U ovoj novoj godini
Da bili bi u radosti
Da bi nam svi zdravi bili.

Dobar ti večer gospodar
Došlo je novo leto k'vam
Da bi vam polje rodilo
Pšeničku žarku davalo
Da bi nam svi zdravi bili.
Da bi nam svi zdravi bili.
Da bi vam gore rodile
To rujno vince davale
Devojke mi darujemo
Crleim lepim venčekom
Dječake mi darujemo
Crleim lepim bušpanom
Da bi nam svi zdravi bili.

OJ RASTIČU ŠUŠNJATI

Slavonija, Croatia

Oj rastiću šušnjati
Nauči me igrati //
Jab'se hćela udati
A još neznam igrati //

Ajde malo korova
Deder malo korova //
De posviraj korova
Da igramo korova //

Čaj, čaj, čapove
Tavanice rastove //
Jer ove grede
Da mi momci glede //

Koga ćemo da šta ćemo
De de nevolje
Koga toga to toroga
De de nevolje.

Gledala sam stare babe
Gde se ljube uz tarabe
A ja svoga duvegiju
Pritisnula uz kapiju.

Sviraj mista čiča rista
Ako nećeš izgorećeš
Ovako se kupus gazi
Ako neznaš a ti pazi

Sviraj svirko makar crko
Zašto si mi vamo vrko
Sada sviraj do zore
Mene noge nebole.

SERBO-CROATIAN ALPHABET

a	a as in father
b	b as in bread
c	ts as in bits
č	ch as in chin
ć	tu as in picture
d	d as in day
dž	g as in gin
đ	du as in procedure
e	e as in bet
f	f as in fine
g	g as in good
h	h as in hill
i	i as in bit
j	y as in yet
k	k as in king
l	l as in love
lj	lli as in million
m	m as in mother
n	n as in never
nj	ni as in onion
o	o as in note
p	p as in pet
r	r rolled slightly in front
s	s as in sister
š	sh as shin
t	t as in table
u	u as in butcher
v	v as in victory
z	z as in zeal
ž	su as in pleasure

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