

STARA OSMICA
Serbia

The steps of Stara Osmica (Stah-rah Os-me-tca) are from the ^KSumadija region in Central Serbia, while the dance was arranged by Bora Cajicli.

RECORD: Borino Kolo Folk Ensemble, BK 678 (LP)

FORMATION: Lines facing ctr, with hands joined and down.

METER: 4/4

PATTERN

Meas.

Introduction - 8 meas (no action)

FIG. I

- 1 Moving LOD, step R to R (ct 1), close L to R (ct 2), repeat cts 1-2 (cts 3-4).
- 2-7 Repeat meas 1, 6 more times (14 step-closes in all).
- 8 In place, stamp R,L (cts 1,2,3,4)
- 9-16 Repeat meas 1-8, 1 more time.

FIG. II

- 1 Still moving LOD, step R to R (ct 1), close L to R (ct 2), step R to R (ct 3), hold on R with L heel behind R calf-ankle.
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Moving LOD, step R to R (ct 1), close L to R (ct 2), repeat cts 1-2 (cts 3-4).
- 4 Repeat meas 1.
- 5-8 Repeat meas 1-4 with opp ftwk and direction, except on last meas stamp L,R (cts 1,2,3,4) - end with wt on L.
- 9-16 Repeat meas 1-8, 1 more time.

FIG. III

- 1 Hop on L (ct 1), step R in front of L (ct 2), step L in place (ct 3), pause (ct 4).
- 2 In place, hop on L (ct 1), step R,L (cts 2-3), pause (ct 4).
- 3 Repeat meas 1.
- 4 Jump on both ft with plie (cts 1-2), jump again, landing on R - L ft in back of R.
- 5-8 Repeat meas 1-4, with opp ftwk.
- 9-16 Repeat meas 1-8, except on last meas jump onto balls of both ft.

Repeat dance from beginning, until end of music.

VRANJANSKI ČAČAK
Serbia

The steps of Vranjanski Čačak (Vrahn-yahn-ski Chah-chahk) is from Vranja in the South Serbia area, while the dance was arranged by Bora Gajicki.

RECORD: Borino Kolo Folk Ensemble, BK 678 (LP)

FORMATION: A line facing ctr in belt hold (L over R).

METER: 4/4 PATTERN

Meas.

No introduction.

FIG. I

- 1 Stepping R to R (leave L in place), rock onto R with a double bounce (cts 1-2, 3-4).
- 2 Rock onto L with a double bounce.
- 3-4 Bending fwd slightly, do 4 small running steps - step R to R (cts 1-2), step L across R (cts 3-4). Repeat cts 1-2, 3-4.
- 5-16 Repeat meas 1-4, 3 more times (4 in all).

FIG. II

- 1 Moving and facing LOD, jump on both ft, wt mainly on R (ct 1), step fwd L,R (cts 2-3), hold (ct 4).
- 2 Repeat meas 1, with opp ftwk.
- 3 Step fwd R,L (cts 1,2,3,4).
- 4 Face ctr and in place step R,L,R, hold.
- 5 Repeat meas 4 with opp ftwk.
- 6 In place step R,L,R, hold
- 7 Step L to L (ct 1-2), step R across L (cts 3-4).
- 8 In place step L,R,L, hold.
- 9-16 Repeat meas 1-8, 1 more time.
Note: Ftwk is almost flat footed during this Fig.

FIG. III

- 1 Facing ctr and moving slightly to R, hop on L (ct 1), step R to R (ct 2), step L next to R (ct 3), hold (ct 4).
- 2 Repeat meas 1.
- 3 Facing ctr, in place jump on both ft (ct 1), hold (cts 2-4).
- 4 Jump onto R as L moves up and thrusts fwd (cts ah-1-2), in place, step L,R (cts 3-4).
- 5 In place, step on L (cts 1-2), bounce on L as R moves up and thrusts fwd (cts 3-4).
- 6 In place, step R,L,R (cts 1-3), hold on R as L moves twd back of R calf (ct 4).
- 7 In place, hop on R (ct 1), stamp L (cts 2), stamp L, with wt (ct 3), hold (ct 4).
- 8 Hop on L (ct 1), hold (ct 2), stamp R, without wt (ct 3), hold (ct 4).
- 9-16 Repeat meas 1-8, 1 more time.

Repeat dance from beginning until end of music.

SASINO KOLO
(Yugoslavia)

Bora Gajicki learned this Serbian dance from the local people while living in Beograd in the early 1960's.

RECORD: Jugoton LP YV S-60941 ; BK 576

FORMATION: Broken circle, hands joined and held down.

MUSIC 4/4

PATTERN

Meas.

FIG. I

This figure is done facing the center of the circle, in place.

- 1 Hop on L (ct 1), step R beside L (ct &), step L beside R (ct 2), step R beside L (ct 3), hop on R (ct 4).
- 2 Repeat meas 1 with opp ftwk.
- 3-8 Repeat meas 1-2 three times

FIG. II

- 1 Turning body to R and moving LOD, step fwd with R (ct 1), step fwd with L (ct 2), step fwd with R (ct 3), hop on R (ct 4).
- 2 Still moving LOD, step fwd with L (ct 1), step fwd with R (ct 2), step fwd with L (ct 3), hop on L (ct 4).
- 3 Repeat meas 1.
- 4 Stamp lightly with L, placing weight on L, simultaneously turning body to face ctr of circle (ct 1), stamp lightly with R, placing weight on R (ct 2), stamp lightly with L, placing weight on L (ct 3), hold (ct 4).
- 5-8 Repeat meas 1-4, except you turn to the L (RLOD) on first ct and proceed through meas 8, face ctr of circle on meas 8.

FIG. III

- 1 Turning LOD, hop on L, simultaneously touch floor with R heel in front of L (ct 1), place R on floor, lifting L behind R (ct 2), hop on R, simultaneously touching floor with L heel in front of R (ct 3), place L on floor, lifting R behind L (ct 4).
- 2-3 Repeat meas 1.
- 4 Stamp R,L,R.
- 5-8 Repeat meas 1-4 with opp ftwk, except you turn L to face RLOD on the first count and proceed throught meas 8, facing ctr of circle on meas 8.

Presented by Bora Gajicki

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STRUMICKA PETORKA
(Macedonia)

Pronunciation:

Music: BK 576 or Jugoton LP YV S-60941 5/8 meter (2/8+3/8)

Formation: Segregated lines. Hands are held at shldr height, body is turned slightly to R.

Meas

Pattern

PART I.

- 1 Lift R ft in front of L leg, L heel goes up and down (ct 1); hold (ct 2). Step on R ft, lift L leg (ct 1); hold (cts 2,3).
- 2 Lift L ft in front of R leg, R heel goes up and down (ct 1); hold (ct 2). Step on L ft, lift R leg (ct 1); hold (cts 2,3).
- 3 Step on R (ct 1); bring L leg in front of R with leg almost straight (ct 2). Step on L, lifting R ft off floor (ct 1); place R leg behind L ankle (ct 2); hold (ct 3).
- 4 L heel goes up and down (ct 1); hold (ct 2). Step back with R ft placing wt on it, lifting L leg with knee bent in front of R leg (ct 1); hold (cts 2,3).
- 5 R heel goes up and down, lift L leg with bent knee in front of R leg (ct 1); hold (ct 2). Step back with L ft, lift R ft off floor (ct 1); hold (cts 2,3).
- 6 Continuing to move in RLOD, step R, lift L slightly (ct 1); hold (ct 2); turning to face ctr step on L (ct 1); hold (cts 2,3).

- 7 L heel goes up and down, R leg with bent knee is lifted in front of L leg (ct 1); hold (ct 2). Hold (cts 1,2,3).
- 8 Release hands of persons next to you, leaving hands at shldr height; make a half turn to R by stepping on R ft, lifting L ft slightly (ct 1); hold (ct 2). Complete turn by stepping on L ft, lifting R ft off floor in front of L leg (ct 1); hold (cts 2,3).

Part II.

- 1-7: Repeat action of Part I, meas 1-7.
- 8 Step on R beside L, lifting L off floor slightly, and bring hands down to sides (ct 1); hold (ct 2). Step on L in place, raise hands to shoulder level (cts 1,2,3).

Interlude: Twice during music an interlude of 4 meas occurs. Lower hands, move in LOD with 8 walking steps in quick-slow rhythm (cts 1,2) (cts 1,2,3). Begin R. Accent step on L by bending knee slightly.

Presented by Bora Gajicki

KAJO KALINO

Revised version of L. and D. Jankovic's description of this Macedonian dance. Bora used to dance it as part of a choreography as an amateur dancer in the 1950's.

Record: BK576

Formation: Lines. Rhythm 9/8 (2+2+2+3)

| <u>Meas</u> | <u>Ct</u> | Pattern |
|-----------------------------------|-----------------------------|------------------------------------------------|
| Step I (shoulder height handhold) | | |
| 1 | 1 | Step with R to the right |
| | 2 | Lift L |
| | 1 | Step with L to the right, crossing R in front |
| | 2 | Lift R |
| | 1 | Step with R to the right |
| | 2 | Lift L |
| | 1 | Step with L to the right crossing R in front |
| | 2 | Lift L |
| | 3 | Hold position |
| 2 | Same as Measure 1 | |
| 3 | 1 | Step with R to the right |
| | 2 | Lift L |
| | 1 | Step with L to the right crossing R in front |
| | 2 | Lift R |
| | 1 | Step with R to the right |
| | 2 | Lift L |
| | 1 | Lift L in front of R (or just touch the floor) |
| | 2 | Hold position |
| | 3 | Hold position |
| 4 | Mirror version of Measure 3 | |

Repeat Measures 1-4 three times

Step II (regular handhold)

| | | |
|---|-----|------------------------------|
| 1 | 1 | Hop on L |
| | 2 | Step with R to the right |
| | 1 | Step with L beside R, lift R |
| | 2 | Hold position |
| | 1 | Hop on L |
| | 2 | Step with R to the right |
| | 1 | Step with L beside R, lift R |
| | 2&3 | Hold position |

Kajo Kalino

| <u>Meas</u> | <u>Ct</u> | |
|-------------|---------------------------------|----------------------------------------------|
| 2 | 1 | Step on R, lift L |
| | 2 | Hold position |
| | 1 | Step with L in front of R, Lift R |
| | 2 | Hold position |
| | 1 | Step on R to its previous position, lift L |
| | 2 | Hold position |
| | 1 | Hop on R |
| | 2&3 | Hold position |
| | 3 | 1 |
| 2 | | Hold position |
| 1 | | Step with R in front of L, lift L |
| 2 | | Hold position |
| 1 | | Step with L to its previous position, lift R |
| 2 | | Hold position |
| 1 | | Hop on L |
| 2&3 | Hold position | |
| 4 | Same as Measure 2 | |
| 5-8 | Mirror version of Measures 1-4. | |

Repeat the dance from the beginning as many times as music allows.

DASKALICA
Serbia

Daskalica (Dahs-kah-lee-tsah) is a traditional dance from the Vranje area of South Serbia, though the steps were arranged slightly differently. The dance was learned by Bora Gajicki while a member of Kolo.

RECORD: Borino Kolo Folk Ensemble, BK 678 (LP)

FORMATION: A line, facing ctr, with hands joined and down.

METER: 7/8, counted 1,2,3 + 4,5 + 6,7

METER: 7/8 PATTERN

Meas.

Introduction: 8 meas (no action)

FIG. I

- 1 Moving LOD, step fwd on R.) Hands move
- 2 Step fwd on L. On last 2 cts turn to face ctr.) to "W" pos.
- 3 Step bkwd on R - lower hands (cts 1-3), small step bkwd on L (cts 4-7).
- 4 Small step bkwd on R and bounce, lift L twd back of R calf.
- 5 Step fwd on L - hands swing fwd.
- 6 Step bkwd on R - hands swing down and bkwd.
- 7 Small step bkwd on L.
- 8-10 Repeat meas 5-7, with opp ftwk.
- 11-20 Repeat meas 1-10 with opp ftwk and direction.

FIG. II

- 1 With hands down and facing ctr, hop on L, start to step on R in front of L (ct 1), step on R (ct 2), step back on L (ct 3), step R next to L (cts 4-5), step L next to R (cts 6-7).
- 2 Hop on L (cts 1-3), step on R (cts 4-5), bounce on R (cts 6-7).
- 3-4 Repeat meas 1-2, with opp ftwk.
- 5 Face LOD and hop on L (cts 1-3), step fwd on R (cts 4-5), step fwd on L (cts 6-7).
- 6 Step fwd on R (ct 1), step L behind and on outside of R ft (cts 2-3), step fwd on R (ct 4), step fwd on L (ct 5), hold (cts 6-7).
- 7 Repeat meas 5.
- 8 Face ctr and step on R (cts 1-3), bounce on R (cts 4-5), hold (cts 6-7).
- 9-16 Repeat meas 1-8, with opp ftwk and direction.

Repeat dance from beginning to end of music.

GOCINO KOLO
Serbia

The steps to Gocino Kolo (Goh-tsee-no Kolo) are typical of Central Serbia (Sumadija region), while the dance was arranged by Bora Gajicki.

RECORD: Borino Kolo 374, Side B, Band 1 or Kolo 4573

FORMATION: Line with hands joined and down.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: none

FIG. I:

- 1 Facing slightly R and moving LOD, hop on L and touch ball of R in front of L (ct 1), small leap fwd on R (ct 2), hop on R and touch ball of L ft in front of R (ct 3), small leap fwd on L (ct 4).
- 2 Still moving LOD, step R to R (ct 1), step L behind R (ct &), step R to R (ct 2), step L over R (ct 3), step R to R (ct &), step L over R (ct 4).
- 3-8 Repeat meas 1-2, 3 more times (4 in all).

Note: Fig. I is shorter during the repeats of the dance on the Kolo record.

FIG. II:

- 1 Moving and facing diag R twd ctr, step R fwd (ct 1), bounce on R (ct 2), step L fwd (ct 3), bounce on L (ct 4).
- 2 Moving diag bkwd to R out of circle, step R,L,R, bounce on R.
- 3-4 Repeat meas 1-2, with opp ftwk and direction.
- 5-8 Repeat meas 1-4.

FIG. III:

- 1 Facing ctr of circle, hop on L (ct 1), step R to R (ct &), close L to R (ct 2), hold (ct &), repeat cts 1,&,2,& (cts 3,&,4,&).
- 2 In place, step R,L (cts 1-2), step R,L,R (cts 3,&,4).
- 3-4 Repeat meas 1-2, with opp ftwk and direction.
- 5-8 Repeat meas 1-4.