Mendocino Folklore Camp

Greg " Becky

June 16th to June 23th, 2007



With Teachers:

Deja

Lynnanne Hanson-Miller & Chris Miller France Bourque-Moreau Yves Moreau Rumen Shopov Michele Simon

Camp Band 2007 - Chubritza, directed by Linnea Mandell



Dear Folklore Friends,

Welcome to Folklore Camp! This pioneer of folk dance camps in northern California began as a weekend in the town of Mendocino in 1962. Madelynne Greene, the founder, had taught at Maine Folk Dance Camp that year and decided with C. Stewart Smith to try a West Coast camp. She wanted it to have a woodsy setting and, like Maine Camp, to be a place where not only international folk dances were presented, but where music, customs, folklore and ethnic foods set the scene for a truly unique experience.

Two years later Madelynne moved the camp to the Mendocino Woodlands and it flourished under her creative direction as The Madelynne Greene Folklore Camp. The youngest dancer in those years was Billy Burke, who has been coming to the camp ever since, and is now one of our Directors. In 1970, Madelynne's death left the camp in the care of C. Stewart Smith, Gordon Engler and Nora Hughes and they managed the camp that year and the next. Then Honora Clark organized a group to continue the camp. In 1972, she, Dean and Nancy Linscott, and Joan and Dale Donleavy became directors of the Mendocino Folklore Camp. Under their dedicated leadership, Folklore Camp and the Woodlands saw growth and improvement in every possible way.

The directors have evolved through the years with Leon Pinsker, Knute Fisher, Jeff O'Connor, Marilyn Smith, Mary Korn, Mark Wegner, Sharon Fisher, Dave Charlebois, and Bev Mann, who still adds her creative touch to the parties, decorations, name badges, etc. This year we add another name to this list of distingushed ex-board members, Phyris Tobler. After 10 years of service, she will be stepping down from her MFC board position at the end of our fiscal year. Phyris has been a hard working, dedicated and passionate board member.. she will be missed!

The camp is a member of the Mendocino Woodlands Camp Association, which has worked through the years to preserve and protect the natural beauty and rustic charm of our camp, as well as Camps 2 and 3. Russell Linscott, who virtually grew up coming to camp with his parents, was the first Woodlands naturalist and developer of the Nature Center and trails in Camp 1.

True to Madelynne's dream, the camp remains one of the most unique experiences of international folk culture in the United States. Superb dance and music teachers from all over the world have taught here and many dance teachers have made their premiere appearance in North America at Folklore Camp. There is an ever growing emphasis to dance to live music at camp, and we are very fortunate to have the band "CHUBRITZA" this year under the direction Linnea Mandell. We should all be in for a great week of music and dancing!

We owe heartfelt thanks to our many supporters over the years - staff and campers who always perform their "special" jobs which make the camp run smoothly and enjoyably; people who endlessly donate their time, talents and creativity to add the magic to our parties, our friends who constantly promote the camp, and people who have been so generous in their donations through the auction and our fundraising to keep the camp going. We are here because of you!

So fill up on the beauty, the serenity, the dances, music, folklore and food. Enjoy and have a great week. The Directors; Billy & Susie Burke, Emma Charlebois, Debbie Evenich & Phyris Tobler

GENERAL CAMP INFORMATION (please read!)

Camp Nurse: Is Abe Evenich and he can be located in Cabin 20.

Announcements: General announcements will be posted on the white board at the entrance to the Dining Hall. Brief announcements will be made daily at lunch and or dinner.

Smoking & Fires: <u>NO</u> candles or open flame lights are allowed in any area of camp. These woods are a literal tinderbox (especially this year!) and your cooperation in protecting them, and us, is appreciated. You may, however, use the fireplaces. Firewood is available outside the Lounge, next to the driveway. We pay for the wood used so please return all unused wood to the pile at the end of camp. If you smoke, be extra careful to extinguish your cigarette butts properly and never leave any butts on the ground. There are designated "smoking areas" up above the kitchen and out back behind the dance hall that include butt cans for your use. Your fellow campers will also appreciate it if you do not smoke too close to any doors or entrances to any of the main buildings. Thanks!

Auction: Items and funds donated are tax deductible. If you have a special item or service you wish to be in the live auction, please see Billy Burke. For all other donated items, there will be a "drop off" box for the auction over by the camp bazaar. Talk with Phyris if you need a receipt for your donation.

Flora & Fauna: Beware of and keep a respectable distance from:

- 1. Poison Oak (see specimen plant posted on the Lounge bulletin board).
- 2. Skunks, Civet Cats & Raccoons (keep Dance & Dining Hall doors closed after activities have finished for the night).
- 3. Bugs & Other Small Critters, such as ticks, scorpions and centipedes (use bug repellent and check your shoes, bedding and body now and then for unwanted guests).

Storage: There are two main areas for use by the campers for personal storage:

- 1. Cubby boxes cubicles which provide storage for each individual cabin. These are located just outside the kitchen/serving area.
- 2. Back room of Dance Hall will have an area designated so people can leave their bulkier items, such as coats, shoes & bags. We would very much like to keep the dance hall benches and floor space open and uncluttered so people have more room to sit and so our scholarship workers can clean better.

Lost & Found: Boxes for lost items and for outgoing mail are located on top of the cubby boxes.

Meals: If you wish to eat vegetarian, make sure you are signed up. If you did not request this prior to camp, see Phyris and she will add you to the list. Sorry but no Selective vegetarians can be accommodated by the kitchen. Omnivorous vs. Vegetarian.. once you've made your decision you must stick to it all week.

Messages: Telephone messages will be posted in the telephone booth (behind the Lounge area). Other messages may be pinned to the large bulletin board outside the entrance to the Lounge. If you're expecting a message, check these locations often. If you take a phone message for someone you know, please let them know when you see them. Thanks!

Off Limits!: Please do not enter the Kitchen work area or use the kitchen & staff bathroom.

General Courtesy: Please be considerate of others noise wise, especially late at night and early in the morning. And when the dance floor is crowded, especially during couple dances, everyone should do their best to use standard dance floor etiquette and not bump into others.

Trails: Please keep to the trails to minimize erosion to the fragile Woodlands hillsides.

Final Cleanup: Everyone is responsible for cleaning their own cabins before leaving camp. This includes putting the beds back in their original positions (please reference the "Cabin Cleaning and Checkout" list at the back of your Syllabus and on the back of your cabin door). In addition, each cabin needs to bring back all unused firewood to the woodpile (near the lounge).

New Campers: Please everyone, make welcome and be helpful to any new campers you see. Introduce yourselves and share your knowledge of camp with them.

HAVE A GREAT WEEK EVERYONE!

The Mendocino Woodlands Outdoor Center

Dear Campers,

We hope that each of you will take a few minutes to read this short introduction to the Mendocino Woodlands. This very unique and well-loved camp is in a special redwood forest with historic buildings and a wealth of flora and fauna.

The Mendocino Woodlands Outdoor Center (MWOC) is a 720acre unit of the State Park System, located in the Jackson State Forest, nine miles inland from the town of Mendocino. It is comprised of three separate camp-grouping facilities that can accommodate from 30 to 440. The redwood buildings and the extensive hiking trails were constructed in the 1930s under President Roosevelt's Civilian Conservation Corps (CCC). Since that time the campís landlord has changed from National Park Service to the State of California's Department of Parks and Recreation, then to the Dept. of Agriculture, Division of Forestry. In 1976, The Friends of the Woodlands was formed



when a number of campers were concerned about the logging plans of the California Division of Forestry (CDF). After some active letter writing to the State Legislature, SB 1063 was passed putting the MWOC back under the State Parks and Recreation Department. This bill reduced the Woodlands acreage from over 2200 acres to the present 720 acres. In 1997, the Woodlands received National Historic Landmark status.

Although the ownership of the camps has changed hands several times, the operation and maintenance has been successfully carried on for the past 51 years by the Mendocino Woodlands Camp Association (MWCA). This organization is a nonprofit association made up of several member groups, themselves yearly renters of the facilities. The MWCA manages the three-camp Outdoor Center for California State Parks. They rent the camps to groups from all over the country. These renters include schools, colleges, youth and spiritual retreats, and a wide range of organizations specializing in the study and enjoyment of American and foreign folk cultures, dance, music, and nature. In fact, the MWOC has become a West Coast center for the study of international folklore.

Along with this broad appeal to all kinds of people, MWOC does have a more specific function as a center for outdoor education. The unique forest location of the camps provides a wide variety of learning experiences for any level of student, from primary grades to university graduates. The year-round stream and ponds at the site help sustain an unusually diverse collection of wildlife. The resident naturalists report that at least six species of fish, two dozen reptiles and amphibians, 67 bird species, and more than two dozen mammal species inhabit the park and surrounding state forest. Animals frequently encountered by visitors to the Woodlands include river otters, beavers, deer, raccoons, steelhead trout, wood ducks, osprey, Virginia rails, and screech owls. The unmanaged, second-growth forest provides an excellent look at the ecology of a redwood community.



Balkan - Yves Moreau

BAČKOVSKO HORO DEVOJKO MARI HUBAVA GERGJOVDENSKO HORO GLAVA LI TA BOLI LALICA MEGDANSKO HORO RANO E RADKA RANILA SITNA BALUCA STARO POMASKO ŽENSKO ZA RAKA

French Canadían - France Bourque-Moreau

LE COTILLON DEUX LIGNES DU CARRE DOMINION KOST AR CHOAD LE BAL BRETON LES MAINS BLANCHES MARION DANSE POLKA PIQUEE QUADRILLE DE SAINT-BASILE VALSE LANCIER

Tango - Chris & Lynnanne Miller

TANGO HISTORY TANGO IN FILM TANGO STEPS NOTATION

Balkan Singing - Michele Simon

MORI, TRUGNALI SA TRI GODINI STANALI VEČERJAJ SINO, VEČERJAJ



E



BAČKOVSKO HORO

Бачковско Хоро (Trakia-Bulgaria)

A type of lively 12-meas, *Pravo Horo* from the region of Bačkovo, near Plovdiv, in Thrace. Learned from Belčo Stanev in 2003.

Music: Rhythm: Formation:	Yves Moreau CD 2/4 Short mixed lines, belt hold, L over R or with regular hand hold. Face R of ctr, wt on L ft.
Style:	Small steps, slight knee bend.

Meter: 2/4	Pattern
1-16	Introduction. No action.
	Facing LOD step on R (1) small hop on R (2)
	Step on L (1) small hop on L (2)
	Facing ctr, step on R to R (1) step on L behind R (2)
	Repeat pattern of meas 3
	Facing ctr, step fwd on R (1) hop on R (2)
	Facing cir, step two on R (1) hop on R (2)
	Step fwd on L (1) hop on L (2)
	Step fwd on R (1) hop on R (2
	Step back on L (1) step back on L in (2) Strong step on L turning slightly RLOD (1) hop on L, raising both
	Strong step on L turning slightly RLOD (1) hop on L, tursing oour
	arms fwd (2)
0	Moving RLOD, step on R crossing on front of L (1) hop on R (2)
1	Eaging I OD step back on L (1) Step back on K (2)
2	Still facing RLOD, step back on L (1) small hop on L (2)
	Still facing RLOD, step back on L (1) small hop on L (2)

Repeat dance from beginning

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DEVOJKO MARI HUBAVA

Девойко Мари Хубава (Rhodopes-Bulgaria)

A basic 10 measure Pravo from the Rhodopes done to a well-known and loved folk song

Music:	Yves Moreau CD
Meter:	2/4
Formation:	Mixed lines or open circle; hands joined up in W pos; wt on L, face ctr.

Meter 2/4

Pattern

Introduction: 20 meas (instrumental). Start dance with song.

Fig. 1: Basic step - Melody A - song

- 1 Facing ctr, step R on R (1) step on L in front of R (2)
- 2 Step on R to R (1) lift L ft slightly across R (2)
- 3 Step on L in front of R (1) lift R ft behind L calf (2)
- 4 Facing ctr, sway to R onto R (1) hold (2)
- 5 Facing ctr, step back onto L onto L (1) hold (2)
- 6-30 Repeat pattern of meas 1-5, five more times

Fig. 2: In and out diagonally - melody B - instrumental

- 1 Facing ctr, step fwd diag R onto R (1) step diag fwd on L (2)
- 2 Step diag fwd onto R (1) slight lift onto R raising L knee (2)
- 3 Step fwd onto L beginning to face diag fwd L (1) slight lift onto L raising R knee (2)
- 4 Facing ctr, back out with two walking steps, R-L (1,2)
- 5 Facing diag fwd L, step back onto R (1) slight lift onto R raising L knee (2)
- 6-10 Repeat pattern of meas 1-5, with reverse direction and footwork

Repeat dance from beginning

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DEVOJKO MARI HUBAVA

Devojko mari hubava, devojko Sipni mi vince da pija, devojko Vince i bela rakija, devojko

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シンシンシンシンシンシンシンシンシンシンシン

Da pijem, da se napijem, devojko Balno su da si ka_eme, devojko _ije su balno po mno_ko, devojko

Juna_e ludo i mlado, juna_e Moe su balno po mno_ko, juna_e e imam ruba da pravja, juna_e

Moe su balno po mno_ko, devojko _e imam slu_ba da slu_a, devojko A nemam s ko_ta gradena, devojko (juna_e)

Moe su balno po množko, devojko (juna_e) _e nema da se zomime, devojko (juna_e) (2)

Translation:

Beautiful girl, pour me some wine and brandy. Let's drink and get drunk and compare sad stories. Let's see who has the saddest one.

Young and crazy man, my story is the saddest for I have a dowry to prepare. Young girl, my story is even sadder for I have to go to the army. We do not even own a house, It is sad. We'll never live together....

Presented at Mendocino Folklore Camp 2007

GERGJOVDENSKO HORO

Gергьовденско Хоро

(Bulgaria-Trakia)

A dance connected with St. George's Day (Springtime) celebrations in Western Thrace.

Pronunciation:	Gehr-GIOFF-den-skoh Hoh-ROH
Music:	Yves Moreau CD
Meter:	2/4
Formation:	Open circle. Face ctr. Wt on L ft. Hands in"W" pos.
Style:	Happy, yet earthy

Measure 2/4

Description

Intro: 4 meas. (instrumental). Start with singing

	1. Basic pattern
1	Step on R diag fwd R, arms stretch fwd (1) step on L across R, arms extend downward
	(2)
2	Facing slightly RLOD, step back onto R ft, arms beginning to move fwd (1) step back
	onto L ft, arms continue moving upward (&) step back onto R ft, arms return to
	W pos (2)
3-4	Repeat pattern of meas 1-2 with reverse direction and ftwrk
5	Facing ctr, arms in W pos, step to R on R (1) step onto L in front of R (2)
6	Step on R to R (1) step on L behind R (2)
3-4 5 6 7	Repeat pattern of meas. 5
8	Step on R to R (1) stamp with L, no wt, next to R (2)
9-10	Repeat pattern of meas 5-6 with reverse direction & ftwrk
11	Facing ctr, step on L ft, (1) slight lift onto L ft, extend arms up and fwd (2)
12	Step on R ft fwd, arms extend downward (1) slight lift onto R ft, picking
	up L ft slightly in back (2)
13	Step onto L ft in place (1) light hop onto L ft in place, arms come back to W pos (2)
14-22	Repeat pattern of meas 5-13
23	Small step in place on R (1) small step in place on L (2)
24	Point R heel diag R (1) point R heel again, closing angle (2)
25	Repeat pattern of meas 23
26	Two sharp low stamps with R ft next to L, no wt
	Dance repeats from beginning

Description © Yves Moreau as presented at Mendocino Folklore Camp 2007

GLAVA LI TA BOLI

Глава ли та боли (Bulgaria-Rhodopes)

A variation of the *Pravo Horo* from the Rhodopes (*Pravo Rodopsko*) on a popular song interpreted by Nade_da Hvojneva. Learned from Belčo Stanev, Germany, 1999.

Pronunciation:	GLAh-vah lee tah BOh-lee
Music:	Yves Moreau CD
Meter:	3/4
Formation: Style:	Open circle. Face slightly R of ctr. Wt on L ft. Hands in "W" pos. Calm and proud

Measure

Description

Intro: 8 meas. (instrumental). Start with singing

	1. Basic pattern (Pravo)
1	Step on R ft in LOD (1) step on L ft (2) pause (3)
2	Repeat action of meas. 1
3	Facing ctr, step on R ft to R (1) close L ft to R ft (2) pause (3)
4	Step fwd on L ft (1) close R ft to L ft (2) pause (3)
5	Step back onto R ft (1) close L ft to R ft (2) pause (3)
6-7	Same pattern as in meas. 1 with reverse dir and ftwrk, but covering less distance
8	Facing ctr, step back on L (1) close R to L (2) pause 3)

Repeat dance from beginning

Description © by Yves Moreau as presented at Mendocino Folklore Camp 2007

GLAVA LI TA BOLI

// Glava li ta boli, sinu moj? Glava li ta boli? Ili polovina, milnu moj, ili polovina //

Ni ma glava boli, mamo ma Ni ma glava boli // Sârcesu ma boli, mamo ma za snošnana vecer //

Zaglavilo sa e, mamo ma Zaglavilo, sa e // Mojno porvo ljube, mamo ma ište da sa deli //

RANO E RADKA RANILA

Rano e Radka ranila (2) Za voda Radka otišla Na studen bistâr kladenec

Tam si zavari hajduti (2) Hajduti ošte vojvoda Nejnoto ljube Nikola

Vojvoda duma na Radka (2) Radke le, ljube Radke le Ja da mi staniš hajdutka Bajraka da mi razgrjavaš

Šte stana ljube _te stana (2) Mlada hajdutka šte stana Bajraka šte vi razgrjava

~~~~~

### **Translation:**

Does your head hurt my son? Or is it your stomach? It's not my head, mother. It is my heart: Last night, my first love told me she was leaving.

### **Translation:**

Radka woke up early to fetch water at the well. Their she met hajduks and their leader, Nikola, her loved one who tells her, Radka, become one of us and carry the banner. She answers, yes, I will join you and carry the flag.

Presented at Mendocino Folklore Camp 2007

### LALICA

Naučila se Lalica, Lale, Lale Kâsno v gorata da hodi, pile, Lale Kâsno v gorata da hodi, Lale, Lale Večerni bilki da bere, pile, Lale

Večerni bilki da bere, Lale, Lale Večerni ta pa razdelni, Lale, Lale Večerni ta pa razdelni, Lale, Lale Ta da razdeli Nikola, Lale, Lale

Ta da razdeli Nikola, Lale, Lale Ot pusta gjuzel Marijka, pile, Lale Vâv gorata pile pee, Lale, Lale Pile pee i govori, Lale, Lale

"Idi si, Lale, vârni sa, Lale, Lale Če svatba sviri vâv selo. Lale. Lale Nikola prašta svatove, Lale, Lale U vazi, Lale, za tebe, pile, Lale

# STARO POMAŠKO

Kači se kači, gore na Hisarja Razgledaj pole široko (2)

Tâmna e mâgla libe le padnala Padnala libe, legnala (2)

Ti da ne misliš, če e ot Boga Padnala libe, legnala (2)

Tova sa mojte, libe le vâzdiški Ot mene libe za tebe (2)

### Translation:

Lalica has learned to gather special herbs late at night that can separate Nikola from pretty Marijka. A bird is singing: "Go back home Lale; you will hear the wedding music in the village; Nikola issending people to ask for the bride.

### **Translation:**

Come up on the fortress and look at the wide plain. The thick fog patches have settled in. Do not think that they come from God. They are in fact, the sighs of my love for you.

Presented at Mendocino Folklore Camp 2007

# LALICA

### Лалица (Northeast Bulgaria)

A slow dance of the Dajčovo family. From the area around Šumen. Danced at springtime.

| Pronunciation:<br>Translation:<br>Music:<br>Rhythm:<br>Formation:<br>Style: | LAH-leeh-tsah<br>Little tulip<br>Yves Moreau CD<br>9/8. Counted here as 1-2, 1-2, 1-2, 1-2-3 or q-q-q-S<br>Mixed open circle. Hands joined in W position. Wt on L, face ctr.<br>Proud and "earthy" (slight knee bend). |
|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meter 9/8                                                                   | Pattern                                                                                                                                                                                                                |
|                                                                             | ntroduction: 8 meas instrumental music. No action. Start with song                                                                                                                                                     |

|      | 1. Travel step with stamps and arm motions                                                                                                                      |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | Step on R to $\hat{R}$ (1) hold (2) step on L behind R (3) step on R to R (4)                                                                                   |
| 2    | Facing R of ctr, step fwd on L (1) hold (2) step on R (3) step on L (4)                                                                                         |
| 3    | Facing ctr, step on $\hat{R}$ , extending arms fwd (1) light stamp with L, not wt, next to R, arms continue extension downward (2) step on L in place (3) small |
|      | stamp, no wt, with R next to L (4)                                                                                                                              |
| 4-12 | Repeat pattern of meas 1-3, three more times                                                                                                                    |
|      | 2. Forward and back                                                                                                                                             |

| 1   | Facing ctr, step fwd on R (1) hold (2) step fwd on L (3) step fwd on R (4) |
|-----|----------------------------------------------------------------------------|
| 2   | Continuing fwd, step onto L (1) hold (2) step on R (3) step on L (4)       |
| 3-4 | Repeat pattern of meas 1-2 with opp direction & ftwrk (moving bkwd)        |
| 5-8 | Repeat pattern of meas. 1-4                                                |

Dance repeats from beginning

Description © by Yves Moreau as presented at Mendocino Folklore Camp 2007

# **MEGDANSKO HORO**

Мегданско Хоро (Bulgaria - Dobrudža)

A type of line-racenica from Dobrudža based on the Kucata or Pandalaš type. The reversed 7/8 (slow-quick-quick) is rather untypical. Learned from Dančo Iliev

| <b>Pronunciation:</b> | Mehg-DAHN-skoh Hoh-ROH                                             |
|-----------------------|--------------------------------------------------------------------|
| Music:                | Yves Moreau CD                                                     |
| Rhythm:               | 7/8 counted here as 1-2-3, 1-2, 1-2 or Slow-quick-quick or 1,2,3   |
| Formation:            | Mixed lines, hands joined down at sides (V pos). Wt on L, Face ctr |
| Style:                | Proud, heavy, strong and earthy                                    |
| Formation:            | Mixed lines, hands joined down at sides (V pos). Wt on L, Face ctr |

| Meter: 7/8    | Pattern                                                                                                         |
|---------------|-----------------------------------------------------------------------------------------------------------------|
| Introduction: | 8 measures - instrumental - no action                                                                           |
|               | 1.Basic travel                                                                                                  |
| 1             | Facing ctr, step on R to R, arms swing back (1) step on L across R, arms swing fwd (2) hold (3)                 |
| 2-4           | Repeat pattern of meas 1, three more times                                                                      |
| 5             | Step onto R ft in place, arms come up to W pos (1) sharp stamp, no wt, with L next to R (2) pause (3)           |
| 6             | Step on L to L, arms extend fwd (1) step on R across L, arms swing back (2) pause (3)                           |
| 7             | Step on L to L, arms swing fwd (1) step on R behind L, arms swing back (2) pause (3)                            |
| 8             | Step on L in place, arms come up to W pos (1) stamp on R next to L (no wt), arms come up to W pos (2) pause (3) |
|               | 2. Variation with arm extension                                                                                 |
| 1-2           | Repeat pattern of meas 1-2, Fig. 1                                                                              |
| 3-6           | Repeat pattern of meas, 5-8, Fig. 1                                                                             |
| 7             | Step back onto R, extending both arms fwd, parallel to floor (1) step onto L in                                 |
|               | place, bringing arms back to W pos (2) pause (3)                                                                |
| 8             | Stamp with R next to L (no wt) (1-2) pause (3)                                                                  |
|               | Note: Leader can also "call" change of figure at will.                                                          |
|               | Dance repeats from beginning                                                                                    |
|               |                                                                                                                 |

Description @ hy Vyor Maraan as presented at Mandaaina Fallara Camp 2007

# RANO E RADKA RANILA

Tues

Рано е Радка ранила (Trakia-Bulgaria)

A well-known "dance-song" related to *Pravo Horo* from the region of Stara Zagora. Observed at the *Trakia Pee* Festival, Haskovo, 1966.

| Music:<br>Rhythm:<br>Formation:<br>Style:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Yves Moreau CD<br>2/4<br>Open mixed circle. Face ctr, wt on L ft. Hands joined down at sides<br>"Earthy" style, Flat-footed steps. Slight knee bend. |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meter: 2/4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Pattern                                                                                                                                              |
| 1-16                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Introduction. No action. (Instrumental)                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Figure 1: Move R & L (Singing)                                                                                                                       |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step on R to R (1) step on L behind R (2)                                                                                                            |
| 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step on R to R (1) light hop on R, raising L knee (2)                                                                                                |
| 2<br>3-4<br>5<br>6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Repeat pattern of meas 1-2, with reverse dir. & ftwrk                                                                                                |
| 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step onto R twd ctr (1) light hop on R, extending L leg fwd (2)                                                                                      |
| 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step fwd on L (1) light hop on L (2)                                                                                                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | R ft behind L knee (2)                                                                                                                               |
| 7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step back onto R ft (1) step back onto L (2)                                                                                                         |
| 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step fwd onto R ft (1) small hop on R ft (2)<br>Step diabethy fyd onto L (1) hop on L (2)                                                            |
| 9                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Step slightly fwd onto L (1) hop on L (2)<br>Close R ft sharply to L ft (1) pause (2)                                                                |
| 10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Repeat pattern of meas 1-10, two more times                                                                                                          |
| 11-30                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Repeat patient of meas 1-10, two more amos                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Figure 2: Traveling (Instrumental)                                                                                                                   |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Facing LOD, step fwd onto R (1) hop on R (2)                                                                                                         |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Still moving LOD, step fwd on L (1) hop on L (2)                                                                                                     |
| 2<br>3<br>4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Facing ctr. do a light "three-step" (RLR) sideways R                                                                                                 |
| 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Repeat pattern of meas 3 in with opp dir & ftwrk                                                                                                     |
| 5-7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Repeat pattern of meas 1-3                                                                                                                           |
| 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Facing ctr, step onto L ft, bending upper body slightly fwd (1)                                                                                      |
| , in the second se | Light stamp with R next to L, no wt (2)                                                                                                              |
| 9-16                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Repeat pattern of meas 1-8                                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Repeat dance from beginning                                                                                                                          |

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# SITNA BALUCA

#### Ситна Балуца (Northwest Bulgaria - Vlach)

One of the many Baluca type of dances found in Northwest Bulgaria which show certain influences from nearby Romanian and Serbian cultures. Learned in Novo Selo by Yves Moreau, February 1970.

Pronunciation: SEET-nah Bah-LOOH-tsah

| Music:     | Yves Moreau CD                                                |
|------------|---------------------------------------------------------------|
| Rhythm:    | 2/4                                                           |
| Formation: | Short lines, hands in W pos. Face slightly R of ctr, wt on L. |
| Style:     | Light, steps.                                                 |

Measure

#### Pattern

Intro. No action. Start with beg of music. 1-2

1. Basic: Travel R & L

- Step on R to R, arms swing bkwd (1) step on L to L, arms swing fwd (2)
- 1 Step on R-to-R, arms start swing bkwd, (1) step on L crossing in front of R, arms 2
- swing bkwd (&) step on R in place, arms swing fwd (2)
- Facing ctr, step on L to L, arms start swing bkwd (1) slide onto R closing to L, arms 3 swing bkwd (&) step on L to L, arms start swing fwd (2) slide onto R closing to L, arms swing fwd (&)
- Repeat pattern of meas 3 but on last "&" ct, quick sharp stamp onto R
- 4 Sharp strong step on R fwd, arms continue swinging fwd (1) lift L knee up, arms are 5 in "W" pos (2)
- Step onto L slightly fwd and in front of R, leaning upper body slightly fwd (1) 6 with wt still on L ft, bend knee again, drawing R ft behind L knee (2)
- Facing ctr and straightening body, step back onto R, twisting L foot out, straight 7 knee (1) step back onto L, twisting R foot, straight knee (2)
- Repeat pattern of meas 7
- 8 Note: Arms are in "W" pos. for meas 7-8
- Repeat pattern of meas 1-8 9-16

### 2. Side bounce and stamp

- Facing ctr, step on R to R in a "bouncy" style (1) step on L closing to R in a "bouncy" 1 style (2)
- Repeat pattern of meas 1
- 2 Repeat pattern of meas. 1, with reverse direction and ftwrk 3
- Step on L to L, in place (1) quick sharp stamp, no wt, with R next to L (2)
- 4 Quick sharp stamp again with R next to L (1) pause (2)
- Small leap fwd onto R, bending knee and bringing L ft behind R calf (1) quick small leap 5 6 bkwd onto L (2)
- Facing ctr, step on R to R (1) slide onto L, closing to R (&) repeat same action as in 7 1&(2&)
- Repeat action of meas 7
- Repeat action of meas 1-8, with reverse direction and ftwrk. 8 9-16
  - Note: Arms remain in W pos, throughout Fig. 2

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1020

# STARO POMAŠKO

Старо Помашко (Rhodopes - Bulgaria)

A dance from the Pomak (Moslem) villages around the town of Dospat in the Western Rhodopes. It is related to the general Širto group of dances. It is done to the song Kači se na Hisarja.

| Music:<br>Rhythm:<br>Formation:<br>Style: | STAH-roh Poh-MAHSH-koh<br>Yves Moreau CD<br>7/8 as 1-2-3, 1-2, 1-2 or S-q-q- or 1,2,3<br>Open mixed circle, hands in W pos, Face R of ctr, wt on L ft<br>Light, soft Macedonian-style steps |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meter 7/8                                 | Pattern                                                                                                                                                                                     |
| 1-8 In                                    | ntroduction, instrumental music. Start at beginning of song                                                                                                                                 |
| 1.                                        | . Basic pattern (song)                                                                                                                                                                      |
|                                           | ep on R in LOD (1) step on L (2) pause (3)                                                                                                                                                  |
|                                           | avel 3 steps in LOD, R-L-R                                                                                                                                                                  |
| 3 St                                      | ep onto L (1) turning to face ctr, two light bounces on L as extended R leg                                                                                                                 |
| SM                                        | vings around in front of L extended close to ground                                                                                                                                         |
| 4 Fa                                      | cing ctr, step slightly fwd onto R (1) slight lift onto ball of R, bringing L leg                                                                                                           |
| 5 St                                      | chind R knee (2) pause (3)<br>ep slightly fwd onto L (1) raise R leg in front of L, bent knee (2) pause (3)                                                                                 |
| 6 Br                                      | ring R leg around to "lock" behind L knee with slight lift onto L (1)                                                                                                                       |
|                                           | ome down onto full L ft (2) pause (,3)                                                                                                                                                      |
| 7 Sta                                     | ep back onto R (1) slight lift onto R (2) step back onto L (3)                                                                                                                              |
| 8 Tv                                      | wo small steps in place, R-L (1-2) small step fwd onto R (3)                                                                                                                                |
| 9-11 Re                                   | epeat pattern of meas 5-7                                                                                                                                                                   |
| 12 Ste                                    | ep back onto R (1) close L to R, with wt (2) pause (3)                                                                                                                                      |
| 2                                         | Travel Figure (instrumental)                                                                                                                                                                |
|                                           | aveling in LOD, three steps R-L-R                                                                                                                                                           |
| 2 Tr                                      | aveling in LOD, three steps L-R-L                                                                                                                                                           |
| B Fa                                      | cing ctr, step on R to R (1) lift onto R ft, simultaneously picking up L leg                                                                                                                |
| an                                        | d out to L (2) step onto L behind R (3)                                                                                                                                                     |
|                                           | cing ctr, step on $\hat{R}$ to $R$ (1) close L to $\hat{R}$ with wt, lifting slightly onto R                                                                                                |
|                                           | ) pause (3)<br>epeat pattern of meas 1-4, one more time                                                                                                                                     |

Dance repeats from beginning

-

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# ŽENSKO ZA RAKA

1025

### (Macedonia)

A women's dance from Western Macedonia with a 12-measure pattern. Learned from Sa ko Anastasov

| Music:     | Y ves Moreau CD                                                  |
|------------|------------------------------------------------------------------|
| Rhythm:    | 2/4                                                              |
| Formation: | Open circle. Face R of ctr, wt on L. Hands joined up in "W" pos. |
| Style:     | Proud and smooth                                                 |

Measure 2/4

Pattern

No special intro. Start at beg of any musical phrase.

### 1. Basic

- 1 Facing and traveling LOD, step on R (1) light lift on R raising L (2)
- 2 Same pattern as in meas 1, starting with L ft
- 3 Two walking steps in LOD, R-L
- 4 Facing ctr, step on R (1) raise L ft, knee slightly bent (2)
- 5 Facing ctr, step in onto L ft (1) raise R ft (2)
- 6 Still facing ctr, step on R to R (1) step on L across R (2)
- 7 Step on R (1) lift L (2)
- 8 Facing ctr, step in on L (1) raise R ft (2)
- 9 Facing ctr, step back onto R (1) lift L (2)
- 10 Facing & traveling RLOD, step on L (1) step on R across L (2)
- 11 Facing LOD step back on L (1) step back on R (2)
- 12 Facing LOD, step back on L (1) lift R, bending knee (2)

Dance repeats from beginning

# France Bourgue-Moreau



# French Canada



rrrrrrrrr



# LE COTILLON

(Québec - Canada)

This dance is related to the old cotillions and quadrilles from France. It comes from Charlevoix County in Quebec and is one of the few remaining cotillions still danced today in Quebec. From original field research done by Guy Thomas.

-

| Music:<br>Rhythm:    | Yves and France Moreau CD<br>2/4                                                                                                                                                                                                                                                                                                    |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Formation:<br>Steps: | Four cpls in a square formation. Closed ballroom position<br>Steps include walking, polka steps, slides and swing. Style is elegant.                                                                                                                                                                                                |
| Measure              | Pattern                                                                                                                                                                                                                                                                                                                             |
| 1-4                  | Introduction music. Everyone bows to partner and to everyone else in the set                                                                                                                                                                                                                                                        |
|                      | 1. Circle left                                                                                                                                                                                                                                                                                                                      |
| 1-8                  | All joins hands. Circle L and R                                                                                                                                                                                                                                                                                                     |
| 9-16                 | Everybody swings                                                                                                                                                                                                                                                                                                                    |
|                      | 2. Face-to-face and back-to-back                                                                                                                                                                                                                                                                                                    |
| 17-24                | Cpl.1, joins inside hands, facing each other and with polka-type "hop-step-<br>together-step", crosses over to cpl 3's position, alternating "face-to-face" and<br>"back-to-back" etc. On the 4th one, cpl pivots twd inside, does one complete<br>turn and returns to orig place starting with "back-to-back" etc. Meanwhile cpl 3 |
| 25-32                | has crossed over with a "gallop-slide" step in ballroom pos.<br>Repeat action of meas 17-24 but with cpl 3 doing a "face-to-face" action<br>and cpl 1 sliding through                                                                                                                                                               |
|                      | 3. Presentation                                                                                                                                                                                                                                                                                                                     |
| 33-34                | Same two cpls in ballroom pos, present to ctr with slide step                                                                                                                                                                                                                                                                       |
| 35-36                | Slide back to place                                                                                                                                                                                                                                                                                                                 |
| 37-40                | Repeat action of meas 33-36                                                                                                                                                                                                                                                                                                         |
| 41-48                | Same two cpls, swing                                                                                                                                                                                                                                                                                                                |
|                      | 4. Ladies star to right                                                                                                                                                                                                                                                                                                             |
| 49-52                | All four ladies star to R                                                                                                                                                                                                                                                                                                           |
| 53-56                | Back to place with L star. Coming back home after star, W gives L hand to partner doing small courtesy turn under M's arm                                                                                                                                                                                                           |
| 57-64                | Everybody swings                                                                                                                                                                                                                                                                                                                    |
|                      | Note: At this point, cpls 2 and 4 go through all the patterns described in meas 17-                                                                                                                                                                                                                                                 |
|                      | 64. But instead of a ladies star (49-56) it's a M's star. The same kind of courtesy turn applies here as well.                                                                                                                                                                                                                      |
|                      |                                                                                                                                                                                                                                                                                                                                     |
|                      | DANCE CONCLUSION:                                                                                                                                                                                                                                                                                                                   |
| 1-8                  | All four cpls present to ctr with slide step as in Fig. 3                                                                                                                                                                                                                                                                           |
| 9-16                 | Everybody swing                                                                                                                                                                                                                                                                                                                     |
| 17-32                | R hand to partner and "grand-right-and-left" all the way back home, stopping                                                                                                                                                                                                                                                        |
|                      | first to bow when meeting partner. When home, swing till end of music.                                                                                                                                                                                                                                                              |

## Presented by France Bourque-Moreau at Mendocino Folklore Camp 2007

# **DEUX LIGNES DU CARRE DOMINION**

(Québec - Canada)

This dance was popular in the 1930's in Montreal and was often danced at Dominion Square (from where it gets its name), Source: Caller Gérard Morin

Music:Y ves and France Moreau CDRhythm:2/4Formation:Four (4) cpls in a square

Measure 2/4

#### Pattern

#### Introduction

- 1. Bow to partner, bow to corner
- 2. Half circle to L, half circle to R

3. Swing

4. Promenade

#### Figure

- 5. Cpl #1 presents to cpl #3 and back
- 6. Cpl#1 "cut by 6" and come back home outside the set
- 7. Cpl#1 and cpl#3 form 2 lines with cpls #2 and #4
- 8. Two lines fwd and back
- 9. R-hand half turn with person across
- 10. Two lines fwd and back
- 11. L-hand half turn with person across
- 12. Two lines fwd and back

#### Transition

- 10. R hand to partner and "Grand R & L" (Grande chaîne) 11. Swing
- 12. Promenade

Dance repeats three more times with cpls 2, 3, & 4 leading.

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### **MARION DANSE**

Dessus le pont de l'Anse Mario, Marion danse Dessus le pont de l'Anse, eh là Marion, Marion dansera

Bergère, entrez en danse Marion, Marion danse Bergère, embrassez qui vous plaira Marion, Marion dansera

#### **Translation:**

Marion dances on the bridge, at the Cove. Shepherdess, join the dance and kiss whom you please.

### **LE COTILLON**

Déshabille toi, lave toi j'taime bien Voilà d'leau chaude (2) Déshabille toi, lave toi j'taime bien Voilà d'leau chaude pour prendre ton bain **Translation:** Get undressed, wash yourself I like you Here's some hot water To take your bath

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# **KOST AR CHOAD**

### (Bretagne - France)

A popular line dance form in Lower Britanny from the region of Gouarec. It is often included in dance medleys that include the *Gavotte* and the *Fisel*. Learned from Bagad Men Glaz group from Trélazé at Heritage Int'l Folklore Workshop, Cornwall, Ontario, July 1993.

| Music:     | Yves & France Moreau CD                                                                                                              |
|------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Rhythm:    | 2/4                                                                                                                                  |
| Formation: | Mixed short lines. Firm handhold with bent elbows and "interlocked" forearms.                                                        |
|            | Leader is at L end of line (dance moves to L, CW). Face ctr, wt on R                                                                 |
| Style:     | Sharp movements                                                                                                                      |
| Style      | Cina p moremente                                                                                                                     |
| Measure    | Pattern                                                                                                                              |
| Intro:     | Start at beg of any musical phrase.                                                                                                  |
|            |                                                                                                                                      |
|            | Figure 1 Extend L log                                                                                                                |
|            | Figure 1 - Extend L leg                                                                                                              |
| 1          | Light leap on L to L (1) light leap on R across L (2)<br>Light leap on L to L (1) sharp leap on R behind L, simultaneously extending |
| 2          | L leg forward, straight knee, pointing L foot slightly above ground (2)                                                              |
| 2          | Pause (1) transfer wt onto L ft, light kick with R in back (2)                                                                       |
| 3          | Sharp leap on R behind, simultaneously extending L leg forward, straight knee,                                                       |
| 4          | Sharp leap on K benning, simultaneously extending L leg forward, subject knee,                                                       |
| = 16       | pointing L foot slightly above ground (1) Pause (2)                                                                                  |
| 5-16       | Repeat same pattern 3 more times<br>Note: accent of this movement is: gqqS-qS                                                        |
|            | Note: accent of uns movement is. 9993-93                                                                                             |
|            | Figure 2 – Pointing steps                                                                                                            |
| 1          | Repeat pattern of meas 1, Fig. 1                                                                                                     |
| 1          | Light hop on R, touching ball of L ft L diag. fwd L (1) light hop again on R,                                                        |
| 2          | touching ball of L ft straight fwd (2)                                                                                               |
| 2          | Leap onto L ft, simultaneously touching ball of R ft diag. fwd R (1) light hop                                                       |
| 3          | onto R ft, touching ball of R ft straight fwd (2)                                                                                    |
|            | Sharp jump onto both feet (1) sharp leap onto R, simultaneously picking up L                                                         |
| 4          | knee and extending L leg forward slightly off ground                                                                                 |
|            |                                                                                                                                      |
| 5-16       | Repeat pattern 3 more times                                                                                                          |
|            | Repeat dance from beginning                                                                                                          |
|            | topout autoo from ooginanty                                                                                                          |

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# LE BAL BRETON

### (Poitou- France)

Even though this dance refers to Brittany in its name (« Breton »), it actually originates from the nearby region of Poitou. There are similar forms in Brittany. Learned in France in 1979

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| Y ves and France Moreau CD<br>2/4<br>Even number of cpls in a circle. W on M's R in Varsovienne promenade<br>position. Wt on L ft.                                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Description                                                                                                                                                                        |
| Introduction music. No action.                                                                                                                                                     |
| 1.Basic travel step                                                                                                                                                                |
| All cpls promenade fwd. On last 4 walking steps, all cpls #1 (in front of cpls #2)<br>turn CCW to face cpl #2                                                                      |
| Cpls 1 & 2 do a « ladies chain » fig. and back. On last 2 meas of chain, cpls. # 1 face original LOD. After completing ladies' chain, all dancers stamp R ft, no wt.               |
| Dance repeats from beginning                                                                                                                                                       |
| 2. Mixer variation (optional)                                                                                                                                                      |
| Same as in Fig. 1 (basic travel step)                                                                                                                                              |
| Same ladies chain as in basic form above (first half of chain)                                                                                                                     |
| The second half of the ladies' chain is then done NOT with the cpl across but<br>with the cpl originally BEHIND you (if you were cpl#2). All end in original<br>LOD and stamp etc. |
|                                                                                                                                                                                    |

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# LES MAINS BLANCHES

(Quebec - Canada)

This dance is done in various regions of Quebec. This version is from the Lanaudiere region, Northeast of Montreal. The "mains blanches" in this version refers to the people forming a "trio". This is a shortened version of the complete dance where all cpls become active.

| Translation:<br>Music:<br>Rhythm:<br>Formation: | The white hands<br>Y ves and France Moreau CD<br>2/4<br>Four (4) cpls in a square set. |
|-------------------------------------------------|----------------------------------------------------------------------------------------|
| Measure                                         | Pattern                                                                                |
|                                                 | Note: One (1) meas equals two (2) counts                                               |
|                                                 | 1. Dance introduction                                                                  |
| 1-4                                             | No action                                                                              |
| 5-8                                             | Bow to partner, bow to corner                                                          |
| 9-13                                            | Join hands and circle to L                                                             |
| 13-16                                           | Circle to R                                                                            |
| 17-24                                           | With partner, balance (R & L ft) & swing                                               |
| 25-32                                           | Promenade partner around set (CCW)                                                     |
|                                                 | 2. Basic Figure: "Les mains blanches"                                                  |
| 1-8                                             | Cpl#1 & cpl#2 circle L & R, M#1 leaves his partner to cpl#2                            |
| 9-16                                            | M#1 with cpl#3 circle L & R                                                            |
| 17-24                                           | M#1 & W#3, balance & swing                                                             |
| 25-32                                           | M#1 & W#3 with cpl#4, circle L & R, M#1 leaves W#3 with cpl#4                          |
| 33-36                                           | The trios ("mains blanches") present fwd and back and M #1 & #3                        |
|                                                 | exchange place passing L shldr while trios go bkwd                                     |
| 37-40                                           | Trios present and W exchange place going to side M                                     |
|                                                 | (W on L passes under arch like in "Troika" figure), while the trios go back.           |
| 41-44                                           | Trios present and M exchange place                                                     |
| 45-48                                           | Trios present and W exchange place, to side M                                          |
| 49-52                                           | Trios present and M exchange place                                                     |
| 53-56                                           | Trios present and W exchange place to side M                                           |
| 57-60                                           | Trios present and M exchange place                                                     |
| 61-64                                           | Trios present and W exchange place to side M; everybody is now back home               |
|                                                 | 3. Transition                                                                          |
| 1-16                                            | Turn corner with L hand and do a "grand right & left"                                  |
| 17-32                                           | All cpls, balance, swing and promenade                                                 |
|                                                 |                                                                                        |

Les Mains Blanches (cont'd) page 2

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## Les Mains Blanches (cont'd)

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| 1-64                 | <b>4. Basic Figure with cpl#2 active</b><br>Basic figure repeats with cpl#2 going to cpl#3 etc.                                                                                                                                 |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1-32                 | 5. Transition<br>Repeat transition                                                                                                                                                                                              |
| 1-8<br>9-16<br>17-32 | <b>6. Finale</b><br>All join hands. All go in and out 2 times. At end of second time, M do a courtesy turn leaving W in middle, facing out<br>All M walk around W, CW back to partner<br>All cpls, balance, swing and promenade |

Presented by France Bourque-Moreau at Mendocino Folklore Camp 2007

# **MARION DANSE**

(Québec - Canada)

A mixer dance using traditional steps and figures. Choreographed by France Bourque-Moreau to this old medieval French dancing song.

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| Music:<br>Rhythm: | Yves & France Moreau CD<br>2/4                                                                                |
|-------------------|---------------------------------------------------------------------------------------------------------------|
| Formation:        | Cpls in a single circle. W on M's R. Hands joined down at sides. Wt on L ft.                                  |
| Meter: 2/4        | Description                                                                                                   |
| Introduction:     | 7 meas. instrumental. No action. Dance starts with singing                                                    |
|                   |                                                                                                               |
|                   | 1. Part 1 (Circle to L)                                                                                       |
| 1-4               | "Dessus le pont": Four steps traveling CW (RLOD) starting with R ft,                                          |
|                   | simultaneously balancing the arms fwd and bkwd                                                                |
| 5-8               | "Marion, Marion danse ": Still traveling CW, do four (4) "buzz-steps"                                         |
| 9-12              | with same arm swinging<br>"Dessus le pont": Repeat pattern of meas 1-4                                        |
| 13-16             | "Marion, Marion dansera": Partners turn individually in place, with 4 steps                                   |
| 15 10             | CW ending to face partner on line of circle                                                                   |
| 17-18             | Still facing partner, lift both heels and settle down on full foot.                                           |
|                   |                                                                                                               |
|                   | 2. Part 2 (Turning partner and fwd & back)                                                                    |
| 1-4               | "Bergere": Join 2 hands with partner and turn CW with 4 slow steps R-L-R-L                                    |
| 5-8               | "Marion": Continue turning with partner with 4 "buzz-steps", opening up                                       |
| 9-12              | to face ctr in the circle (starting pos.)                                                                     |
| 9-12              | "Bergère": In a circle, all walk to ctr with 3 slow steps (R-L-R) gradually lifting arms fwd; point L ft fwd. |
| 13-16             | "Marion": Four slow steps to move back beginning with L ft. Arms come                                         |
|                   | down gradually and slowly.                                                                                    |
| 17-18             | Same as in meas 17-18, Part 1 (but facing ctr)                                                                |
|                   |                                                                                                               |
| 1-4               | 3. «Part 3-instrumental» (W & M fwd and change partner)                                                       |
| 1-4               | W walk alone twds ctr with 3 slow steps (R-L-R) and point L. Arms are free                                    |
| 5-8               | and hang elegantly down at sides.<br>W walk back 4 steps to place starting with L                             |
| 9-16              | M start to walk fwd twds ctr with 8 steps, starting with R and continue                                       |
|                   | moving to R ("inverted V") to take a new position to the R of their original                                  |
|                   | partner and joining hands (new W partner will be on M's R)                                                    |
| 17-18             | Same as in meas 17-18, Part 2                                                                                 |
|                   | Dance repeats from beginning                                                                                  |

Presented by France Bourque-Moreau at Mendocino Folklore Camp 2007

# **POLKA PIQUEE**

(Britanny - France)

This type of dance is quite common in Upper Britanny as well as other regions of France and Western Europe. It is a form of «heel n'toe» polka and incorporates circle and cpl figures.

| Music:<br>Rhythm:<br>Formation: | Yves & France Moreau CD<br>2/4<br>Couples (W on M's R joining hands (down at sides) in a large closed<br>circle. Face L of ctr (RLOD), wt on R ft.                                                                                                                                                                        |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Meter 2/4                       | Description                                                                                                                                                                                                                                                                                                               |
| 1-4                             | Introduction music. No action.                                                                                                                                                                                                                                                                                            |
| 1-8                             | • Chorus step (done between each fig.)<br>Facing RLOD (L of ctr) and traveling CW, everyone does 8 traveling<br>«two-steps» or polka-steps beg with L ft (L-R-L, R-L-R etc.). The<br>arms are at shldr height on the odd cts and down at sides on the even cts.                                                           |
| 1                               | <b>1. Polka step out and in</b><br>Still joining hands in a circle and facing L of ctr, touch L heel out to L (1)<br>"flick" (retract) L ft sharply behind R calf (2)                                                                                                                                                     |
| 2                               | Do a large "two-step" L-R-L twds outside of circle                                                                                                                                                                                                                                                                        |
| 3-4<br>5-8                      | Same pattern as in meas. 1-2, with reverse direction and ftwrk<br>Repeat pattern of meas 1-4                                                                                                                                                                                                                              |
| 1-8                             | 2. Polka step out and in (individually)<br>Same ftwrk as in meas 1-8, Fig. 1, but do not join hands with neighbors in the<br>circle. Instead, M hold own lapels of vest (or pretend) and women hold own<br>dress or skirt (or pretend).                                                                                   |
| 1-8                             | 3. Polka step out and in, facing ptnr<br>Same ftwrk as in Fig. 2, but on meas. 8 of chorus travel step, M turn CW to face<br>ptnr so that polka step is done sliding away from ptnr. M must get back into<br>circle facing L of ctr on last slide step to be ready for chorus step (and joining<br>hands with neighbors). |
| 1-8                             | <b>4. Polka step trading place with ptnr</b><br>Same ftwrk as in Fig. 3. M also turn CW to face ptnr on last chorus travel step, then give two hands to ptnr and slide sideways (to L) sharply to exchange place with ptnr on meas 2 and then back to place on meas. 4                                                    |
|                                 | Repeat dance from beginning                                                                                                                                                                                                                                                                                               |
|                                 |                                                                                                                                                                                                                                                                                                                           |

Presented by France Bourque-Moreau at Mendocino Folklore Camp, 2007

# **QUADRILLE DE SAINT-BASILE**

### (Québec - Canada)

A quadrille from the village of St-Basile, Portneuf County not far from Quebec City. Learned from Denis Cote and Normand Legault. The fifth and sixth figures have been left out here due to music and time limitations.

| Music:<br>Rhythm: | Yves & France Moreau CD<br>2/4                                                      |
|-------------------|-------------------------------------------------------------------------------------|
| Formation:        | Cpls facing other cpls across in "contra" lines. M's R hand holding W's R hand      |
| Measure           | Pattern                                                                             |
| Note:             | The figures described below are just "cue" calls for persons who have learned       |
|                   | the dance in a workshop situation.                                                  |
|                   | Part I - «La petite promenade» - the little promenade                               |
| 4                 | Intro<br>"Chaine du reel" (gent follows lady around "inside track", single file)    |
| 16<br>16          | Swing partner                                                                       |
| 8                 | "Avant-deux" (present) fwd and back                                                 |
| 8                 | "Traverser" (cross over), gents follow ladies in the lead (on R side of "track")    |
| 16                | "A vant-deux" (present) fwd and back and "traverser"                                |
| 16                | "Chaine des dames" (ladies chain) using "lazy man's" type of chain                  |
| 16                | Swing partner                                                                       |
|                   | Band II I as quatro points the four corners                                         |
|                   | Part II - «Les quatre coins» - the four corners<br>No intro                         |
| 8                 | "Avant-deux" and back (M & W trade places as they go back: W passes in              |
| 0                 | front of M. Let go of hands when moving back.                                       |
| 8                 | "Traverser" (different from Part I): cross over, passing through R shldrs,          |
| Ū                 | and turning alone                                                                   |
| 16                | Same as above 16 meas but in reverse to come back home                              |
| 16                | Chaine des dames (ladies chain) as in Part I above                                  |
| 16                | Swing partner                                                                       |
|                   | Repeat whole part II one more time                                                  |
|                   | Part III - «La petite balance» - the small balance                                  |
|                   | Note: this is similar to an "ocean wave" figure                                     |
| 4                 | Intro                                                                               |
| 8                 | "Avant-Deux" and back (as in part I)                                                |
| 8                 | "Traverser" (as in part I)                                                          |
| 16                | Same as previous 16 meas                                                            |
| 16                | Ladies chain                                                                        |
| 16                | Swing partner                                                                       |
| 8                 | M#1 and L#2, do a L hand turn, meet partner with R hand ending up in lines of four, |
|                   | M facing down the set                                                               |

QUADRILLE DE SAINT-BASILE (Cont'd)

### QUADRILLE DE SAINT-BASILE (Cont'd)

| 8  | The lines of 4 move 4 steps fwd and 4 steps bkwd (women move bkwd)<br>Repeat previous 8 meas<br>Ladies in lead, cross over to other side (like a regular "traverser") |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|    | Ladies in lead, cross over to other side (like a regular "traverser")                                                                                                 |
| 8  | Lauro III Icau, cross over to outer brae (inte a regular                                                                                                              |
| 0  |                                                                                                                                                                       |
|    | Part III                                                                                                                                                              |
| 16 | Do a regular "avant-deux" and back (as in Part I)                                                                                                                     |
| 16 | I adies chain                                                                                                                                                         |
| 16 | Swing partner                                                                                                                                                         |
|    | The whole sequence repeats from a L-hand turn (instead of a R-hand turn) but with M#2 and L#1; M end up facing up the set); W still move bkwd on "ocean wave".        |
|    | Part IV «L'homme à deux femmes» - the man with two women                                                                                                              |
| 4  | Intro                                                                                                                                                                 |
| 16 | Ladies chain                                                                                                                                                          |
| 16 | Swing partner                                                                                                                                                         |
| 8  | Cpls #1 only, move fwd twd pls # 2 (shldr-waist pos) Note: this figure is executed slowly                                                                             |
| 8  | Cpls # 1 only, move bkwd to place                                                                                                                                     |
| 8  | Cpls # 1 only, move fwd twds cpls #2 and leave lady with gent # 2                                                                                                     |
| 8  | New "trio" (#2) moves fwd "pushing" lone man #1                                                                                                                       |
| 8  | M #1 stays in place and trio moves back                                                                                                                               |
| 8  | All go fwd, meet in middle, forming a tight circle traveling CW. When                                                                                                 |
|    | reaching opp side (4 cts) do some "chassé" steps away to opp place (4 cts)                                                                                            |
| 8  | Do some "chasse" steps fwd and back                                                                                                                                   |
| 8  | With more "chassé" steps, cross over to original place, M passing back to back (turn L)                                                                               |
| 16 | Ladies chain                                                                                                                                                          |
| 16 | Swing partner                                                                                                                                                         |
|    | The whole sequence repeats, but with cpls #2 moving fwd twds cpls #1 and continues<br>Until end of dance.                                                             |

**Presented by France Bourque-Moreau** 

# **VALSE LANCIER**

(Québec - Canada)

A dance from the late 19th century influenced by the European Quadrille form.

| Music:<br>Rhythm: | Yves & France Moreau CD<br>6/8, 3/4 and 2/4                                                                    |
|-------------------|----------------------------------------------------------------------------------------------------------------|
| Formation:        | Four (4) cpls in a square set. M's R hand holding W's R hand, bent elbow.                                      |
| Measure           | Pattern                                                                                                        |
| Intro             | After the caller's introduction, everyone bows to the partner and to the corner                                |
|                   | 1. First and third couples present & three steps to corner (6/8)                                               |
| 1-2               | Cpls #1 and #3 walk twds each other with 4 steps and bow                                                       |
| 2-4               | Cpls #1 and #3 walk back to place with 4 steps and partners bow to each other                                  |
| 5-8               | Repeat pattern of meas 1-4                                                                                     |
| 9-10              | M#1 and W#3 individually walk to corner with 4 steps and bow                                                   |
| 11-12             | M#1 and W#3 individually walk back home with 4 steps and salute partner                                        |
| 13-16             | Repeat pattern of meas 9-12                                                                                    |
|                   | 2. First and third couples waltz (3/4)                                                                         |
| 1-16              | Cpls #1 and #3 waltz CCW inside the square back to place and bow to partner                                    |
| 1 10              |                                                                                                                |
|                   | 3. Second and fourth couples present and do the "chase" (6/8)                                                  |
| 1-8               | Cpls #2 and #4 do the same figure as in meas 1-8, Fig. 1                                                       |
| 9-16              | M#2 and M #4 go behind their partners and put 2 hands on W's shldrs and                                        |
|                   | as cpls do a "do-si-do" passing L shldr to get back home and salute partner                                    |
|                   | 4. Second and fourth couples waltz (3/4)                                                                       |
| 1-16              | Cpls #2 and #4 waltz CCW inside the square back to place and bow to partner                                    |
| 1 10              |                                                                                                                |
|                   | 5. Grand "chain"                                                                                               |
| 1-14              | Partners face each other and take R hands and proceed fwd to take next persons                                 |
|                   | L hand ("Grand Right-and-left") using seven "Spandy" steps* beginning with                                     |
|                   | wt on R and everyone returns back to original place                                                            |
|                   | "Spandy" step: Bounce twice on L ft pointing R ft fwd (1&) step fwd on R (2)                                   |
| 15                | (The next Spandy step is done with opposite footwork<br>With wt on R ft, Brush L ft fwd (1) light hop on R (2) |
| 15<br>16          | Two light stamps in place L, R $(1,2)$                                                                         |
| 10                | 1 wo nght stamps in place 12, it (1,2)                                                                         |
|                   | 6.Final waltz (3/4)                                                                                            |
| 1-2               | Cpls join inside hands, and side-by-side do 2 waltz steps fwd to ctr of square                                 |
| 3-4               | Changing hands, cpls do 2 waltz steps facing out (back to place)                                               |
| 5-8               | Each cpl waltzes 1/4 turn to next cpls place on their R (CCW)                                                  |
| 9-32              | Repeat pattern of meas 1-8, three more times until all cpls return to home                                     |
|                   | position and do a final bow to the partner.                                                                    |
|                   |                                                                                                                |

Presented by France Bourque-Moreau at Mendocino Folklore Camp 2007








### **Tango History**

The Tango was born in the 1880s in Argentina, in a country in a state of flux, a country filling rapidly with immigrants. The tango took root in the port of Buenos Aires, within the community of migrants who had fled to the city to escape starvation, who had traveled the routes of Europe or who had known the fiercely independent solitude of the *gaucho*. They came by thousands to the outskirts of the city. They were called poteños.

Thus could one begin a history of the tango, and continue by arguing with all of the musical experts as to the origins of this particular music. Did it rise out of the *milonga*, popular ballad of the pampas that combined Indian rhythms with the *habanera* of the first Spanish colonists? Or was it born of the African *candombe* that black slaves beat out of their drums? And does not the word *tango* itself derive from the sound of the beaten drum (tango, tango)? Or from the Latin word *tangere* ("to touch")?

In the early years of the twentieth century, dancers and orchestras from Buenos Aires and Montevideo traveled to Europe, and the first European tango craze took place in Paris, soon followed by London, Berlin, and other capitals. Towards the end of 1913 it hit New York and around 1911 the name "Tango" was often applied to dances in a 2/4 or 4/4 rhythm such as the one-step. The term was fashionable and did not indicate that tango steps would be used in the dance, although they might be. In Argentina, the onset of the Great Depression in 1929, and restrictions introduced after the overthrow of the Hipólito Yrigoyen government in 1930 caused Tango to decline. Its fortunes were reversed, as tango again became widely fashionable and a matter of national pride under the government of Juan Perón. Tango declined again in the 1950s with economic depression and as the military dictatorships banned public gatherings, followed by the popularity of Rock and Roll. The dance lived on in smaller venues until its revival in the 1980s following the opening in Paris of the show *Tango Argentino*.

### **Tango Essentials**

Tango is essentially walking with a partner and the music. Musicality (i.e. dancing appropriately to the emotion and speed of a tango) is an extremely important element of tangoing. A good dancer is one who makes you see the music. Also, dancers generally keep their feet close to the floor as they walk, the ankles and knees brushing as one leg passes the other. Argentine Tango is danced in an embrace that can vary from very open, in which leader and follower connect at arms length, to very closed, in which the connection is chestto-chest, or anywhere in between. Close embrace is often associated with the more traditional styles, while open embrace leaves room for many of the embellishments and figures that are associated with Tango Nuevo.

Argentine Tango relies heavily on improvisation; although instructors have codified certain patterns of movement over the years as a device to instruct dancers, there is no "basic step." One of the only constants across all Argentine Tango styles, is that the follower will usually be led to alternate feet. Another is that the follower rarely has her weight on both feet at the same time. Argentine tango is a new orientation of couple dancing. As most dances have a rational-pattern which can be predicted by the follower, the ballast of previous perceptions about strict rules has to be thrown overboard and replaced by a real communication contact, creating a direct non-verbal dialogue. A tango is a living act in the moment as it happens. Lynnane & Christopher Miller Mendocino Folklore Camp 2007

Argentine Tango is danced counterclockwise around the outside of the dance floor (the "line of dance") and dance "traffic" often segregates into a number of "lanes"; cutting across the middle of the floor is frowned upon. In general, the middle of the floor is where you find either beginners who lack floor navigation skills or people who are performing "showy" figures or patterns that take up more dance floor space. It is acceptable to stop briefly in the line of dance to perform stationary figures, as long as the other dancers are not unduly impeded. The school of thought about this is, if there is open space in front of you, there are likely people waiting behind you. Dancers are expected to respect the other couples on the floor; colliding or even crowding another couple, or stepping on others' feet is to be avoided strenuously. It is considered rude; in addition to possible physical harm rendered, it can be disruptive to a couple's musicality.

### **Tango Styles**

### Tango canyengue

"Tango canyengue" refers to a style of Tango danced until the 1920s. Reportedly, the long tight fashion in dresses of that era restricted the follower's movements. Consequently, the style involves short steps. The dancers tend to move with knees slightly bent, the partners slightly offset, and in a closed embrace. The style tends to be danced to a 2/4 time signature.

### Tango orillero

Tango orillero refers to the style of dance that developed away from the town centers, in the outskirts and suburbs where there was more freedom due to more available space on the dance floor. The style is danced in an upright position and uses various embellishments including rapid foot moves, kicks, and even some acrobatics, though this is a more recent development.

### Salon Tango

Salon Tango was the most popular style of tango danced up through the Golden Era of the dance (1950's) when milongas (tango parties) were held in large dance venues and full tango orchestras performed. Later, when the Argentine youth started dancing rock & roll and tango's popularity declined, the milongas moved to the smaller confiterias in the center of the city, resulting in the birth of the "milonguero/apilado/Petitero/caquero" style.

Salon Tango is characterized by slow, measured, and smoothly executed moves. It includes all of the basic tango steps and figures plus sacadas, barridas, and boleos. The emphasis is on precision, smoothness, and musicality. The couple embraces closely but the embrace is flexible, opening slightly to make room for various figures and closing again for support and poise. The walk is the most important element, and dancers usually walk 60%-70% of the time during a tango song.

When tango became popular again after the end of the Argentine military dictatorships in 1983, this style was resurrected by dancers from the Golden Era: Gerardo Portalea (still living), El Turco Jose (still living), Milonguita (deceased), "Finito" Ramón Rivera (deceased), "Lampazo" Jose Vazquez (deceased), Virulazo (deceased), and Miguel Balmaceda (deceased)in the milongas at Club Sin Rumbo, Sunderland, and Canning. One of

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the most famous examples of the elegant Salon style is the [Villa Urquiza]' style, named after the northern barrio of Buenos Aires where the clubs Sin Rumbo and Sunderland are located.

### "Estilo milonguero" (tango apilado/confiteria style)

This style originated as the 'petitero' or 'caquero' style in the 1940s and 50s in closely packed dance halls and "confiterias", so it is danced in close embrace, chest-to chest, with the partners leaning - or appearing to lean - slightly towards each other to allow space for the feet to move. There are not many embellishments or firuletes or complicated figures for the lack of space in the original milonguero style but now also those figures are danced, which only at first glance seem impossible in close embrace. Actually, a lot of complicated figures are possible even in milonguero.

Although the rhythmic, close-embrace style of dancing has existed for decades, the term "Milonguero Style" only surfaced in the mid- '90s when the name was created by Susana Miller, who had been the assistant to Pedro 'Tete' Rusconi. Many of the older dancers who are exponents of this style (including 'Tete') prefer not to use the label.

### **Related Dances**

Argentine Tango dancers usually enjoy two other related dances: Vals (waltz) and Milonga.

Tango dancers dance the <u>Vals much like they do tango only with a waltz rhythm</u> that has one beat per measure (at a beginner-level). This produces a rather relaxed, smooth flowing dancing style in contrast to Viennese Waltz where the dancers often take 3 steps per measure and turn almost constantly. Experienced dancers alternate the smooth one-beat-permeasure walk with syncopated walks, stepping on one- two- or (rarely) all three beats in a measure. Vals is characterized by its lack of pauses, and continual turns (giros) in both directions.

<u>Milonga is essentially Tango</u>; the differences lie in the music, which has a strongly accented beat, and an underlying "habanera" rhythm. Dancers avoid pausing, and often introduce syncopations called traspies and broken rhythm into their walks and turns. Milonga uses the same basic elements as Tango, with a strong emphasis on the rhythm, and figures that tend to be less complex than some of those danced in some varieties of Tango.

<u>Milonga is also the name given to tango dance parties.</u> This double meaning of the word milonga can be confusing unless one knows the context in which the word "milonga" is used. People who dance at milongas are known as milongueros.

### **Resources:**

1. Tango Argentino program notes, 1986

2. http://en.wikipedia.org/wiki/Tango\_(dance)

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### **Tango Steps Notation**

Tango is improvised within a very simple structure. The basic step is modified and extended using the vocabulary available to achieve an infinite variety of combinations. The following is a basic outline of the steps and is not intended to be definitive.

### **Basic step:**

|       | Lead                                                                    | Follow                                 |
|-------|-------------------------------------------------------------------------|----------------------------------------|
| Slow  | step back on RF<br>(in closed or inside pos.)                           | step forward on LF                     |
| Slow  | step side left on LF                                                    | step side right on RF                  |
| Quick | step forward on RF<br>(moving to outside pos.)                          | step back on LF                        |
| Quick | continue forward on LF                                                  | continue back on RF                    |
| Slow  | step together w/ RF<br>OR 'Lock' crossing<br>RF behind LF taking weight | 'Lock' LF in front of RF taking weight |
| Quick | step forward on LF<br>Moving into closed pos.                           | step back on RF                        |
| Quick | step side right on RF                                                   | step side left on LF                   |
| Slow  | step together w/ LF<br>taking weight                                    | step together w/ RF<br>taking weight   |

### **Tango Steps Notation**

### **Component Parts of Argentine Tango:**

Caminada - Walks

- a. adelante forward
- b. atras backwards
- c. al lado sideways

Salida - exit to outside of partner

Cruzada - To cross or lock feet

Ocho – Eight (s)

- a. feet tracing the figure 8 sideways  $\infty$
- b. Doble ocho any number of ochos
- c. Ochos para atras back ochos

### Parada - Stop

Supporting leg slightly bent, other leg extended forward, hips level

Boleo – Leg fan knee to knee at a 45 degree angle Supporting let straight, other leg bent, lift and fan

Gancho - Leg hook or leg wrap

### Sentada - Sit

Supporting leg bent slightly, other leg crosses over knee; simulating sitting on his lap

Amague - Foot flick over supporting foot and over ankle

### El Bocadillo - Sandwich

Sandwich partner's foot between feet

Sacada - Leg push underneath (backward or forward)

Corte - closed position lunge

El Molino or Molinero – To grind as a grapevine step

### **Tango in Film**

Argentine Tango is the main subject in these films:

- \* The Tango Bar (1988), starring Raúl Juliá
- \* The Tango Lesson (1997), starring Sally Potter and Pablo Verón, directed by Sally Potter
- \* Tango (1998), starring Cecilia Narova and Mía Maestro, directed by Carlos Saura
- \* Assassination Tango (2002), starring Robert Duvall, Rubén Blades and Kathy Baker, directed by Robert Duvall
- \* Orquesta Tipica 2005, documentary film about typical orchestra Fernandez Fierro, directed by Nicolas Entel
- \* "Milena baila el tango... con Ezequiel Farfaro" About a creative process 2005, Documentary film starred by Milena Plebs & Ezequiel Farfaro, directed by Rodrigo Peiretti. It shows the creative process of the tango couple.

A number of films show tango in several scenes, such as:

- \* The Four Horsemen of the Apocalypse (1921), starring Rudolph Valentino and Alice Terry, directed by Rex Ingram.
- \* Last Tango in Paris (1972), starring Marlon Brando and Maria Schneider, directed by Bernardo Bertolucci.
- \* The World's Greatest Lover (1977), starring Gene Wilder (who also directed), Carol Kane and Dom DeLuise.
- \* Death on the Nile (1978), Peter Ustinov and Olivia Hussey tango whilst David Niven is the unfortunate partner to Angela Lansbury's rather eccentric version of the dance.
- \* Never Say Never Again (1983), starring Sean Connery and Kim Basinger, directed by Irvin Kershner.
- \* Scent of a Woman (1992), Al Pacino as blind Colonel dances Argentine Tango.
- \* Strictly Ballroom (1992), directed by Baz Luhrmann
- \* Addams Family Values (1993), Raul Julia and Anjelica Huston dance a tango so passionate that it literally burns the floor and makes all the champagne bottles in the nightclub pop their corks.
- \* Schindler's List (1993), starring Liam Neeson
- \*-True Lies (1994), starring Arnold Schwarzenegger and Jamie Lee Curtis, directed by James Cameron
- \* Happy Together (1997), directed by Wong Kar-wai
- \* Moulin Rouge! (2001), featuring Ewan McGregor and "El Tango de Roxanne"
- \* Le Tango Des Rashevski (2002)

- Chicago (2002), starring Renée Zellweger, Catherine Zeta-Jones, and Richard Gere, directed by Rob Marshall includes a song titled "The Cell Block Tango" and is accompanied with a dance.
- \* Shall We Dance (2004), starring Richard Gere, Jennifer Lopez and Susan Sarandon, directed by Peter Chelsom.
- \* Mr. & Mrs. Smith (2005), starring Brad Pitt and Angelina Jolie, directed by Doug Liman.
- \* Rent (2005) had Anthony Rapp and Tracie Thoms perform a semi-elaborate ballroom tango in the song "Tango:Maureen" to describe their emotional relations and issues over a promiscuous girl they both dated.
- \* Take the Lead (2006), starring Antonio Banderas, directed by Liz Friedlander

Mori, trŭgnali sa le malči momi Cvete v livade da berat, Venci i čiči da vijat.

Mori, a sled momi le, a sled momi Tihom momci le vŭrveja I si na slŭnce dumaja:

"Mori, zajdi, pojdi le, jasno slŭnce, Momi da si le grabneme, Doma da i le vodime."

Мори, тръгнали са ле малчи моми Цвете в ливаде да берат, Венци и чичи да вият.

Мори, а след моми ле, а след моми Тихом момци ле вървея И си на слънце думая:

"Мори зайди, пойди ле, ясно слънце Моми да си ле грабнеме Дома да и ле водиме."

Young girls went out to pick flowers in the meadow To weave wreaths

Behind the girls quietly walked boys And they said to the sun:

"Set and go away, bright sun So we can grab the girls And lead them home."

From Pirin region, Bulgaria. Text & translation by Rumen Shopov and Rachel MacFarlane

### Tri Godini Stanalja

Tri godini stanalja ot koga te zaljubih //Bre devojče malečko, cŭrno oko jubavo //

Dojdi, dojdi, libe le, sama sedam v'gradina //lice rosa mi rosi, nema koj da go ljubi//

Cveteto mi uvehna, ludo mlado, po tebe //kitka da ti naberam, kitka cŭrven trendafil//

Dojdi, dojdi, libe le, sama sedam v'gradina //Srceto mi izgore, ludo mlado, po tebe//

Три години станаля от кога те залюбих Бре девойче малечко цьрно око юбаво

Дойди дойди либе ле сама седам в градина Лице роса ми роси нема кой да го люби

Цветето ми увехна лудо младо по тебе Китка да те наберам китка цървен трендафил

Дойди дойди либе ле сама седам в градина Сърцето ми изгоре лудо младо по тебе

It's been three years since I fell in love with you Oh young girl with the beautiful dark eyes

Come here, love, alone I sit in the garden My face is covered in dew, but there is no one to kiss it

My flower is withering (from longing) for you I pick a bouquet of red roses for you

Come here, love, alone I sit in the garden My heart burns for you, young man

From Pirin Region, Bulgaria. Words transcribed by Rumen Shopov Translation by Rachel MacFarlane

### Večeriai Sino, Večeriai

Večerjaj, sino, večerjaj Večerjaj, sino, ta legaj - Men ne e na jum, majčinko Tvojana blaga večerja.

Men ne e na jum, majčinko Tvojana blaga večerja Naj mi e na jum, majčinko Snoštnana malka momica

Snoštnana malka momica //Deno prez dvori minova// Na ramo s beli harkumi Вечеряй, сино, вечеряй Вечеряй, сино, та легай - Мен не е на юм, майчинко Твояна блага вечеря

Мен не е на юм, майчинко Твояна блага вечеря Най ми е на юм, майчинко Снощнана малка момица

Снощнана малка момица //Дено през двори минова На рамо с бели харкуми//

"Eat dinner, son, eat dinner and go to bed" "I can't think about eating your delicious dinner, mother, I can only think about the girl I saw last night Who was crossing the courtyard Carrying shiny metal water pots on her shoulders."

Sung by Neli Stŭršanova Arranged by Georgi Andreev Translation by Rachel MacFarlane

# MFC Camp Schedule 2007

| 2:30PM<br>Registration<br>and<br>Moving into<br>cabins<br>5:30pm<br>Happy Hour<br>Folklore<br>Film<br>Festival<br>6:30pm<br>Dinner<br>8:00pm<br>Teacher<br>Intro &<br>Dance Party |             |                             |             |                  |              |                  |                                                                              |                   |                                                                                  |                                   | SATURDAY                       |                       |           |          |                  |                                            |          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------------------|-------------|------------------|--------------|------------------|------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------------------------|-----------------------------------|--------------------------------|-----------------------|-----------|----------|------------------|--------------------------------------------|----------|
| Kafana                                                                                                                                                                            | After Hours | 8:00 PM                     | 6:30 PM     | 5:30 PM          | HOUR         | НАРРУ            | 2:15 PM                                                                      | 1:15 PM           | 12:10 PM                                                                         | v                                 | S 11:00 AM                     | A 10:45 AM            | C 9:45 AM | 8:45 AM  | 8:00 AM          | Start Times                                |          |
| TBÀ                                                                                                                                                                               |             | DANCE PARTY WITH LIVE MUSIC |             | Kemerdekaan      | Hari         | Indonesia        | AFTERNO                                                                      |                   | Michele / Rumer                                                                  | Bulgaria                          | FRANCE                         | 10                    | L & C     | YVES     |                  | SUNDAY                                     |          |
| sing-a-long                                                                                                                                                                       | Tamburitza  |                             | DINNER      | Fest. St. Helena | "Nestinari"  | Bulgaria         | AFTERNOON FREE TIME (Workshops, Crafts, Swimming Hole, Hiking, Sleeping etc) | LUNCH             | 12:10 PM Michele / Rumen Michele / Rumen Michele / Rumen Michele / Rumen Michele | Bulgarian Singing Class - Michele | YVES                           | SNACKS                | FRANCE    | L&C      | BREAKFAST (      | MONDAY                                     |          |
| TBA                                                                                                                                                                               |             |                             | NCE PARTY W | NCE PARTY W      |              | St. Jean         | lian                                                                         | Workshops, Cra    |                                                                                  | Michele / Rumen                   | s - Michele //                 | L & C                 |           | YEVES    | FRANCE           | cold cereal, toast and coffee available at | TUESDAY  |
| TBA                                                                                                                                                                               |             |                             | AUCTION     | Coffee House     | Folkdance    | International    | fts, Swimming H                                                              |                   | Michele / Rumen                                                                  | Doumbek Dru                       | FRANCE                         |                       | L & C     | YVES     | t and coffee ava | WEDNESDAY                                  |          |
| sing-a-long                                                                                                                                                                       | Beatles     |                             | JSIC        |                  | de Mendocino | Confiteria Ideal | Argentina                                                                    | tole, Hiking, Sle |                                                                                  |                                   | Doumbek Drumming Class - Rumen | YVES                  |           | FRANCE   | L & C            | ilable at 7:45am                           | THURSDAY |
| TBA                                                                                                                                                                               |             |                             |             | Ball             | Antebellum   | USA              | eping etc)                                                                   |                   | Rumen Michele / Rumen                                                            | - Rumen                           | L&C                            |                       | YVES      | FRANCE   | 1)               | FRIDAY                                     |          |
| Please<br>leave<br>10:00am                                                                                                                                                        |             |                             |             |                  |              |                  |                                                                              | Please            | camp<br>area.                                                                    | clean<br>cabins and               | Pack,                          | -9:30 am<br>Breakfast | 8:30am    | SATURDAY |                  |                                            |          |

## The Park Service requires that we:

- 1. Park only in designated areas OFF the road (see map)
- 2. Do NOT, under any circumstances, use candles or liquid to keep roads clear for fire trucks.
- ω gas in cabins. Do not put any paper products other than toilet paper in the toilets.

### The Staff Suggests:

- Lock valuables in car trunk (camera's, radios).
  Keep snack foods in solid container or car to a Keep snack foods in solid container or car to avoid
- .4.ω Watch out for poison oak, stay on trails mice, etc...
- Smoking allowed in "designated areas"