

# San Diego Statewide '73

Dances from Jugoslavia taught by AMAN STAFF

Mectimurski Lepi Dečki  
Klinček stoji pod oblokom  
Polomka - Metornicanka - Kostenka  
Zenil Si Je Sirotek - Drmacica

Dances from Rumania taught by MIHAI DAVID

Dans Din Oaş  
Di Doi Din Banat

MEĐIMURSKI LEPI DEČKI  
(Međimurje)

- SOURCE: This dance was learned by members of the Aman Folk Ensemble at the Institute of Yugoslav Dance held in Badija in 1972. It was introduced by Bill Burke and Leanne Mennin at the Aman Institute held in Los Angeles in April, 1973.
- RECORD: FR-4115-B
- FORMATION: Circle of alternating men and ladies, if possible. Men hold hands in back basket hold behind ladies, ladies put hands on nearest men's nearest shoulders. If ladies are next to one another, they also use back basket hold.

---

2/4

PATTERN

---

measures

- STEP I  
1 Facing ctr and moving L, step in place on R while moving L to side (ct 1), feet apart, gently bounce twice on both feet (cts &, 2), place weight on L, bringing R next to it (ct &).  
2-12 Repeat meas 1 eleven times.

- STEP II  
1 Moving R, step R to R, bringing L next to R (ct 1), feet together, bounce twice on both feet (cts &, 2), step L in place (ct &).

Dance repeats, speeding up, to end. One step will go right into the other if you follow instructions exactly.

Presented at the Statewide Institute, San Diego, 1973

✓  
KLINCEK STOJI POD OBLOKOM  
(Međimurje)

SOURCE: This dance was learned by members of the Aman Folk Ensemble at the Institute on Yugoslav Dance held in Badija in 1972. It was introduced by Bill Burke and Leanne Mennin at the Aman Institute held in Los Angeles in April, 1973.

RECORD: FR-4115-B

FORMATION: Circle of couples in "Varsouvian" position (M behind and slightly to L of W, holding her R hand in his R hand, her L in his L.)

---

2/4

PATTERN

---

measures

PART I

- 1 Moving LOD, walk R (ct 1), L (ct 2).
- 2 Repeat meas 1.
- 3 Stamp R in place, keeping weight on L (ct 1), hold (ct 2).
- 4-6 Repeat meas 1-3.
- 7-11 Repeat meas 1 five times, continuing in LOD.
- 12 Repeat meas 3.
- 13-18 Repeat meas 7-12.

PART II

- 1-6 Repeat meas 1-6, Part I.
- 7-8 Still holding hands, W turns to R 3/4 turn to face M, both stepping R,L,R, touch L (cts 1,2,1,2).
- 9-10 W turns back L 1 turn almost to face M, both stepping L,R,L, touch R (cts 1,2,1,2).
- 11-12 Cpls release L hands, W puts L hand down and makes 1 complete turn to R, walking R,L,R,L (cts 1,2,1,2) as M steps R,L,R,L in place.
- 13-18 Rejoin L hands and repeat meas 7-12, Part II.  
Dance goes twice through.

Presented at the Statewide Institute, San Diego, 1973.

POLOMKA - METOVNICANKA - KOSTENKA  
(Donja Bela Reka, N.E. Serbia)

SOURCE: These three dances were learned by members of the Aman Folk Ensemble at the Institute on Yugoslav Dance held in Badija in 1972. They were introduced by Richard and Anne Rowland at the Aman Institute held in Los Angeles in April, 1973.

RECORD: Aman LP-104, Side I, bands 5,6,7

STEPS & STYLING: These dances are danced on the entire foot. In Metovnicanka and Kostenka, the body will have to twist on the grapevine steps to feel comfortable.

---

2/4

PATTERN

---

measures

POLOMKA

INTRODUCTION

- 1 Step sideways on R to R (ct 1), step L next to R (ct &), step R to R (ct 2), touch L next to R (ct &).  
2 Repeat meas 1, opp ftwk, moving to L.  
3-8 Repeat meas 1,2,1,2,1,2.  
BASIC STEP (music changes and speeds up)  
1 Step fwd on R (ct 1), step in place on L (ct &), step step slightly bwd on R (ct 2), step in place on L (ct &).  
2 Repeat meas 1.  
3 Hop on L (ct 1), step slightly fwd on R (ct &), step step slightly bwd on L (ct 2), step bwd on R (ct &).  
4 Step bwd on L (ct 1), step bwd on R (ct &), step fwd on L (ct 2), hold (ct &).  
Basic step repeats to end of music.

METOVNICANKA

STEP I

- 1 Facing slightly LOD, step R to R (ct 1), step L over R (ct &), step R to R (ct 2), lift on R, swinging L slightly across and in front of R (ct &).  
2 Repeat meas 1, opp ftwk, moving to L.  
3-8 Repeat meas 1,2,1,2,1,2.  
STEP II (short grapevine)  
1 Step R to R (ct 1), step L in front of R (ct &), step R to R (ct 2), step L behind R (ct &).  
2 Step R to R (ct 1), step L in front of R (ct &), step R to R (ct 2), lift slightly on R, swinging L slightly across and in front of R (ct &).  
3-4 Repeat meas 1-2, opp ftwk, moving to L.  
5-8 Repeat meas 1-4.

measures

STEP III (long grapevine)

- 1-3 Repeat meas 1, Step II three times  
4 Repeat meas 2, Step II  
5-8 Repeat meas 1-4, Step III, opp ftwk, moving to L.  
Repeat Steps I, II, III to end of music.

KOSTENKA

BASIC STEP

- 1 Step R to R (ct 1), step L across and in front of R (ct &), step R to R (ct 2), step L behind R (ct &).  
2 Step R to R (ct 1), step L across and in front of R (ct &), step R to R (ct 2), hop in place on R, swinging L leg around and behind (ct &).  
3 Step L behind R (ct 1), hop on L, swinging R around and behind (ct &), step on R behind L (ct 2), hop on R, no leg swing (ct &).  
4-6 Repeat meas 1-3, opp ftwk, moving L

VARIATION

- 1 Repeat meas 1, Basic Step  
2 Step R to R (ct 1), stamp L next to R (ct &), again stamp L, same place (ct 2), hop on R, swinging L behind (ct &).  
3 Repeat meas 3, Basic Step.  
4-6 Repeat meas 1-3, Variation, opp ftwk, moving L.  
NOTE: when moving on grapevine step, move lines slightly diagonally forward to compensate for backward movement in step-hops.

Presented at the Statewide Institute, San Diego, 1973.

ZENIL SI JE SIROTEK - DRMACICA  
(Lepa Moja Milena)

SOURCE: These two dances were learned by Bill Burke of the Aman Folk Ensemble at the Institute of Yugoslav Dance held in Badija in 1971 and introduced by him at the Aman Institute held in Los Angeles in 1973.

RECORD: FR-4115-A

FORMATION: Hands held in circle. Hands remain down for slow part, come up straight, slightly above shoulder height and slightly forward, during fast chorus. Hands on waists for Drmacica.

STEPS & STYLING: These dances are danced on the entire foot.

---

2/4

PATTERN

---

measures

ZENIL SI JE SIROTEK (LEPA MOJA MILENA)

PART I: Men's and Ladies' Verses

1 Men's verse: Moving RLOD, in a sauntering fashion, walk L (ct 1), walk R (ct 2).

2-8 Repeat meas 1 seven times.

9 Women's verse: L leg swings around in front and circle begins moving LOD with a walk L (ct 1), walk R (ct 2).  
10-16 Continue walking as in meas 9, ending facing ctr with last step on R.

PART II: Chorus

1 Facing ctr, holding hands up and slightly fwd, step L to L (ct 1), step R next to L (ct 2).

2 Step L to L (ct 1), touch R next to L (ct 2).

3-4 Repeat meas 1-2, opp ftwk, moving R.

5-16 Repeat meas 1-4 three more times. There are drmes (shaking) steps, the drmes becoming more prominent, by means of flexing the knees, as the music speeds up. Repeat Parts I and II twice more; place hands on hips for DRMACICA

1 Moving LOD, step on R with slightly bent knee (ct 1), step L with fairly straight leg (ct 2), step R with fairly straight leg (ct &). Step should move slowly in LOD with slight body turn on ct 1 of each measure, caused by stepping slightly pigeon-toed.

2 Repeat meas 1, opp ftwk, continuing to move LOD.

3-8 Repeat meas 1,2,1,2,1,2.

9-11 Facing ctr, feet firmly planted about 6" apart, drmes (shake) in place for 6 counts.

12 Flex knees strongly (ct 1), straighten (ct &), flex (ct 2), straighten (ct &).

13-16 Repeat meas 9-12.

Dance repeats to end of music.

Presented at Statewide Institute, San Diego, 1973.

DANS DIN OAS  
(Rumania)

Dans Din Oas (Dahns Dean Oh-ahsh) means "Dance from Oas". It is a couple dance from the area of Oas in the north of Rumania, next to the Russian border. This dance was learned by Mihai David while performing with the Rumanian State Folk Dance Ensemble in 1965.

MUSIC: LARK

FORMATION: Couples facing ctr of circle or anywhere on the floor. The W is on the M L side, with the W R hand on the M L shldr, free arms hang down.

RHYTHM: S-Q-S-Q-S

BASIC STEP: Bounce (ct 1 &), bounce (ct 2), bounce ( ct 3 &),  
bounce (ct &), bounce (ct 4 &).

---

MUSIC: 4/7

PATTERN

---

Meas.

1-5 INTRODUCTION:

FIG I: BASIC STEP IN PLACE

1 Do 5 bounces in place -- accent is on the down beat.

2-9 Repeat meas 1, 8 more times.

During each meas turn from L to R about 1/8 turn.

FIG II: TURNING

1 In place bounce on both ft (ct 1 &), repeat ct 1 (ct 2),  
bounce on R lifting L (ct & 3), bounce on both ft (ct &),  
bounce on L lifting R (ct 4 &).

2 W turning in place, M, moving CCW around W, do 7 side to side waddle steps R (ct 1,&,2,&,3,& 4).

3-9 Repeat meas 1-2, 3 1/2 more times. The Fig ends with meas 1.

FIG III: JUMPS AND CLAPS

1 Repeat Fig I, meas 1 except with jumps rather than bounces and larger body turns.

2 Repeat meas 1, except both M & W clap with each jump on down beat.

3-9 Repeat meas 1-2, 3 1/2 more times. Fig ends with meas 1. W R hand returns to M L shldr on each odd meas.

FIG IV: CLAPS FWD & MKWD

1 Repeat Fig III, meas 2 with claps in place and no turning of body.

2 Repeat Fig III, meas 1, traveling fwd on 1st jump, bkwd on 2nd jump, in place on 3rd jump, in place but twisting feet and knees to L for 4th jump, and R for 5th jump.

3-9 Alternate meas 1-2, 3 1/2 times more. Fig ends with meas 1. W R hand returns to M L shldr on each even meas.





Di Doi Din Banat-Cont page 2

2 Repeat Fig II with M turning W one turn to L (CW) - M release W L hand (cts 1 & 2) step in place (cts 3 & 4). M dances meas in place.

3-8 Repeat meas 1-2, 3 more times.

On last repeat of meas 2, W does extra 1/2 turn to end facing M (W back to ctr) in low hand hold (R to L, L to R).

PART II: SIDE TO SIDE & COUPLE TURN

Ftwk for M unless otherwise noted.

1 Moving LOD, walk L,R,L, close R to L (cts 1-4)

2 Repeat meas 1 in RLOD and with opp ftwk.

3-8 Repeat meas 1-2, 3 more times.

9-10 M repeats Part I, Fig II, meas 1-2. Releasing M L and W R hand, W travels once CCW completely around M. W repeat ftwk of Part I, Fig I, meas 1-2. M starts L, W R.

Free hands on hips, fingers fwd.

11-12 Both continue ftwk of Part I, Fig I, meas 1-2. On first ct resume Varsouvienne pos and both travel in a tight circle CCW, ending with W facing M in low hand hold. M starts R W L.

13-16 Repeat meas 9-12.

To finish Part II, repeat meas 1-16, 2 more times.

Presented by Mihai David  
San Diego Statewide Institute 1973